

Newcastle Winter Dual Meet
FRST-SD vs. NSST
Kozisek Aquatic Center
116 Casper Avenue
Newcastle, WY
January 17, 2025

Held under the sanction of USA Swimming/Wyoming: WY-2025-24

Meet Director	Doug Scribner	dwscribs@gmail.com	307-629-0325
Meet Referee	Mike Jennings	Mike6@tribcsp.com	307-941-1011
Entry Chair (if different from Admin Official)	Doug Scribner	dwscribs@gmail.com	307-629-0325
Admin Official	Bridget Reed	bridgetdilts@yahoo.com	307-797-0685

SESSIONS:

Date	Session Name	Warm-up	Officials Meeting	Timers Meeting	Coaches Meeting	Start
January 17	Open	4:00pm	4:45pm	5pm	5:15pm	5:30pm

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. Any updated session times received from the meet host will be reflected on the EVENT page of the Wyoming Swimming website.	
FACILITY	- Kozisek Aquatic Center 25 Yard 8 Lanes, equipped with non-turbulent lane markers, starting blocks and backstroke flags. - The pool depth is 4ft deep at 3'3 1/2" from turn end of pool to 5ft at 16'5" from turning end. The competition course has been certified in accordance with 104.2.2C(4) the copy of such certification is on file with USA Swimming. - Colorado Timing System with 8 lane scoreboard and semi-automatic backup and 2 manual back up timers per lane. - Warm-up area will be lane 8 with a buffer lane 7 - The host will ensure the required course dimensions.
FORMAT:	- Timed Finals 25-yard events will start at Starting Block end of the pool and will be timed with (2 watches, electronic) - All Clubs will be expected to provide timers based on the number of swimmers their club has participating in the meet - Competition will take place in 6 lanes with lane 7 empty and lane 8 warm-up/cool down - Times will be seeded
SCRATCHES	Timed Final Meet Scratches should be reported in writing to the Meet Director prior to the state of each day
COURSE	SCY
ELIGIBILITY	All swimmers must be USA Swimming registered members of FRST-SD or NSST-WY as per Article 302.

	• Age is determined by the age of the swimmer on the first day of the meet (January 17, 2025) • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Coaches must be registered and in good standing before the start of the meet. • Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction. • Deck registrations will NOT be accepted.
DISABILITY SWIMMERS	• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
ENTRIES	• Electronic entries should be emailed as an attachment to the entry chairperson. • Checks should be made to NSST and please Mail payment to: ○ Doug Scribner ○ PO Box 674 ○ Newcastle, WY 82701. • Entries will be acknowledged within 48 hours if they are accepted into the meet. <i>Your entry is considered received only if you receive an acknowledgement.</i> • All entry times must be entered in the specified meet course. (Coach's times may be used instead of NT's) • Each Athlete is limited to a maximum of 5 individual events for this one day meet ○ No Deck entries will be accepted.
TIME TRIALS	• There are no Time Trials at this meet
FEES	• Flat rate fee of \$30 • This flat rate includes a Swimmer Participation Fee is \$8.00 per swimmer and one meet program • There are no refunds if a swimmer cannot swim after the USA Swimming Registration File has been sent to WYSI 5 days prior to the meet.
ADMISSIONS & PROGRAMS	• No admission fee • Programs included in the flat rate fee
MEET MOBILE	• MEET MOBILE: Meet Mobile will not be offered at this meet.
WARM-UP	• Dive starts will only be allowed the last five (5) to ten (10) minutes of the warm up session. • Warm-up procedures shall follow WYSI Policy III.H.4 and USA Swimming. • The Meet Safety Committee shall consist of the Meet Referee, Meet Director and the Host Club Safety Coordinator acting as the Meet Safety Director. This committee shall prepare and implement an action plan to ensure safety is considered during warm-up sessions and swimming competition. The committee shall review the warm-up procedures with the coaches and marshals monitoring the warm-up sessions. • Coaches shall supervise their swimmers throughout the pre-meet warmup session. Coaches must remain on deck during the warm-up periods of their swimmers. Warm ups are open from 4-5:15pm for both teams.
AWARDS	• No awards will be offered at this meet.
SCORING	• The meet will not be scored.
LEGAL SPLITS	• 3 extra watches required for a legal split time and requested 30 minutes prior to race.
SWIMWEAR	• Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first

	day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under <u>Tech Suit Restriction for 12-and-Under Swimmers.</u>
RULES	• The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. • Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Deck Changing is PROHIBITED.
SAFETY	• No shaving is permitted at the competition site. • No glass containers are permitted within the facility. • Safety should be everyone's number one priority. Pool decks and locker rooms are slipper please walk. • First Aid boxes and AED devices are available to athletes participating in the meet.
SAFE SPORT	• The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency • All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. • All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

FACILITY RULES	● Facility Rules are posted in the pool and must be followed. NO SMOKING OR TOBACCO PRODUCTS ARE ALLOWED IN THE AQUATIC CENTER OR ON THE AQUATIC CENTER GROUNDS. This includes but is not limited to, cigarettes, cigars, chewing tobacco, electronic cigarettes and vape devices.
CHANGES TO THE MEET	● Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.
WEATHER/ FACILITY PROTOCOL	● If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.
MEET JURY	● The Meet Jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete. When possible, the members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.
DECK ACCESS	● Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming Membership Card in the USA Swimming App (no photos or screenshots) when asked.
OFFICIALS	● Each WYSI team shall provide official(s) to work the meet based on the number of swimmers entered into the meet: ○ 1-9 Swimmers – No official required, ○ 10-17 Swimmers – One official, ○ 18-25 Swimmers – Two officials, ○ 26 or more Swimmers – Three officials. ● Each WYSI team shall provide the names of the official(s) who will be representing their team at the meet at the time their entries are submitted. Failure to provide the required number of officials may result in no awards (medals, ribbons, trophies, high point, etc.) being provided to such Club or its swimmers and an additional fine of \$500. 00 payable to the Host Club on or before the first day of the meet. ● Officials meeting will be 4:45pm in the pool multi-purpose room.
GENERAL	● There will be no hospitality or concessions for this meet. Water fountains are located between the restrooms across from the locker room entrance in the hallway.
WAIVER	● It is understood and agreed that USA Swimming, Wyoming Swimming, NSST and the Kozisek Aquatic Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

ORDER OF EVENTS ON NEXT PAGE

FRIDAY, JANUARY 17, 2025

EVENTS

**EVENT NUMBER – MIXED
OPEN**

EVENT DESCRIPTION

1	25 Yard BACK
2	100 Yard FLY
3	50 Yard BACK
4	50 Yard FREE
5	25 Yard BREAST
6	100 Yard BACK
7	50 Yard FLY
8	100 Yard FREE
9	100 Yard IM
10	100 Yard BREAST
11	25 Yard FREE
12	200 Yard IM
13	50 Yard BREAST
14	25 Yard FLY