

Operational Risk Report – March 10, 2024

I attended the AOAP (Association of Aquatic Professionals) Conference in February in Reno Nevada.

Great Conference but an eye opener in the category of Drownings. Life sized silhouettes/biographies of children/athletes of ALL ages who were taken away too soon by Drowning. Their parents standing at booths reminding all Aquatic Professionals the importance of “watching” that pool and watching for Hypoxic Blackout.

WARNING !!!!!!!

Do you know what Underwater Hypoxic Blackout is? Attached is a .pdf that helps explain. Not too long ago a top 15 swimmer passed away. Right after practice he was doing deep water bobs, then took deep breaths to swim back to the shallow end. He blacked out and passed out ½ way across the pool. Lifeguards pulled him out but it was too late. He already asphyxiated a large amount of water.

Remind swimmers : One Breath! Once Length! One Time! No breath holding games! Never Hyperventilate! Never ignore the urge to Breathe!!!!