

OPERATIONAL RISK REPORT
Submitted by Cynthia Hafer, Operational Risk Chair

WYSI HOD
March 2025

Please take time to visit the usa swimming operational risk website.

- USAswimming.org
 - Click "About"
 - Click "Operational Risk"
-
- 1) ROO – report of occurrence. Thank you for filling these out for every accident/occurrence that happens during meets and practices.
 - 2) Information on Certifications. STSC & CPR/FA questions, STSC in-water checklist, Racing Start Certification for athletes.
 - 3) USA Swimming Insurance information & registration.
 - 4) Sample Liability Releases
 - 5) Meet Marshal Training. Please take this training. I really helps meet refs.
 - 6) Additional Resources such as Air quality Webinars Hypoxic Blackout information.

I attended the AOAP Annual Conference (Association of Aquatic Professionals) in February.

- Hypoxic Blackout is still a hot topic. Many coaches are still using prolonged breath control drills. These are not allowed anymore. Remember, If your athlete is holding their breath longer than the count of 10, it should be stopped. If you see hyperventilation before swimming, stop the athlete before they even go.
- EAP's – Emergency Action Plans. Do you know what you are going to do in an emergency? Seizure? Blackout? Heart attack? Concussion? Bleeding?
- Pool safety – air, water, decks, drains, equipment.
- Rowdy Gaines – still looks the same.

Remember..... SAFE SWIMMING IS FUN SWIMMING.....