



2024 THSC INTRASQUAD - APRIL

April 19, 2024

HELD UNDER THE SANCTION OF U.S.A. SWIMMING, INC. Article 202.4

HELD UNDER THE SANCTION OF OREGON SWIMMING, INC.

Sanction No:	Meet # 24-057 In granting these sanctions, it is understood and agreed that USA Swimming and Oregon Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
Meet Referee:	Johan Van De Groenendaal Johanv.referee@gmail.com
Admin:	Jim Hu
Meet Director:	Joseph Moreno meetdirectors@thunderboltswimming.org Calvin Lin meetdirectors@thunderboltswimming.org
Location:	Tualatin Hills Aquatic Center 15707 SW Walker Road Beaverton, OR 97006 (503) 645-7454
Sponsor:	Tualatin Hills Swim Club (THSC) PMB 152, 16055 SW Walker RD Beaverton, OR USA 97006 (503) 629-5568 fax (503) 439-9328 website: www.thunderboltswimming.org
Facility:	Indoor, 50 meters x 25 yards, 7½ foot lanes. Pool depth goes from 13.5 ft. to 5 ft. at start end and at the turn in SCY configuration. The facility will ensure that the course dimensions are as stated. Open pool deck areas available for swimmers, coaches, and officials only. Wi-Fi throughout the facility. SPECIAL NOTE: No personal folding chairs allowed on deck. <i>In the interest of public safety, inclement weather may necessitate the closure of THPRD facilities. To communicate quickly and efficiently, THPRD posts new information about inclement weather closures and other interruptions on a 24-hour hotline:</i> Facility Closure / Inclement Weather Hotline: 503-614-4018 <i>*RV parking available for day use only at the north parking lot above soccer/baseball fields. For more information, please call THPRD Swim Center at (503) 629-6130.</i>
Restrictions:	Tobacco products, alcoholic beverages, and glass containers are prohibited on THPRD district property. Shaving is prohibited in the facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. No cell phones or other recording devices are allowed behind the blocks. Flash photography is prohibited during competition, except by express permission from the Meet Referee. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and or spectators are present. Use of video recording devices under or over the water surface of the pool is prohibited. Only coaches, swimmers and working volunteers will be permitted on the pool deck. IMPORTANT: 1. Alcohol is not allowed anywhere on the THPRD grounds. 2. Food may not be consumed on deck. 3. Locker rooms are for registered athletes only. Restrooms for parents and spectators are located across the hall from the main entrance to the THPRD pool.



	<p>4. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p>								
Rules and Safety:	<p>Current USA Swimming rules will govern this meet. Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.</p> <p>USA Swimming Minor Athlete Abuse Prevention Policy: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p> <p>Safe Sport Compliance & Locker Rooms: The facility locker rooms are for registered athletes only. Restrooms for coaches, officials, parents and spectators are located in the lobby of the pool building and across the breezeway from the main entrance to the THPRD pool.</p> <p>Medical Supervision: CPR and first aid certified lifeguards are on duty during warm-ups, competition and cool-down for the entirety of the event. AED devices are available at the main desk of the pool. Lifeguards will call EMTs should a situation require additional medical assistance.</p>								
Spectator Info:	Spectator seating is available in the general stands.								
Warm up Procedures:	<p>Meet warmups will be managed by the coaches. The coaches will preassign teams to specific lanes for warmups.</p> <p>NOTE: Swimmers violating safety procedures may be removed from warm ups for the remainder of the session. Additional violations may cause the swimmer to be removed from the meet.</p>								
Swimwear:	No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.								
Eligibility:	Swimmers must be currently registered with U.S.A. Swimming or registered in a foreign swimming federation; NO ON DECK USA REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of April 19, 2024. <i>With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.</i>								
Bull Pen:	There will be a bullpen staging area for 10 & Under swimmers.								
Times:	Swimmers should arrive at the pool no earlier than 15 min before their warmup.								
	<table border="1"> <thead> <tr> <th>Date</th> <th>Description</th> <th>Warm-Ups</th> <th>Timed Finals</th> </tr> </thead> <tbody> <tr> <td>Friday April 19</td> <td>10&U</td> <td>5:00 pm</td> <td>5:30 pm</td> </tr> </tbody> </table> <p><i>Warmup & meet start times are tentative and may be adjusted. Any changes will be communicated.</i></p>	Date	Description	Warm-Ups	Timed Finals	Friday April 19	10&U	5:00 pm	5:30 pm
Date	Description	Warm-Ups	Timed Finals						
Friday April 19	10&U	5:00 pm	5:30 pm						
Entry Limit:	Swimmers may enter a maximum of four (4) events								
Meet Limit:	Meet will not exceed 2 hours								
Entries:	<p>Submit SCY times only.</p> <p>USA Swimming registration numbers must be included. Entries Open: , Wednesday, April 3, 2024, 12:00pm Entries Deadline: Friday, April 12, 2024, 5:00pm</p> <p>With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being</p>								



	<p>proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <ol style="list-style-type: none"> 1. HY-TEK Meet Manager Software will be used. Please submit entries via Hy-Tek in SCY only and email in HY-TEK format to MeetDirectors@thunderboltswimming.org When emailing entries, please zip files and include a Team Meet Entry Report in a Word format. 2. Please review entries for each session of the meet prior to warm-ups for that session, and report any potential corrections to the Meet Director at least 30 minutes prior to the beginning of the session's competition. Corrections will be made on a case-by-case basis, with the benefit of the doubt going to the swimmer(s) involved.
Awards:	<p>10&U: ribbons All awards must be picked up at the conclusion of the competition. They will not be mailed.</p>
Format:	Intrasquad meet
Officials:	<p>There will be an Online Sign up to officiate at the 2024 THSC Intrasquad – April meet. Link to be provided. Signup deadline: April 17, 2024, 12:00pm</p>
Uniforms:	Oregon Swimming Officials' uniform: white shirt, black pants or skirt, and black shoes and socks.
Trainees:	Trainees will be welcome in all positions (Starter, Stroke & Turn, or Electronic Timer), subject to building capacity limits.
Timers:	Lane timers should visit the Volunteer Check-In desk to sign up for lane timing.
Notice:	This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.





EVENTS

Mixed Event #	Event
1	200 Free
2	100 Free
3	50 Free
4	25 Free
5	25 Fly
6	50 Fly
7	100 Breast
8	50 Breast
9	25 Breast
10	25 Back
11	50 Back

