

Kemmerer Quick Pick Pentathlon

October 7, 2023

HELD UNDER SANCTION OF WYOMING SWIMMING, INC. AND USA SWIMMING, INC.
SANCTION # 2024-4

In granting this sanction, it is understood and agreed that USA Swimming, Wyoming Swimming Inc., Kemmerer Swim Club and Kemmerer High School Pool shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Whether submitting entries electronically or on paper, by the action of entering the swimmer in this Wyoming Swimming, Inc. meet/event, the person entering the swimmer, whether a coach, team representative, parent or swimmer certifies that the swimmer is a registered member of USA Swimming and further agrees that a penalty of \$50 shall be assessed by Wyoming Swimming, Inc. to anyone entering a swimmer who is not registered with USA Swimming prior to the entry deadline.

Host: Kemmerer Swim Club

Location: Kemmerer Senior High School
1525 3rd West Ave
Kemmerer, WY 83101

Meet Time: Minimum of 1 hour warm-up, sessions to be assigned; prior to meet starting at 10:00 AM

Pool: 25 Meter, 6 Lane Pool equipped with non-turbulent lane markers, starting blocks, & backstroke flags. At starting end of the pool, the depth is 12' deep at 1.0 meter and 12' at 5 meters from starting end. The pool depth is 3.6' deep at 1.0 meter from turn end of pool to 4' at 5 meters from turning end.

The competition course has not been certified in accordance with 104.2.2C(4).

Timing: Colorado Timing System, with 6 lane scoreboard and semi-automatic backup, and 2 manual back up timers per lane. All clubs will be expected to provide timers based on the number of swimmers their club has participating in the meet.

Meet Co-Director: Carrie Runnion 1803 Dell Rio Dr. Kemmerer, Wy 83101 Lineman2010@att.net	Meet Co-Director: Josh Newell 613 Emerald St. Kemmerer, Wy 83101 jjnewell165@gmail.com
Meet Referee: Corey DeClue PO Box 1044 Pinedale, Wy 82941 Cluedonn@gmail.com	Administrative Official: Cortney Bartschi PO Box 313 Diamondville, WY 83116 dortnie88@gmail.com

Rules: Current USA Swimming rules, including Minor Athlete Abuse Prevention Policy (MAAPP), will govern the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Changing into or out of swimsuits, other than in locker rooms is prohibited.

Use of recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone or other flying apparatus, is prohibited over the venue any time people are present.

Eligibility: No swimmer will be permitted to compete unless the swimmer is a member as provided in USA Swimming Art 302.

There will be NO on-deck registrations.

Disabilities: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. Swimmers with disabilities must be identified at the time entries are submitted. Adaptive swimming: in accordance with USA Swimming rule 202.4.14 & Article 105 the Meet Referee has the authority to accommodate swimmers with disabilities. The Team Entry Representative must notify the Meet Referee and entry contact of accommodation requests at the time of entry submission

Age Groups: Swimmer's age will be determined by his/her age on the day of the meet, October 7, 2023

Age groups are 8-under, 9-10, 11-12, 13-14, 15-over. 8-under is not a recognized USA swimming age group

Events will be swam together with **all age groups and genders**.

Timed results will be posted by age group and gender.

Scoring: No team scores will be calculated.

Awards: Per USA Rule 205.5-Cost per award to an individual may not exceed \$25.

Events: Five events will be randomly selected from the event list at the meet.
25 meter events will begin at the turn end.

Seeding: The meet file will only contain 1 event, the Open 50 free. Swimmers wishing to enter the meet must enter this event. Although this event may not be selected to be swum, it will determine seeding for all 5 events. All age groups and genders will be swum as one event. Swimmers will be in the same heat and lane for all 5 events.

Entries: All events will be pre-seeded, timed finals, heats will be seeded **fastest to slowest**.

Each swimmer will be entered in all **5** individual events.

Please submit entry times in **YARDS**, estimated times are preferred over NT to allow for more accurate seeding.

As swimmers will be entered in all events, there will be no deck entries.

Entry Fees: WYSI participation Fee is \$8.00.
Facility surcharge is \$28.00 per swimmer.

Deadline: Entries must be postmarked or emailed no later than noon, September 30, 2023.
Make checks for entries payable to: Kemmerer Swim Club
Clubs please pay with one club check.

Mail Entries To:
Carrie Runnion
1803 Dell Rio Dr.
Kemmerer, WY 83101

Preferred method:
email via HY-TEK with printable PDF hard copy to
kemmererswimclub1@gmail.com

Officials: Each WYSI-affiliated team shall provide official(s) to work the meet based on the number of swimmers entered into the meet: 1-9 Swimmers – No official required, 10-17 Swimmers – One official, 18-25 Swimmers – Two officials, 26 or more Swimmers – Three officials. Each team shall provide the names of the official(s) who will be representing their team at the time their entries are submitted. The meet referee will contact officials to inform them of which sessions they will be working depending upon deck requirements.

- Warm Ups:** Warm up procedures will comply with USA Swimming and Wyoming Swimming Inc. Swimmers must be under coach supervision at all times. Warm-up schedules will be emailed no later than 3 days prior to the meet.
- Timers:** Clubs may be assigned lanes for timing proportionate to the number of swimmers they have entered. Please have your timers ready to go!
- USA Cards:** **ALL COACHES & MEET OFFICIALS MUST WEAR THEIR USA SWIMMING CARD IN PLAIN VIEW AT ALL TIMES OR AVAILABLE VIA DECK PASS.**

**Kemmerer Quick Pick Pentathlon
October 7, 2023
10:00am**

Events will be randomly selected prior to the start of each event from the following:

List of Events

25 Fly
50 Fly
100 Fly
25 Back
50 Back
100 Back
200 Back
25 Breast
50 Breast
100 Breast
25 Free
50 Free
100 Free
200 Free
100 IM
200 IM