

2025 WY CASC Casper Arctic Open

Saturday- Sunday, January 11-12, 2025

Natrona County High School

930 S Elm St, Casper, WY 82601

Held under the sanction of USA Swimming/Wyoming: WY-2025-18

Co-Meet Directors	Haleigh Diller Sandra Yoder	meetdirector@casperswimclub.org	307-262-5642 928-750-1322
Meet Referee	George Mathes	gmathes@trihydro.com	307-760-5655
Admin Official	Sandra Yoder	ydrs8@hotmail.com	928-750-1322

SESSIONS:

Date	Session	Warm up	Officials Meeting	Coaches Meeting	Timers Meeting	Start
Saturday, January 11	1	10:00 am	10:00 am	11:00 am	11:00 am	11:15am
Sunday, January 12	2	9:00 am	9:00 am	10:00 am	10:00 am	10:15am

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received.
Any updated session times received from the meet host will be reflected on the EVENT page of the Wyoming Swimming website.

FACILITY	- The entrance is on the East side of the athletic center, located between the two buildings. Parking is in the parking lot to the South of the athletic center. - The pool is to the left when entering the building. Spectator seating is available above the pool. - The Natrona County High School activities center has an indoor, 25-yard, 8 lane pool equipped with non-turbulent lane markers, starting blocks, and backstroke flags. At the starting end, the depth measured is at 12' and 3'3.5" to 12' at 16'5" from the starting end. The pool depth is 3'6" deep at 3'3.5" from the turn end of the pool to 4'0" at 15'5" from the turning end. - The host will ensure the required course dimensions. - Automatic Colorado Timing System, with 8 lane scoreboard and semi-automatic backup, and 2 manual backup timers per lane.
FORMAT:	- Timed Finals - Pre-seeded - All clubs will be expected to provide timers based on the number of swimmers their club has participating in the meet. - All events will be competed slowest to fastest. Swimmers in the 500 must provide their own timers and counters.
SCRATCHES	Scratch sheets will be used for all sessions and must be turned in at the crow's nest 30 minutes before the start of each session.
COURSE	SCY

ELIGIBILITY	• All swimmers must be USA Swimming registered members as per Article 302. • Age is determined by the age of the swimmer on the first day of the meet. • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Coaches must be registered and in good standing before the start of the meet. • Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swimmer entered. The fine shall be payable to WYSI within ten (10) days of notification of the infraction. • Deck registrations will NOT be accepted.
DISABILITY SWIMMERS	• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
CUT PROTOCOL	• If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary (examples below): ○ Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed. ○ Entries may be cut by time or to a specific number of heats for specified events.
ENTRIES	• Electronic entries should be emailed as an attachment to the entry chairperson. • Mail payment to: Casper Swim Club PO Box 50093 Casper, WY 82605 • Entries MUST be received by 1/3/2025. Late entries will not be accepted. Please submit a check for entry fees payable to "Casper Swim Club," hard copies of the entries, and the USA Registration compliance form. Please include contact information. There will be no refunds. • Entries will be acknowledged within 48 hours if they are accepted into the meet. <i>Your entry is considered received only if you receive an acknowledgement.</i> • All entry times must be entered in the specified meet course. (Coach's times may be used instead of NT's) • All events will be pre-seeded timed finals. Swimmers may compete in six (6) individual events per day. Please submit entry times in yards. • There will be no on-deck registrations.
FEES	• Entry fees will be \$5.00 per Individual Event • \$8.00 per swimmer WYSI Participation Fee • \$5.00 per swimmer facility fee. • There will be no refunds.
ADMISSIONS & PROGRAMS	• Meet Programs: \$10
MEET MOBILE	• MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.
WARM-UP	• Warm-up procedures shall follow WYSI Policy III.H.4 • The Meet Safety Committee shall consist of the Meet Referee, Meet Director and the Host Club Safety Coordinator acting as the Meet Safety Director. This committee shall prepare and implement an action plan to ensure safety is considered during warm-up sessions and swimming

	competition. The committee shall review the warm-up procedures with the coaches and marshals monitoring the warm-up sessions. Coaches shall supervise their swimmers throughout the pre-meet warmup session. Coaches must remain on deck during the warm-up periods of their swimmers.
AWARDS	Medals for 1st-3rd per gender and age groups: 8 & under, 9-10, 11-12, 13-14 15-16, 17& over
SCORING	The meet will not be scored.
LEGAL SPLITS	A legal split may be requested 30 minutes prior to the race. Swimmer is to provide three (3) extra timers. Host club will provide watches.
SWIMWEAR	Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under <u>Tech Suit Restriction for 12-and-Under Swimmers</u>.
RULES	- The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. - Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. - Deck Changing is PROHIBITED.
SAFETY	- No shaving is permitted at the competition site. - No glass containers are permitted within the facility. - AED equipment will be available to athletes participating in the meet. It is located on the West end wall.
SAFE SPORT	- The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. - The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. - Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency - All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition - For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. - All athletes aged 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition

	until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.
CHANGES TO THE MEET	• Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.
WEATHER/FACILITY PROTOCOL	• If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.
MEET JURY	• The Meet Jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete. When possible, the members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.
DECK ACCESS	• Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming Membership Card in the USA Swimming App (no photos or screenshots) when asked.
OFFICIALS	• Each WYSI team shall provide official(s) to work the meet based on the number of swimmers entered into the meet: ○ 1-9 Swimmers – No official required, ○ 10-17 Swimmers – One official, ○ 18-25 Swimmers – Two officials, ○ 26 or more Swimmers – Three officials. • Each WYSI team shall provide the names of the official(s) who will be representing their team at the meet at the time their entries are submitted. Failure to provide the required number of officials may result in no awards (medals, ribbons, trophies, high point, etc.) being provided to such Club or its swimmers and an additional fine of \$500. 00 payable to the Host Club on or before the first day of the meet.
GENERAL	• Hospitality for coaches and officials will be provided in the classroom next to the pool. • Concessions will be available in the lobby.
WAIVER	• It is understood and agreed that USA Swimming, Wyoming Swimming and the Natrona County High School and Casper Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”

ORDER OF EVENTS ON NEXT PAGE

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Session # 1 Saturday January 11, 2025

Order of Events

Session starts: 11:15 am

Event #	Age	Event
1	8 & U	100 Free
2	9-12	100 Free
3	13 & O	100 Free
4	8 & U	25 Free
5	9-12	100 Fly
6	13 & O	200 Fly
7	8 & U	25 Back
8	12 & U	50 Back
9	13 & O	100 Back
10	9-12	200 IM
11	13 & O	400 IM
12	9-12	200 Free
13	13 & O	200 Free

Session # 2 Sunday January 12, 2025
Session starts: 10:15 am

Event #	Age	Event
14	9&0	500 Free
15	8 & U	25 Breast
16	12 & U	50 Breast
17	13 &0	100 Breast
18	9-12	100 Breast
19	12 & U	100 IM
20	13 & 0	200 IM
21	8 & U	25 Fly
22	12 & U	50 Fly
23	13 & 0	100 Fly
24	9-12	100 Back
25	13 & 0	200 Back
26	8 & U	50 Free
27	9-12	50 Free
28	13 & 0	50 Free