

57th Annual THANKSGIVING INVITATIONAL
Harward Recreational Center
NOVEMBER 22 and 23, 2025

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SPONSOR: Nampa Swim Team and Boise Y Swim Team **SANCTION:** SRS 25-31

APPROVAL &

SANCTION: Held under the sanction of USA Swimming and Snake River Swimming. All current USA Swimming rules and Snake River Swimming Policies & Procedures Manuel will apply. All athletes must be currently registered with USA Swimming.

All applicable adults participating in or associated with this meet, acknowledge they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and they understand compliance with MAAPP policy is a condition of participation in the conduct of competition.

LIABILITY "In granting this sanction it is understood and agreed that USA Swimming (USAS) and Snake River Swimming (SRS) shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet."

TYPE: Timed Finals; Split Meet Format

LOCATION: Harward Recreational Center
131 Constitution Way
Nampa, ID 83686
(208)465-2288

FACILITIES: 8 lane, 25-yard indoor pool. The minimum water depth, measured in accordance with Article 103.2.3 is 5.9' at the start end and 4.7' at the turn end. Equipped with eight starting blocks, backstroke flags, anti-wave lane lines, The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C(4).

TIMING: Electronic timing by Colorado Timing Systems.

MEET Vicki Marsh
REFEREE Email: vicki50marsh@gmail.com

Protests will be handled in the manner described in Section 102.11 of the USA Swimming Rules and Regulations.

MEET Josh McGarvie
DIRECTOR: Email: nst.meetdirector@yahoo.com

OFFICIALS: We are asking for the help of USA certified officials from each participating team. If you know of an official attending the meet, please have them contact the meet referee in advance.

ELIGIBILITY: The meet is open to all USA Swimming registered swimmers. All age group/senior swimmers must hold a current USA Swimming registration card by the meet entry deadline of November 12, 2025.

SCHEDULE:

Saturday a.m., Nov. 23 Coaches Mtg: 7:15 am Officials Mtg: 7:55 am
& (both Sat & Sun)

Sunday a.m., Nov. 24 Warm-up: 7:30 – 8:30 am Start: 8:40 am

Saturday & Sunday pm Warm-ups for the afternoon session will start immediately at the conclusion of the morning session and run for 50 minutes. The meet timeline showing the projected afternoon start times will be posted on the Boise Y website a week before the meet.

The afternoon officials meeting will be 45 minutes prior to the afternoon start time. The approximate afternoon start time will be sent out to all teams the week of the meet.

To help the sessions adhere to the projected time line, flyover starts will be used.

Snake River Swimming safety guidelines and warm-up procedures will apply. These are included with the invitation and will also be posted. NO DIVING off the starting blocks or pool during warm-ups. Racing starts will be allowed in designated sprint lanes the last 15 minutes of warm-up. Two lanes in the competition pool will be available for warm-ups during the entire course of the meet for all USA Swimming members.

MEETINGS:

COACHES: There will be a mandatory meeting for coaches/team representatives 15 minutes before the start of warm-ups on Saturday morning at 7:15 a.m. Team packets (heat sheets and relay cards) will be available at the Saturday meeting.

OFFICIALS: There will be an official's meeting 45 minutes prior to the start of each session each day mornings at 7:45 a.m., and afternoons 45 minutes before the afternoon session start time. We will send out email to all officials that have signed up before for the approximate afternoon start time.)

ENTRY LIMIT:

As prescribed in Article 205.3.1 F of the USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

ALL SWIMMERS MAY SWIM NO MORE THAN 3 EVENTS EACH DAY.

ENTRIES:

- Entries must include swimmer's name, age, event name and number, and the swimmer's best short course yard time.
- "No times" (NT) will be accepted for all events except the 400 IM, 500 Free, and 11-12 200 Backstroke, Breaststroke, and Butterfly. Swimmers entering the 400 Yard Individual Medley and 500 Freestyle must have a SCY, SCM or LCM time in order to enter these events. 500 Freestyle has a qualifying time.
- Coaches should not enter swimmers in the 1650 who they estimate will swim the event slower than 26:00.00. Coaches should enter their swimmers with an estimated time rather than entering them with a NT.
- Coaches should not enter swimmers who they estimate will swim these events slower than 4:00.00. If necessary, slower heats of the 11-12 200 Breast, 200 Fly, and 200 Back will be eliminated. Teams will be notified (by email) if any of their swimmers are eliminated from these events.

- Be sure to include coach's name, phone, and address. Coach's signature will be verification that all swimmers entered are currently registered members of USA Swimming. **DECK REGISTRATION WILL NOT BE ACCEPTED.**

Submit team entries via email using Hy-Tek TEAM MANAGER software or by submitting a TeamUnify SDIF file.

EMAIL (required): Email entries as an attachment to the following email address: BYSTmeetentries@ymcatvidaho.org. We require the following files: **Meet Entry cl2 File with individual and relay entries; Meet Entry Report, including Relays; and Meet Entry Fee Report.** These reports can be generated in Team Unify or in Team Manager.

DEADLINE: Entries must be received no later than 6:00 p.m. **on Wednesday, November 12, 2025.**
LATE ENTRIES WILL NOT BE ACCEPTED.

Email entry files to: Josh McGarvie nst.meetdirector@yahoo.com

FEES: \$3.00 per event; \$30.00 surcharge per swimmer

All fees must reach the entry address within one week of the deadline. Do not plan on bringing the check to the meet—it must be received **before the meet begins or the SRS penalty of \$100 will be assessed.** **ONE CHECK PER TEAM! Make checks payable to Nampa Swim Team.**

Mail to: **Nampa Swim Team**
c/o NST P.O. Box 753
Nampa, ID 83653

RULES: All age group events, as well as all Master's events, will be governed by current USA Swimming rules. All events will be swum as timed finals.

If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine up to \$100 per event against the individual, member coach, or member club submitting the entry. After verification of meet entries, if any athlete is found to be not currently registered, the host club must submit a post-meet backup to the Snake River Registration Chairman. If the athlete competed in the meet and his/her registration was postmarked after the entry deadline, the athlete/Club will be fined \$100 by the Registration Chairman. Additionally, if an athlete competes in a meet as an unregistered swimmer, he/she will be disqualified from all events swum in the meet and will not be allowed to enter any other competitions until the fine is paid and the registration completed.

[All adult USA Swimming members \(18 & older swimmers\) must complete the Athlete Training Program before they will be allowed to swim in the meet.](#)

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.

THIS IS A NO CARD MEET. ALL OTHER SWIMMERS SHOULD BE ON DECK AT THE DESIGNATED HEAT AND LANE FOR THEIR EVENTS.

All individual events will be scored and awarded 8 & Under, 9-10, 11-12, 13-14, and 15-19. 13 & Over individual events will be swum, scored, and awarded 13-14 and 15-19.

At the Meet Referee's discretion, events may be combined by age, gender, distance, and/or stroke. **The meet referee will waive the empty lane requirement with the concurrence of the coaches of the affected swimmers for all combined events.**

This is a preseeded meet for all events except the 400 IM and 500 Freestyle, all of which will be deck seeded. **The 400 IM and 500 Free will be swum fastest to slowest, alternating women and men and may be combined at the referee's discretion**

In order to be seeded, swimmers must check in at the Clerk Of Course on Saturday for the 500 free no later than 9:00 am on for events # 35 & #36 and 2:00 pm for events #61 and #62. On Sunday for the 400 IM no later than 9:00 am on for events # 99 & #100 and 2:00 pm for events #129 and #30. Swimmers who do not check in will NOT be seeded in these events.

SCORING: Individual Events: 11-9-8-7-6-5-4-3-2-1

AWARDS: High Point awards (1st, 2nd and 3rd) will be given to the top scoring male and female swimmer in each age group. 8 & under, 9-10, 11-12, 13-14 and 15 & over.

HEAT SHEETS: Heat sheets will not be sold at the meet, they will be provided to teams prior to the start of the meet. Heat sheets will also be posted and available on meet mobile. Results will not be mailed but are available as noted below.

RESULTS: Results will also be available on Meet Mobile. Complete meet results, the meet results Team Manager File, and meet backup will available at the Boise Y Swim Team website after the conclusion of the meet.

MISC: **THERE WILL BE A SIGN-UP SHEET FOR TIMING SHIFTS FOR ALL TEAMS AT THE CLERK OF COURSE. ALL TEAMS WILL BE EXPECTED TO HELP OUT AND SIGN-UP BEFORE THE MEET BEGINS.** A schedule of assigned lanes will be posted and listed in the heat sheet. The visiting teams' timing lane assignments will be sent out to all teams prior to the meet.

500 Freestyle swimmers must provide their own counters.

Swimmers are asked to use the Aquatic Dressing Rooms only.

Under USA Swimming Rule 102.8 for Deck Changing - Changing into or out of swimsuits outside designated locker room areas by swimmer at any level of competition is prohibited at USA Swimming sanctioned meets. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms or behind the starting blocks.

DRONES: Operation of a drone or any other flying apparatus, is prohibited over the venue (pool, coaches, athlete areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

HOSPITALITY: A hospitality room will be provided for coaches and officials.

SAFE SPORT: A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition. · The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. · The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. · Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <http://www.uscenterforsafesport.org/report-a-concern>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

· For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <http://www.usaswimming.org/report>. · All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after November 15, 2025, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after November 15, 2025, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition.

Medical Supervision: There is an AED on site and a lifeguard will be on duty during the meet.

THANKSGIVING INVITATIONAL ORDER OF EVENTS

Saturday Morning, November 22, 2025
Warm-Ups: 7:30-8:30 a.m. Meet Starts: 8:40 a.m.

Girls	Event	Boys
1	8 & Under 50 Yard Freestyle	2
3	9-10 100 Yard Freestyle	4
5	11-12 100 Yard Freestyle	6
7	8 & Under 100 Yard Individual Medley	8
9	9-10 200 Yard Individual Medley	10
11	11-12 200 Yard Individual Medley	12
13	8 & Under 50 Yard Backstroke	14
15	9-10 100 Yard Backstroke	16
17	11-12 100 Yard Backstroke	18
19	8 & Under 25 Yard Breaststroke	20
21	9-10 50 Yard Breaststroke	22
23	11-12 50 Yard Breaststroke	24
25	11-12 200 Yard Butterfly	26
27	8 & Under 25 Yard Butterfly	28
29	9-10 50 Yard Butterfly	30
31	11-12 50 Yard Butterfly	32
33	11-12 200 Yard Breaststroke	34
35	11-12 500 Yard Freestyle	36

Events #35 & 36 will be swum fastest to slowest, alternating women and men.

Heats in the 500 Free may be limited to the number of heats that allows us to meet the 4 hour rule. Slower heats will be eliminated, if necessary. Teams will be notified (by email) if any of their swimmers are eliminated from the 500.

Saturday Afternoon, November 22, 2025
Warm-Ups: Conclusion of Morning Session Start: 1 hour After Morning Session Ends

Girls	Event	Boys
37	13-14 200 Yard Freestyle	38
39	15 & Over 200 Yard Freestyle	40
41	13-14 100 Yard Breaststroke	42
43	15 & Over 100 Yard Breaststroke	44
45	13-14 200 Yard Backstroke	46
47	15 & Over 200 Yard Backstroke	48
49	13-14 50 Yard Freestyle	50
51	15 & Over 50 Yard Freestyle	52
53	13 & 14 100 Yard Butterfly	54
55	15 & Over 100 Yard Butterfly	56
57	13-14 50 Yard Backstroke	58
59	15 & Over 50 Yard Backstroke	60
61	13 & Over 500 Yard Freestyle	62

Events #61 & #62 will be swum fastest to slowest, alternating women and men.

THANKSGIVING INVITATIONAL ORDER OF EVENTS

Sunday Morning, November 23, 2025
Warm-Ups: 7:30-8:30 a.m. Meet Starts: 8:40 a.m.

Girls	Event	Boys
63	8 & under 100 Yard Freestyle	64
65	9-10 200 Yard Freestyle	66
67	11-12 200 Yard Freestyle	68
69	8 & Under 25 Yard Backstroke	70
71	9-10 50 Yard Backstroke	72
73	11-12 50 Yard Backstroke	74
75	9-10 100 Yard Individual Medley	76
77	11-12 100 Yard Individual Medley	78
79	8 & Under 50 Yard Breaststroke	80
81	9-10 100 Yard Breaststroke	82
83	11-12 100 Yard Breaststroke	84
85	8 & Under 25 Yard Freestyle	86
87	9-10 50 Yard Freestyle	88
89	11-12 50 Yard Freestyle	90
91	8 & Under 50 Yard Butterfly	92
93	9-10 100 Yard Butterfly	94
95	11-12 100 Yard Butterfly	96
97	11-12 200 Yard Backstroke	98
99	11-12 400 Yard Individual Medley	100

Events #99 & #100 will be swum fast to slow alternating girls, boys.

Sunday Afternoon, November 23, 2025
Warm-Ups: Conclusion of Morning Session Start: One Hour After Morning Session Ends

Girls	Event	Boys
101	13 -14 100 Yard Backstroke	102
103	15 & Over 100 Yard Backstroke	104
105	13-14 200 Yard Butterfly	106
107	15 & Over 200 Yard Butterfly	108
109	13-14 50 Yard Breaststroke	110
111	15 & Over 50 Yard Breaststroke	112
113	13-14 100 Yard Freestyle	114
115	15 & Over 100 Yard Freestyle	116
117	13-14 200 Yard Breaststroke	118
119	15 & Over 200 Yard Breaststroke	120
121	13-14 200 Yard Individual Medley	122
123	15 & Over 200 Yard Individual Medley	124
125	13-14 50 Yard Butterfly	126
127	15 & Over 50 Yard Butterfly	128
129	13 & Over 400 IM	130

Events #129 & #130 will be swum fast to slow alternating girls, boys.