



2026 FOUR CORNER SPEEDO SECTIONALS

Carmel, IN

March 26-29, 2026

Hosted by:
Carmel Swim Club

520 E. Main Street
Carmel, IN

Entries OPEN February 1, 2026

ENTRY DEADLINE: March 18, 2026 * 11:59 PM MOUNTAIN TIME

Held Under the Sanction of Indiana Swimming, Inc. and USA Swimming, Inc.

Sanction #IN26130 * Time Trial #IN26130

Websites:

inswimming.org * westernzoneswimming.org * usaswimming.org

Sanction:

This meet has been sanctioned by Indiana Swimming, Inc. and current USA Swimming Rules and Indiana Swimming Policies & Procedures will apply. All athletes must be currently registered as premium or outreach members for 2026 with USA Swimming. Indiana Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Meet Referee

Todd Yee

303-947-8742 (cell)
toddyee@gmail.com

Admin Referee

Lee Lierz

719-695-8042 (cell)
llierz@gmail.com

Meet Director

Lisa Sheets/Matt Street

317-601-4436 (cell)
matthew_street@hotmail.com

317-902-5985 (cell)
carmelswimclub@gmail.com

Facility:

Carmel Aquatics Center
520 E. Main Street, Carmel, IN 46032

Competition pools: two 25-yard pools, 10 lanes each with competitor non-turbulent lane markers, Colorado Timing Systems electronic timing equipment and custom designed starting blocks. Continuous warm-up/warm-down is available in the South Pool (25y). THERE IS ABSOLUTELY NO SMOKING OR VAPING IN THE BUILDING. The competition course has not been certified in accordance with 104.2.2C(4). The depth of the competition pool measures 8 Feet all the way across.

MEET SCHEDULE SUMMARY

MEETING SCHEDULE		
General Meeting	TBD, via Zoom @ TBD	
Coaches Meeting	As necessary – will be announced	
Officials' Meetings	One hour before the start of each session * Location TBA	
TENTATIVE COMPETITION SCHEDULE	TENTATIVE PRELIMINARY SCHEDULE	TENTATIVE FINALS SCHEDULE
Thursday – Friday March 26-27, 2026*	Tentative Warm-Up: 10:30 AM – 11:50 AM Tentative Meet Start: 12:00PM	Tentative Warm-Up: 5 PM – 6:20 PM Competition: 6:30 PM
Saturday – Sunday March 28-29, 2026*	Tentative Warm-Up: 9:30 AM – 11:20 AM Tentative Meet Start: 11:30AM	Tentative Warm-Up: 4:30 PM – 5:50 PM Competition: 6:00 PM

*Final Session Schedule will be determined after entries have been received

Supervised Warm-Ups

The competition pools will be available for supervised warm-ups on Wednesday, March 25th, from 5:00-9:00pm.

MEET FORMAT:

- **Meet format** will be SCY Prelims (10 lanes) and SCY Finals (10 lanes). If necessary, Prelims may be swum in two courses of 10 lanes each. Details will be shared at the General Meeting. One championship heat (A), two consolation heats (B-C), and one bonus heat (D) will compete in Finals, except as noted in the Order of Events, p.3 of this Announcement. The “D” Final will be conducted as an 18&U Only heat.
- **Order of seeding** will be Short Course Yard (SCY), Short Course Meters (SCM), Long Course Meters (LCM).
Bonus events will be seeded after the above, in the same order: BSCY-BSCM-BLCM.
- **Preliminary Heats of Individual Events and Timed Finals Events will be seeded and swum FASTEST to SLOWEST**, except as noted in the Order of Events, p.3 of this Announcement.
- **Circle-Seeding:** Top 3 heats of **preliminary** individual events 200Y or less, and top 2 heats of **preliminary** individual events of 400M or more, will be circle-seeded, with the **fastest athlete in HEAT 1**.
- **Finals Heats of Individual Events will swum SLOWEST to FASTEST:** Bonus (D), Consolation (C), Consolation (B), Championship (A).
- **Finals Ready Room & Presentation of Awards** A Finals Ready Room **MAY** be used to parade the Championship heat of Individual Finals events. Awards **MAY** be presented immediately following the swimming of each Individual Championship (A) Heat. Final details will be confirmed at the General Meeting.
- Athletes may qualify for and enter the 1000Y and/or 1650Y Freestyles using any of the 800M/1000Y or 1500M/1650Y time standards.
- Relay teams entered in the 400Y Freestyle Relay, the 800Y Freestyle Relay, and 400Y Medley Relay wishing to swim in preliminary heats rather than finals heats need to notify Admin Referee of this intent by the stated scratch deadline for that day's events.
- Athletes entered in the 1000Y and 1650Y Freestyles wishing to swim in preliminary heats rather than the finals heat need to declare this intention by the stated scratch deadline for these events.

ORDER OF EVENTS

Women's Event #	Thursday * March 26, 2026	Men's Event #
1	200 Medley Relay (A)	2
3	100 Freestyle	4
5	1000 Freestyle (B)	6
7	200 Breaststroke	8
9	200 Butterfly	10
11	200 Freestyle Relay (C)	12
Women's Event #	Friday * March 27, 2026	Men's Event #
13	100 Backstroke	14
15	200 Freestyle	16
17	400 Individual Medley	18
19	400 Freestyle Relay (C)	20
Women's Event #	Saturday * March 28, 2026	Men's Event #
21	200 Backstroke	22
23	500 Freestyle	24
25	100 Breaststroke	26
27	100 Butterfly	28
29	800 Freestyle Relay (C)	30
Women's Event #	Sunday * March 29, 2026	Men's Event #
31	200 Individual Medley	32
33	1650 Freestyle (D)	34
35	50 Freestyle	36
37	400 Medley Relay (C)	38

A: The 200Y Medley Relay will be conducted as timed finals, **swum fastest to slowest, ALL heats** in event order at the **beginning of Prelims**. There may be a 10-min break following the conclusion of Event 2, prior to the start of the preliminary heats of Event 3.

B: The 1000Y Freestyles will be conducted as timed finals, with the **fastest seeded heat of women and the fastest seeded heat of men swimming in Finals in event order**.

ALL other heats will be swum in Prelims, alternating women's and men's heats, **fastest to slowest**, following the completion of Event 10.

Athletes may qualify for these events using any of the 800M/1000Y or 1500M/1650Y time standards.

C: The 200Y Free Relay, 400Y Free Relay, 800Y Free Relay, and 400Y Medley Relay will be conducted as timed finals swum in **FINALS, swum slowest to fastest**. There will be an approximately 10-min break following the conclusion of Finals individual events, prior to the start of these relays.

D: The 1650Y Freestyles will be conducted as timed finals, following the National Championship format, with the **fastest heat of women and the fastest heat of men swimming in FINALS in event order**.

All other heats will be swum **slowest to fastest**, alternating women and men beginning at a predetermined time, so the second fastest heat of the men's event is concluded 90 minutes before the evening Finals session is scheduled to begin.



2026 USA Swimming Speedo Championship Series Western Region Section Four Corners Spring Standards						
March 26-29, 2026 * Carmel Aquatic Center Qualifying Time Period: December 1, 2024 – close of entries						
Women			EVENTS	Men		
SCY	SCM	LCM		SCY	SCM	LCM
24.99	27.76	28.44	50 Free	22.41	24.72	25.79
53.71	59.04	1:01.26	100 Free	48.46	53.27	55.89
1:56.22	2:07.92	2:12.75	200 Free	1:45.84	1:56.48	2:02.20
5:13.17	4:29.34	4:43.21	400/500 Free	4:49.98	4:10.18	4:23.21
10:52.09	9:27.35	9:48.19	800/1000 Free	10:10.58	8:53.74	9:19.51
18:19.78	18:07.11	18:54.49	1500/1650 Free	17:13.16	16:53.43	17:45.59
59.50	1:06.33	1:09.54	100 Back	54.42	1:00.66	1:04.26
2:07.80	2:22.78	2:29.20	200 Back	1:58.45	2:12.65	2:20.40
1:08.46	1:15.15	1:20.46	100 Breast	1:01.53	1:07.35	1:13.70
2:29.07	2:43.68	2:54.86	200 Breast	2:15.19	2:27.80	2:40.88
58.86	1:04.55	1:06.87	100 Fly	53.46	59.43	1:00.97
2:12.26	2:26.43	2:32.74	200 Fly	2:00.94	2:14.37	2:20.25
2:11.81	2:25.85	2:32.19	200 Ind. Medley	1:59.85	2:12.30	2:19.28
4:39.34	5:07.75	5:21.68	400 Ind. Medley	4:18.37	4:45.76	5:00.19
1:44.69	1:56.89	1:59.29	200 Free Relay	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 Free Relay	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 Free Relay	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 Medley Relay	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 Medley Relay	3:47.49	4:15.75	4:23.39

RULES:

- Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy (“MAAPP”) which is detailed on p. 10 of this meet announcement. Current Indiana Swimming Policies & Procedures Manual will also apply.
- All athletes entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach in attendance must report to the Meet Director or Meet Referee who may assist an athlete in making supervision arrangements, but it is the athlete’s responsibility to make these arrangements prior to the start of the meet and to so notify the Meet Referee.
- Any athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, including both a Forward Start and a Backstroke Start, or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete’s legal guardian to ensure compliance with this requirement and to bring proof of such certification to the meet.
- It shall be the athletes’ and coaches’ responsibility to acquaint themselves with all the information in this Meet Announcement and any information and changes announced at the General Meeting.
- Athletes and coaches are responsible for being familiar with this meet’s scratch rules and procedures.
- Deck changes are prohibited.
- The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms.
- Photography including visual recordings is not allowed behind the blocks during the start of a race or relay exchange.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.
- Medical supervision will be available to all athletes participating in the meet. Personnel with current Red Cross lifeguarding, first aid, and CPR/AED certification will be available throughout warm-ups and competition. The facility’s AEDs are located in the southwest corner of the natatorium by the doors to the recreation pool and in the main lobby behind the front desk next to the viewing windows. A third AED is on the Banquet Hall wall by the reception desk.

RESTRICTIONS:

- **This is a CLOSED-DECK meet. Only athletes, coaches, officials, and assigned meet volunteers will be permitted on the competition deck.**
- Tobacco products of any kind, vaping, alcoholic beverages, and glass containers are not allowed in the swimming venue.
- Shaving is not permitted anywhere in the facility.
- Service animals only allowed in the facility.

Broadcast Statement

Photographs, videotape, audio, and/or other visual recordings of the event created by a spectator may be used solely for such spectator’s personal non-commercial use and may not be broadcast, published, disseminated, or used for any commercial purpose without the prior consent of USA Swimming.

Photography and Videos

Photographers and/or videographers may be present on deck at this meet. **Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.**

ELIGIBILITY:

This meet is open to all athletes who:

1. Are currently registered premium or outreach members of USA Swimming. **There will be no on-deck USA Swimming registration.**
2. Are currently registered with a USA Swimming LSC within the Four Corners Region athletes and teams (AZ, CO, NM, UT) as of the day meet entries close. Northwest Region of the Western Zone (AK, IE, HI, MT, OR, PN, SR) and other non-NW Region teams that have processed and paid cross-registration deposits are eligible to enter.
3. **On-deck transfer into an eligible LSC is not allowed.**
4. **Have met the appropriate qualifying times in competition between December 1, 2024, and the close of entries.**
5. Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions.
 - Proof of relay entry times is not required.
 - Relay-only athletes WILL be allowed at this meet - see details under ENTRIES, p. 6 of this announcement.
6. Athletes with a disability who have achieved USA Swimming Sectional Para qualifying time standards during the qualifying period for this meet may enter up to four (4) individual events for which the USA Swimming Sectional Para time standard has been achieved. Each athlete has the option of swimming a half distance for any event entered. Athletes with disabilities may also participate in SCY Time Trials on the same basis. See the last page of this meet announcement for more information.
7. **For informational and planning purposes, an initial psych sheet and unofficial preliminary timeline will be made available ASAP following the close of regular entries.** The psych sheet will contain markings to indicate times requiring proof as required under Eligibility #5, above. The psych sheet will be posted on the websites listed on p.1 of this Meet Announcement and will be emailed to the primary coach of record.

Meet Entry Procedures:

Meet Entry Chair:

Kayla Griffin/Mark Keaveney
(503)927-9648 / (404)281-8564 (cell)
entries@carmelswimclub.org

Dates & Deadlines:

- **Entries Open:** Sunday, February 1, 2026
- **Regular Entries Deadline:** Wednesday, March 18, 2026 @11:59pm Mountain Time
- **New Qualifiers Deadline:** Sunday, March 22, 2026 @11:59pm Mountain Time
- **Late Entries Deadline:** Sunday, March 22, 2026 @ 11:59pm Mountain Time (penalties apply)

Entries

All entries must be submitted online through USA Swimming's Online Meet Entry system – www.usaswimming.org/ome between February 1, 2026, and 11:59 PM Mountain Time, March 18, 2026.

- **Qualifying Time Period:** December 1, 2024 through the entry deadline.
- With the submission of entries, the coach/team representative attests that all athletes entered are registered with USA Swimming.
- **You must choose the OME option to pay by credit card.**
- Once you complete your online entry, you will be sent a confirmation email. Bring it and all communications with you to the meet in case of any entry problems. When entering an individual time not yet in SWIMS, please try to ensure that the missing data is downloaded into SWIMS as soon as possible.
- Please note that OME will not update entry times as new results are entered into SWIMS. You can return to your entry after you have checked out to modify entry times should they improve during the entry period or to add events to your entry, but you cannot delete events after you have paid for them. **All entry modifications must be made before the entry deadline.**
- Check all entries before paying for them! Enter each one with an accurate time achieved in the proper course; converted times will not be accepted.
- If you have trouble using OME, please contact **Trey Freeman** at USA Swimming: tfreeman@usaswimming.org

Proof of Times:

- **SWIMS:** If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times > Individual Times Search) and it was swum in the appropriate qualifying period, it is considered a proven official time.
- **Official Meet Results:** If a time for a swimmer is listed in the official meet results of a USA Swimming sanctioned, approved, or observed competition, or a recognized foreign competition, and it was swum in the appropriate qualifying period, it is considered a proven official time.
- **Meet Mobile is NOT acceptable as verification for "Proof of Times"**

Event Limit:

Each entered athlete may participate in up to six (6) individual events total for the meet, not including Time Trials, and up to five (5) relays, but no more than three (3) individual events per day, including Time Trials. All athletes, including relay-only athletes, are limited to three (3) Time Trial entries during the meet.

There is no limit to the number of relays a club may enter, but only the top two (2) relay teams per team can score in each event and will appear in the top 24 results in each relay event.

Bonus Events:

Athletes entered in the meet with at least one qualified individual event may enter up to a maximum of two bonus events, not to exceed six (6) individual events total for the meet (not including Time Trials). **There are NO qualifying time standards for bonus events, but bonus times must appear in SWIMS within the qualifying time period: December 1, 2024 – entry deadline.**

Relay-Only Athletes:

Relay-only athletes WILL be allowed at this meet and must pay the athlete surcharge to be officially entered and compete on relays. Relay-only athletes who have been entered in the meet and have paid the athlete surcharge are eligible to enter Time Trials, with a maximum of three (3) Time Trial entries during the meet.

Meet Surcharge	\$41.50 surcharge per athlete, including relay-only athletes
Meet Entry Fees	\$21.50 per individual event entry \$41.50 per relay entry
Late Entries Fees	\$41.50 surcharge per swimmer \$43.00 per individual event - late entry \$83.00 per relay - late entry

Payment of Entries:

Payment for entries will be collected via OME.

NEW Qualifying Swims:

New Qualifying Swims Deadline - Sunday, March 22, 2026 @ 11:59 pm Mountain Time

Athletes who achieve a **first-time individual qualifying standard** from **Thursday, March 19, 2026, through Sunday, March 22, 2026**, may enter the meet via OME.

- ▶ New qualifying individual entries will be accepted via OME Entry Platform, until 11:59 PM Mountain Time, Sunday, March 22, 2026, and may not be used to improve the seed time of a previously submitted entry.
- ▶ Updating bonus **swim seed times after the March 22th deadline** will not be permitted. However, an athlete who achieves a first-time qualifying time in an event previously entered as a bonus swim may treat the bonus swim as a qualifying swim in order to allow for an additional bonus swim.
- ▶ Questions regarding bonus events for new qualifying swims should be directed to the **Meet Director**.

REGISTRATION DESK:

All athletes, coaches, and officials participating in this competition must be currently registered for 2026 with USA Swimming.

- All athletes, coaches, and officials should be prepared to present their USA Swimming ID Card or Deck Pass as proof of their registration to the Meet Referee, the Meet Director, or their designee at any time. Photo ID may also be requested.
- All athletes, coaches, and officials will receive a meet-specific credential, which will serve as a deck pass, and is to be displayed to access the competition deck and team areas.
- **Site-specific details for the Registration Desk** will be shared following the close of regular entries on March 18, 2025 and reviewed at the General Meeting.

GENERAL MEETING:

A General Meeting will be held via ZOOM on TBD. Registration to receive the ZOOM meeting link will be available on the Western Zone website under "EVENTS > Four Corners Speedo Sectionals," and distributed to WRS LSC Office Contacts. **Teams must have a coach or team representative in attendance.** Coaches not in attendance are responsible for obtaining and being familiar with the information covered in the General Meeting.

SCRATCH PROCEDURES:

The USA Swimming National Championship scratch procedure and no-show rules will be used at this meet, except as noted below. These rules are described in the current USA Swimming Rule 207.11.6 in the Current Rule Book.

Scratch Deadline for all Preliminary and Timed Finals Events, including Relays, the 1000Y Freestyles, and the 1650Y Freestyles, will be 6:00 pm of the day PRIOR to the event being swum.

- Athletes are considered checked in for all individual events *unless scratched*.
- Scratches for preliminary and timed finals events will be done via the Administrative Referee, Lee Lierz, either in person on-site or online: <https://tinyurl.com/2026WZFCSectionals>

Scratches From Finals

All scratches from Finals must be completed within the deadlines specified by the USA Swimming Rule 207.11.6 and must be made **on-site** with the Administrative Referee **at the meet**.

Rule 207.11.6 E(4) applies to this meet. The re-entry fee will be \$200.00 per preliminary event, cash or check payable to the meet host at the administrative desk.

RELAYS:

- Scratches for relays are requested prior to the scratch deadline for that day's events. Please submit at the Administration Desk.
- Entry forms for the submission of names not previously submitted with entries, or for making changes to athletes swimming on a relay, will be available at Administration Desk. Please list the competing relay swimmers with first and last names and order of swimming for each entered relay.
- Relay forms, with names, are due to the Administration Desk no later than one (1) hour prior to the start of the relays. However, relay order may be changed up to the time of the swim at the blocks.

MEET TIMELINE:

If the projected length of a preliminary session exceeds 4½ hours, the Meet Referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to adjust. All adjustments will be announced at the General Meeting, and as necessary during the event.

If the projected length of the 1000Y Freestyle or the 1650Y Freestyle heats do not allow for the Finals session to start as originally scheduled, the Meet Referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to adjust. All adjustments will be announced at the General Meeting, and as necessary during the event.

WARMUPS:

Indiana Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet. A copy of these guidelines and procedures will be reviewed at the General Meeting, will be posted on the websites listed on p. 1 of this Announcement, and will be posted at the facility. The Meet Referee reserves the right to modify warm-ups as determined to be in the best interest of the safety of the athletes and the conduct of the meet.

SCORING:

Scoring will be on a thirty (30) place basis.

Achieved times swum in Finals/Timed Finals must meet the event's time standard to score.

- **Individual events:** 35-33-32-31-30-29-28-27-26-25--23-21-20-19-18-17-16-15-14-13—11-9-8-7-6-5-4-3-2-1.
- **Relays:** 70-66-64-62-60-58-56-54-52-50--46-42-40-38-36-34-32-30-28-26--22-18-16-14-12-10-8-6-4-2.

AWARDS:

- Medals: top eight (8) individual and top three (3) relay places.
- Trophies/Plaques for team awards: First through Third places for Women, Men, and Combined. Team scoring will include both individual and relay events to 24 places each. Both women and men must score for a team to be eligible for a combined scoring team award.
- Individual High Point Awards: Top-scoring Woman and Top-scoring Man (individual events only)
- **Awards MAY be presented at this event.** Final details will be announced at the General Meeting.

TIME TRIALS:

- Time Trials will be held under a separate sanction of Indiana Swimming, Inc.
- Time Trials will be conducted on a time-available basis and are limited to approximately one hour.
- Entries for Time Trials will be conducted via deck entries.
- Athletes must be entered in the meet and have paid the athlete surcharge to swim in Time Trials.
- Each time trial swum will count toward the daily event limit with a combination of time trials and individual meet events not to exceed three (3) per day. Athletes are limited to three (3) time trials total during the meet.
- The 1000Y and 1650Y Freestyle Events will only be offered on one day. The Meet Referee will determine the day based on the size of the meet and available time and will announce the day at the General Meeting.
- **Time Trial Entry Fees: \$21.50 per individual event \$41.50 per relay event**

TIMERS:

- Swimmers/clubs MAY be responsible for providing their own timers and lap counters, if desired, for the 800M and 1500M Freestyle events and for all Time Trial events. Final details will be provided at the General Meeting.
- Teams MAY be assigned lanes for the preliminary sessions based on the number of swimmers entered. Final details will be provided at the General Meeting. IF teams are assigned lanes for preliminary timing, these timing assignments will be emailed to the Head Coach listed on a team's Summary Entry Form and will be posted on the websites listed on p. 1 of this Announcement following the close of entries.

TRAVEL FUND:

A portion of the meet entry fees from this meet are used to fund a travel reimbursement to eligible swimmers and coaches. Athletes who participate in this meet and participated in the 2025 Toyota US Open or the 2025 Speedo Winter Junior Championships are eligible for a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend the designated Championship Meets. Application for reimbursement must be made by submitting the Travel Reimbursement form within ten (10) days following the conclusion of the WR Section Meet attended. The Reimbursement Form is posted on the Western Zone website under "EVENTS > NW Spring Speedo Sectionals."

Final deadline for submission: April 12, 2026.

OFFICIALS:

- **If you will be attending this meet, please complete the online Application to Officiate [HERE](#)** to assist with meet planning. The online Application is also posted on the Western Zone website under "EVENTS > Four Corners Speedo Sectionals."
- **Applications for assigned position must be received by February 1, 2026.**
- **Applications must be received by February 22, 2026 to be eligible to receive a meet shirt.** Every attempt will be made to provide the size requested; however, shirt size and availability cannot be guaranteed by the host. You must work a **minimum of four (4) sessions** to receive a meet shirt.
- This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew certifications need to complete the online Application Form and notify the Meet Referee upon arrival at the meet. Instructions for certification will be provided during Officials' Meetings.
- Officials' Meetings will be one hour before each day's sessions. All certified officials are welcome to attend and work this meet.
- The uniform for officials for the meet will be a white polo shirt and black shorts, skirt, or pants, with long pants or skirts for Finals, please. Black, closed toe shoes and black socks complete the uniform.

OTHER IMPORTANT INFORMATION:

Hospitality

A Hospitality Room next to the pool deck will be provided by for coaches and officials only; athletes are not permitted in the Hospitality room.

Concessions

Concessions MAY be available throughout the competition on the 2nd floor of the Natatorium Complex.

Heat Sheets

Electronic heat sheets MAY be available through Meet Mobile™ and MAY be posted to the websites listed on p.1 of this announcement - details to be confirmed and shared at the General Meeting.

Meet Information & Results

Meet Information and post-meet results will be posted to the websites listed on p.1 of this Announcement.

Parking at the Facility

- Thursday and Friday, free public parking is available on the west side of the Carmel High School football stadium located on 136th Street/Smoky Row Road; Saturday and Sunday, free public parking will also be available in line parking spaces in the lots surrounding the high school in addition to the football stadium. DO NOT PARK on curbs along the drives around the high school. Doing so means your vehicle will be towed.
- Do NOT leave valuables in vehicles
- BUSES may drop off at door 22 in front of the Natatorium, and park at the CHS football stadium west parking lot.
- **NO RV Overnight Parking or extended vehicle parking allowed.**

SAFE SPORT

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before **March 12, 2026**, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed.

Times achieved by an athlete who turns age 18 on or before **March 12, 2026**, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition.

This includes participation as a member of a relay.

Para 1 Sectional Motivational Time Standards

The P1 Sectional Wheelchair Time Standards										
P1 - non-ambulatory (wheelchair bound): limited use of all four extremities	Women				P1	Men				
	Sectional		Bonus			Sectional		Bonus		
	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM	
	1:18.39	1:18.39	121.59	121.59		50 FR	1:12.29	1:12.29	1:15.29	1:15.29
	2:44.39	2:44.39	1:51.19	1:51.19		100 FR	2:43.09	2:43.09	2:49.89	2:49.89
	6:33.69	6:33.69	6:50.09	6:50.09	200 FR	4:28.49	4:28.49	4:39.69	4:39.69	
	1:32.69	1:32.69	1:36.59	1:36.59	50 BK	1:00.29	1:00.29	1:02.79	1:02.79	
	2:50.39	2:50.39	2:57.49	2:57.49	100 BK	2:11.79	2:11.79	2:17.29	2:17.29	
	1:25.79	1:25.79	1:29.39	1:29.39	50 BR	1:05.19	1:05.19	1:07.89	1:07.89	
	4:04.79	4:04.79	4:14.99	4:14.99	100 BR	3:09.09	3:09.09	3:16.99	3:16.99	
	2:17.99	2:17.99	2:23.69	2:23.69	50 FL	2:02.29	2:02.29	2:07.29	2:07.29	
	5:41.99	5:41.99	5:56.19	5:56.19	150 IM	5:27.29	5:27.29	5:40.99	5:40.99	

Para 2 Sectional Motivational Time Standards

P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body.									
Women						Men			
Sectional			Bonus		P2	Sectional		Bonus	
SCY	LCM	SCY	LCM	SCY		LCM	SCY	LCM	
42.69	44.89	44.49	46.79	50 FR	39.29	41.39	40.89	43.09	
1:34.89	1:39.89	1:38.89	1:44.09	100 FR	1:26.59	1:31.19	1:30.19	1:34.99	
3:15.39	3:25.69	3:23.59	3:34.29	200 FR	3:03.19	3:12.79	3:10.79	3:20.89	
7:57.69	6:29.89	8:17.49	6:46.09	400/500 FR	7:42.39	6:17.39	8:01.59	6:33.09	
51.79	54.49	53.99	56.79	50 BK	44.39	46.79	46.29	48.69	
1:59.89	2:06.19	2:04.89	2:11.39	100 BK	1:51.19	1:56.99	1:55.79	2:01.89	
4:07.29	4:20.29	4:17.69	4:31.19	200 BK	3:28.79	3:39.69	3:37.39	3:48.79	
54.09	56.89	56.39	59.29	50 BR	50.29	52.99	52.39	55.19	
1:59.99	2:06.29	2:05.09	2:11.59	100 BR	1:51.59	1:57.49	1:56.19	2:02.39	
4:22.79	4:36.59	4:33.79	4:48.19	200 BR	4:00.79	4:13.49	4:10.79	4:23.99	
52.19	54.89	54.39	57.19	50 FL	40.69	42.79	42.39	44.59	
2:14.19	2:21.19	2:19.79	2:27.09	100 FL	2:07.49	2:14.19	2:12.79	2:19.79	
4:08.79	4:21.89	4:19.19	4:32.79	200 IM	3:49.19	3:59.19	3:56.69	4:09.19	

Para 3 Sectional Motivational Time Standards

	Women					Men			
P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.	Sectional		Bonus		P3	Sectional		Bonus	
	SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM
	33.09	36.69	34.39	38.19	50 FR	28.89	32.19	30.09	33.49
	1:10.39	1:18.19	1:13.39	1:21.49	100 FR	1:02.89	1:09.89	1:05.49	1:12.79
	2:53.69	3:12.89	3:00.89	3:20.99	200 FR	2:23.79	2:39.79	2:29.79	2:46.39
	6:35.19	5:47.39	6:51.69	6:01.89	400/ 500 FR	6:12.49	5:27.39	6:27.89	5:40.99
	15:10.39	12:54.79	15:44.49	13:23.79	800/ 1000 FR	14:41.29	12:29.99	15:17.89	13:01.19
	27:41.99	25:57.69	28:40.09	26:52.09	1500/ 1650 FR	27:15.29	25:32.59	28:23.49	26:36.49
	40.09	44.49	42.19	46.79	50 BK	33.19	36.89	34.59	38.39
	1:24.49	1:33.79	1:27.99	1:37.69	100 BK	1:09.89	1:17.69	1:12.79	1:20.89
	3:22.59	3:45.09	3:32.79	3:56.39	200 BK	2:47.59	3:06.19	2:54.59	3:13.99
	40.49	44.99	42.59	47.29	50 BR	36.19	40.29	37.79	41.89
	1:29.79	1:39.69	1:33.49	1:43.89	100 BR	1:20.49	1:29.39	1:23.79	1:33.09
	3:16.29	3:38.39	3:26.39	3:49.29	200 BR	2:56.09	3:15.59	3:03.39	3:23.79
	36.39	40.39	38.29	42.49	50 FL	31.49	34.99	32.79	36.39
	1:16.29	1:24.69	1:19.39	1:28.19	100 FL	1:06.09	1:13.49	1:08.89	1:16.49
	3:12.89	3:34.29	3:22.49	3:44.99	200 FL	2:47.39	3:05.89	2:44.29	3:13.69
	2:58.49	3:18.29	3:05.99	3:26.59	200 IM	2:32.49	2:49.49	2:38.89	2:56.49
	7:01.19	7:47.99	7:22.29	8:11.39	400 IM	6:06.79	6:40.09	6:56.79	6:56.79

Release and Hold Harmless Agreement

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for him/herself, the club and its swimmers, their successors and assigns, hereby release and forever discharge Carmel Swim Club and its Board of Directors, United States Swimming, Carmel High School, Carmel Clay Schools, Indiana Swimming, Inc. and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned representative and his swimmers shall indemnify and hold harmless Carmel Swim Club, United States Swimming, Indiana Swimming, Inc., Carmel High School and the Carmel Clay Schools and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 202_

Club Team Name and LSC _____

Signature of Club Official or Coach _____

Print Name of Club Official Coach _____

Name & Cell Phone Number of Coach Attending Meet _____

INCLEMENT WEATHER Pursuant to Article 102.7.4 of the USA Swimming Rule Book, Carmel Swim Club reserves the right to alter the meet schedule if winter weather poses a travel problem for participating athletes. The decision to delay or cancel the meet will be communicated to participating teams as soon as possible. It is the intent of Carmel Swim Club to make every effort to host this meet, but the safety of participating swimmers, coaches, officials & volunteers is our first priority.

