



SWIMMER CODE OF CONDUCT

1. Shasta Family YMCA rules are to be followed at all times, in all facilities.
2. The consumption or purchase of alcohol, smoking (including vaping) or chewing member found or suspected to be in the presence of others partaking in any of the above activities will be subject to dismissal from the Shasta YMCA Sharks team.
3. Disrespectful, indiscreet or destructive behavior will not be tolerated. It is the responsibility of each swimmer to make every effort to avoid guilt by association with such activities at any time.
4. Use of proper language is expected at all times.
5. All athletes are expected to treat team members, coaches, staff, and competitors with respect, support, and kindness. These expectations apply to all forms of conduct and communications, whether physical, verbal, written, or electronic that is consistent with the values set forth above and which go to the very core of this team. Only those athletes willing to show respect for their fellow members of our community belong on the Shasta YMCA Sharks. Members who choose to ignore this policy can expect significant consequences, including the suspension or dismissal from the team for particularly serious or repeated disregard of this critically important principle.
6. Inappropriate displays of affection between swimmers have no place on pool deck at any time. Public romance, physical expressions of mutual attraction, or behavior deemed inappropriate by the SYS coaches will result in a dismissal from practice, competition, and team activities.
7. Any person guilty of thievery, on and off the Shasta YMCA facility while representing Shasta YMCA Sharks, will be subject to dismissal from the team.
8. Each swimmer is responsible for replacing accidentally lost or damaged equipment.
9. Be on time and prepared for each practice, competition, and team event.
10. ALWAYS represent the team positively in your behavior, appearance, and sportsmanship. To achieve our goals, we must work together as a team. Those who cannot follow the rules stated above will not be welcome as part of our program.

Failure to comply with these codes of conduct may result in the suspension or dismissal from the Shasta YMCA Sharks swim team.