

2025 WY BSC January Intrasquad Meet

Buffalo, Wyoming

January 10, 2025

Held under the sanction of USA Swimming/Wyoming: WY-2025-2023-TT

Meet Director	Rebekah Lawrence	wybuffaloswimclub@gmail.com	(307) 620-5707
Meet Referee	James E. Jacob (or designee)	jejl3683@gmail.com	(307) 630-2826
Admin Official	Veronica S. Jacob (or designee)	veronica.jacob05VJ@gmail.com	(307) 630-8924

SESSIONS:

Date	Session Name	Warm up	Officials' Meeting	Coaches' Meeting	Start
Friday, 1/10	Session 1	(1) 3:30 p.m. (2) 3:50 p.m.	3:50 p.m.	4:10 p.m.	4:20 p.m.

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. **Any updated session times received from the meet host will be reflected on the EVENT page of the Wyoming Swimming website.**

FACILITY	- Johnson County Family YMCA. 101 Klondike Drive, Buffalo, WY 82834. Indoor pool 25 yard, 6 Lane Pool equipped with non-turbulent lane markers, starting blocks, & backstroke flags. At starting end of the pool, the depth is 10 feet deep at 3'3½" to 4'6" at 16'5" from starting end. The pool depth is 3 feet to 3'9½" deep at 3'3½" from turn end of pool to 5 feet at 16'5" from the turn end. - Colorado Timing System with 6 lane scoreboard and semi-automatic backup, and one (1) manual back up timers per lane. - The host will ensure the required course dimensions.
FORMAT:	- Timed Finals, swam slowest to fastest. 25-yard events will start at the start end. - Events will be swum as mixed genders. - Results for combined events will be by gender and age group. (8&U, 9-10, 11-12, 13-14, 15-16, 17-18, and 19&O)
SCRATCHES	The meet will be pre-seeded. Scratch sheets will be used for all sessions and must be turned in at the admin table 30 minutes before the start of the meet.
COURSE	SCY
CLERK OF COURSE	All swimmers must use the Clerk of Course and line up on the south side of the deck.
ELIGIBILITY	- Only register Buffalo Swim Club athletes are eligible to attend this meet. - All swimmers must be USA Swimming registered members as per Article 302. - Age is determined by the age of the swimmer on the day of the meet. - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Coaches must be registered and in good standing before the start of the meet. - Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction. - Deck registrations will NOT be accepted.

DISABILITY SWIMMERS	• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
CUT PROTOCOL	• If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary: • Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed. • Entries may be cut by time or to a specific number of heats for specified events.
ENTRIES	• Entries must be received by 11:59 p.m. on January 3, 2025. • All entry times must be entered in the specified meet course. (Coach's times may be used instead of NT's) • Athletes may enter as many events as they choose but may only compete in a maximum of three (3) individual events for the entire meet. • On deck entries will be allowed if the swimmer has already registered for the meet, a lane is available in an existing heat, and has not exceeded the maximum number of entries.
TIME TRIALS	• Eligibility: A swimmer wishing a time trial must be a participant in the meet in at least one event. • Time trials count towards a swimmer's limit and must scratch an event if the time trial would exceed the entry limit (3 events). Swimmers will be limited to two (2) time trials and there will be no time trials less than 50 yards or more than 200 yards. • Rules: Time permitting, and at the discretion of the Meet Referee, time trials will be offered after the conclusion of Event 14. • Deadline: The deadline for request of time trials will be the conclusion of Event 12. • No heat winner awards will be offered for time trials.
FEES	Swimmer Participation Fee is \$8.00 per swimmer
PROGRAMS	Programs: Heat sheets will be available.
MEET MOBILE & Results	• MEET MOBILE: Meet Mobile will be functional for this meet (dependent upon satisfactory internet access). All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate. • Final results will be emailed to the meet participants after the conclusion of the meet.
WARM-UP	• Warm-up procedures shall follow WYSI Policy III.H.4 • The Meet Safety Committee shall consist of the Meet Referee, Meet Director and the Host Club Safety Coordinator acting as the Meet Safety Director. This committee shall prepare and implement an action plan to ensure safety is considered during warm-up sessions and swimming competition. The committee shall review the warm-up procedures with the coaches and marshals monitoring the warm-up sessions. • Coaches shall supervise their swimmers throughout the pre-meet warmup session. Coaches must remain on deck during the warm-up periods of their swimmers.
AWARDS	No awards.
SCORING	The meet will not be scored.
LEGAL SPLITS	3 extra watches, requested to the Meet Referee 30 minutes prior to the race.
SWIMWEAR	Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers .

RULES	• The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. • Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Deck Changing is PROHIBITED.
SAFETY	• No shaving is permitted at the competition site. • No glass containers are permitted within the facility. • Facility lifeguard(s) will be available to athletes participating in the meet.
SAFE SPORT	• The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency • All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. • All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.
CHANGES TO THE MEET	Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.
WEATHER/FACILITY PROTOCOL	If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.

MEET JURY	The Meet Jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete. When possible, the members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.
DECK ACCESS	• The turn end and portion of the deck with bleachers are available for spectators. • Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the remainder of the deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming Membership Card in the USA Swimming App (no photos or screenshots) when asked.
GENERAL	No concessions will be offered.
WAIVER	In granting this sanction, it is understood and agreed that USA Swimming, Wyoming Swimming Inc., Buffalo Swim Club and Johnson County Family YMCA shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**2025 WY BSC January Intrasquad Meet
ORDER OF EVENTS**

<u>Event # Mixed</u>	<u>Events</u>
1	9 & Over 100 Fly
2	12 & Under 50 Fly
3	8 & Under 25 Fly
4	9 and Over 100 Back
5	12 & Under 50 Back
6	8 & Under 25 Back
7	9 & Over 100 Breast
8	12 & Under 50 Breast
9	8 & Under 25 Breast
10	OPEN 100 Free
11	8 & Under 25 Free
12	9 & Over 200 IM
13	12 & Under 100 IM
14	OPEN 50 Free