

National Top 10 Report



12/18/2025 6:56:02 PM

First	Last	Club	Age	Competition Category	Meet	Event	Swim Time	Swim Date	National Rank
Trace	Bennett	CAST	11	M	2023 IE SWAT Summer Solstice	1500 FR LCM	19:09.80	6/23/2023	7
Trace	Bennett	CAST	11	M	2023 IE Long Course Championships	400 FR LCM	4:40.26	7/21/2023	5
Jake	McCoy	COUG	16	M	2023 Short Course Senior Zones	200 BK SCY	1:44.58	3/29/2023	6
Jake	McCoy	COUG	16	M	2023 Short Course Senior Zones	400 IM SCY	3:49.33	3/30/2023	9
Emily	Lundgren	COUG	18	F	2023 Women's Pac 12 Championships	200 BR SCY	2:08.33	2/25/2023	4
Michael	Hochwalt	SWAT	17	M	2023 Short Course Senior Zones	200 FL SCY	1:45.21	3/31/2023	10
Michael	Hochwalt	SWAT	17	M	2023 Short Course Senior Zones	400 IM SCY	3:48.07	3/30/2023	8
Michael	Hochwalt	SWAT	17	M	2023 Speedo Junior National Championships	200 BK LCM	2:00.18	8/2/2023	4
Michael	Hochwalt	SWAT	17	M	2023 Speedo Junior National Championships	200 IM LCM	2:01.25	8/4/2023	2
Michael	Hochwalt	SWAT	17	M	2023 IE Long Course Championships	400 IM LCM	4:24.07	7/22/2023	8
Michael	Hochwalt	SWAT	17	M	2023 Speedo Junior National Championships	200 FL LCM	1:58.87	7/31/2023	4

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