

# WELCOME TO THE SHARKS!



## Summer Sharks Swim Team

The summer team bridges the gap between swim lessons and our year-round competitive swimming program. Practices focus on learning and improving the four competitive strokes, starts, turns, and building endurance. Summer Team Participants will have the opportunity to participate in local area meets, and “just-for-fun” meets throughout the summer.

### Registration Opens: April 28, 2023

Season Begins: June 12, 2023 – July 27, 2023

Youth: Monday – Thursday 5:00pm – 6:00pm

High School: Monday – Thursday 5:00pm – 6:00pm

\$185 Y Facility Members – \$200 Community Members  
+\$15 Team T-Shirt

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VISIT [SFYMCA.ORG/SWIM-TEAM](https://sfymca.org/swim-team)  
OR  
CALL 530-246-9645 FOR MORE INFO