2025 WY BSC Kate Holt Freedom Meet

Buffalo, Wyoming

June 27th and 28th, 2025

Held under the sanction of USA Swimming/Wyoming: WY-2025-43

Meet Director	Manny Rodriguez	Mannyrodriguez.wy@gmail.co m	307-621-0311
Meet Referee	Rebecca Byram (or designee)	zbbyram@bresnan.net	307-217-2902
Admin Official	James Jacob (or designee)	jej13683@gmail.com	307-630-2826

SESSIONS:

Date	Session Name	Warm up	Official's Meeting	Coaches' Meeting	Start
Friday, 6/27	Session 1	12:00 p.m.	12:30 p.m.	1:15 p.m.	1:30 p.m.
Saturday, 6/28	Session 2	12:00 p.m.	12:30 p.m.	1:15 p.m.	1:30 p.m.

	ith the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. n times received from the meet host will be reflected on the EVENT page of the Wyoming Swimming website.
FACILITY	 Buffalo City Pool, George Washington Park, Corner of Burritt Ave. and West Angus St. 50-meter outdoor pool, 8 lane pool equipped with non-turbulent lane markers, starting blocks, and backstroke flags. At starting end of the pool, the depth is 4 feet 6 inches deep at 3 feet 3-½ inches to 4 feet 6 inches at 16 feet 5 inches from starting end. The pool depth is 4 feet 6 inches deep at 3 feet 3-½ inches from turn end of pool to 4 feet 6 inches at 16 feet 5 inches from turning end. Colorado Timing System, with single lane scoreboard, touchpad, one button, and two watches per lane at the start end. All teams will be expected to provide timers based on the number of swimmers their team has participating in the meet. The host will ensure the required course dimensions.
FORMAT:	 All events will be pre-seeded, timed finals, competed as mixed genders slow-to-fast except for the 800 and 1500 Free which will be competed fast-to-slow. 50-meter events will start at the start end and will be timed with three (3) manual back up timers (watches) per lane. All clubs will be expected to provide timers based on the number of swimmers their club has participating in the meet, including a third timer for 50-meter events. Positive check-in will be used for Events 5 (800 Free) and 10 (1500 Free). Check-in sheets will be at the admin table and the deadline for check-in will be 1:30 p.m. Friday. Those not checked in will not be seeded in the event. The diving well portion of the pool will be available for warmup and cool down while the swimmer's coach is on deck. Swimmers in the 800 must provide their own counters Swimmers in the 1500 must provide their own timers and counters.
SCRATCHES	Scratch sheets will be used for all sessions and must be turned in at the control table 30 minutes before the start of each session.
COURSE	LCM
ELIGIBILITY	All swimmers must be USA Swimming registered members as per Article 302.

 Any swimmer entered in the meet must be certified by a USA Swimming member-coach as be proficient in performing a racing start or must start each race from within the water without the of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Coaches must be registered and in good standing before the start of the meet. Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swentered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction. Deck registrations will NOT be accepted. Athletes with a disability are welcome and shall provide advance notice of desired accommod to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swi or adjust the format to conform to the 4-hour policy using the following cut protocols in any deemed necessary: Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed. Entries may be cut by time or to a specific number of heats for specified events. 	er in
 Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Memb good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swentered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction Deck registrations will NOT be accepted. Athletes with a disability are welcome and shall provide advance notice of desired accommon to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swinor adjust the format to conform to the 4-hour policy using the following cut protocols in any deemed necessary: Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed. 	immer
good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swentered. Such fine shall be payable to WYSI within ten (10) days of notification of the infract Deck registrations will NOT be accepted. • Athletes with a disability are welcome and shall provide advance notice of desired accommod to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. • If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swin or adjust the format to conform to the 4-hour policy using the following cut protocols in any deemed necessary: • Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed.	immer
to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swin or adjust the format to conform to the 4-hour policy using the following cut protocols in any deemed necessary: CUT PROTOCOL Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed.	
 The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swin or adjust the format to conform to the 4-hour policy using the following cut protocols in any deemed necessary: CUT PROTOCOL Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed. 	ations
or adjust the format to conform to the 4-hour policy using the following cut protocols in any deemed necessary: CUT PROTOCOL Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed.	
maximum allowed.	
O Entries may be out by time or to a specific number of heats for specified events	e
 Teams may be asked to cut relay events. 	
 Electronic entries preferred. Email entry file with printable PDF to wybuffaloswimclub@gm The deadline for entries is 11:59 p.m., June 20, 2025. Mail payment to: 	ail.com.
Rebecca Byram	
110 Coyote Court	
Buffalo, WY 82834	
• Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.	5
• All entry times must be entered in the specified meet course (LCM). (Coach's times may be uninstead of NT's)	sed
• Athletes may enter as many events as they choose but may only compete in a maximum of th individual events Friday June 27 th (Session 1), and five (5) individual events and two (2) relay Saturday June 28 th (Session 2).	
• On deck entries will be allowed if the swimmer has already registered for the meet, a lane is available in an existing heat and the athletes has not exceeded the session event limit.	
No refunds will be given for events cancelled due to inclement weather.	
All relay swimmers must be officially entered into the meet.	
 Event 27 on Saturday will be considered a non-traditional fun relay with unique prizes for the winners. No times will be recorded for this event. 	
Unattached swimmers may not participate in any relays.	
• Mixed relays must consist of four swimmers, two of each gender. In accordance with Rule 1 mixed relays consisting of compositions other than two (2) male swimmers and two (2) femal swimmers may be permitted at the discretion of the Meet Referee. Times for the mixed relay compositions other than two (2) males and two (2) females shall not be loaded into the SWIM database, but eligible lead-off times shall be loaded.	

TIME TRIALS	NO TIME TRIALS WILL BE OFFERED.
FEES	 Individual Event Fee: \$8.00 Event 21 Relay: \$7.00. No charge for Event 27 Mixed OPEN 200 Free Fun Relay. \$18.00 per swimmer WYSI Participation Fee and \$10.00 per swimmer facility use fee.
ADMISSIONS & PROGRAMS	Programs: \$10.00
MEET MOBILE & Results	 MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate. Results will be posted in the north wall of the concessions stand as they become available. Final results will be emailed to the meet participants after the conclusion of the meet.
WARM-UP	 A schedule of warm-up times and lane assignments will be determined after the entry deadline when the number of contestants has been determined. The warm-up schedule will be emailed to all coaches and swimmers no later than 3 days prior to the meet. Warm-up procedures shall follow WYSI Policy III.H.4 The Meet Safety Committee shall consist of the Meet Referee, Meet Director and the Host Club Safety Coordinator acting as the Meet Safety Director. This committee shall prepare and implement an action plan to ensure safety is considered during warm-up sessions and swimming competition. The committee shall review the warm-up procedures with the coaches and marshals monitoring the warm-up sessions. Coaches shall supervise their swimmers throughout the pre-meet warmup session. Coaches must remain on deck during the warm-up periods of their swimmers or when their swimmers are using the dive well for warmup or cool down.
AWARDS	 Individual Events: Heat winners will be given an award. Friday awards will be announced 30 minutes after the conclusion of Session 1: Medals will be awarded 1st through 3rd place for high point totals for age groups 13-14 and 15-16, 17-18, and 19 & Over. Ribbons will be awarded 1st through 6th place swimmers in each event for age groups 8 & Under, 9-10, and 11-12. Saturday awards will be announced 30 minutes after the conclusion of Session 2: High point total awards will be given for 1st through 3rd place for age groups 8 & Under, 9-10, 11-12, 13-14, 15-16, 17-18, and 19 & Over. An award will be given to the "most patriotic" swimmer each day of the meet. The recipient of these awards will be voted on by the participating swim officials. Participation awards will be given to all participants registered by the deadline.
SCORING	 Swimmers will earn points in individual events for their respective gender and age groups for each day of the meet. Individual points: 9, 7, 6, 5, 4, 3, 2, 1. Relay events will not be scored.
LEGAL SPLITS	3 extra watches, requested to the Meet Referee 30 minutes prior to the race.
SWIMWEAR	Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers .

	 The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet.
RULES	 Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches and/or spectators are present without written USA Swimming approval.
	 Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. Deck Changing is PROHIBITED.
	No shaving is permitted at the competition site.
SAFETY	No glass containers are permitted within the facility.
	 Basic first aid is available at the lifeguard station (behind the diving board on north end of pool. Johnson County Hospital is located 6 blocks away, at 497 West Lott Street.
	 The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
	• The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.
	• Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency
SAFE SPORT	 All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition
	 For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.
	• All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.
	 All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

	No DOGS are allowed in the pool area.
FACILITY RULES	 Larger personal items can be left at the pool overnight (e.g. canopies), but BSC, the City of Buffalo, and the Buffalo Outdoor Pool Board will not be responsible for theft, damage or loss of those items left overnight. Portable toilets will be available at the pool entrance for non-athlete attendee use.
CHANGES TO THE MEET	Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.
WEATHER/ FACILITY PROTOCOL	If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury. No refunds will be given for events cancelled due to inclement weather.
MEET JURY	The Meet Jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete. When possible, the members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.
DECK ACCESS	The portion of the pool deck behind the blocks, and the canopies provided for timers and swimmer staging, are only for current USA Swimming registered athletes, coaches, officials, and official meet staff. All non-athletes on the pool deck must produce proof of their valid USA Swimming Membership Card in the USA Swimming App (no photos or screenshots) when asked.
OFFICIALS	 The Host team is responsible for procuring the following 3 positions: Meet Referee, Admin Official, and the Meet Director; these 3 do not need to be directly associated with the host team. Any club hosting a home meet must also provide two (2) officials for each day of their meet in addition to the three named above. Such officials must be current and in good standing. All WYSI Clubs participating in any WYSI sanctioned meets are required to provide the following number of officials: 1-9 Swimmers - No Officials (unless you are the Host Club, then it shall be two (2) officials) 10-17 Swimmers - One (1) Official 18-25 Swimmers - Two (2) Officials 26 or more Swimmers - Three (3) Officials Each non-host club shall submit the name of the official(s) they are providing at the time their entries are submitted to the Host Club and Meet Referee. Non-host clubs will have authority to list officials not registered with their club if they have such official's consent to do so. It shall be the non-Host Club's responsibility to ensure that they have the required number of officials based on the number of total entries over the course of the meet or to have fulfilled this requirement as per the Meet Referee's discretion. If a non-host club does not fulfill their obligation, a fine of \$1000 will be assessed by WYSI and invoiced upon completion of the meet. It is the Meet Referee's responsibility to notify the treasurer to invoice such club. If a Host Club does not fulfill their obligation of ensuring adequate minimal staffing of a meet, a fine of \$1000 will be assessed by WYSI and invoiced upon completion of the meet. It is the Meet Referee's responsibility to notify the treasurer to invoice such club. Official and coaches' meetings will be held at the picnic tables behind the diving board.
GENERAL	 Light hospitality will be provided for meet staff each day of the meet. The Buffalo Outdoor Pool concessions stand will be open for business during the meet.

WAIVERS

It is understood and agreed that USA Swimming, Wyoming, Swimming, Buffalo Swim Club, the City of Buffalo, and the Outdoor Pool Board shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

2025 WY BSC Kate Holt Memorial Swim Meet SESSION 1 ORDER OF EVENTS

Friday June 27, 2025 Warm-up: 12:00 p.m. Start: 1:30 p.m.

Event #	<u>Events</u>
1	Mixed 13 & Over 200 Free
2	Mixed 12 & Under 200 Free
3	Mixed 13 & Over 400 IM
4	Mixed 13 & Over 200 Fly
5	Mixed 13 & Over 800 Free
6	Mixed 13 & Over 200 Back
7	Mixed 12 & Under 400 Free
8	Mixed 13 & Over 400 Free
9	Mixed 13 & Over 200 Breast
10	Mixed 13 & Over 1500 Free

2025 WY BSC Kate Holt Memorial Swim Meet SESSION 2 ORDER OF EVENTS

Session 2 Saturday June 28, 2025 Warm-up: 12:00 p.m. Start: 1:30 p.m.

Event #	<u>Events</u>
11	Mixed 12 & Under 100 Free
12	Mixed 13 & Over 100 Free 8 & Under 100 Free
13	Mixed 12 & Under 50 Back
14	Mixed 12 & Under 200 IM
15	Mixed 13 & Over 200 IM
16	Mixed 12 & Under 50 Fly
17	Mixed 13 & Over 100 Back
18	Mixed 12 & Under 100 Back
19	Mixed 13 & Over 50 Free
20	Mixed 12 & Under 50 Free
21	Mixed OPEN 200 Medley Relay
22	Mixed 12 & Under 100 Fly
23	Mixed 13 & Over 100 Fly
24	Mixed 12 & Under 50 Breast
25	Mixed 13 & Over 100 Breast
26	Mixed 12 & Under 100 Breast
27	Mixed OPEN 200 Free Fun Relay