



Monthly Board Coach's Report

Month: February 23 – March 21, 2022

Submitted By: Coach Jenn Beech

Date Submitted: Monday March 21, 2022

I. Numbers Report

a. Team Totals: 312

	5- 8	9-10	11-12	13-14	15-18	Total
Girls	31	41	41	27	20	160
Boys	17	47	37	36	15	152

b. Competitive Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Age Group #1	74%	6	7
Age Group #2	64%	27	32
Jr. Bronze	51%	28	30
Jr. Silver	42%	14	16
Jr. Gold	63%	12	11
Sr Bronze	32%	16	22
Sr Silver	59%	20	24
Sr Gold	20%	1	3

c. Other Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Stroke School #1- Freestyle	56%	17	30
Stroke School #2- Backstroke	47%	15	24
Stroke School #2-Breaststroke	53%	23	33
Stroke School #2- Butterfly	61%	37	29
Pre-Competitive	52%	45	32
Competitive Readiness	42%	41	45

II. Meet Report=

III. Date	Meet	Type	# of Swimmers	General Summary/ Comments
03/03 – 03/06	CA/NV Sectionals	Senior	3	Hosted by NCA at Carlsbad
03/04-03/06	Ottr ABC JO Last Ditch	ABC	49	Hosted by Ottr Swim Club at Palm Springs

03/10 – 03/13	14&Under Spring JO's	Age Group Champs	10	Hosted by RMDA at La Mirada
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IV. Travel

- a. PDSC BC Festival @ Palm Desert March 25-26
 - i. Was rescheduled from the end of January
- b. April Long Course AB Meet @ Riverside April 9-10
- c. April Senior Long Course Meet @ La Mirada April 15
- d. April Short Course BC Meet @ Fontana April 23-24

V. Special Projects/ Events:

- i. April-
 - 1. Post Shark Attack Registration
 - 2. April 30th Cornhole Competition
 - a. Rescheduled from March
- ii. May
 - 1. National Water Safety Day (Trying to organize a community event)

VI. Coaching Staff Notes:

- i. Long Course Season
 - 1. Long Course 2022 officially begins April and will go through July.
 - 2. This will be a full season for the first time since 2019.
 - a. Should note that swimmers looking to get June Invite, JO, and sectional above cuts should be aware that there are very limited long course meets (3-4 before JAGS and 1-2 before Jos/Sectionals).
 - 3. With a new full 6 month season in April you will see coaches going back to a lot of technique and lower yardage but they will pick back up as the season gets going.
- ii. Long Course Pool Time
 - 1. We are waiting on Drop Zone to reopen and hope going into later part of April/May we can start using Long Course practices on Saturday.
 - 2. Starting Mid-June we will have mornings at drop zone for long course training.
- iii. Coach Jenns Maternity Leave
 - 1. Coverage on Groups are being planned as follows:
 - a. Age Groups:
 - i. Coach Andrea will run the group from mid-June till start of fall season in September
 - b. Stroke School:
 - i. Coach Kacy will be lead on these groups
 - ii. College swimmers returning will assist with coverage and a parent with swim background who is interested in working while Jenn is gone.
- iv. Senior Levels

1. We are getting a lot of swimmers get their sectional bonus cuts within the Senior groups and the prediction is we could see more at the high school league finals at the end of April.
 2. Right now due to the size of Senior Silver: Coach Alex and Coach Andrea will be running the group and splitting the lanes. Some lanes may be on different intervals and some days we will have distance/sprint lanes.
 3. At the end of Long Course we plan to re-establish Senior Gold with Sectional bonus cuts.
- v. Fall 2022 Pool Time
1. High School later start times means they out later. Meaning pools may not be available till later in the day (6 PM or past)
 - a. Coaches possible solutions:
 - i. Some groups practicing early mornings
 - ii. Acquiring pool time at Liberty High School
 2. CRC Construction
 - a. Starting Fall 2022 the main building and gym is being basically torn down and rebuilt
 - i. Right now the aquatics management is trying to keep the pool open during construction but may need to shut down for a few months as well.

VII. Practice Schedule Updates (EX: Changes/ Modified/Adjustments)

- a. Spring Break
 - i. Since everyone is on different Spring Break Schedules there wont be changes to schedule except maybe Senior using some earlier afternoon time and Stroke School being at Mesa during the week of March 28th due to lifeguard classes having the pool till 5:30 PM
- b. High School Season
 - i. At MMHS due to home meets there will be a few modified days
 1. March 23 and April 20th
- c. CRC
 - i. Through May will continue to have some black out dates due to staff training

VIII. LSC & Committee News:

- i. Southern Cal Swim

- ii. Eastern Committee

IX. Miscellaneous: