

IES OPEN WATER REPORT
HOD 5/25/22

Jeff Walkley

Open water has been relatively quiet this year except for 3 members of CAST competing in the Western Zone Open Water Championships in September.

- Tillie Sobek finished 5th out of 25 swimmers in the 9-12 year old 1.25 K race
- Ben Linford finished 20th out of 40 swimmers in the 11-16 year old 2.5 K race
- Zach Linford finished 26th out of 40 swimmers in the 11-16 year old 2.5 K race

In preparation for the 2023 Open Water Western Zone meet at Lake CdA, now is the time to start planning. We're going to need as many officials as possible to take the online training. Open water training is much easier than training for pool swim meets. In addition to the training, volunteering for any IronMan event and working the water portion would be good training for the WZ event.

Planning and scheduling the appropriate meet referee need to happen soon.

Jeff Walkley

Submitted 5/17/22