



**IES Technical Planning & Coaches Committees - Joint Report
Approved Changes to Spring Short Course Championship Meets
Beginning 2025**

2024 IES Spring HOD

The IES Coaches Committee met via Zoom on March 8, 2024 to review proposals for changes to the IES Junior Championships and Short Course Championships. Fourteen of the sixteen IES Clubs were represented at the Coaches Meeting (not present: BST & PSA).

The information below summarizes the final changes approved by the Technical Planning Committee, following input and recommendations received at the March 8th Coaches Committee meeting.

Questions may be directed to Coaches Rep, Mark Sowa msowa@uidaho.edu or to Admin Vice-Chair, Carolyn Petersen adminvicechair@ieswim.org as the Technical Planning Committee Chair.

Changes to Short Course Championships – beginning 2025:

- (1) Create 12&U age group using 11-12 "B" Standard used in 2024 for 50s / 100s / 200 FR & 200 IM
 - Result: most 10&U athletes will now compete at JR Champs * only ONE 12&U heat in Finals
- (2) Use 15-16 "B" Standard for 15-19 athletes in the following events: 50s / 100s / 200 FR & 200 IM
 - Result: allows for a small increase in the number of 15-16 athletes
 - *NO changes to 11-14 events / standards, or 13-14 events/standards*
- (3) Event Order Changes:
 - a) Move 200 Fly to earlier on Friday between 50 BK & 100 BR
 - b) Move 12&U 100 IM to first event on Sunday prior to relays in prelims, and first event in Sunday Finals.
 - c) ADD fastest seeded heat of 500 Free & 400 IM to the Finals session as the last event on Friday & Saturday nights -- 1000Y/1650Y stays as currently structured (not in Finals).
- (4) All awards will now be presented in Finals for 14&U athletes only, during the break (est 15 min) between the end of Finals events prior to the swimming of the 500 FR & 400 IM, and immediately following the conclusion of the 100 FR in Finals on Sunday night, prior to High Point & team awards

Changes to Junior Championships – beginning 2025:

- (1) All 10&U athletes who do not meet the 11-12 "B" Standard for SC Champs will compete only at Junior Champs.
- (2) All 15-19 athletes will only compete at SC Champs, using the standards noted above.

Changes to Junior Championships – beginning 2025, con't

(3) "BB" standard continues to be the dequal standard for Junior Champs.

(4) Event Order Changes:

- **FRIDAY:** 1st Warm Up - 500 FR - 2nd Warm Up - 200 IM, 200 FR, 200 FLY
- All 14&U age groups -- no qualifying time standard but an entry time is required
- Friday events are all timed Finals, with NO awards on Friday for Friday events.
- **SATURDAY:** Add 200 BR as a timed final event at end of Prelim session on Saturday (no qualifying time standard but entry time required)
- **SUNDAY:** Add 200 BK as a timed final event in Sunday Prelim Session between 50 BK & 50 BR (no qualifying time standard but entry time required)

(5) Strongly recommended that all JR Champs events be swum in 8 lanes for both prelims & finals, with awards breaks during prelims and finals on Saturday & Sunday -- competition pool open during awards breaks -- recommended that awards take place in an area where parents have access for photographs (eg gym at Moses Lake, not behind blocks on competition deck)

Respectfully Submitted,

Jody Broyles – Staff

Acting Secretary, Coaches Committee Meeting March 8th & TPC Meetings