# Western Wyoming Season Finale Pinedale, WY February 14-15, 2025 Held under the sanction of USA Swimming/Wyoming: WY-2025-30-TT

Meet Director	Britt Baker	JHSRmeetdirector@gmail.com	307-690-9815
Meet Referee	Mike Lebsock	mikelebsock@gmail.com	307-797-6454
Admin Official	Tracy Haling	Tracy.Haling@icloud.com	307-690-1786

# **SESSIONS:**

Date	Session Name	Warm up	Start
Friday, February 14	Session 1	No earlier than 2pm	One hour after warmups begin
Saturday, February 15	Session 2	8am/ Doors open 7:45am	8:30am
Saturday, February 15	Session 3	10:00am	11am

	with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received.  on times received from the meet host will be reflected on the EVENT page of the Wyoming Swimming website.
FACILITY	<ul> <li>PINEDALE AQUATIC CENTER, 535 N TYLER AVE, PINEDALE, WY 82941</li> <li>This is a 25-yard, 8 Lane Pool equipped with non-turbulent lane markers, starting blocks, &amp; backstroke flags. At starting end of the pool, the depth is 12 ft deep at 3'3 ½" to 12 ft at 16'5" from starting end. The pool depth is 5 ft deep at 3'3 ½" from turn end of pool to 8 ft at 16'5" from turning end.</li> <li>The 4-lane warm-up/warm down pool is located across the bulkhead from the competition pool and is 3.5 ft deep gradually increasing to 4.5 ft closest to the bulkhead.</li> <li>The host will ensure the required course dimensions.</li> <li>Spectator seating is available on the second-floor balcony.</li> <li>A Colorado Timing System, with 8 lane scoreboard, semi-automatic backup, and 2 manual backup watches per lane will be used. Three stopwatches will be used on all 25-yard events.</li> </ul>
FORMAT:	<ul> <li>All events will be pre-seeded, timed finals.</li> <li>Flyover starts will be used for forward starts. Swimmers should remain in the pool until the next heat starts or as otherwise directed by the Starter and/or Deck Referee.</li> <li>All 25-yard events will start from the starting end of the pool. Swimmers in the 500, 1000, and 1650 yard freestyle events must provide their own timers and counters. The 400IM and 500 freestyle events will be swum fast to slow.</li> <li>There will be a minimum of 15 minutes between all 400IM and 500 free swims.</li> </ul>
SCRATCHES	<ul> <li>Scratch sheets will be used for all sessions and must be turned in at the control table 30 minutes before the start of each session.</li> </ul>
COURSE	• SCY
ELIGIBILITY	<ul> <li>All swimmers must be USA Swimming registered members as per Article 302.</li> <li>Age is determined by the age of the swimmer on the first day of the meet.</li> <li>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as</li> </ul>

being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.  Coaches must be registered and in good standing before the start of the meet.  Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$500 for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.  Deck registrations will NOT be accepted.  Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  CUT PROTOCOL.  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order decreal accessary. For this meet, teams may be asked to cut relay events.  ENTRIES  ENTRIES  ENTRIES  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries (such as By-Tek Team Manager or other team management soflware) that are in CL 2 or SDISDIF (ormat should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  Email MUST include:  1. Either a zip file or sd3 file.  2. PDF of meet entries sorted by athlete name.  3. Entry fee rport  4. Name, email address, and phone number of the individual who can answer questions about entries.  Names of officials representing each individual team, including trainees, if applicable, Please copy the Meet Referee on this email. Officials requesting			
responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.  Coaches must be registered and in good standing before the start of the meet. Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (550) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.  DESABILITY SWIMMERS  Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  The ablete (or the athlete's coach) is also responsible for notifying the session referce of any disability prior to the competition.  CUT PROTOCOL  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order demend necessary. For this meet, Leans may be asked to cut relay events.  ENTRIES  ENTRIES  ELECTRONIC CLUB of SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SDX/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  Email		being proficient in performing a racing start or must start each race from within the water	
requirement.  Coaches must be registered and in good standing before the start of the meet.  Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.  DISABILITY SWIMMERS  A thiletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  CUT PROTOCOL.  • If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  • Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Halling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry i		without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the	
Coaches must be registered and in good standing before the start of the meet. Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fried fifty dollars (\$50) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction. Distability  Poek registrations will NOT be accepted.  Althetes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  The athlete (or the athlete's coach) is also responsible for notifying the session referce of any disability prior to the competition.  CUT PROTOCOL.  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  EInctronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in C12 or D3/SDIP format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either azip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries  S hames of officials representing each individual team, including trainces, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  Mail payment to:  O Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  Entry deadline is February 5, 2025, end of day.  Entries		responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this	
Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member in good standing of USA Swimming shall be fined fifty dollars (\$50) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.  DISABILITY SWIMMERS  Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  CUT PROTOCOL  • If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  • Electronic entiries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PIP of meet entries sorted by athlete name  3. Entry fee report  4. Name, cmail address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if your receive an acknowledgement.  • Athletes may enter a maximum		requirement.	
in good standing of USA Swimming shall be fined fifly dollars (550) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.  ■ Deck registrations will NOT be accepted.  ■ Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  ■ The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  ■ If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order decrmed necessary. For this meet, teams may be asked to cut relay events.  ■ Electronic entries should be emailed as an attachment to the Administrative Official.  ■ Electronic entries should be emailed as an attachment to the Administrative Official.  ■ Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in C1.2 or SD3/SD1F format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  ■ Email MUST include:  ■ Email MUST include:  ■ Email MUST include:  ■ Email Must rice entries sorted by athlete name  ■ Farty fee report  ■ Name, email address, and phone number of the individual who can answer questions about entries  ■ Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  ■ All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  ■ Mail payment to:  ■ Jackson Hole Stingrays Swim Team  PO Box 6968  Jackson, WY 83002  ■ Entry deadline is February 5, 2025, end of day.  ■ Entries will be acknowledged within 48 hours if they are accepted into the meet.		<ul> <li>Coaches must be registered and in good standing before the start of the meet.</li> </ul>	
in good standing of USA Swimming shall be fined fifty dollars (550) for each non-compliant swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.  DISABILITY SWIMMERS  Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  CUT PROTOCOL  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order decrmed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  I Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in C1.2 or SD3/SD1F format should be submitted. Times should be submitted instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  Mail payment to:  O Jackson Hole Stingrays Swim Team  PO Box 6968  Jackson, WY 83002  Entry dadline is February 5, 2025, end of day.  Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  All theters may enter a maximum of 5 (five) individual even		Any club or individual entering a swimmer in a sanctioned meet who is not an Athlete Member	
swimmer entered. Such fine shall be payable to WYSI within ten (10) days of notification of the infraction.  Disability  Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  CUT PROTOCOL  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  EIcctronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  Sent yet report  A. Name, email address, and phone number of the individual who can answer questions about entries  S. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  Mail payment to:  Jackson Hole Stingrays Swim Team  PO Box 6968  Jackson, WY 83002  Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if your receive an acknowledgement.  Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if your receive an acknowledgement.  All retards may never			
infraction.  DISABILITY SWIMMERS  Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Mect Director.  The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  CUT PROTOCOL  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  If electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  Mail payment to:  O Jackson Hole Stingrays Swim Team  PO Box 6968  Jackson, WY 83002  Entries will be			
Deck registrations will NOT be accepted.			
Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.  The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  It is a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  Electronic entries stouch as Hy-Tek Team Manager or other team management software) that are in Cl.2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  Mail payment to:  O Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  Entry deadline is February 5, 2025, end of day.  Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if your receive an acknowledgement.  Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  Time trials count in the per day event total and are dependent upon the session timeline.  Relay events will not be scored and will not count towards teams' overall scores.  Deck entries will Not be accepted.  All relay swimmers			
accommodations to the Meet Director.  • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  CUT PROTOCOL  • If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  • Electronic entries should be emailed as an attachment to the Administrative Official.  • Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  ○ Jackson Hole Stingrays Swim Team  PO Box 6968  Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NO	DISARII ITV		
The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainces, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  • Mail payment to:  • Jackson Hole Stingrays Swim Team  PO Box 6968  Jackson, WY 83002  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if your receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trails count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  • All relay swimmers must be officially entered into the meet.		*	
CUT PROTOCOL  If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  ENTRIES  I Electronic entries should be emailed as an attachment to the Administrative Official.  Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  Mail payment to:  O Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  Time trials count in the per day event total and are dependent upon the session timeline.  Relay events will not be scored and will not count towards teams' overall scores.  Deck entries will NOT be accepted.	SVINIVIERS		
If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order decemed necessary. For this meet, teams may be asked to cut relay events.    ENTRIES			
swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary. For this meet, teams may be asked to cut relay events.  EIectronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  • Mail payment to:  ○ Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day. • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline. • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.			
ENTRIES  • Electronic entries should be emailed as an attachment to the Administrative Official.  • Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.	CUT PROTOCOL		
Electronic entries should be emailed as an attachment to the Administrative Official.   Electronic entries (such as Hy-Tek Team Manager or other team management software that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.    Email MUST include:   1. Either a zip file or sd3 file   2. PDF of meet entries sorted by athlete name   3. Entry fee report   4. Name, email address, and phone number of the individual who can answer questions about entries   5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referce in advance.    All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com   Mail payment to:   Jackson Hole Stingrays Swim Team PO Box 6968   Jackson, WY 83002    Entry deadline is February 5, 2025, end of day.   Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.   Althetes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.   Time trials count in the per day event total and are dependent upon the session timeline. Relay events will not be scored and will not count towards teams' overall scores. Deck entries will NOT be accepted.   All relays swimmers must be officially entered into the meet.   Unattached swimmers must be officially entered into the meet.   Unattached swimmers must be officially entered into the meet.			
Electronic entries (such as Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  ○ Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relays swimmers must be officially entered into the meet.  • Unattached swimmers must be officially entered into the meet.		in any order deemed necessary. For this meet, teams may be asked to cut relay events.	
that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.	ENTRIES	<ul> <li>Electronic entries should be emailed as an attachment to the Administrative Official.</li> </ul>	
that are in CL2 or SD3/SDIF format should be submitted. Times should be submitted in yards or converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.		• Electronic entries (such as Hy-Tek Team Manager or other team management software)	
converted LCM or SCM. No time (NT) entries will be accepted. Coaches' times may be used instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy. Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.			
instead of NTs.  Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.		·	
Email MUST include:  1. Either a zip file or sd3 file  2. PDF of meet entries sorted by athlete name  3. Entry fee report  4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.			
1. Either a zip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day. • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement. • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet. • Time trials count in the per day event total and are dependent upon the session timeline. • Relay events will not be scored and will not count towards teams' overall scores. • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet. • Unattached swimmers may not participate in any relays.		histead of 1V15.	
1. Either a zip file or sd3 file 2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day. • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement. • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet. • Time trials count in the per day event total and are dependent upon the session timeline. • Relay events will not be scored and will not count towards teams' overall scores. • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet. • Unattached swimmers may not participate in any relays.		Email MUST include:	
2. PDF of meet entries sorted by athlete name 3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  ○ Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day. • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement. • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet. • Time trials count in the per day event total and are dependent upon the session timeline. • Relay events will not be scored and will not count towards teams' overall scores. • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet. • Unattached swimmers may not participate in any relays.			
3. Entry fee report 4. Name, email address, and phone number of the individual who can answer questions about entries 5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.			
4. Name, email address, and phone number of the individual who can answer questions about entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  o Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.			
entries  5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:			
5. Names of officials representing each individual team, including trainees, if applicable. Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:			
Please copy the Meet Referee on this email. Officials requesting a specific position or training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  Mail payment to:  Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  Entry deadline is February 5, 2025, end of day.  Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  Time trials count in the per day event total and are dependent upon the session timeline.  Relay events will not be scored and will not count towards teams' overall scores.  Deck entries will NOT be accepted.  All relay swimmers must be officially entered into the meet.  Unattached swimmers may not participate in any relays.		5. Names of officials representing each individual team, including trainees, if applicable.	
training opportunity should email the Meet Referee in advance.  All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  • Mail payment to:  • Jackson Hole Stingrays Swim Team  PO Box 6968  Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day.  • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  • Time trials count in the per day event total and are dependent upon the session timeline.  • Relay events will not be scored and will not count towards teams' overall scores.  • Deck entries will NOT be accepted.  RELAYS  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.			
All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com  Mail payment to:  Jackson Hole Stingrays Swim Team PO Box 6968 Jackson, WY 83002  Entry deadline is February 5, 2025, end of day.  Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.  Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.  Time trials count in the per day event total and are dependent upon the session timeline.  Relay events will not be scored and will not count towards teams' overall scores.  Deck entries will NOT be accepted.  All relay swimmers must be officially entered into the meet.  Unattached swimmers may not participate in any relays.			
<ul> <li>Mail payment to:         <ul> <li>Jackson Hole Stingrays Swim Team</li> <li>PO Box 6968</li> <li>Jackson, WY 83002</li> </ul> </li> <li>Entry deadline is February 5, 2025, end of day.</li> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>			
<ul> <li>Jackson Hole Stingrays Swim Team         PO Box 6968         Jackson, WY 83002</li> <li>Entry deadline is February 5, 2025, end of day.</li> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>		All Unattached swimmers shall submit entries by directly emailing Tracy.Haling@icloud.com	
PO Box 6968 Jackson, WY 83002  • Entry deadline is February 5, 2025, end of day. • Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement. • Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet. • Time trials count in the per day event total and are dependent upon the session timeline. • Relay events will not be scored and will not count towards teams' overall scores. • Deck entries will NOT be accepted.  RELAYS • All relay swimmers must be officially entered into the meet. • Unattached swimmers may not participate in any relays.		Mail payment to:	
<ul> <li>Jackson, WY 83002</li> <li>Entry deadline is February 5, 2025, end of day.</li> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>RELAYS</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>		<ul> <li>Jackson Hole Stingrays Swim Team</li> </ul>	
<ul> <li>Entry deadline is February 5, 2025, end of day.</li> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. <i>Your entry is considered received only if you receive an acknowledgement</i>.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>		PO Box 6968	
<ul> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>		Jackson, WY 83002	
<ul> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>			
<ul> <li>Entries will be acknowledged within 48 hours if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>		• Entry deadline is February 5, 2025, end of day.	
<ul> <li>considered received only if you receive an acknowledgement.</li> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>			
<ul> <li>Athletes may enter a maximum of 5 (five) individual events per day and 1 (one) relay event a day for a total of 12 events for the meet.</li> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>			
day for a total of 12 events for the meet.  Time trials count in the per day event total and are dependent upon the session timeline. Relay events will not be scored and will not count towards teams' overall scores. Deck entries will NOT be accepted.  RELAYS All relay swimmers must be officially entered into the meet. Unattached swimmers may not participate in any relays.			
<ul> <li>Time trials count in the per day event total and are dependent upon the session timeline.</li> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>			
<ul> <li>Relay events will not be scored and will not count towards teams' overall scores.</li> <li>Deck entries will NOT be accepted.</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>		·	
<ul> <li>Deck entries will NOT be accepted.</li> <li>RELAYS</li> <li>All relay swimmers must be officially entered into the meet.</li> <li>Unattached swimmers may not participate in any relays.</li> </ul>			
RELAYS  • All relay swimmers must be officially entered into the meet.  • Unattached swimmers may not participate in any relays.			
Unattached swimmers may not participate in any relays.			
	RELAYS		
<ul> <li>Mixed relays must consist of four swimmers, two of each gender.</li> </ul>		<ul> <li>Unattached swimmers may not participate in any relays.</li> </ul>	
		<ul> <li>Mixed relays must consist of four swimmers, two of each gender.</li> </ul>	

TIME TRIALS	Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time			
	allows and will count towards an individual event total number.			
FEES	• Individual Event Fee: \$8			
	• Relays: \$14			
	• Time Trials: \$10			
	Swimmer Participation Fee is \$8.00 per swimmer			
ADMISSIONS &	Admissions: Free			
PROGRAMS	• Programs: \$5			
MEET MOBILE	MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory			
	internet access). All users should be aware that Meet Mobile publishes unverified raw data that			
	may not always be accurate.			
WARM-UP	Warmup information and lane assignments will be emailed out at a minimum of three (3) days			
	prior to the meet.			
	Warm-up procedures shall follow WYSI Policy III.H.4			
	• The Meet Safety Committee shall consist of the Meet Referee, Meet Director and the Host Club			
	Safety Coordinator acting as the Meet Safety Director. This committee shall prepare and			
	implement an action plan to ensure safety is considered during warm-up sessions and swimming			
	competition. The committee shall review the warm-up procedures with the coaches and marshals			
	monitoring the warm-up sessions.			
	• Coaches shall supervise their swimmers throughout the pre-meet warmup session. Coaches must			
	remain on deck during the warm-up periods of their swimmers.			
AWARDS	<ul> <li>An awards ceremony will be conducted for each event. The top 8 individual places will be</li> </ul>			
	awarded for the following age groups and genders: 8&Under, 9-10, 11-12, 13-14, 15-16 and			
	17&Over. The awards ceremony schedule will be made available on the beginning of the first			
	day of the meet for planning purposes.			
	A participation gift will be given to all registered swimmers. Per USA Swimming Rule 205.5 the			
	cost per award to an individual may not exceed \$25.			
	A team award will be given to the team with the highest efficiency of point scoring per			
	swimmer. This award will be determined by the total team score divided by the number of			
	swimmers and the team with the most points per swimmer wins the award. A minimum number			
	of 5 swimmers per team will be required to be eligible for this award.			
SCORING	• The meet will be scored. The top 8 individual events will receive the points as follows:			
	1st place 2nd place 3rd place 4th place 5th place 6th place 7th place 8th place			
	1 place 2 place 3 place 4 place 3 place 6 place 7 place 6 place			
	10 8 6 5 4 3 2 1			
LEGAL SPLITS	Split times will be entered into the meet results and uploaded into SWIMS if requested prior to			
	the completion of the meet, and if in compliance with USA Swimming rules (102.23.1.d). It is			
	best practice to have 3 stopwatches to document the swim and the swimmer or coach should			
	request the split 30 minutes prior to the race and requires approval of the Meet Referee.			
SWIMWEAR	• Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at			
	any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first			
	day of the meet. Guidance on identifying compliant and non-compliant suits can be found on			
	the USA Swimming website under <u>Tech Suit Restriction for 12-and-Under Swimmers</u> .			

RULES	The current USA Swimming Rules and Regulations including the Minor Athlete Abuse
	Protection Policy will govern this meet.
	• Operation of a <b>DRONE</b> , or any other flying apparatus, is prohibited over the venue (pools,
	athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches,
	officials and/or spectators are present without written USA Swimming approval.
	Use of audio or visual recording devices, including cell phones, is not permitted in changing
	areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u> .
	Deck Changing is <b>PROHIBITED</b> .
SAFETY	No shaving is permitted at the competition site.
	<ul> <li>No glass containers are permitted within the facility.</li> </ul>
	• Lifeguards are on duty for this meet. There is an AED located in the lifeguard office, one outside
	the gymnasium doors, and one upstairs in the fitness area.
SAFE SPORT	The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention
	program dedicated to creating a healthy and positive environment free from abuse for all its
	members. Components of the program include, but are not limited to, providing education and
	training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best
	practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
	The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult
	Participants (as defined) from having one-on-one interactions with minor athletes which are not
	within an observable and interruptible distance from another adult participant. Adult Participants
	are required to abide by this policy in full during this meet.
	<ul> <li>Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's</li> </ul>
	responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including
	physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must
	occur when an individual has firsthand knowledge of misconduct or where specific and credible
	information has been received from a victim or knowledgeable third party. A report to the U.S.
	Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at
	www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to
	law enforcement or to a designated child protection agency
	All adults participating in or associated with this meet acknowledge that they are subject to the
	provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that
	they understand that compliance with MAAPP is a condition of participation in the conduct of
	this competition
	• For information on how to report other alleged violations, including without limitation, the USA
	Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit
	www.usaswimming.org/report.
	All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training
	in order to be a USA Swimming registered member in good standing by the first day of the
	meet. A member not in good standing will be prohibited from participating in the competition
	until such time as all membership requirements are completed. Times achieved by an athlete
	who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event
	without completing this membership requirement, will NOT count for qualification or
	recognition. This includes participation as a member of a relay.
	<ul> <li>All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show</li> </ul>
	proof of current USA Swimming membership. Coaches must meet and have current
	certifications for all the requirements of coach membership including successfully passing the
FACILITY RULES	required background check and APT course.
FACILII I RULES	• JHSR has reserved the competition pool for this event. All other areas of the facility are available for use with a facility fee that can be paid at the front desk. This includes use of the leisure pool,

	rock climbing wall, track, and fitness equipment. For specific information regarding fees and rules, please visit https://www.pinedaleaquatic.com/general-info.	
CHANGES TO THE MEET	<ul> <li>Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.</li> </ul>	
WEATHER/ FACILITY PROTOCOL	• If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.	
MEET JURY	• The Meet Jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete. When possible, the members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.	
DECK ACCESS	<ul> <li>Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming Membership Card in the USA Swimming App (no photos or screenshots) when asked.</li> </ul>	
OFFICIALS	<ul> <li>The Host team is responsible for procuring the following 3 positions: Meet Referee, Admin Official, and the Meet Director; these 3 do not need to be directly associated with the host team. Any club hosting a home meet must also provide two (2) officials for each day of their meet in addition to the three named above. Such officials must current and in good standing.</li> <li>All WYSI Clubs participating in any WYSI sanctioned meets are required to provide the following number of officials:         <ul> <li>1-9 Swimmers - No Officials (unless you are the Host Club, then it shall be two (2) officials)</li> <li>10-17 Swimmers - One (1) Official</li> <li>18-25 Swimmers - Two (2) Officials</li> <li>26 or more Swimmers - Three (3) Officials</li> <li>Each non-host club shall submit the name of the official(s) they are providing at the time their entries are submitted to the Host Club and Meet Referee. Non-host clubs will have authority to list officials not registered with their club if they have such official's consent to do so. It shall be the non-Host Club's responsibility to ensure that they have the required number of officials based on the number of total entries over the course of the meet or to have fulfilled this requirement as per the Meet Referee's discretion. If a non-host club does not fulfill their obligation, a fine of \$1000 will be assessed by WYSI and invoiced upon completion of the meet. It is the Meet Referee's responsibility to notify the treasurer to invoice such club.</li> </ul> </li> <li>If a Host Club does not fulfill their obligation of ensuring adequate minimal staffing of a meet, a fine of \$1000 will be assessed by WYSI and invoiced upon completion of the meet. It is the Meet Referee's responsibility to notify the treasurer to invoice such club.</li> </ul> <li>Officials' meetings will begin one hour prior to the start of each day's s</li>	
GENERAL WAIVERS	<ul> <li>Concessions will be for sale on the spectator seating level balcony. Hospitality will be provided to coaches and officials in the party room located to the left of the entrance to the facility.</li> <li>It is understood and agreed that the Jackson Hole Stingrays Swim Team, Pinedale Aquatic</li> </ul>	
THE TENED	Center, and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.	

### Western Wyoming Season Finale Pinedale, WY February 14-15, 2025

Held under the sanction of USA Swimming/Wyoming: WY-2025-30-TT

# Session: 1 Warm-up: Not earlier than 2pm Start: One hour later

<u>Girls #</u>	<u>Events</u>	Boys #
1	Open 100 Free	2
3	8&Under 25 Free	4
5	9-12 200 IM	6
7	13&Over 200 Breast	8
9	12&Under 50 Breast	10
11	13&Over 200 IM	12
13	8&Under 25 Fly	14
15	13&Over 200 Back	16
17	12&Under 50 Back	18
19	9&Over 100 Fly	20
21	8&Under 100 Medley Relay	22
23	Mixed Open 200 Medley Relay	23
25	Open 200 Medley Relay	26
27	9-12 500 Free	28
29	13&Over 1650 Free	30

	Session: 2 Warm-up: 8:00am Start: 8:30am	
<u>Girls #</u>	<u>Events</u>	Boys #
31	13&Over 400IM	32
33	13&Over 500 Free	34

	Session: 3 Warm-up: 10:00am Start: 11:00am	
Girls #	<u>Events</u>	Boys #
35	Open 50 Free	36
37	8&Under 25 Back	38
39	9&Over 100 Back	40
41	8&Under 25 Breast	42
43	9&Over 100 Breast	44
45	12&Under 50 Fly	46
47	13&Over 200 Fly	48
49	12&Under 100 IM	50
51	9&Over 200 Free	52
53	8&Under 100 Free Relay	54
55	Mixed Open 200 Free Relay	55
56	Open 200 Free Relay	57
58	13&Over 1000 Free	59