

# Laramie June Open

June 1-2, 2024

HELD UNDER SANCTION OF WYOMING SWIMMING, INC. AND USA SWIMMING, INC.  
SANCTION 2024-39

In granting this sanction, it is understood and agreed that USA Swimming, Wyoming Swimming Inc., Laramie Swim Club and Laramie High School Pool shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Whether submitting entries electronically or on paper, by the action of entering the swimmer in this Wyoming Swimming, Inc. meet/event, the person entering the swimmer, whether a coach, team representative, parent or swimmer certifies that the swimmer is a registered member of USA Swimming and further agrees that a penalty of \$50 shall be assessed by Wyoming Swimming, Inc. to anyone entering a swimmer who is not registered with USA Swimming prior to the entry deadline.

**Host:** Laramie Swim Club

**Location:** **Laramie Senior High School**  
**1710 Boulder Drive**  
**Laramie, WY 82070**

**Meet Time:** Saturday: Minimum of 1 hour warmup, sessions to be assigned; prior to meet starting at 9:00 AM  
Sunday: Minimum of 1 hour warmup, sessions to be assigned; prior to meet starting at 9:00 AM

**Pool:** 25YARD, 10 Lane Pool equipped with non-turbulent lane markers, starting blocks, & backstroke flags. At starting end of the pool, the depth is 7' deep at 3'3 1/2" to 7' to 14' deep at 16'5" from starting end. The pool depth is 14' deep at 3'3 1/2" from turn end of pool to 7' to 14' at 16'5" from turning end. Altitude is 7315 feet above sea level.

The competition course has been certified in accordance with 104.2.2C(4) and is on file with **USA Swimming**.

**Timing:** Colorado Timing System, with 10 lane scoreboard, semi-automatic backup, and 2 manual back up timers per lane.

**Meet Director:**  
Shanna Bellman  
2365 Falcon Court  
Laramie, WY 82072  
[meetdirector@laramieswimclub.org](mailto:meetdirector@laramieswimclub.org)  
(307) 761-2900

**Meet Referee:**  
George Mathes\*  
19 Coyote Street  
Laramie, WY 82072  
[gmathes@trihydro.com](mailto:gmathes@trihydro.com)  
(307) 760-5655  
\*or designee

**Administrative Official:**  
Ann Palomba  
1313 Beaufort  
Laramie, WY 82072  
[apond88135@aol.com](mailto:apond88135@aol.com)  
(307) 399-2208

**Rules:** Current USA Swimming rules, including Minor Athlete Abuse Prevention Policy (MAAPP), will govern the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Changing into or out of swimsuits, other than in locker rooms is prohibited.

Use of audio or recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone or other flying apparatus, is prohibited over the venue any time people are present.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

**Eligibility:** No swimmer will be permitted to compete unless the swimmer is a member as provided in USA Swimming Art 302.

There will be **NO** on-deck registrations.

**Disabilities:** Swimmers with disabilities are encouraged to attend. Contact the Meet Director if you need special consideration. Swimmers with disabilities must be identified at the time entries are submitted. Adaptive swimming: in accordance with USA Swimming rule 202.4.14 & Article 105 the Meet Referee has the authority to accommodate swimmers with disabilities. The Team Entry Representative must notify the Meet Referee and entry contact of accommodation requests at the time of entry submission.

**Age Groups:** Swimmer's age will be determined by his/her age on the day of the meet, June 1, 2024.

All events will be swum as "Open – Mixed." Scores and results will be separated by age group and gender.

Age groups are \*8-under, 9-10, 11-12, 13-14, 15-over. \*8-under is not a recognized USA swimming age group.

**Scoring:** Team scores will not be calculated. For High Point awards, the top 16 places will score points.

Scoring is as follows:

Place (Points): 1<sup>st</sup> (20), 2<sup>nd</sup> (17), 3<sup>rd</sup> (16), 4<sup>th</sup> (15), 5<sup>th</sup> (14), 6<sup>th</sup> (13), 7<sup>th</sup> (12), 8<sup>th</sup> (11), 9<sup>th</sup> (9), 10<sup>th</sup> (7), 11<sup>th</sup> (6), 12<sup>th</sup> (5), 13<sup>th</sup> (4), 14<sup>th</sup> (3), 15<sup>th</sup> (2), 16<sup>th</sup> (1)

**Awards:** Awards will be given for the top 6 High Point winners per age group and gender: 8&Under, 9-10, 11-12, 13-14 and 15&Over. As per USA Swimming Rule 205.5-Cost per award to an individual may not exceed \$25.

**Entries:** Heats will be seeded **slowest to fastest**.  
Each swimmer is limited to a maximum of **5** individual events per day.  
Please submit entry times in **YARDS**.

**On-Deck Entries** will be accepted at the discretion of the meet director and meet referee; only if there is a lane available and the swimmer is already entered in other events.

**Entry Fees:** WYSI participation Fee is \$8.00 per swimmer.  
Facility surcharge is \$5.00 per swimmer.  
Entry fees are \$5.00 per event.  
Deck entries will be \$8.00 per event.

**Deadline:** Entries must be postmarked or emailed no later than noon, May 23, 2024. Make checks for entries payable to: Laramie Swim Club. Clubs please pay with one club check.

**Mail Entries To:**  
Laramie Swim Club  
PO Box 949  
Laramie, WY 82073

**Preferred method:**  
email via HY-TEK with printable PDF hard copy to  
[meetdirector@laramieswimclub.org](mailto:meetdirector@laramieswimclub.org)

**Officials:** Each WYSI-affiliated team shall provide official(s) to work the meet based on the number of swimmers entered into the meet: 1-9 Swimmers – No official required, 10-17 Swimmers – One official, 18-25 Swimmers – Two officials, 26 or more Swimmers – Three officials. Each team shall provide the names of the official(s) who will be representing their team at the time their entries are submitted. The meet referee will contact officials to inform them of which sessions they will be working depending upon deck requirements.

**Timers:** Clubs will be assigned lanes for timing proportionate to the number of swimmers they have entered.

After receipt of a club's entries, meet management shall notify clubs as to the lane and session assignments for timers from their club. If smaller clubs have specific requests for certain sessions, please include that information with your entries. Please have your timers ready to go!

**Warm Ups:** Warm up procedures will comply with USA Swimming and Wyoming Swimming Inc. Swimmers must be under coach supervision at all times. Warm-up schedules will be emailed no later than 3 days prior to the meet.

**Concessions:** Limited concessions will be provided.

**USA Cards:** All coaches and meet officials please have the USA Swimming App on your phone so that you can pull up your membership card or have a printed copy available for view.

**Medical Supervision:** The Laramie Swim Club will have a clearly designated basic first aid station with AED available on deck.

**2024 Laramie June Open**  
List of Events

Mixed            Event  
**Saturday - 9:00 AM Start**

- 1        Open 500 Free
- 2        Open 25 Free
- 3        Open 100 Free
- 4        Open 50 Breast
- 5        Open 200 Breast
- 6        Open 50 Back
- 7        Open 200 Back
- 8        Open 25 Fly
- 9        Open 100 Fly
- 10       Open 100 IM

**Sunday - 9:00 AM Start**

- 11       Open 400 IM
- 12       Open 25 Back
- 13       Open 100 Back
- 14       Open 50 Fly
- 15       Open 200 Fly
- 16       Open 50 Free
- 17       Open 200 Free
- 18       Open 25 Breast
- 19       Open 100 Breast
- 20       Open 200 IM