

# 2026 WY BSC January Intrasquad Meet

## Buffalo, Wyoming

### January 23, 2026

Held under the sanction of USA Swimming/Wyoming: WY-2026-32

<b>Meet Director</b>	Chad Lockman	<a href="mailto:wybuffaloswimclub@gmail.com">wybuffaloswimclub@gmail.com</a>	(303) 341-8489
<b>Meet Referee</b>	Dayna Gripp	daygripp@mac.com	(949) 283-1943
<b>Entry Chair</b>	James Jacob	<a href="mailto:wybuffaloswimclub@gmail.com">wybuffaloswimclub@gmail.com</a>	(307) 630-2826
<b>Admin Official</b>	Veronica Jacob	<a href="mailto:veronica.jacob05VJ@gmail.com">veronica.jacob05VJ@gmail.com</a>	(307) 630-8924

#### SESSION 1:

Date	Session Name	Warm up	Officials' Meeting	Coaches' Meeting	Start
<b>Friday, 1/23</b>	Session 1	(1) 4:10 p.m. (2) 4:30 p.m.	4:10 p.m.	4:50 p.m.	5:00 p.m.

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. **Any updated session times received from the meet host will be reflected on the EVENT page of the Wyoming Swimming website.**

<b>FACILITY</b>	<ul style="list-style-type: none"> <li>Johnson County Family YMCA. 101 Klondike Drive, Buffalo, WY 82834. Indoor 25-yard, 6 Lane Pool, equipped with non-turbulent lane markers, starting blocks, &amp; backstroke flags. At starting end of the pool, the depth is 10 feet deep at 3'3 1/2" to 4'6" at 16'5" from starting end. The pool depth is 3 feet to 3'9 1/2" deep at 3'3 1/2" from turn end of pool to 5 feet at 16'5" from turning end.</li> <li>Colorado Timing System with 6 lane scoreboard and semi-automatic backup, and two (2) manual back up timer per lane. In the event of a timing console failure, meet will continue with manual timing with three (3) watches per lane, each operated by a separate timer.</li> <li>The host will ensure the required course dimensions.</li> </ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>All events will be pre-seeded, timed finals, swam slowest to fastest.</li> <li>25-yard events will start at the start end and will be timed electronically, with semi-automatic backup, and two (2) manual back up timers per lane.</li> <li>Events will be swum as mixed genders except Events 15 and 16.</li> </ul>
<b>SCRATCHES</b>	Scratch sheets will be used for all sessions and must be turned in at the admin table 30 minutes before the start of the meet.
<b>COURSE</b>	SCY
<b>CLERK OF COURSE</b>	All swimmers must use the Clerk of Course and line up on the south side of the deck.
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Only registered Buffalo Swim Club athletes are eligible to attend this meet.</li> <li>All swimmers must be USA Swimming registered members as per Article 302.</li> <li>Age is determined by the age of the swimmer on the day of the meet.</li> <li>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>Coaches must be registered and in good standing before the start of the meet.</li> <li>Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.</li> <li>Deck registrations will NOT be accepted.</li> </ul>

<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>
<b>CUT PROTOCOL</b>	<ul style="list-style-type: none"> <li>• If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary: <ul style="list-style-type: none"> <li>○ Relay events will be limited or cut.</li> <li>○ Entries may be cut by time or to a specific number of heats for specified events.</li> </ul> </li> </ul>
<b>ENTRIES</b>	<ul style="list-style-type: none"> <li>• <b>Entries must be received by 11:59 p.m. on January 17, 2026.</b></li> <li>• All entry times must be entered in the specified meet course. (Coach's times may be used instead of NT's)</li> <li>• Athletes may enter as many events as they choose but may only compete in a maximum of three (3) individual events and one (1) relay for the full meet.</li> <li>• On deck entries will be allowed if the swimmer has already registered for the meet, a lane is available in an existing heat and has not exceeded the maximum number of entries.</li> </ul>
<b>TIME TRIALS</b>	NO TIME TRIALS WILL BE OFFERED.
<b>RELAYS</b>	<ul style="list-style-type: none"> <li>• All relay swimmers must be officially entered into the meet.</li> <li>• Mixed relays must consist of four swimmers, two of each gender.</li> </ul>
<b>FEES</b>	Flat fee of \$20.00 per swimmer (\$8.00 of which will cover the WYSI participation fee)
<b>PROGRAMS</b>	Programs: Heat sheets will be provided to participating swimmers.
<b>MEET MOBILE &amp; Results</b>	<ul style="list-style-type: none"> <li>• <b>MEET MOBILE:</b> Meet Mobile will be functional for this meet (dependent upon satisfactory internet access). All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.</li> <li>• <b>Final results</b> will be emailed to the meet participants after the conclusion of the meet.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>• Warm-up procedures shall follow WYSI Policy III.G.4</li> <li>• The Meet Safety Committee shall consist of the Meet Referee, Meet Director and the Host Club Safety Coordinator acting as the Meet Safety Director. This committee shall prepare and implement an action plan to ensure safety is considered during warm-up sessions and swimming competition. The committee shall review the warm-up procedures with the coaches and marshals monitoring the warm-up sessions.</li> <li>• Coaches shall supervise their swimmers throughout the pre-meet warmup session. Coaches must remain on deck during the warm-up periods of their swimmers.</li> </ul>
<b>AWARDS</b>	No awards.
<b>SCORING</b>	The meet will not be scored.
<b>LEGAL SPLITS</b>	3 extra watches, requested to the Meet Referee 30 minutes prior to the race.
<b>SWIMWEAR</b>	Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under <a href="#">Tech Suit Restriction for 12-and-Under Swimmers</a> .
<b>RULES</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet.</li> <li>• Operation of a <b>DRONE</b>, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Deck Changing is <b>PROHIBITED</b>.</li> </ul>

<b>SAFETY</b>	<ul style="list-style-type: none"> <li>• No shaving is permitted at the competition site.</li> <li>• No glass containers are permitted within the facility.</li> <li>• Lifeguards, first aid kit and AED equipment will be available to athletes participating in the meet. The AED is located in the hallway by the facility offices.</li> </ul>
<b>SAFE SPORT</b>	<ul style="list-style-type: none"> <li>• The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.</li> <li>• The Minor Athlete Abuse Prevention Policy (<a href="http://www.usaswimming.org/maapp">www.usaswimming.org/maapp</a>) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.</li> <li>• Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <a href="http://www.uscenterforsafesport.org/report-a-concern">www.uscenterforsafesport.org/report-a-concern</a>. Various state laws may also require reporting to law enforcement or to a designated child protection agency</li> <li>• All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition</li> <li>• For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <a href="http://www.usaswimming.org/report">www.usaswimming.org/report</a>.</li> <li>• All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</li> <li>• All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.</li> </ul>
<b>CHANGES TO THE MEET</b>	Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.
<b>WEATHER/ FACILITY PROTOCOL</b>	If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.
<b>MEET JURY</b>	The Meet Jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete. When possible, the members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

<b>DECK ACCESS</b>	<ul style="list-style-type: none"> <li>• The turn end and portion of the deck with bleachers are available for spectators.</li> <li>• Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the remainder of the deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming Membership Card in the USA Swimming App (no photos or screenshots) when asked.</li> </ul>
<b>GENERAL</b>	<ul style="list-style-type: none"> <li>• No concessions will be offered.</li> <li>• Officials and Coaches meeting will be held in the southwest corner of the pool deck.</li> </ul>
<b>WAIVER</b>	In granting this sanction, it is understood and agreed that USA Swimming, Wyoming Swimming Inc., Buffalo Swim Club and Johnson County Family YMCA shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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#### ORDER OF EVENTS

Session 1 – Friday January 23, 2026	
<u>Event #</u>	<u>Events</u>
1	Mixed OPEN 100 Back
2	Mixed OPEN 50 Back
3	Mixed 8 & Under 25 Back
4	Mixed OPEN 100 Breast
5	Mixed OPEN 50 Breast
6	Mixed 8 & Under 25 Breast
7	Mixed OPEN 100 Fly
8	Mixed OPEN 50 Fly
9	Mixed 8 & Under 25 Fly
10	Mixed OPEN 100 Free
11	Mixed 8 & Under 25 Free
12	Mixed 9 & Over 200 IM
13	Mixed 12 & Under 100 IM
14	Mixed OPEN 50 Free
15	Boys OPEN 200 Free Relay
16	Girls OPEN 200 Free Relay
17	Mixed OPEN 200 Free Relay