

# **Monthly Board Coach's Report**

Month: June 20, 2023- July 17, 2023
Submitted By: Coach Jenn Beech
Date Submitted: Monday July 17, 2023

I. Numbers Report a. Team Totals: 324

	5- 8	9-10	11-12	13-14	15-18	Total
Girls	28	44	38	34	19	163
Boys	25	46	35	33	22	161

b. Competitive Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Age Group Gold	40%	14	15
Age Group Silver	46%	25	30
Age Group Bronze	38%	33	25
Jr. Bronze	39%	31	33
Jr. Silver	39%	20	21
Jr. Gold	57%	4	4
Sr Bronze	45%	14	15
Sr Silver	45%	13	15
Sr Gold	37%	14	15

c. Other Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Stroke School #1- Freestyle	49%	12	23
Stroke School #2- Backstroke	70%	14	8
Stroke School #2-Breaststroke	36%	23	14
Stroke School #2- Butterfly	47%	17	22
Pre-Competitive	39%	49	44
Competitive Readiness	37%	37	41

II. Meet Report=

Date Meet		Туре	# of	General Summary/ Comments	
			Swimmers		
June 16-19	JAGs	invite	26	Hosted by NOVA @ Wollett Center	
June 23-25	Auburn Richard Quick Invite	invite	18	Team Travel trip to Auburn Alabama	

June 24-25	Chino Hills June Short Course Meet	BB/B/ C	53	Hosted by CHS at Chino Hills High School
July 7-8	EC Champs	B min	53	Hosted CCAQ at Eastvale. Team placed 2nd out of 19 teams
July 13- 16	Summer Sectionals	Senior	5	Hosted by FAST in Fullerton
July 15-16	HVDA July Short Course	BB/B/ C	33	Hosted by HVDA at Hemet High. Meet was effected a bit by local fires

#### III. Travel

- i. Summer Age Group Meet @ Riverside July 20-23
- ii. USA Swim Futures @ San Antino Texas July 26-29
- iii. SCS Elite Age Group All Star Meet @ Mission Viejo August 3-6

## IV. Special Projects/ Events:

- i. Shark Attack/ Stroke School Fun Summer Meet
  - 1. Fri July 28 3-8 @ Mesa
- ii. Summer Break 7/31 Aug 13
- iii. Awards Ceremony August 26
- iv. Swim-A-Thon August 30
- v. Team Hosted AB Meet Sept 23-24 @ Great Oak

### V. Coaching Staff Notes:

- i. Coaches are working on group transitions for new season
  - 1. If you have questions on group transitions then please reach out to swimmers direct coach first.
- ii. 23-24 Group Standards and Expectations are being worked on by staff. Will be finalized and emailed out by Sept 1.

## VI. Practice Schedule Updates (EX: Changes/ Modified/Adjustments)

- i. August
  - 1. Schedule will be a bit week to week as most of our facilities are not on normal fall schedule yet
- ii. Fall Schedule
  - 1. Currently being worked on. Waiting on some more confirmation but looking at pools
    - a. Mesa 4:30-8 pm
    - b. GOHS 6-9 pm
    - c. CRC 4:30-7
      - i. Till 8:30 will be available

#### VII. LSC & Committee News:

- i. Southern Cal Swim
- ii. Eastern Committee

#### VIII. Miscellaneous: