

To Whom It May Concern,

My experience at the Olympic Trials was like no other. I had an amazing time and learned many new things and made new friends and strengthened previous friendships. Watching pro athlete swimmers helped me hone in my abilities and improve my technique, my weakest stroke by far would be butterfly and watching Caleb Dressel swim helped me improve that and I am already seeing results.

I would say that my favorite part was watching Jonny Kulow swim his events, especially when he tied in a swim off was incredible, being able to see someone who I have competed against swim at this level has given me even more enthusiasm and hope that I can do the same. Another favorite thing that I really enjoyed was hanging out with friends in the dorms and making many memories.

Seeing the techniques these swimmers use helps me better myself and as a team captain it will allow me to help my fellow teammates improve themselves as well.

Sincerely,
Colin Gilmore