

Nampa Swim Team
Nampa Qualifier
January 10-11, 2026

- SPONSORED BY:** Nampa Swim Team, Inc. **SANCTION:** SRS 2601-SM04
- SANCTIONED BY:** All events held under sanction of USA Swimming and Snake River Swimming. In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event.
- LOCATION:** Harward Recreation Center
131 Constitution Way
Nampa, Idaho 83686
(208) 465-2288
- FACILITIES:** 8 lane, 25-yard indoor pool. The minimum water depth, measured in accordance with Section 103.2.3 is 5.9' at the start end and 4.7' at the turn end. The pool is equipped with eight starting blocks, backstroke flags, anti-wave lane lines. The competition course has not been certified in accordance with USA Swimming in accordance with 104.2.2C(4).
- TIMING:** Electronic timing by Colorado Timing Systems
- MEET FORMAT:** All events will be pre-seeded (slowest to fastest) and swum as timed finals. All 25-yard events will start from a push start at the shallow end of the pool. The 500 free and 1650 free will be deck seeded. Coaches should report all event scratches to the Clerk of Course prior to the start of the meet each day.
- MEET REFEREE:** **Saturday:** TBD – Email:
Sunday: TBD – Email:
Protests will be handled in the manner described in Section 102.11 of USA Swimming Rules and Regulations.
- MEET DIRECTOR:** Joshua McGarvie (Alternate: Bruce Singkhaophet) - Email: nst.meetdirector@yahoo.com
- OFFICIALS:** We expect and appreciate the help of certified USA Swimming Officials from each participating team. If you know of an official attending the meet, please have them contact the meet referee in advance.
- ELIGIBILITY:** All Swimmers must hold a current USA registration card. Swimmer's age group will be determined by his/her age on the first day of the meet (January 10, 2026).
- TIME TRIALS:** Time trials will not be offered.
- ENTRIES:** Each swimmer may enter **three individual events per day**.
- A Team Manager Event import file will be available to download with the initial notification of the meet.
- The meet will be pre-seeded. Deck entries will not be accepted (with the exception of the 400IM, 500 free and 1650 free). All swimmers MUST have an entry for the 500 free, 400 IM and 1650 free events. All swimmers swimming the 500 free and 1650 free will need to provide their own TIMERS and COUNTERS.**
- All entrants must be registered no later than **the entry deadline of: January 2, 2026**. Those entered and verified who are not USA Swimming registered are subject to a fine upwards of \$100.

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As prescribed in Article 205.3.1(F) of the USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limits of 4 hours.

NO TIMES ARE ACCEPTED, with the following exception:

Coaches may estimate entry times only **when no time exists**, for seeding purposes in any event, and are **encouraged** to do so for any event 200 yards or longer. Please estimate conservatively. Please indicate which events have estimated times, in an email with your entry file.

Be sure to include coach's name, phone, and address. Coach's signature will be verification that all swimmers entered are currently registered members of USA Swimming. **DECK REGISTRATION WILL NOT BE ACCEPTED.**

Submit team entries via email using Hy-Tek TEAM MANAGER software or by submitting a TeamUnify SDIF file.

EMAIL (required): Email entries as an attachment to the following email address: nst.meetdirector@yahoo.com. We require the following files: **Meet Entry cl2 File with individual and relay entries; Meet Entry Report, including Relays; and Meet Entry Fee Report**. These reports can be generated in Team Unify or in Team Manager.

Following the meet, the Team Manager Import File, Meet Manager Backup File, and html results will be posted to the LSC website: www.snakeriverswimming.org

ENTRY DEADLINE: All entries must be received no later than midnight, **January 2, 2026**. **LATE ENTRIES WILL NOT BE ACCEPTED.**

ENTRY FEES: \$3.00 per event; \$30.00 surcharge per swimmer.
All fees must reach the entry address within one week of the deadline. Do not plan on bringing the check to the meet—it must be received **before the meet begins or the SRS penalty of \$100 will be assessed.** **ONE CHECK PER TEAM! Make checks payable to Nampa Swim Team.**

Fees can be mailed to: **Nampa Swim Team
C/O Reindeer Games
PO Box 753
Nampa, ID 83653**

SCHEDULE:

Warm-Up Date	Who	Time	Meet Starts
Saturday Morning	13 & O	8:00am-8:30am	9:15am
	12 & U	8:30am-9:00am	
Sunday Morning	13 & O	8:00am-8:30am	9:15pm
	12 & U	8:30am-9:00am	

MEETINGS:

Coaches: 7:45 am - Saturday and Sunday.
Officials: 8:30 am - Saturday and Sunday.

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- CONDUCT:** **Current USA Swimming rules will govern this meet, including Minor Athlete Abuse Prevention Policy (MAAPP).** Snake River Swimming warm-up and safety procedures will apply. This will be posted and is included with this invitation. Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, restrooms, or locker rooms.
- WARM-UPS:** No diving or backstroke starts will be allowed from the blocks or pool deck during warm-ups. Racing starts will be allowed during the last 15 minutes of warm-ups.
- Meet marshals will be on deck during warm-ups and cool down. Coaches are expected to actively supervise their swimmers. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.
- DECK CHANGING:** Under USA Swimming Rule 202.2.9.I for Deck Changing—Changing into or out of swimsuits other than in designated locker rooms or other designated areas is prohibited by swimmers at any level of competition. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.
- DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker room(s)) any time athletes, coaches, officials, and/or spectators are present.
- PROTESTS:** Protests will be handled in the manner described in section 102.11 of the USA Swimming Rules and Regulations.
- TIMERS:** Each team will be expected to provide timers during the entire course of the meet. Teams will be notified of assigned lanes. The Nampa Swim Team would appreciate the assistance of certified USA Swimming Officials from each participating team as well.
- SCORING/AWARDS:** Participation awards will not be provided and the meet will not be scored.
- MEDICAL:** Certified lifeguards will supervise the event during the entirety of the swim meet. All lifeguards are certified in CPR, water rescue, and emergency response. An AED is at the facility and all lifeguards are trained to use the AED.
- MISC:** **THERE WILL BE A SIGN-UP SHEET FOR TIMING SHIFTS FOR ALL TEAMS AT THE CLERK OF COURSE. ALL TEAMS WILL BE EXPECTED TO HELP OUT AND SIGN-UP BEFORE THE MEET BEGINS.** A schedule of assigned lanes will be posted and the visiting teams' timing lane assignments will be sent out to all teams prior to the meet.
- Concessions will not be available at the pool.
- Heat Sheets will be available through Meet Mobile and will be posted on the pool deck. Coaches will also be emailed a copy of the heat sheets before the meet.
- At the Meet Referee's discretion, events may be combined by age, gender, distance, and/or stroke

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provided that there is at least one empty lane between such combined events. **The Meet Referee may waive the empty lane requirement with the concurrence of the coaches and the affected swimmers for all combined events.**

HOSPITALITY:

A hospitality room will be provided for coaches and officials.

SAFE SPORT:

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <http://www.uscenterforsafesport.org/report-a-concern>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <http://www.usaswimming.org/report>.

All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert first date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after December 6th, 2025, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

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SCHEDULE OF EVENTS

Saturday, January 10, 2026

Warm-ups:

13 & O: 8:00 am – 8:30 am
12 & U: 8:30 am – 9:00 am

Meet Start: 9:15 am

Event #	Mixed Gender	Event
1	Mixed	8 & Under 25 Free
2	Mixed	9 & Over 200 Free
3	Mixed	100 Breast
4	Mixed	8 & Under 25 Breast
5	Mixed	50 Breast
6	Mixed	11 & Over 200 Back
7	Mixed	8 & Under 25 Back
8	Mixed	100 Free
9	Mixed	50 Fly
10	Mixed	8 & Under 25 Fly
11	Mixed	9 & Over 200 IM
12	Mixed	10 & Over 500 Free

Sunday, January 11, 2026

Warm-ups:

13 & O: 8:00 am – 8:30 am
12 & U: 8:30 am – 9:00 am

Meet Start: 9:15 am

Event #	Mixed Gender	Event
13	Mixed	50 Free
14	Mixed	11 & Over 200 Fly
15	Mixed	50 Back
16	Mixed	100 Back
17	Mixed	11 & Over 200 Breast
18	Mixed	12 & Under 100 IM
19	Mixed	100 Fly
20	Mixed	11 & Over 400 IM
21	Mixed	11 & Over 1650 Free