

Caitlin Vinsonhaler Memorial Time Achievement Meet
Tomlinson South Meridian YMCA
September 20, 2025

Sponsor: Boise YMCA Swim Team Sanction SRS #25-27

Sanction: The meet is held under sanction of United States Swimming, Inc. and Snake River Swimming, Inc. **Sanction: #25-27** "In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

All applicable adults participating in or associated with this meet, acknowledge they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and they understand compliance with MAAPP policy is a condition of participation in the conduct of competition.

Location: Tomlinson South Meridian YMCA, 5155 S Hillsdale Ave, Meridian, ID 83642. (208) 311-9622.

FACILITIES: Six-lane 25 yd pool with 7-foot wide lanes and additional bumper lanes. Depth ranges from 7 feet on the starting end closes to 5 feet by middle of pool with the opposing end at 4 feet. 8-inch Wave Eater lane lines. Bleachers for participants. The minimum water depth, measured in accordance with Article 103.2.3 is 6'9" at the start end.

The competition course has been certified with USA Swimming in accordance with 104.2.2C(5). The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. The minimum water depth, measured in accordance with Article 103.2.3 is 13' at the start end and 4' at the turn end.

TIMING: Daktronics Omnisport 2000e Timing System with six lane scoreboard; Hy-Tek Meet Manager for Windows software with Timing Console Interface.

Type: Timed Finals - Will be split to accommodate spectators & swimmers
Session 1 – Girls 6-10 years old and Boys 6-12 years old
Session 2 – Girls 11 & Over and Boys 13 & Over

Meet Referee: E-mail: vicki50marsh@gmail.com

Officials: We appreciate the help of certified officials from all participating teams.

Meet Director: **Tina Akpan**
E-Mail: t_akpan@msn.com

Eligibility: The meet is open to all swimmers, age 6 and above. All age group/senior swimmers must hold a current USA Swimming registration card. All USA Swimming members 18 years and Over must have completed the MAAPP Safe Sport requirements in order to swim in the meet. Age of the swimmer on the day of the meet will determine the swimmer's age group (September 20, 2025).

If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine up to \$100 per event against the individual, member coach, or member club submitting the entry. After verification of meet entries, if any athlete is found to be not currently registered, the host club must submit a post-meet backup to the Snake River Registration Chairman. If the athlete competed in the meet and his/her registration was postmarked after the entry deadline, the athlete/Club will be fined \$100 by the Registration Chairman. Additionally, if an athlete competes in a meet as an unregistered swimmer, he/she will be disqualified from all events swum in the meet and will not be allowed to enter any other competitions until the fine is paid and the registration completed.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.

Entries: **Swimmers may enter 4 events.**

As prescribed in Article 205.3.1 F of the USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

THERE WILL BE NO RELAYS OR TIME TRIALS OFFERED IN THIS MEET.

NOTE: ENTRIES FOR BUTTERFLY, BREASTROKE AND BACKSTROKE ARE LIMITED TO ONE EVENT EACH PER STROKE, providing they do not exceed the meet maximum of 3 total events (i.e. a 12 year old swimmer may enter either the 200 Breast, 100 Breast or 50 Breast). This is due to the limited time between events. Swimmers may, however, enter 2 freestyle events if they so choose.

8 & Under Swimmers entering the 50 yard freestyle, may only enter ONE of the 50 yard freestyle events. (i.e. 8 & Under swimmers entering events 5 or 6, may not also enter events 39 or 40. 8 & Under swimmers entering events 30 or 31, may not also enter events 4 or 5.)

EMAIL (required): Email entries as an attachment to the following email address: BYSTmeetentries@ymcatvidaho.org. We require the following files: Meet Entry cl2 File with individual and relay entries; Meet Entry Report, including Relays; and Meet Entry Fee Report. These reports can be generated in Team Unify or in Team Manager.

Enter swimmers in their best short course yard times. "No Times" (NT) will be accepted. NO DECK REGISTRATION AND ENTRIES WILL BE ALLOWED OR ACCEPTED.

Fees: \$2.25 per event; Surcharge of \$25.00 per swimmer

All fees must reach the entry address within one week of the deadline. Do not plan on bringing the check to the meet—it must be received **before the meet begins or the SRS penalty of \$100 will be assessed.** **ONE CHECK PER TEAM!** Make checks payable to Boise Y Swim Team.

Deadline: Entries must received no later than 6:00 p.m. **on Friday , September 12, 2025.**
LATE ENTRIES WILL NOT BE ACCEPTED.

Email Entry Files to: Linda Conger – BYSTmeetentries@ymcatvidaho.org

Entry Fees must be received no later than **Wednesday, September 17, 2025.**
Mail to:

**Linda Conger
Tomlinson South Meridian YMCA
5155 Hillsdale Ave
Meridian, ID 83642**

Rules: All age group events will be governed by current USA Swimming rules. All events will be swum as timed finals.

Protests will be handled in the manner described in Section 102.23 of the USA Swimming Rules and Regulations. Current Snake River Swimming safety guidelines and warm-up procedures will be followed.

Changing into or out of swimsuits outside designated locker room areas by swimmer at any level of competition is prohibited at USA Swimming sanctioned meets. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.

25 events will start from the turn end in the water.

Scoring: This is a non-scoring meet. There will be no awards for this meet.

RESULTS: Meet Mobile will also be active. Follow the link to the results file. Complete Meet Results in PDF and HTML, Meet Results File, and Meet Backup will be available on the Boise YMCA Swim Team website after the conclusion of the meet.

Misc: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Per Boise Y Swim Team policy, use of audio or visual recording devices, including cell phones, is not allowed behind the starting blocks.

A schedule of assigned lanes will be posted. The visiting teams' timing lane assignments will be posted on the team web site: www.boiseyswimteam.org.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Heat

Sheets: Heat Sheets will not be sold at this meet and will be provided to teams prior to start of the meet. Heat sheets will also be posted.

Schedule: Coaches Meeting: 8:45 a.m. Officials' Meeting: 9:00 a.m.

Session 1 (Girls 6-10 & Boys 6-12)	Warmup: 9:00-9:45 a.m. Start: 10:00 a.m.
Session 2 (Girls 11 O & Boys 13 O)	Warmup: 11:30 a.m. – 12:20 p.m. Start 12:30 p.m.

Snake River Swimming safety guidelines and warm-up procedures will apply. These are included with the invitation and will also be posted. NO DIVING off the starting blocks or pool during warm-ups. Racing starts will be allowed in designated sprint lanes the last 15 minutes of warm-up.

Safe Sport: A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition. · The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. · The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. · Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report

any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <http://www.uscenterforsafesport.org/report-a-concern>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

· For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <http://www.usaswimming.org/report>. · All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after September 20, 2025, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after September 20, 2025, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition.

Medical Supervision: There is an AED on site and a lifeguard will be on duty during the meet.

Caitlin Vinsonhaler Memorial Time Achievement Meet

September 20, 2025

Tomlinson South Meridian YMCA/ Aquatic Center

Order of Events – 10 & Under Girls/12 & Under Boys

Warm-ups: 9:00 a.m. Meet Begins: 9:45 a.m.

Girls	Event	Boys
	11/12 50 Free	1
2	10 & U 50 Free	3
4	8 & U 25 Free	5
	11/12 200 Breast	6
7	8-10 100 Breast	
	8-12 100 Breast	8
9	10 & U 50 Breast	
	12 & U 50 Breast	10
11	8 & U 25 Breast	12
	11/12 200 Back	13
14	8-10 100 Back	
	8-12 100 Back	15
16	10 & U 50 Back	
	12 & U 50 Back	17
18	8 & U 25 Back	19
	11/12 200 Fly	20
21	8-10 100 Fly	
	8-12 100 Fly	22
23	10 & U 50 Fly	
	12 & U 50 Fly	24
25	8 & U 25 Fly	26
	11/12 100 Free	27
28	9/10 100 Free	29
30	8 & U 50 Free	31
32	9/10 200 IM	
	9-12 200 IM	33
34	10 & U 100 IM	
	12 & U 100 IM	35
36	9/10 200 Free	
	9-12 200 Free	37

Order of Events – 11 & Over Girls, 13 & Over Boys

Girls	Event	Boys
38	13 & Over 50 Freestyle	39
40	11 – 12 50 Freestyle	
41	11 & O 200 Breast	
	13 & O 200 Breast	42
43	11 & 100 Breast	
	13 & O 100 Breast	44
45	11/12 50 Breast	
46	11 & O 200 Back	
	13 & Over 200 Back	47
48	11 & Over 100 Back	
	13 & Over 100 back	49
50	11/12 50 Back	
51	11 & Over 200 Fly	
	13 & Over 200 Fly	52
53	11 & Over 100 Fly	
	13 & Over 100 Fly	54
55	11/12 50 Fly	
56	13 & Over 100 Free	57
58	11/12 100 Free	
59	11 & Over 200 IM	
	13 & Over 200 IM	60
61	11/12 100 IM	
62	11 & Over 200 Free	
	13 & Over 200 Free	63

- Swimmers must be **USA Swimming registered**.
- Entries are due no later than September 12, 2025, and fees no later than September 17, 2025.
- A swimmer may compete in **four (4) individual** events.
- No team scores.