

# 2024 John Haring Memorial B/C Showdown

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March 16 & 17, 2024  
Age Group Competition  
*Held Under the Sanction of USA Swimming*

## **SANCTION #: 24-038**

In granting this sanction, it is understood and agreed that USA Swimming, OSI, and CST shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. In applying for this sanctioned event, the Host, CST agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, OSI, the State of OREGON and Yamhill County. CST has implemented enhanced health and safety measures for participants and attendees. At all times you must follow the local government protocols and facility requirements - these will also be posted on premises.

## **HOST:**

Canby Gators Swim Team & Chehalem Swim Team

## **LOCATION:**

Chehalem Aquatic Center  
1802 Haworth Ave | Newberg | OR | 97132  
Pool Phone: 503-538-7454

- **MEET REFEREE:** Ken Chard: [hank45.gm@gmail.com](mailto:hank45.gm@gmail.com) 971-219-6262
- **MEET DIRECTOR:** Tara Steward: [meetdirector@cstsharks.com](mailto:meetdirector@cstsharks.com) 503-706-6793
- **ADMIN OFFICIAL:** Judus Floratos: [judusfloratos@gmail.com](mailto:judusfloratos@gmail.com)

## **FACILITY:**

Indoor, 8 lanes 25-yard competition stretch pool with a movable bulkhead, non-turbulent lane lines, and level gutters. All events will have a starting depth of 6'7" and a turn end depth of 6'7". 25-yard events will start from the bulkhead and finish at the block end (6'7" ft. depth). A Daktronics timing system, with pads at the block end of the pool and horn starter, is used for the primary timing system, with dual manual buttons for the secondary and watches for the tertiary. Adaptive access is by ladders at both ends of the pool. The competition course has not been certified in accordance with 104.2.2C(4). The facility is accessible to adaptive athletes. Effort will be made to broadcast live results/viewing if possible.

[www.facebook.com/chehalemswimteam/live](http://www.facebook.com/chehalemswimteam/live)

## **RESTRICTIONS:**

TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES, AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. NO SHAVING PERMITTED IN THE SWIM VENUE. Use of audio or visual recording devices, including a cell phone, is not allowed behind the blocks. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. DECK CHANGING PROHIBITED. Only registered Coaches, Officials, swimmers, and meet volunteers are permitted on deck. Non-athlete members, such as Coaches and Officials must produce deck credentials or identification cards to be permitted on deck.

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## **ELIGIBILITY:**

Swimmers must be currently registered with USA Swimming. **NO ON-DECK REGISTRATION SHALL BE PERMITTED.** Open to swimmers 18 and under. Swimmers must be within the listed age brackets as of the first day of the meet.

## **RULES:**

Current USA Swimming and Oregon Swimming Inc., rules will govern this meet. Note: The no recall rule will be in effect. Swimmers will receive whistle commands to stand behind the blocks, and to step on the blocks or to step in the pool at which time the referee will signal to the starter to tell the swimmers to take their mark. Heats may be doubled or combined to ensure timely completion of the meet. All events will be seeded slowest to fastest and swim in that order.

## **ENTRIES:**

Please submit a Hytek entry file to [judusfloratos@gmail.com](mailto:jodusfloratos@gmail.com). Submit **YARD TIMES ONLY**. All entries require official or estimated times. **Entries with No Times (NT) will NOT be accepted.** Entries will be accepted until the meet is deemed full. With the submission of entries, the Coaches team representative attests that all swimmers entered are registered with USA Swimming.

## **MEET FORMAT:**

10&U individual events and **all** relay events will swim as timed finals. During the morning Sessions, awards will be handed out to 10&U swimmers during scheduled breaks (see event schedule for details). 11&O individual events are preliminary/finals format with the top 16 swimmers advancing to finals. Finals will swim in the afternoon session following preliminaries. The finals sessions consist of two heats: a consolation final (B), and the championship final (A). Consolation finals swim in heat 1 and championship finals in heat 2. Alternates only fill open spots in the B final.

## **ENTRY DEADLINE:**

Entries must be received no later than 6pm on **Sunday, March 3rd**. E-mail entries are accepted but not finalized until payment is received.

## **ENTRY EVENTS:**

Each competitor may enter a maximum of 4 individual events and 2 relays for the meet, with no more than 3 individual events and 1 relay on any one day. Entries will be limited to comply with USA Swimming's 4 Hour Rule for 12 & Under athletes.

**SWIMMERS MAY NOT COMPETE IN ANY INDIVIDUAL EVENT IN WHICH THEY HAVE A STATE 'A' TIME OR FASTER, nor can they swim a leg in a relay in which they have an 'A' time.** If a swimmer achieves a State A time after entries have been submitted, please update that swimmer's races prior to the start of the meet.

## **RELAYS:**

Each team may enter up to four (4) relays but **only the top 2 relays will score.** All relays will be swum as Timed Finals. **Relay slips are due 1 hour prior to the start of competition on the day of the relay.**

## **SCRATCH PROCEDURE:**

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11 & O swimmers will have 30 minutes to declare their intent to scratch after the announcement of qualifiers for a finals event. Any swimmer who fails to compete in a finals event in which they are entered, and has not been scratched, will incur a penalty. **The swimmer will be withdrawn from their next individual finals event on the same day. During prelims, there is no penalty for a no-show.** 10&U swimmers will **NOT** incur a penalty for a no-show.

## ENTRY FEES:

- \$3 Oregon Swimmer surcharge per swimmer
- \$13.00 Facilities fee per swimmer
- \$4.50 Individual Event Fee
- \$15.00 Relay Event Fee

Entry fees must be paid before the start of the meet. Please make checks payable to Canby Swim Club (CSC) and send to:

*Canby Swim Club  
B/C Championships  
PO Box 21  
CANBY, OR 97013*

## AWARDS:

Individual Events: 1<sup>st</sup> – 8<sup>th</sup> place ribbons  
Relay Events: 1<sup>st</sup> – 3<sup>rd</sup> place ribbons

## SCORING:

Individuals: (A Final): 20-17-16-15-14-13-12-11  
(B Final): 9-7-6-5-4-3-2-1  
Relays:(Individual points are doubled): 40-34-32-30-28-26-24-22

## WARMUP/COOL DOWN:

Each team will warm up in lanes assigned by the meet host. Both the Competition pool and stretch pool will be available for warm up. During the meet, the Stretch pool will be available for warm up/cool down to all swimmers during sessions. This convenience will remain at the discretion of the Meet Referee throughout the meet.

## TIME SCHEDULE:

Warm-up times and competition for AM Session are the same for both Saturday and Sunday. PM Session (Finals for 11&O): Warm-ups will begin approximately 1 hour after completion of morning session. Competitors will have a 45-minute warm-up. Competition will begin approximately 2 hours after completion of the AM session.

### WARM UP SCHEDULE

Saturday	10&U Finals session	8:00-8:45a
	11&Over Prelims	TBA based on final timeline

Sunday	11&Over Prelims	8:00-8:45a
	11&Over championship finals	TBA based on final timeline

Competition for morning sessions starts at 9:00am each day

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### **SAFE SPORT INFORMATION:**

All persons expecting to receive access to the pool deck must be prepared to show a current USA Swimming membership card. Information regarding the APT course and the background check is available online at [usaswimming.org](http://usaswimming.org). Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents and must have successfully passed the required background check and APT Course. Coaches must display their coach membership card while on deck.

No swimmer will be permitted to compete unless he/she is a member as provided in Article 302. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with these requirements.

No swimmer will be allowed on deck without a coach member present. If a swimmer's coach is not planning to attend the event, the swimmer must be assigned a supervising coach. If a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign a supervision form before a credential can be issued.

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional, and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training ("APT") in order to be considered a USA Swimming registered member in good standing. **Any athlete who turns 18 on or after February 10, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed.**

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The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Referee, is harmful to others or to other's property may be required to leave the competition.

### **BULL PEN:**

A bullpen will be used for 8 & Under events. All other swimmers shall report directly to their assigned lanes.

### **TECH SUITS:**

Technical Suit may not be worn by any 12&U USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

### **OFFICIALS:**

We always need and appreciate the help of certified officials and trainees from participating teams. If you are going to be attending this meet, please use the signup form <https://forms.gle/Skd1QVX5WLQHLMQw5> to convey your intentions. The Meet Director will not be handling official's commitments. Please check in with the meet referee upon arrival.

### **MEETING:**

Officials meeting will be held at 1 hour prior to the start of the meet. Coaches meeting will be held 15 minutes prior to the start of the meet.

### **HOSPITALITY:**

A hospitality area will be provided for Officials and Coaches. An ample supply of breakfast, lunch, and snack selections will be available throughout the meet.

### **MEDICAL:**

Lifeguards are trained in first aid and CPR and are posted on deck during the meet. The facility is equipped with two AEDs. The 911 system will be utilized in the event of an emergency.

### **PARKING:**

Participants are to use the North side parking lot, Haworth Street and surrounding main streets for parking. Please no parking in the residential neighborhood. No car traffic is permitted in the SE culdesac.

### **RESTROOMS:**

Restrooms for spectators, officials and coaches are located through the main building entrance. On deck bathrooms/locker rooms are for athlete use ONLY and will be monitored according to Safe Sport regulations.

### **CONCESSIONS:**

An ample assortment of refreshments will be available for purchase throughout the meet. Foods will include nutritious hot items as well as breads, fruits, snacks, water, and sports drinks.

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**Order of Events Saturday  
11&O Prelims & 10&U Timed Finals**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>Sat - Session 1 - 10&amp;U Timed Finals</b>		
1	9-10 100 IM Timed Finals	2
3	8 & U 100 Free Relay Finals	4
5	10 & U 200 Free Relay Finals	6
<b>Break - IM/Free Awards 10 &amp; U</b>		
7	8 & U 50 Free Timed Finals	8
9	9-10 50 Free Timed Finals	10
<b>Break – Relay Awards 10&amp;U</b>		
11	8 & U 25 Breast Timed Finals	12
13	9-10 50 Breast Timed Finals	14
<b>Break – 50 Free Awards 10 &amp; U</b>		
15	8 & U 25 Back Timed Finals	16
17	9-10 50 Back Timed Finals	18
<b>Break – Breast Stroke Awards 10 &amp; U</b>		
19	8 & U 25 Fly Timed Finals	20
21	9-10 50 Fly Timed Finals	22
<b>Break – BackStroke Awards 10 &amp; U</b>		
23	8 & U 25 Free Timed Finals	24
25	9-10 100 Free Timed Finals	26
<b>Fly/Free Awards 10 &amp; U</b>		

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>Sat - Session 2 - 11&amp;Over - Prelims</b>		
27	12 & Under 200 Free Relay Finals	28
29	13-14 200 Free Relay Finals	30
31	Open 200 Free Relay Finals	32
33	11-12 100 IM Prelims	34
35	13-14 200 IM Prelims	36
37	15-18 200 IM Prelims	38
39	11-12 50 Free Prelims	40
41	13-14 100 Free Prelims	42
43	15-18 100 Free Prelims	44
45	11-12 50 Breast Prelims	46
47	13-14 100 Breast Prelims	48
49	15-18 100 Breast Prelims	50

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## Order of Events Sunday 11&O Prelims & 11&O Timed Finals

Girls	Event	Boys
<b>Sun - Session 3 - 11&amp;Over - Prelims</b>		
51	11-12 50 Back Prelims	52
53	13-14 100 Back Prelims	54
55	15-18 100 Back Prelims	56
57	11-12 50 Fly Prelims	58
59	13-14 100 Fly Prelims	60
61	15-18 100 Fly Prelims	62
63	11-12 100 Free Prelims	64
65	13-14 200 Free Prelims	66
67	15-18 200 Free Prelims	68
69	12 & Under 200 Medley Relay Finals	70
71	13-14 200 Medley Relay Finals	72
73	Open 200 Medley Relay Finals	74

<b>Sun - Session 4 - 11&amp;O Championship Finals</b>		
33	11-12 100 IM Finals	34
35	13-14 200 IM Finals	36
37	15-18 200 IM Finals	38
Break – IM Awards		
39	11-12 50 Free Finals	40
41	13-14 100 Free Finals	42
43	15-18 100 Free Finals	44
Break – Freestyle Awards		
45	11-12 50 Breast Finals	46
47	13-14 100 Breast Finals	48
49	15-18 100 Breast Finals	50
Break - Breaststroke Awards		
51	11-12 50 Back Finals	52
53	13-14 100 Back Finals	54
55	15-18 100 Back Finals	56
Break – Backstroke Awards		
57	11-12 50 Fly Finals	58
59	13-14 100 Fly Finals	60
61	15-18 100 Fly Finals	62
Break - Fly Awards		
63	11-12 100 Free Finals	64
65	13-14 200 Free Finals	66
67	15-18 200 Free Finals	68
Freestyle Awards		