



Sawtooth Aquatic Club
Fall Mixer Block Party #2
November 16th 2025
Idaho Central Aquatic Center
3575 S. Findley Ave., Boise, ID 83705
USA Sanction BLCK-SR-SAW-275453
Held under sanction USA Swimming, Inc.



Schedule	Sunday, November 16th
Warm-ups	8:00 - 8:55 AM
Meet Start	9:00 AM

Meet Director:

Ryan Stratton: ryan@strattoncpa.com

Ann Erwin: erwina@slhs.org

Meet Referee:

TBD: Teri White: teriwhite53@gmail.com

Officials:

All are welcome to help.

Facility:

- Indoor Myrtha competition tank, 50 meters by 25 yards, 8 lanes, 2.5 meters per lane, uniform depth of 6 feet 7 inches (2 meters).
- Electronic Timing and LCD scoreboard systems.
- Indoor 25-yard, 6-lane tank serves as the warmup pool, and has uniform depth of 4 feet.
- Indoor bleacher- style seating for 1,000 spectators
- Onsite parking for administrative personnel, officials & Coaches.
- Free parking for spectators, team vehicles, and buses is available on all adjacent streets.

Entry Fees:

- Surcharge: \$20.00

Eligibility:

All swimmers must be registered with USA Swimming or a FINA member covered under USA Swimming's "open border" policy.

Entry Information:

- Each swimmer may enter up to three (3) individual events.
- Swimmers wishing to obtain a time for the 1000 freestyle can coordinate with the referee indicating their intention to do so. 3 timers will be required to get an official 1000 split.

- On-deck USA Swimming registration will not be permitted. No on-deck team transfer will be permitted.
- Deck entries and/or event substitutions may be permitted at the discretion of the meet referee.

Timed Final Heats:

- All individual events will be pre-seeded with no penalty for a failure to show.

Awards & Scoring:

- No scoring or awards.

Meet Rules:

- Current USA Swimming rules will govern the meet.
- Entries will be seeded SCY-LCM-SCM
- All events will be swum slowest to fastest mixed gender based on entry times.

WARM-UP PROCEDURES:

- Feet-first entry only.
- Circle swim counter-clockwise only.
- Last 15 minutes of warm-up period:
- Lanes 1 & 8 pace lane, no diving
- Lanes 2 & 7—sprint lanes, dive starts, return in lanes 3 & 6
- Lanes 3, 4, 5 & 6—general warm-up, no diving
- Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closes promptly five (5) minutes prior to the start of competition.
- Warm-ups may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

ENTRY SUBMITTAL INFORMATION: Entries will be accepted upon receipt of all of the following prior to the entry deadline, 6:00 PM (MST), November 7th, 2025.

1. Entry File from Team Manager or equivalent.
2. Meet Entry Reports for individual events (sorted by swimmer)
3. Email entry files and reports to Patty Stratton (patty@gbacswim.com)
4. Entry Fee Check should be written to Sawtooth Aquatic Club and should be delivered to the Clerk of Course.

Submittal Formats and Notes:

- **Electronic files:** email items #1, #2, and #3.
- Late, incomplete, or paper entries will not be processed.
- Recheck all entries as no additional entries or corrections will be accepted after the deadline.
- All entry times will be assumed to be SCY unless otherwise indicated.
- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.
- **Email:** patty@gbacswim.com



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Event Order

Event #

- | | |
|---|----------------------|
| 1 | 8 & U 50 free |
| 2 | 9 & Over 100 free |
| 3 | 12 & U 50 breast |
| 4 | 11 & Over 100 breast |
| 5 | 8 & U 25 breast |

15 minute break

- | | |
|----|--------------------|
| 6 | 12 & U 50 back |
| 7 | 11 & Over 100 back |
| 8 | 8 & U 25 back |
| 9 | 11 & Over 200 fly |
| 10 | 12 & U 50 fly |
| 11 | 10 & U 100 fly |

15 minute break

- | | |
|----|---------------------|
| 12 | 8 & U 100 free |
| 13 | 200 IM |
| 14 | 11 & Over 1650 free |