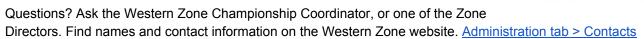
Athletes need quality meets to develop their potential. Can your LSC host an upcoming Western Zone Championship meet? Your willingness to consider it is appreciated.

The current bid process and meet requirements are in the Western Zone Policies and Procedures. Location: <u>Western Zone Website</u> (Administration tab > Policies & Procedures)

- Bids are presented, and voted upon, at the Western Zone House of Delegates(HOD) meeting each fall. The HOD meeting is held in conjunction with the USA Swimming convention. (www.usaswimming.org/convention)
- Bids are accepted for the meet two(2) years out.



• Prefer to visit face to face? Talk with one of the Directors at the Spring Western Zone Workshop.



## **General Information About The Age Group Meet**

The Western Zone Age Group Championship meet is a four day, long course meet for approximately 700 athletes ages 14 and under, from 14 western states. It's held in the first part of August. Athletes compete on one of 17 "all-star" teams from their <u>LSC</u>. Athletes, coaches, officials, team support personnel, families of swimmers, spectators, meet volunteers, zone and national swimming leadership attend a variety of meet related activities. Many aspects of the meet are mandated by Western Zone Policies and Procedures. Others are stipulated in the contract between the meet host and USA Swimming. The meet is also rich in tradition.

Western Zone

## **Meet Related Activities:**

- <u>Championship Meet</u>: Four days of competition in prelims/finals format. Prelim sessions are held each morning. Then, top qualifiers and relays compete in afternoon/evening finals.
- <u>General Meeting</u>: Held the day before the meet begins. Coaches, officials and meet organizers assemble to disburse information and finalize meet parameters.
- <u>Zone Dinner Social and Forum</u>: Banquet for team and zone leadership held the second night of competition after finals. Includes a business meeting component.
- Officials Social: Social for officials working the meet. Usually held the third night of competition after finals.
- Athlete Social: A fun activity for all athletes held after the last session of the meet.

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## **General Information About the Senior Meet**

The Western Zone Senior Championship meet is a five day, long course meet for approximately 1300 high-school age athletes, from 14 western states. It's held in the first part of August. Prelims occur in multiple pools with competitors coming together in one pool for Finals. Teams with qualifying athletes come from within 17 Western Zone LSCs. Athletes, coaches, officials, team support personnel, families of swimmers, spectators, meet volunteers, zone and national swimming leadership attend the meet and other related activities. Some aspects of the meet are mandated by Western Zone Policies and Procedures. Others are stipulated in the contract between the meet host and USA Swimming. This successful meet has a tradition of being the largest (by far) and fastest of the four USA Swimming Senior Zone Championship meets.

## Meet Related Activities:

- <u>Championship Meet</u>: Five days of competition in prelims/finals format. Prelim sessions are held each morning in multiple pools. Then, top qualifiers and relays compete in one pool during the afternoon/evening Finals.
- <u>General Meeting</u>: Held the morning of the first day of competition. Coaches, officials and meet organizers assemble to disburse information and finalize meet parameters.

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