



Monthly Board Coach's Report

Month: November 14 – December 17

Submitted By: Coach Jenn Beech

Date Submitted: Monday December 17, 2018

I. Numbers Report

a. Team Totals: 247

	5- 8	9-10	11-12	13-14	15-18	Total
Girls	15	31	39	35	17	137
Boys	10	26	26	30	18	110

b. Competitive Groups:

Training Group	Current Month	Last Month
Age Group #1	24	25
Age Group #2	14	16
Age Group Transition	16	23
11&O Bronze	13	13
11-14 Gold	30	30
Senior #2	30	27
Senior #1	12	15

c. Other Groups:

Training Group	Current Month	Last Month
Stroke School #1	18	22
Stroke School #2	29	30
Pre-Competitive	31	33
Fitness	28	30

II. Meet Report

Date	Meet	Type	# of Swimmers	General Summary/ Comments
11/17/18	PST Thanksgiving Invite	BRW	25	Hosted at Palm Springs Swim Center.
11/18/18	Senior Race Series Championships	Senior	6	Hosted at La Mirada
11/30/18	MESA BR WAG Qualifier	BR	50	Hosted by Mesa at Drop Zone. 3 swimmers qualified for first time WAG events.
12/7/18	Winter Age Group Champs	Champs	41	Hosted at Palm Springs Swim Center. Team was 13 out 30 participating teams

12/7/18	Winter Junior National at Austin, TX	Senior	1	Hosted in Austin Texas. Jacob Rivers attended as our representing swimmer.
12/14/18	2018 Para Swimming National Championships	Champs	1	Hosted in Tuscon, Arizona. Grace Bristow attended.
12/14/18	2018 SCS Regional Meet	Senior	25	Hosted by Lakewood at Cerritos College Aquatic Center. Girls placed 3 rd out of 34 teams. Boys placed 6 th out of 34 teams.
12/14/18	2018 CA/NV Winter Sectionals	Senior	6	Hosted by Yucaipa at Crafton Hills College.

III. Travel

a. This Month:

- i. N/A

b. Future Scheduled Travel:

- i. Senior Q Meet Qualifier @ Riverside City College Aquatic Center January 18-20
- ii. BRW Meet @ Eastvale (CCAQ) January 25 -27

IV. Special Projects/ Events:

i. Travel Meet Update:

1. Age Group Travel Meet

- a. Had a meeting over Thanksgiving Break and then sent another email. There wasn't enough interest.
- b. Looking at instead for the May PST Meet to find a common hotel for everyone to stay at and have a team dinner that Saturday.

2. Senior Travel Trip Meet

- a. Decided on going to Auburn June 22-23
- b. Basic Itinerary:
 - i. Get there June 21 (Travel Day and flush workout)
 - ii. Meet Competition June 22-23
 - iii. Monday 24th do a team activity in Atlanta
 - iv. Monday 24th travel back that night
- c. Going to keep to 11-18 age group
- d. Next step
 - i. Will contact eligible swimmers by December 28 by e-mail
 - ii. Have interest meeting Monday January 7th.

V. Coaching Staff Notes:

- A. We will be meeting/ contacting swimmers about group transitions.
 - a. New group placements will start January 2nd.
 - b. Swimmers that age-up to 11 or 13 during January – Feb will be considered as well.
- B. January Meets

- a. Reminder that we decided to not go to the 12&under BRW Meet at RST January 12-13 since there is BRW at the end of the month.

VI. Practice Schedule Updates (EX: Changes/ Modified/Adjustments)

- i. December 20: Modified due to water polo game at CHS.
- ii. December 22: Saturday practice TBD due to alumni water polo games at MMHS
- iii. December 24, 25, 31, and January 1 no practice for the holidays.
- iv. December 25 – January 6 Winter Break Modified schedule. Will be sent out Wed December 19th
- v. January 7, 2019 New Schedule
 - 1. CHS denied January – May pool request due to pool availability
 - 2. We acquired GOHS 7-8:30pm and CRC will be able to extend pool time to 8:00pm.
 - 3. Schedule will be emailed out Friday December 21.

VII. LSC & Committee News:

- i. **Southern Cal Swim**
 - 1. NA
- ii. **Eastern Committee**
 - 1. NA

VIII. Miscellaneous:

- i. NA