

Caitlin Vinsonhaler Memorial Time Achievement Meet
West Family YMCA/Boise City Aquatic Center
September 30, 2023

Sponsor: Boise YMCA Swim Team

Sanction: The meet is held under sanction of United States Swimming, Inc. and Snake River Swimming, Inc. **Sanction: #23-24** "In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

All applicable adults participating in or associated with this meet, acknowledge they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and they understand compliance with MAAPP policy is a condition of participation in the conduct of competition.

Location: West Family YMCA/Boise City Aquatic Center, 5959 N. Discovery Place, Boise, ID 83713. (208) 377-9622.

Facilities: 50 meter X 25 yard indoor pool with depth equal to or less than four feet to thirteen feet. Ten 8 foot lanes. Spectrum starting blocks with hand rails and fins at deep end of pool. Pool depth of equal to or more than six feet to thirteen feet. Six inch anti-wave lane lines. Large spectator gallery. During the meet, 3 warm-up lanes will be available.

The minimum water depth, measured in accordance with Article 103.2.3 is 6' 9" at the start end and 6' 9" at the turn end.

The competition course has been certified with USA Swimming in accordance with 104.2.2C(4). The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Type: Timed Finals

Timing: Daktronics Omnisport 6000 Timing System with a ten lane scoreboard. Hy-Tek Meet Manager software with Timing Console Interface.

Meet Referee: E-mail: vicki50marsh@gmail.com

Officials: We appreciate the help of certified officials from all participating teams.

Meet **Tina Akpan**

Director: E-Mail: t_akpan@msn.com

Eligibility: The meet is open to all swimmers, age 6 and above. All age group/senior swimmers must hold a current USA Swimming registration card. All USA Swimming members 18 years and Over must have completed the MAAPP Safe Sport requirements in order to swim in the meet. Age of the swimmer on the day of the meet will determine the swimmer's age group (September 30, 2023).

If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine up to \$100 per event against the individual, member coach, or member club submitting the entry. After verification of meet entries, if any athlete is found to be not currently registered, the host club must submit a post-meet backup to the Snake River Registration Chairman. If the athlete competed in the meet and his/her registration was postmarked after the entry deadline, the athlete/Club will be fined \$100 by the Registration Chairman. Additionally, if an athlete competes in a meet as an unregistered swimmer, he/she will be disqualified from all events swum in the meet and will not be allowed to enter any other competitions until the fine is paid and the registration completed.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.

Entries: **Swimmers may enter 4 events.**

As prescribed in Article 205.3.1 F of the USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

THERE WILL BE NO RELAYS OR TIME TRIALS OFFERED IN THIS MEET.

NOTE: ENTRIES FOR BUTTERFLY, BREASTROKE AND BACKSTROKE ARE LIMITED TO ONE EVENT EACH PER STROKE, providing they do not exceed the meet maximum of 3 total events (i.e. a 12 year old swimmer may enter either the 200 Breast, 100 Breast or 50 Breast). This is due to the limited time between events. Swimmers may, however, enter 2 freestyle events if they so choose.

8 & Under Swimmers entering the 50 yard freestyle, may only enter ONE of the 50 yard freestyle events. (i.e. 8 & Under swimmers entering events 5 or 6, may not

also enter events 39 or 40. 8 & Under swimmers entering events 39 or 40, may not also enter events 5 or 6.)

EMAIL (required): Email entries as an attachment to the following email address: BYSTmeetentries@ymcatvidaho.org. We require the following files: Meet Entry cl2 File with individual and relay entries; Meet Entry Report, including Relays; and Meet Entry Fee Report. These reports can be generated in Team Unify or in Team Manager.

Enter swimmers in their best short course yard times. "No Times" (NT) will be accepted. NO DECK REGISTRATION AND ENTRIES WILL BE ALLOWED OR ACCEPTED.

Fees: \$2.25 per event; Surcharge of \$20.00 per swimmer

All fees must reach the entry address within one week of the deadline. Do not plan on bringing the check to the meet—it must be received **before the meet begins or the SRS penalty of \$100 will be assessed.** **ONE CHECK PER TEAM! Make checks payable to Boise Y Swim Team.**

Deadline: Entries must be received no later than 6:00 p.m. **on Wednesday, September 20, 2023. LATE ENTRIES WILL NOT BE ACCEPTED.**

Email Entry Files to: Linda Conger – BYSTmeetentries@ymcatvidaho.org

Entry Fees must be received no later than **Wednesday, September 27, 2023.**
Mail to:

Linda Conger
Tomlinson South Meridian YMCA
5155 Hillside Ave
Meridian, ID 83642

Rules: All age group events will be governed by current USA Swimming rules. All events will be swum as timed finals.

Protests will be handled in the manner described in Section 102.23 of the USA Swimming Rules and Regulations. Current Snake River Swimming safety guidelines and warm-up procedures will be followed.

Changing into or out of swimsuits outside designated locker room areas by swimmer at any level of competition is prohibited at USA Swimming sanctioned meets. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.

Scoring: This is a non-scoring meet. There will be no awards for this meet.

RESULTS: Meet Mobile will also be active. Follow the link to the results file. Complete Meet Results in PDF and HTML, Meet Results File, and Meet Backup will be available on the Boise YMCA Swim Team website after the conclusion of the meet.

Misc: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Per Boise Y Swim Team policy, use of audio or visual recording devices, including cell phones, is not allowed behind the starting blocks.

THERE WILL BE A SIGN-UP SHEET FOR TIMING SHIFTS FOR ALL TEAMS UNDERNEATH THE SCOREBOARD. TEAMS WILL BE EXPECTED TO SIGN-UP BEFORE THE MEET BEGINS. A schedule of assigned lanes will be posted and listed in the heat sheet. The visiting teams' timing lane assignments will be included in the heat sheet and posted on the team web site: www.boiseyswimteam.org.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Heat

Sheets: Heat Sheets will not be sold at this meet and will be provided to teams prior to start of the meet. Heat sheets will also be posted.

Schedule:	Coaches Meeting:	1:45 p.m.	Officials' Meeting:	2:15 p.m.
	Warm-up:	13 & Over	2:00 p.m. – 2:25 p.m.	
		12 & Under	2:25 p.m. – 2:50 p.m.	
	Meet Start:		3:00 p.m.	

Snake River Swimming safety guidelines and warm-up procedures will apply. These are included with the invitation and will also be posted. NO DIVING off the starting blocks or pool during warm-ups. Racing starts will be allowed in designated sprint lanes the last 15 minutes of warm-up. Three lanes in the competition pool will be available for warm-ups during the entire course of the meet.

Safe Sport: A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition. · The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. · The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from

having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. · Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <http://www.uscenterforsafesport.org/report-a-concern>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

· For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <http://www.usaswimming.org/report>. · All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert first date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Medical Supervision: There is an AED on site and a lifeguard will be on duty during the meet.

Caitlin Vinsonhaler Memorial Time Achievement Meet
September 30, 2023
West YMCA/Boise City Aquatic Center
Warm-ups: 2:00 p.m. Meet Begins: 3:00 p.m.

Order of Events

Girls	Event	Boys
1	13 & Over 50 Freestyle	2
3	11 – 12 50 Freestyle	4
5	10 & U 50 Freestyle	6
7	8 & U 25 Freestyle	8
9	11 & Over 200 Breast	10
11	8 & Over 100 Breast	12
13	12 & Under 50 Breast	14
15	8 & U 25 Breaststroke	16
17	11 & Over 200 Back	18
19	8 & Over 100 Back	20
21	12 & Under 50 Back	22
23	8 & U 25 Backstroke	24
25	11 & Over 200 Fly	26
27	8 & Over 100 Fly	28
29	12 & Under 50 Fly	30
31	8 & U 25 Butterfly	32
33	13 & Over 100 Freestyle	34
35	11 - 12 100 Freestyle	36
37	9 - 10 100 Freestyle	38
39	8 & U 50 Freestyle	40
41	9 & Over 200 IM	42
43	12 & Under 100 IM	44
45	9 & Over 200 Freestyle	46

- Swimmers must be **USA Swimming** registered.
- Entries are due no later than September 20, 2023, and fees no later than September 27, 2023.
- A swimmer may compete in **four (4) individual** events.
- No team scores.