



Monthly Board Coach's Report

Month: April 18, 2023 - May 15, 2023

Submitted By: Coach Jenn Beech

Date Submitted: Monday May 15, 2023

I. Numbers Report

a. Team Totals: 342

	5- 8	9-10	11-12	13-14	15-18	Total
Girls	33	45	47	36	26	187
Boys	24	40	33	35	23	155

b. Competitive Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Age Group Gold	38%	15	15
Age Group Silver	49%	32	33
Age Group Bronze	41%	19	18
Jr. Bronze	45%	35	36
Jr. Silver	58%	21	21
Jr. Gold	38%	5	5
Sr Bronze	39%	16	12
Sr Silver	40%	14	13
Sr Gold	56%	17	15

c. Other Groups:

Training Group	Last Month Attendance %	Current Month	Last Month
Stroke School #1- Freestyle	52%	19	6
Stroke School #2- Backstroke	57%	10	9
Stroke School #2-Breaststroke	46%	16	10
Stroke School #2- Butterfly	48%	24	21
Pre-Competitive	38%	43	43
Competitive Readiness	39%	42	43

II. Meet Report=

Date	Meet	Type	# of Swimmers	General Summary/ Comments
April 22-23	HVDA Short Course April Meet	BB/ B/C	92	Hosted by HVDA at HEMET High School

May 7	TMEC C Invite	C	101	Team Hosted Meet at Murrieta Mesa. 5 teams in attendance
May 13	STAR Short Course May Meet	BB/B/C	42	Hosted by STAR at HEMET High School

III. Travel

- i. RAA Long Course Meet April 20-21 @ Riverside
- ii. YST Long Course Meet June 2-4 @ Yucaipa
- iii. Tri- Meet @ Riverside (Short Course) June 10
 - 1. Just added today
 - 2. More info TBA
- iv. June Age Group Invite @ Irvine June 16- 18
 - 1. Qualified times needed

IV. Special Projects/ Events:

- i. Shark Attack 2023
 - 1. Starting June 5
- ii. Huntington Beach Pier Swim June 10
 - 1. Need Coach approval since it's open water event
- iii. Baseball Game @ Storm Stadium June 30
- iv. Summer Break 7/31 - Aug 12
- v. Awards Ceremony August 26
- vi. Swim-A-Thon August 30

V. Coaching Staff Notes:

- i. Summer Practices
 - 1. We know that some of the morning practices at Drop Zone May be hard on some families. Coaches recommend that carpools be setup or if not able to do this then reach out for an alternative group to practice with on practices you can't make.

VI. Practice Schedule Updates (EX: Changes/ Modified/Adjustments)

- i. May there will be several blackout dates between the City of Temecula having training days at CRC and Great Oak doing maintenance.
- ii. Summer Schedule
 - 1. Rough Draft Below
 - 2. Will be sent out to team by 5/19
 - 3. Note: starts June 5 but we know TVUSD is not out till June so please any morning/ afternoon practices that conflict reach out to Coach for alternative option

VII. LSC & Committee News:

- i. Southern Cal Swim
- ii. Eastern Committee

VIII. Miscellaneous:

Practice Schedule

Summer 2023

Rough Draft

****Times and Locations Subject to Change****

Group	Monday	Tuesday	Wed	Thursday	Friday	Saturday
Stroke School #1 Freestyle	5:45-6:15 @ CHS	5:45-6:15@ CHS	5:45-6:15@ CHS	5:45-6:15@ CHS	NO PRACTICE	NO PRACTICE
Stroke School #1 Backstroke	5:45-6:15 @ CHS	5:45-6:15@ CHS	5:45-6:15@ CHS	5:45-6:15@ CHS	NO PRACTICE	NO PRACTICE
Stroke School #2 Breaststroke	6:15-6:45 @ CHS	6:15-6:45@ CHS	6:15-6:45@ CHS	6:15-6:45@ CHS	NO PRACTICE	NO PRACTICE
Stroke School #2 Butterfly	6:15-6:45 @ CHS	6:15-6:45@ CHS	6:15-6:45@ CHS	6:15-6:45@ CHS	NO PRACTICE	NO PRACTICE
Pre-Competitive	5:00- 5:45 @ CHS	5:00- 5:45 @ CHS	5:00- 5:45 @ CHS	5:00- 5:45 @ CHS	NO PRACTICE	NO PRACTICE
Competitive Readiness	6:00 - 7:00 PM @ CHS	6:00 - 7:00 PM @ CHS	6:00 - 7:00 PM @ CHS	6:00 - 7:00 PM @ CHS	NO PRACTICE	NO PRACTICE

Group	Monday	Tuesday	Wed	Thursday	Friday	Saturday
Age Group #1 (Gold)	7:30-8:45 AM @ DZ	3:00-4:30 PM @ MMHS	7:30-8:45 AM @ DZ	3:00-4:30 PM @ MMHS	4:30-6:00 PM @ MMHS	7:00 - 8:30 AM @ DZ
Age Group #2 (Silver)	4:30 – 5:45 PM @ MMHS	4:30 – 5:45 PM @ MMHS	4:30 – 5:45 PM @ MMHS	4:30 – 5:45 PM @ MMHS	4:30 – 5:45 PM @ MMHS	NO PRACTICE

Age Group #3 (Bronze)	6:45 - 7:30 PM @ CHS	6:45 - 7:30 PM @ CHS	6:45 - 7:30 PM @ CHS	6:45 - 7:30 PM @ CHS	NO PRACTICE	NO PRACTICE
Junior Bronze	7:00 -8:30 PM @ CHS	7:00 -8:30 PM @ CHS	7:00 -8:30 PM @ CHS	7:00 -8:30 PM @ CHS	7:00 -8:30 PM @ CHS	NO PRACTICE
Junior Silver	7:30-9:00 am @ DZ	4:00 - 5:30 PM @ GOHS	7:30-9:00 am @ DZ	4:00 - 5:30 PM @ GOHS	4:00 - 5:30 PM @ GOHS	7:00 - 8:30 AM @ DZ
Junior Gold	3:00 - 4:45 PM @MMHS	7:00 - 8:45 AM @ DZ	3:00 - 4:45 PM @MMHS	7:00 - 8:45 AM @ DZ	3:00 - 4:45 PM @MMHS	7:00 - 8:45 AM @ DZ
Senior Bronze	3:00 - 4:45 PM @MMHS	7:00 - 8:45 AM @ DZ	3:00 - 4:45 PM @MMHS	7:00 - 8:45 AM @ DZ	3:00 - 4:45 PM @MMHS	7:00 - 8:45 AM @ DZ
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MMHS = Murrieta Mesa High School

CRC= Temecula Recreation Center

CHS = Chaparral High School

GOHS= Great Oak High School

TVHS= Temecula Valley High School

DZ= Drop Zone

TES= Temecula Elementary School