



Safety Action Plan

LEHY Facilities:

- East Hartford Middle School
- East Hartford High School
- Terry Odessa Pool (summer only)

All facilities are run and managed by the East Hartford Parks and Recreation. Signage for pool rules, emergency protocol, first aid station, and AED machines are hanging at each facility. State and local ordinances are kept in order through East Hartford Parks and Rec.

Additional signage will be posted for swim meet: MAAPP Policies, specific locker room (swimmers/adults) will be posted, warm up procedures, etc. Only those adults volunteering/coaching/officiating for the swim meet will be allowed on the deck during a meet. All adults must have agreed to the USA Swimming MAAPP Policy.

LEHY Staff:

Only certified LEHY staff and swimmers will be allowed on the pool deck during scheduled practice times.

Practices will have a lifeguard (not a coach) specifically watching the pool at every practice (per Y of the USA policy).

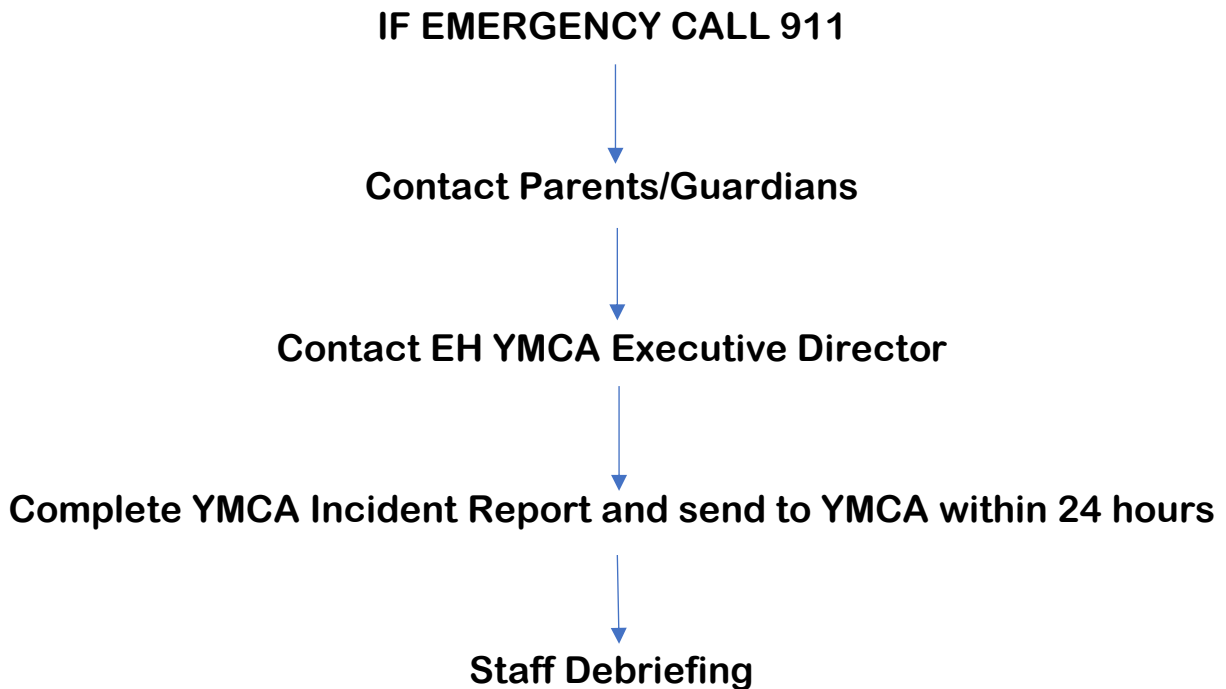
Coaches will maintain all certification required by YMCA of the USA and USA Swimming.

LEHY Parents:

All parents will have signed and agreed to the LEHY MAAPP Policy (see LEHY Handbook).

Parents will be allowed to view practices from the stands only.

CHAIN OF COMMAND/COMMUNICATION DURING EMERGENCY



All reports should be kept on record with the head coach of each facility in addition to the original copy being sent into the EH YMCA.

Any incident during a USA Swimming sanctioned meet should also be reported to the meet manager. The appropriate USA Swimming forms should be completed and sent to the LSC.

Important Contact Numbers:

EH YMCA: 860-289-6612

East Hartford Parks and Rec: (860) 291-7160

East Hartford Police: (860) 528-4401

East Hartford Schools: use phone in offices for direct connection

When calling 911- know appropriate location, address, entrance to facility, and stay on phone until help arrives.

Specific Emergency Situations

Weather Emergency:

- Lifeguard clears the pool
- Direct all members off the pool deck and report to the main lobby area located outside the locker room doors.
- Call parents/guardians to let them know about the situation
- Call EH YMCA and report situation
- Log incident in Incident Log
- Staff debriefing

Fire Emergency:

- Alarm sounds, pool is cleared
- All members immediately proceed out of the building until cleared to reenter by school staff.
- If allowed by school staff, resume activity.

Chemical Emergency:

- Contact custodian, keep swimmers out of the pool until cleared. Remove all members from pool area if needed.

Emergency Incident:

- Assess the scene
 - IF SAFE
 - Deal with problem/concern
 - Contact parents/guardians
 - Offer solution
 - Contact EH YMCA if needed
 - Log Incident in Incident Log
 - NOT SAFE
 - Call 911 in necessary
 - Follow communication in chain of command

Emergency:

- Clear the pool
- Assess the scene
- Secure additional assistance and have a bystander call 911 if necessary
 - Distressed Swimmer
 - Assist to safety
 - First Aid
 - Follow communication in chain of command
 - Drowning Swimmer
 - 2nd coach waits outside for EMS
 - Appropriate rescue & tow
 - CPR & First Aid
 - Continue to check ABC's until EMS arrives takes over
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 - Spinal Management
 - If situation is unknown, all emergencies should be treated as if there is a spinal situation.
 - Lifeguard approaches
 - Secure victim on backboard
 - Remove from water
 - Check ABC's & monitor until EMS arrives
- Complete all incident forms and have a staff debriefing
- Provide support to staff/membership regarding incident

