

# 2025 Polar Bear Splash Swim Meet

Paul Stock Aquatics and Recreation Center

**February 1<sup>st</sup> & 2<sup>nd</sup> 2025**

Held under the sanction of USA Swimming/Wyoming: WY-2025-25-TT

|                       |                |                                                                                        |               |
|-----------------------|----------------|----------------------------------------------------------------------------------------|---------------|
| <b>Meet Director</b>  | Mindy Butcher  | mindy_k_h@yahoo.com                                                                    | 307- 899-4817 |
| <b>Meet Referee</b>   | Henri DeClercq | hdeclercqii@gmail.com                                                                  | 307-760-9467  |
| <b>Entry Chair</b>    | Mary Sims      | <a href="mailto:codykountryaquaticteam@gmail.com">codykountryaquaticteam@gmail.com</a> | 307-250-3780  |
| <b>Admin Official</b> | Angie McKenzie | angie.mckenzie2004@gmail.com                                                           | 307-250-3518  |

## SESSIONS: 1, 2 & 3

| Date     | Session Name | Warm up                                           | Officials Meeting | Coaches Meeting | Start    |
|----------|--------------|---------------------------------------------------|-------------------|-----------------|----------|
| 2/1/2025 | #1           | 9:30 AM                                           | 9:45AM            | 10:35 AM        | 10:50 AM |
| 2/2/2025 | #2           | 7:15 AM                                           | 7:30 AM           | 7:55 AM         | 8:05 AM  |
| 2/2/2025 | #3           | Warm-ups, to begin immediately following 500 Free | TBA               | TBA             | 10:15 AM |

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. **Any updated session times received from the meet host will be reflected on the EVENT page of the Wyoming Swimming website.**

|                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>FACILITY</b>    | <ul style="list-style-type: none"> <li>Regulation Short Course</li> <li>25 yard</li> <li>8 with non-turbulent lane markers, backstroke flags, starting blocks, and horn starting system</li> <li>Water depth measured at the start end is 5.5 feet for lanes 1 through 4, and 12.0 feet for lanes 5 through 8. Water depth measured at the turn end is 4.0 feet for lanes 1 through 8.</li> <li>Daktronics Timing System, (2 button), and 2 manual back-up timers per lane</li> <li>Warm-up area</li> <li>The host will ensure the required course dimensions.</li> </ul>                    |
| <b>FORMAT:</b>     | <ul style="list-style-type: none"> <li>All events are timed finals</li> <li>Swimmers in the 500 free and 1650 free need to provide their own counters and timers. 25-yard events will start at start end and will be timed with three timers at the finish.</li> <li>All events will be completed slow to fast except for 500 free and 1650 free which will be swum fast to slow. 25-yard events will start at (turn or start end) and will be timed with (3 watches, electronic)</li> <li>There will be NO clerk of course</li> </ul>                                                       |
| <b>SCRATCHES</b>   | <ul style="list-style-type: none"> <li>The meet will be pre-seeded. Scratch sheets will be used for all sessions and must be turned into the AO 30 minutes before the start of each session.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>COURSE</b>      | <ul style="list-style-type: none"> <li>SCY</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>ELIGIBILITY</b> | <ul style="list-style-type: none"> <li>All swimmers must be USA Swimming registered members as per Article 302.</li> <li>Age is determined by the age of the swimmer on the first day of the meet.</li> <li>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this</li> </ul> |

|                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                  | <p>requirement.</p> <ul style="list-style-type: none"> <li>Coaches must be registered and in good standing before the start of the meet.</li> <li>Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.</li> <li>Deck registrations will NOT be accepted.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>DISABILITY SWIMMERS</b>       | <ul style="list-style-type: none"> <li>Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>CUT PROTOCOL</b>              | <ul style="list-style-type: none"> <li>If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary <ul style="list-style-type: none"> <li>Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed.</li> <li>Entries may be cut by time or to a specific number of heats for specified events.</li> <li>Teams may be asked to cut relay events.</li> </ul> </li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>ENTRIES</b>                   | <p>Electronic entries should be emailed as an attachment to the entry chairperson at <a href="mailto:codykountryaquaticteam@gmail.com">codykountryaquaticteam@gmail.com</a> by midnight January 23<sup>rd</sup> 2025.</p> <ul style="list-style-type: none"> <li>Mail payment to: <ul style="list-style-type: none"> <li>Mary Sims</li> <li>P.O Box 1041</li> <li>Cody, WY 82414.</li> </ul> </li> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. <b><i>Your entry is considered received only if you receive an acknowledgement.</i></b></li> <li>All entry times must be entered in the specified meet course. (Coach's times may be used instead of NT's)</li> <li>Athletes may enter as many events as they choose but may only compete in a maximum of 6 individual events per day for timed final events, one relay event per swimmer per day.</li> <li>Deck entries will not be accepted</li> <li>Swimmers in the 500 yard, 1,000 yard and 1650 yard freestyle events will be seeded fastest to slowest and must provide their own timers and lap counters.</li> <li>The 1000 freestyle and 1650 freestyle may be combined at the discretion of the meet referee.</li> </ul> |
| <b>RELAYS</b>                    | <ul style="list-style-type: none"> <li>Relays will be limited to 4 relays per team per event, one relay per swimmer per day.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> <li>Mixed relays must consist of four swimmers, two of each gender.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>TIME TRIALS</b>               | <ul style="list-style-type: none"> <li>Time trials may be held at the conclusion of session 1 and 3 at the discretion of the Meet Referee; they will be limited to 1 hour and a swimmer may not swim more than two (2) events. The athlete must be entered in the meet to be eligible. In accordance with rule 102.2.3 a swimmer may not swim in more than six (6) events per day thus total of events swam in Time Trials and in any session on the same day may not exceed six (6).</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>FEES</b>                      | <ul style="list-style-type: none"> <li>Individual Event Fee: \$6</li> <li>Relays: \$8</li> <li>Time Trials: \$6</li> <li>Swimmer Participation Fee is \$8.00 per swimmer</li> <li>Facility fee \$10.00</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>ADMISSIONS &amp; PROGRAMS</b> | <ul style="list-style-type: none"> <li>Programs: \$5</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>MEET MOBILE</b>               | <ul style="list-style-type: none"> <li><b>MEET MOBILE:</b> Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

|                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>WARM-UP</b>      | <ul style="list-style-type: none"> <li>• Warm-up procedures shall follow WYSI Policy III.H.4</li> <li>• A schedule of warm-up times and lane assignments will be determined after the entry deadline when the number of contestants has been determined</li> <li>• The Meet Safety Committee shall consist of the Meet Referee, Meet Director and the Host Club Safety Coordinator acting as the Meet Safety Director. This committee shall prepare and implement an action plan to ensure safety is considered during warm-up sessions and swimming competition. The committee shall review the warm-up procedures with the coaches and marshals monitoring the warm-up sessions.</li> <li>• All other entries into the pool must be feet first. Coaches shall supervise their swimmers throughout the pre-meet warmup session. Coaches must remain on deck during the warm-up periods of their swimmers.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>AWARDS</b>       | <ul style="list-style-type: none"> <li>• Individual Events: 1st – 3rd Medals, 4th – 6th Ribbons</li> <li>• Relays: 1st – 6th Ribbons</li> <li>• Age Groups: 9-10, 11-12, 13-4, 15 &amp; Over</li> <li>• Awards will be available no sooner than one hour following the last event each day of the meet.</li> <li>• No awards will be given for the Open 500 Free in Session 2</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>SCORING</b>      | <ul style="list-style-type: none"> <li>• The meet will not be scored.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>LEGAL SPLITS</b> | <ul style="list-style-type: none"> <li>• 3 extra watches, requested 30 minutes prior to race.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>SWIMWEAR</b>     | <ul style="list-style-type: none"> <li>• Per USA Swimming rules (102.8.1.F), 12 &amp; Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under <a href="#">Tech Suit Restriction for 12-and-Under Swimmers</a>.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>RULES</b>        | <ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet.</li> <li>• Operation of a <b>DRONE</b>, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Deck Changing is <b>PROHIBITED</b>.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>SAFETY</b>       | <ul style="list-style-type: none"> <li>• No shaving is permitted at the competition site.</li> <li>• No glass containers are permitted within the facility.</li> <li>• Lifeguards and AED equipment will be available to athletes participating in the meet. The AED is located by the entry of the pool on the wall.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>SAFE SPORT</b>   | <ul style="list-style-type: none"> <li>• The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.</li> <li>• The Minor Athlete Abuse Prevention Policy (<a href="http://www.usaswimming.org/maapp">www.usaswimming.org/maapp</a>) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.</li> <li>• Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <a href="http://www.uscenterforsafesport.org/report-a-concern">www.uscenterforsafesport.org/report-a-concern</a>. Various state laws may also require reporting to law enforcement or to a designated child protection agency</li> <li>• All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that</li> </ul> |

|                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                   | <p>they understand that compliance with MAAPP is a condition of participation in the conduct of this competition</p> <ul style="list-style-type: none"> <li>For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <a href="http://www.usaswimming.org/report">www.usaswimming.org/report</a>.</li> <li>All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</li> <li>All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.</li> </ul> |
| <b>CHANGES TO THE MEET</b>        | <ul style="list-style-type: none"> <li>Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>WEATHER/ FACILITY PROTOCOL</b> | <ul style="list-style-type: none"> <li>If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>MEET JURY</b>                  | <ul style="list-style-type: none"> <li>The Meet Jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete. When possible, the members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>DECK ACCESS</b>                | <ul style="list-style-type: none"> <li>Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming Membership Card in the USA Swimming App (no photos or screenshots) when asked.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>OFFICIALS</b>                  | <ul style="list-style-type: none"> <li>Each WYSI team shall provide official(s) to work the meet based on the number of swimmers entered into the meet: <ul style="list-style-type: none"> <li>1-9 Swimmers – No official required,</li> <li>10-17 Swimmers – One official,</li> <li>18-25 Swimmers – Two officials,</li> <li>26 or more Swimmers – Three officials.</li> </ul> </li> <li>Each WYSI team shall provide the names of the official(s) who will be representing their team at the meet at the time their entries are submitted. Failure to provide the required number of officials may result in no awards (medals, ribbons, trophies, high point, etc.) being provided to such Club or its swimmers and an additional fine of \$500. 00 payable to the Host Club on or before the first day of the meet.</li> </ul> <p>Officials' and coaches' meetings will be held in the wet classroom<br/> Saturday Officials Meeting: 9:45 AM      Coaches Meeting: 10:35 AM<br/> Sunday Officials Meeting 7:30 AM      Coaches Meeting: 7:55 AM</p>                                                                                                                                                                                                                                                                                                                                                           |
| <b>GENERAL</b>                    | <ul style="list-style-type: none"> <li>Hospitality for coaches and officials will be provided in the wet classroom room</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>WAIVERS</b>                    | <ul style="list-style-type: none"> <li>"It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

**ORDER OF EVENTS ON NEXT PAGE**

**Polar Bear Splash  
ORDER OF EVENTS**

**Session: 1 Warm-up: 9:30 AM Start: 10:35am**

| <u>Event #</u> | <u>Events</u>                         |
|----------------|---------------------------------------|
| <b>1</b>       | <b>Mixed 9 &amp; Over 200 Free</b>    |
| <b>2</b>       | <b>Mixed 8 &amp; Under 25 Fly</b>     |
| <b>3</b>       | <b>Mixed 9-12 50 Fly</b>              |
| <b>4</b>       | <b>Mixed 13 &amp; Over 100 Fly</b>    |
| <b>5</b>       | <b>Mixed 8 &amp; under 25 Back</b>    |
| <b>6</b>       | <b>Mixed 9-12 50 Back</b>             |
| <b>7</b>       | <b>Mixed 13 &amp; Over 100 Back</b>   |
| <b>8</b>       | <b>Mixed 8 &amp; Under 25 Breast</b>  |
| <b>9</b>       | <b>Mixed 9-12 100 Breast</b>          |
| <b>10</b>      | <b>Mixed 13 &amp; Over 200 Breast</b> |
| <b>11</b>      | <b>Mixed 8 &amp; Under 25 Free</b>    |
| <b>12</b>      | <b>Mixed 9 &amp; Over 50 Free</b>     |
| <b>13</b>      | <b>Open 200 Medley Relay</b>          |
| <b>14</b>      | <b>Mixed 13 &amp; Over 1000 Free</b>  |
| <b>15</b>      | <b>Mixed 13 &amp; Over 1650 Free</b>  |

**Session: 2 Warm-up: 7:30 AM Start: 8:05am**

| <u>Event #</u> | <u>Events</u>        |
|----------------|----------------------|
| <b>16</b>      | <b>Open 500 Free</b> |

**Session: 3 Warm-up: After the conclusion of the 500 Free**

| <u>Event #</u> | <u>Events</u>                         |
|----------------|---------------------------------------|
| <b>17</b>      | <b>Mixed 12 &amp; Under 100 IM</b>    |
| <b>18</b>      | <b>Mixed 13 &amp; Over 200 IM</b>     |
| <b>19</b>      | <b>Mixed 8 &amp; Under 50 Back</b>    |
| <b>20</b>      | <b>Mixed 12 &amp; Under 100 Back</b>  |
| <b>21</b>      | <b>Mixed 13 &amp; Over 200 Back</b>   |
| <b>22</b>      | <b>Mixed 12 &amp; Under 50 Breast</b> |
| <b>23</b>      | <b>Mixed 13 &amp; Over 100 Breast</b> |
| <b>24</b>      | <b>Mixed 8 &amp; Under 50 Fly</b>     |
| <b>25</b>      | <b>Mixed 12 &amp; Under 100 Fly</b>   |
| <b>26</b>      | <b>Mixed 13 &amp; Over 200 Fly</b>    |
| <b>27</b>      | <b>Mixed 8 &amp; Under 50 Free</b>    |
| <b>28</b>      | <b>Mixed 9 &amp; Over 100 free</b>    |
| <b>29</b>      | <b>Open 200 Free Relay</b>            |
| <b>30</b>      | <b>Open 400 IM</b>                    |