LEHY Equipment Needed

Swim outlet has much of this equipment at a good price.

SENIORS

Paddles (only need one):

Speedo Power Paddles Finis Agility Paddles

Size: S, M, L (most get M) Size: S, M, L (most get M)

Sporti Power Swim Paddles Sporti Paddle Replacement straps

Size: S. M. L (most get M) - good to have and fit both paddle types

These are just like the speedo for ½ the price

FINIS Tempo Trainers (check Amazon too)

Mesh Equipment Bag

Kick Board

Pull Buoy

Snorkel (not mandatory, but will use if you have)

Nose Plug (for backstroke- not mandatory)

JUNIORS, DEV, 8&UNDER

Kickboard

Pull Buoy

Mesh Equipment Bag