



WYW Training Equipment

Each Training Squad has required training equipment used to help teach, train, and be the best swimmer they can be! All training equipment can be purchased online or in person at:

Metro Swim Shop

666 Main Avenue

Norwalk CT 06851

www.metroswimshop.com

SUPER BRONZE:

SPEEDO Switchblade or Medium Blade Fin

Water Bottle

Wahoos Team Suit (For competitions)

SUPER SQUAD:

SPEEDO Switchblade or Medium Blade Fin

SPEEDO Bullet Head Snorkel

Water Bottle

Wahoos Team Suit (For competitions)

MAROON:

SPEEDO Switchblade or Medium Blade Fin

SPEEDO Bullet Head Snorkel

Water Bottle

Wahoos Team Suit (For competitions)

GOLD:

SPEEDO Switchblade or Medium Blade Fin

SPEEDO Bullet Head Snorkel

FINIS Agility Paddles

Water Bottle

Wahoos Team Suit (For competitions)

JUNIOR/PRE-SENIOR/SENIOR/SENIOR ELITE:

STROKEMAKER Paddles (Size 1-2)

SPEEDO Bullet Head Snorkel

SPEEDO Team Pull Buoy

ARENA Powerfins

Water Bottle

Wahoos Team Suit (For competition)