

Monthly Board Coach's Report

Month: December 17, 2018 – January 18, 2019

Submitted By: Coach Jenn Beech

Date Submitted: Friday January 18, 2019

I. Numbers Report a. Team Totals: 239

	5- 8	9-10	11-12	13-14	15-18	Total
Girls	15	24	38	33	16	126
Boys	10	24	25	34	20	113

b. Competitive Groups:

D. Competitive croups.				
Training Group	Current M	onth Last Month		
Age Group #1	21	24		
Age Group #2	11	14		
Age Group Transition	14	16		
11&O Bronze	20	13		
11-14 Gold	30	30		
Senior #2	29	30		
Senior #1	15	12		

c. Other Groups:

Training Group	Current Month	Last Month	
Stroke School #1	18	18	
Stroke School #2	24	29	
Pre-Competitive	21	31	
Fitness	26	28	

^{**}Starting at Feb 2019 Meeting the previous months attendance percentages will be available on report**

II. Meet Report= N/A meet since last report no meets

Date	Meet	Туре	# of Swimmers	General Summary/ Comments

III. Travel

a. This Month:

- i. Senior Q Meet Qualifier @ Riverside City College Aquatic Center January 19-20
- ii. CCAQ BRW Meet @ Eastvale January 25-27
- iii. PST IMX/IMR Challenge Feb 9-10 @ Palm Springs Swim Center Feb 9-10

b. Future Scheduled Travel:

i. Senior Q Meet @ MVN Feb 16 – 18

- 1. Qualification depends on who makes top 6 at events at the Jan 19-20 qualifier meet.
- ii. RW Winter Festival @ RAA Feb 24-25
- iii. Eastern Committee Short Course Champs @ MESA March 1-3
- iv. Spring Sectionals @ NCA March 1-3

IV. Special Projects/ Events:

- i. Travel Meet Update:
 - 1. Auburn Travel Trip
 - a. Had interest meeting on January 7th
 - **b.** Swimmers have till Feb 1st to commit and submit \$500 deposit
 - c. Looking like 25 swimmers will commit
 - **d.** Jason Rothlein and Gabby Rivers will attend as chaperones.
- ii. March 9 RW Meet
 - 1. Approved for GOHS
 - 2. Suggest 5 hours be the hours each member family needs to complete in volunteering
 - 3. Rentals Needed:
 - a. Truck for Storage
 - **b.** Tables & Chairs

V. Coaching Staff Notes:

- i. Coaches are requesting that another purchase of a digital clock be considered for TES since we sent the one we have down to GOHS. Swimmers said they cant see the analogue the city has
- ii. Start Practice for TES
 - 1. Competitive groups will utilize Saturday practices to work on starts
 - **2.** PreComp Coaches will be sending out dates that this group can come to GOHS to work on starts with Coach Sennen.
- iii. Coach Hailey and Taylor have recommended the following:
 - 1. Precomp increase from 45 min practice to 1 hour
 - 2. Fitness increase from 1 hour to 1 15 minutes
 - **3.** Feel the time is a good stepping stone between groups

VI. Practice Schedule Updates (EX: Changes/ Modified/Adjustments)

- i. January 22, 24, 29 and 31
 - 1. Maybe modified for Senior Group due to MMHS Girls Polo hosting League Carosel. Depends on there placement.
- ii. Feb 15 & 18
 - 1. School pools not available due to the holiday
- iii. Feb
 - 1. Age Group #1 and Bronze will move to MMHS 5- 6:30 PM after Girls Water polo Season
- iv. End of March we get GOHS at 6:30 PM
 - **1.** Age Group #2 6:45 8:00 PM @ GOHS
 - 2. Fitness 7 8 PM @ GOHS
 - **3.** Age Group Transition 4:30 6:00 @ TES
 - 4. Gold @ GOHS 7:00 8:30 PM
 - **a.** 2-3 days a week dryland at 6:30 PM
- v. Saturdays

- 1. Starting Feb 2nd we will get Drop Zone for Long Course Training
 - a. Schedule
 - i. Senior #1 6:00 8:00 am
 - ii. Senior #2 6:00 8:00 am
 - iii. Gold 6:30 8:00 am
 - iv. Age Group #1 6:30 8:00 am
 - **v.** Bronze 6:30 8:00 am
 - **1.** Age Group #2 and Age Group Transition swimmers will be on invite by coach only
 - **b.** Fitness we will not offer the Saturday since the group is really not taking the opportunity to go to current Saturdays.

VII. LSC & Committee News:

- i. Southern Cal Swim
 - 1. Hosted Pacific All Stars January 5-6
 - **a.** Justin and Ty Schneider attended as selected swimmers
 - b. Coach Lauri attended as a coach for 11-12's
 - 2. SCS All Star Festival Hosted January 27th
 - **a.** Kaylee Richmond, Kaleb Richmond, Leilani Abalos, Addison Schneider, and Matthew Vinh were all selected.

ii. Eastern Committee

1. Next meeting is scheduled for Feb

VIII. Miscellaneous:

- i. City of Temecula- 50 Meter Polo
 - On January 14 Coach Jenn and group of TMEC swimmers/parents attending the Community Service meeting with local swimmers as well to ask the committee for a plan of a bigger aquatic facility and 50 meter be put on agenda as a plan.
 - **a.** We had positive reception
 - **b.** Plan to keep sending representatives to meeting
 - c. Ask the Community Service Committee to March 9 Meet
 - **d.** Suggestions made:
 - i. Attend Community Workshops that will be announced soon
 - **ii.** Have as many members attending May City Council Meeting (Budget Meeting) to address.