

January 2026

LEHY Practice Schedule- updated 12/29/2025

Please read carefully. Highlighted dates reflect change to regular practice schedule due to EHHS boys' swim meet

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 No Practice	2 East Hartford High School Seniors 3:30-5:30 pm 8U and Dev 5:30-6:30 pm Juniors 6:30-8:00 pm	3 Indian Valley Y in Ellington Seniors 4:00-5:30 pm Juniors 4:00-5:30 pm
4 Indian Valley Y in Ellington Seniors 4:00-5:30 pm Juniors 4:00-5:30 pm	5 Seniors 4:30-6:30 pm Juniors 6:30-8:00 pm	6 No Practice Three Kings Day EH Schools Closed	7 EH Home 8/Under&Dev 5:15-6:15 pm Juniors 6:15-7:45 pm Seniors 6:15-8:00 pm	8 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	9 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 6:00-8:00 pm	10 Indian Valley Y in Ellington Seniors 3:30-5:30 pm Juniors 3:30-5:30 pm
11	12 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	13 EH Home Juniors 5:15-6:45 pm Seniors 6:45-8:30 pm	14 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	15 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	16 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 6:00-7:30 pm	17
18	19 No Practice MLK Day EH Schools Closed	20 EH Home Juniors 5:15-6:45 pm Seniors 6:45-8:30 pm	21 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	22 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	23 EH Home 8/Under&Dev 5:15-6:15 pm Juniors 6:15-7:45 pm Seniors 6:15-8:00 pm	24
25 Indian Valley Y in Ellington Seniors 3:30-5:30 pm Juniors 3:30-5:30 pm	26 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	27 EH Home Juniors 5:15-6:45 pm Seniors 6:45-8:30 pm	28 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	29 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	30 EH Home 8/Under&Dev 5:15-6:15 pm Juniors 6:15-7:45 pm Seniors 6:15-8:00 pm	31

February 2026

LEHY Practice Schedule

Please read carefully. Highlighted dates reflect change to regular practice schedule due to EHHS boys' swim meet

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	3 EH Home Juniors 5:15-6:45 pm Seniors 6:45-8:30 pm	4 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	5 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	6 EH Home 8/Under&Dev 5:15-6:15 pm Juniors 6:15-7:45 pm Seniors 6:15-8:00 pm	7 Indian Valley Y in Ellington Seniors 3:30-5:30 pm Juniors 3:30-5:30 pm
8	9 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	10 EH Home Juniors 5:15-6:45 pm Seniors 6:45-8:30 pm	11 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	12 EH Home Juniors 5:15-6:45 pm Seniors 6:45-8:30 pm	13 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 6:00-8:00 pm	14 TBA
15	16 No Practice President's Day EH Schools Closed	17 Juniors 5:00-6:30 pm Seniors 6:30-8:15 pm	18 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	19 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	20 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 6:00-8:00 pm	21 Indian Valley Y in Ellington Seniors 3:30-5:30 pm Juniors 3:30-5:30 pm
22	23 Seniors 5:00-6:30 pm Juniors 6:30-8:00 pm	24 Juniors 5:00-6:30 pm Seniors 6:30-8:15 pm	25 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	26 EH Away Seniors 4:30-6:15 pm Juniors 6:15-7:45 pm	27 No Practice Regional Championships	28

March 2026

LEHY Practice Schedule

Please read carefully. Time changes due to Championships.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Seniors 4:30-6:00 pm Juniors 6:00-7:30 pm	3 Juniors 4:30-6:00 pm Seniors 6:00-7:30 pm	4 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors 7:30-9:00 pm	5 Seniors 4:30-6:00 pm Juniors 6:00-7:30 pm	6 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:30 pm Seniors No Practice	7
8	9 Seniors 4:30-6:30 pm Juniors 6:30-7:30 pm	10 Juniors 4:30-5:30 pm Seniors 5:30-7:30 pm	11 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:00 pm Seniors 7:00-8:30 pm	12 Seniors 4:30-6:30 pm Juniors 6:30-7:30 pm	13 8/Under&Dev No Practice Juniors No Practice Seniors 4:30-6:30	14
15	16 Seniors 4:30-6:30 pm Juniors 6:30-7:30 pm	17 Juniors 4:30-5:30 pm Seniors 5:30-7:30 pm	18 8/Under&Dev 5:00-6:00 pm Juniors 6:00-7:00 pm Seniors 7:00-8:30 pm	19 Seniors 4:30-6:30 pm Juniors 6:30-7:30 pm	20 8/Under&Dev No Practice Juniors No Practice Seniors 4:30-6:30	21
22	23	24	25	26	27	28
National and Zone Team Only 4:30-6:30						
29	30	31				