

Monthly Board Coach's Report

Month: June 18 – July 12

Submitted By: Coach Jenn Beech

Date Submitted: Saturday July 13

I. Numbers Report

a. Team Totals: 214

	5- 8	9-10	11-12	13-14	15-18	Total
Girls	18	28	34	29	18	127
Boys	14	16	17	20	20	87

b. Competitive Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Age Group #1	73%	16	17
Age Group #2	68%	14	13
Age Group Transition	42%	12	13
11&O Bronze	64%	14	15
11-14 Gold	60%	29	30
Senior #2	46%	21	23
Senior #1	63%	21	21

c. Other Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Stroke School #1	37%	30	31
Stroke School #2	45%	16	11
Pre-Competitive	36%	17	22
Fitness	30%	20	17

II. Meet Report= N/A meet since last report no meets

Date	Meet	Type	# of Swimmers	General Summary/ Comments
6/22-6/23	Hillside RW Short Course Meet	RW	28	Short course meet hosted by Hillside at Chaffy College.
6/21 – 6/23	Auburn Richard Quick Invite	Travel Trip	26	Swimmers traveled to Auburn AL. Annual team travel trip 6/19 – 6/24. Hosted at the Auburn University
6/21 – 6/23	Swim Meet of Champions (SMOC)	Senior	3	Hosted by MVN.
7/12 – 7/14	CCAQ BR Long Course EC Chams	BR	64	Hosted by CCAQ at Roosevelt High School. Last ditch to get JO and Sectional cuts. Eastern Committee Champs

III. Travel

a. This Month:

- i. CA/NV Sectionals July 18 – 21 @ Santa Clarita
- ii. EC Summerfestival July 20- 21 @ Chino Hills
- iii. Summer Junior Olympics July 24 – 28 @ Riverside
- iv. Futures @ Mt Hood Oregon

b. Future Scheduled Travel:

- i. N/A

IV. Special Projects/ Events:

i. Awards Banquet

1. GPAC Reserved for 8/17 1 – 4 PM
2. Trophies Ordered
3. 7/16 Coach Jenn will send out email to those who qualified in JO's and above to either put in championship jacket orders or turn in current one of embroidery.

ii. August 24-25 BRW Meet

1. SCS approved sanction
2. Admin should have event file up this week for swimmer sign-ups
3. Job Sign-ups Posted
4. Working on Snack Bar Posting with Sherry Yang

iii. Blue Black White Meet

1. September 28 didn't work as a date because of SCS hosting admin/official clinic.
 - a. Agreed to move to Sunday September 29th
2. Sign-up will open 7/15
 - a. Sign-ups will close 8/23
 - b. Teams chosen 8/26
 - c. Team practices 9/6

iv. Swim- A-Thon

1. Date will be Saturday October 5
2. Will have online posted August 12
 - a. Track donations through September and 2 weeks after the event.

v. Fitter Faster

1. New director.
2. Would like to host one in our area again this December or January.
3. They now will give host incentive of \$500 - \$1500

V. Coaching Staff Notes:

i. Group Splits

1. Updated rosters and standards from the 7/3 meeting will be presented to board on 7/15 meeting
 - a. In drive will include: rosters, updated standards, suggested dues for group, and the standard review of Senior #1.

ii. Shark Attack

1. We are currently on session #3 with one more session starting on 7/22.
2. Coach Lauri is putting together classes for August session.
 - a. Most likely will be at MMHS
3. July 30 – End of Summer Meet at GOHS
 - a. Starts around 2 PM
 - b. Shark Attack Summer League, Stroke School, and a Summer League Heather Elizondo runs at Greer Ranch will be invited to participate.
4. Suggested incentive for those to try year round club?

iii. August Practices:

1. August 5 – 10 All competitive groups will be on break
 - a. Note Stroke School will stay in session
 - b. Some Seniors going to Western Zones will continue as well
2. August 12 – 16 and August 19 – 23
 - a. Competitive groups will do combined practice – clinic style. Lots of drills and technical work
 - b. Coaches will be also meeting with swimmers to go over group placements that will start on August 26.
 - c. Will mix groups around as well so whole team gets a chance to participate with swimmers they usually don't get to see or work with.

iv. Monday September 9: Whole Team Meeting "Town Hall Style"

1. Team comes to one site for big team meeting
2. Invite CAS to bring team gear orders
3. Subjects for meeting:
 - a. 2019-2020 Calendar
 - b. Group Expectations
 - c. Attendance Presentation (Why its important)
 - d. MAPP and Communication
 - i. Age Group vs Senior level communication difference
 - e. Swim-A-Thon
4. Follow-up with some kind of combined practices

VI. Practice Schedule Updates (EX: Changes/ Modified/Adjustments)

- i. July 17 – 20
 1. Sectionals taking place. Reynolds groups will have some slight changes due to be at the meet.
 2. Will be sent out in e-mail and weekly reminders
- ii. July 22 – 27
 1. Junior Olympics.
 - a. Slight changes to Reynolds, Jenn and Lauri groups to help with coverage while the meet is happening.
- iii. August and Fall Pool Time
 1. City is still confirming their CRC schedule
 2. GOHS the admin should have an answer at latest July 25
 3. MMHS Coach Jenn has a meeting with AD July 18th

VII. LSC & Committee News:

i. Southern Cal Swim

1. MAAP Update:
 - a. 18& over swimmers need to have the APT done by July 24th
 - b. Bathrooms at meets:
 - i. Parent/Coaches/Officials need separate bathrooms from swimmers
 - ii. At our August meet do the following:
 1. Lockerroom bathrooms: Swimmers Only
 - a. Suggest similar signs put up like CCAQ had at their meet
 2. Single on deck bathroom for Coach/Officials
 3. Bathrooms at back of main building for parents and adult spectators

- c. Registration page for 2019-2020 Renewal and New Registration should be ready by August 12th on Team Unify.

ii. Eastern Committee

- 1. 2020 Meet Awards
 - a. May RW Meet (Sunday Only)
 - b. October W Meet (Saturday Only)
 - i. Both one day meets

VIII. Miscellaneous:

- i. Justine Schneider was chosen for following:
 - 1. USA Swimming Scholastic All American
 - 2. High School All American for the 500 Freestyle
- ii. Coach Reynolds was named head coach for the SCS Age Group Western Zone Team who will travel to Mt. Hood Oregon over the week of August 5.

2020 EC Meet Planning Calendar

	Dates	Meet Name/ Type	Requirements/ Notes	Suggested Q/D/T Meet Weekends	2019 host
	January 4-5	SCS Pacific All Star Meet		X	
	January 11-12			X	
1	January 17-19	Senior Q Qualifier	H/F Pads *pending SCS format*		RAA
	January 17 -20	Time Standard)			
2	January 25-26	RW SC Winter Festival	10 cons lanes		RAA
		SCS All Star Festival			
	February 1-2			X	
3	February 7 -9	BR SC Committee Champs H/F Id	10 cons lanes/ Pads		MESA
	February 14-16	SCS Senior Q Meet		X	
	February 14-17	(14under)			
	February 17	SCS Senior One Day Meet			
	February 22 - 23			X	
	February 27 - March 1	CA/NV Sectionals			
4	February 29 - March 1	BRW SC JO Qualifier	10 cons lanes/ Pads		
	March 7 - 8			X	
	March 12 - 15	14&Under SCS JO Champs		X	
	March 21 - 22			X	
5	March 28 - 29	IMX/ Pentathlon SC Meet			PST
		SCS Senior Invitational			
6	April 4-5	BRW LC- Site #1			YST
7	April 4-5	BRW LC- Site #2			
	April 11-12			X	
8	April 18 - 19	RW SC 2 day format	min 8 lanes		FAC
	April 25 - 26			X	
9	May 3	RW SC 1 day format (Sun) site #1	min 8 lanes **		PST
10	May 3	RW SC 1 day format (Sun) site #2	min 8 lanes **		STAR
	May 9-10	CIF SS Finals		X	
	May 10	Post CIF Time Trial			
11	May 16-17	BR 13/up W May LC			HVDA
		CIF State Champs			
	May 22-24	NOVA Grand Challenge		X	
		Freeweekend Meets			
12	May 30-31	BRW LC- Site 1- JAG Qualifier	pads both ends		DSRT
13	May 30-31	BRW LC - Site 2 - JAG Qualifier	pads both ends		TCC
	June 4 - 7	Swim Meet of Champions		X	
	June 11-14	June Age Group Invite			
	June 14	Last Ditch Trial Qualifier			
	June 20 - 21			X	
	June 21 - 28				
14	June 27 - 28	RW SC 2 day format			HILL
		Open Water JOs			
	July 4-5	Freeweekend Meets		X	
15	July 11-12	BR LC JO Qualifier	pads both ends		
	July 16-19	CA/NV Sectionals (Could Change)			
		LAI at USC			
16	July 17 -19	H/F	10 cons. Lanes/pads		CCAQ
	July 22-26	SCS LC JO			
	July 30 - Aug 2	Senior Times)		X	
		Futures			

	August 6 - 9	Combined US Open & Jr Nationals		X	
	August 15-16			X	
	August 24-25			X	
17	August 29-30	BRW SC (Sprint Meet -Freestyle Fun)			TMEC
	September 3-4	Freeweekend Meets		X	
	September 10-11			X	
18	September 18 - 20	BRW SC Site #1 (Fri Host)			
19	September 19-20	BRW SC Site #2 (Fri Guest)			FSON
		Senior Race Series #1			
	September 26-27	SCS Fall Clinic		X	
20	October 3 (Saturday)	W SC Site			
	October 10-11	Senior Race Series #2		X	
21	October 17-18	BR SC Site #1			PDSC
22	October 17-18	BR SC Site #2			TCC
	October 24 - 25	Senior Race Series #3		X	
	October 31- November 1			X	
	November 5-8	SCS Kevin Perry Senior Meet		X	
23	November 13-15	BRW SC Site #1 (Fri Host)			FAC
24	November 14-15	BRW SC Site #2 (Fri Guest)			YST
	November 21-22	Senior Race Series Champs		X	
		Freeweekend Meets			
	November 28-29			X	
25	December 4 - 6	1 (Fri host)	10 cons. Lanes/pads		MESA
26	December 5 - 6	2 (Fri gues)	10 cons. Lanes/pads		DSRT
		Winter Nationals			
	December 11-13	WAGs			
		Jr. Nationals		X	
	December 17-20	Sectionals ???		X	
		SCS Sr Dev Champs			Q