

Holiday Classic 2025
Voltage Aquatics Team
Saturday, December 13, 2025

- Sponsor:** Voltage Aquatics Team, Idaho Falls, Idaho
- Sanction:** This meet is held under sanction of USA Swimming and Snake River Swimming, Inc., Sanction No: #25-32. In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising due to injuries to anyone during the conduct of the event. The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C (4). The minimum water depth measured in accordance with Article 103.2.3 is 5' at the start end and 3.5' at the turn end.
- Location:** Wes Deist Aquatic Center 149 E 7th St Idaho Falls, ID. Phone: 208-612-8519
- Course:** 8 lane, 25 yard indoor pool. Pool depth minimum is 3.5', maximum pool depth is 5.0'. Equipped with 8 KDI Paragon starting blocks, backstroke flags, and anti-wave lane lines.
- Format:** Serving as an Invitational Meet, all events will be pre-seeded and are swum as timed finals. Coaches should report all event scratches prior to the start of the meet.
- Timing:** Daktronics Timing System
- Meet Referee:** Glenn Roth
3400 Sparrow Hawk
Idaho Falls, ID 83401
(208) 523-1002
swimmerg@hotmail.com
Protests will be handled in the manner described in section 102.11 of the USA Swimming Rules and regulations.
- Meet Directors:** Linda Keele
3129 Homestead Ln.
Idaho Falls, ID 83404
(208) 589-0298
linda keele00@gmail.com
- Christine Dustin
2833 Holly Pl.
Idaho Falls, ID 83402
(503) 539-4621
christine@merrells.org
- Eligibility:** All swimmers must hold a current 2025 or 2026 USA Swimming registration card. Swimmer's age group will be determined by his/her age on the first day of the meet, December 13, 2025.
- Entries:** Swimmers may enter a maximum of two events in the Distance Session (session 1). Events 1 and 2 will be swum together and will be limited to 16 total entries combined. Swimmers may enter three events in the Regular Session (session 2).
- All teams using Hy-Tek, Meet Manager, and CommLink II programs should send their meet entry file attached to an email to christine@merrells.org. *A printout or .pdf file of entries*

must also be sent. If using the latest version of Team Manager and CommLink II, include relays and include a printout of all relays. Entries must include the following information: Swimmer's name, age, registration number, team name, team code, event name and number, and best time in short course yards. "No times" will be allowed.

Deck entries will not be accepted.

If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine up to \$100 per event against the individual, member coach, or member club submitting the entry. After verification of meet entries, if any athlete is found to be not currently registered, the host club must submit a post-meet backup to the Snake River Registration Chairman. If the athlete competed in the meet and his/her registration was postmarked after the entry deadline, the athlete/Club will be fined \$100 by the Registration Chairman. Additionally, if an athlete competes in a meet as an unregistered swimmer, he/she will be disqualified from all events swum in the meet and will not be allowed to enter any other competitions until the fine is paid and the registration completed.

As prescribed in **Article 205.3.1 of the USA Swimming Rules and Regulations**, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of four hours.

Fees: \$2.25 per individual event entry; a surcharge of \$28.00 per swimmer is required (\$4.00 Snake River Fee, \$10.50 Facility fee, \$2.50 Administrative Fee, \$3.00 Timing System fee, \$8.00 Award Fee). All fees must accompany entries. No refunds or credits will be given for events entered but not swum. Awards will not be mailed if not picked up at the meet. One check per team, please. **Make checks payable to Voltage Aquatics.**

Entry Deadline: All entries must be received via email no later than **midnight, Wednesday, December 3, 2025.**

No late entries or paper entries will be accepted.

Mail entry fees to:

Voltage Aquatics
P.O. Box 2423
Idaho Falls Id 83403

Schedule: **Distance Session/Session 1:**

Doors open: 7:15 am
Warm-ups: 7:45 am-8:15am
Session 1 start: 8:30am

Regular Session/Session 2:

Warm-ups 13&over: 10:00am-10:25am
Warm-ups 12&under: 10:25am-10:50am
Session 2 start: 11:00am

Meeting: Coaches: 7:30 am

Officials: 7:45 am

- Conduct:** **Current USA Swimming rules will apply including the Minor Athlete Abuse Prevention Policy.** Snake River Swimming, Inc. safety guidelines and warm-up procedures will be followed. A copy of the guidelines will be included in the heat sheets and posted at the pool. Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, restrooms or locker rooms.
- Warm-ups:** No diving or backstroke starts allowed from the blocks or edge of the pool during warm-ups. Racing starts will be allowed in designated sprint lanes the last 10 minutes of warm-ups. Meet Marshals will be present. Coaches are expected to actively supervise their swimmers. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.
- Deck Changing:** **Under USA Swimming Rule 202.2.9.I for Deck Changing-**Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Areas included are, but not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.
- Drone:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Protests:** Protests will be handled in the manner described in section **102.11 of the USA Swimming Rules and Regulations.**
- Timers:** Each team will be expected to provide timers during the entire course of the meet. VOLT would appreciate the assistance of officials who are current members of USA Swimming from participating teams as well.
- Scoring/Awards:** Every swimmer will receive a participation award. Ribbons will be given for 1st through 8th place in each event by the following age groups: 8&under, 9&10, 11&12, 13&14, 15 and over.
- Misc.:** Spectators are encouraged to use the seating in the upstairs viewing area. Tables and chairs are provided for coaches in designated areas. Heat sheets will be available for \$5.

Hospitality will be provided for coaches and officials. Goggles will be available for purchase. No other equipment will be available.

All events are swum as timed finals. Coaches should report all event scratches prior to the start of the meet. All events will be pre-seeded. **Deck entries WILL NOT be accepted.** “No times” will be allowed.

At the Meet Referee’s discretion, events may be combined by age, gender, distance, and/or stroke provided there is at least one empty lane between such combined events.

The meet referee will waive the empty lane requirement with the concurrence of the coaches of the affected swimmers for all combined events.

Medical Supervision: Certified lifeguards will supervise the event at all times. All lifeguards are certified in CPR, water rescue, and emergency response. An AED is at the facility and all lifeguards are trained to use the AED.

Safe Sport: The USA Swimming Safe Sport program is USA Swimming’s comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at

<http://www.uscenterforsafesport.org/report-a-concern>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <http://www.usaswimming.org/report>.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after December 13, 2025, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after December 13, 2025 who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

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Order of Events

Session 1: Warm-ups: 7:45am-8:15am
 Meet starts: 8:30am.
 Swimmers may enter 2 events in Session 1, according to the age limits.
 Events 1 and 2 will be swum together and will be limited to 16 total entries combined.

Female Event #	Event	Male Event #
1	13&over 1650 Freestyle	2
3	12&under 500 Freestyle	4
5	11&over 400 I.M.	6

Session 2: Warm-ups: 13&over 10:00am-10:25am, 12&under 10:25-10:50am
 Meet starts: 11:00am.
 Swimmer may enter 3 events in Session 2.

Female Event #	Event	Male Event #
7	Open 200 yards I.M.	8
9	Open 100 yards Freestyle	10
11	8&under 25 yards Freestyle	12
13	Open 100 yards Butterfly	14
15	11&over 200 yards Backstroke	16
17	12&under 50 yards Backstroke	18
19	8&under 25 yards Backstroke	20
21	Open 100 yards Breaststroke	22
23	Open 50 yards Freestyle	24
25	11&over 200 yards Butterfly	26
27	12&under 50 yards Butterfly	28
29	8&under 25 yards Butterfly	30
31	Open 200 yards Freestyle	32
33	Open 100 yards Backstroke	34
35	12&under 100 yards I.M.	36
37	11&over 200 yards Breaststroke	38
39	12&under 50 yards Breaststroke	40
41	8&under 25 yards Breaststroke	42

Possibly fun relay at the end of the meet.