

Subcommittee draft of sectional events w/ 50's for LCM 2026

Thursday

Event	Prelims Time (2024)	Finals Time
4x50 Medley Relay (All In Prelims)	40	N/A
100 Free	25	20
200 Breast	56	33
50 Fly	20	18
200 Back	40	33
subtotal pre 800	199	
800 Free	148	21
4x50 Free Relay (All in Finals)	N/A	36
Total Session Time	347	161

Friday

Event	Prelims Time (2024)	Finals Time
200 Free	53	29
50 Breast	20	18
100 Back	26	23
400 IM	89	48
4x100 Free Relay	42	32
Total Session Time	234	150

Saturday

Event	Prelims (2024)	Finals Time
100 Fly	33	21
400 Free	81	48
50 Back	20	18
100 Breast	25	21
4x200 Free Relay	56	50
Total Session Time	215	158

Sunday

Event	Prelims (2024)	Finals Time
200 Fly	38	31
50 Free	25	15
Final 1500		38
200 IM	66	31
4x100 Medley Relay	46	32
subtotal pre 1500	91	
1500 Free	235	
Total Session Time	326	116