

# Clinton Otters: New Family Information

SEPTEMBER - MARCH

## **COACHES:**

Claire Diener - Head Coach (Groups 3 & 4)

Aubrey Sental - High School

Abby DeLeon - Assistant (Group 2)

Jan Ewen - Assistant (Group 2)

Michelle Lukach - Assistant (Otter Pups/Group 1)

## **PRACTICE SCHEDULE:**

	Monday	Tuesday	Wednesday	Thursday
4:00 - 5:00	Group 2	½ pool - Group 1 ½ pool - Swim Lessons	Group 2	½ pool - Group 1 ½ pool - Swim Lessons
5:00 - 6:00	Swim Lessons	Group 2	Swim Lessons	Group 2
6:00 - 7:15	Group 3	Group 3	Group 3	Group 3
7:15 - 8:30	Group 4/H.S.	Group 4/H.S.	Group 4/H.S.	Group 4/H.S.

**\*NO PRACTICE DAYS:** October 8 & 10 (Groups 3 & 4), October 31, Thanksgiving, and  
December 23 - January 3rd

**PRACTICE NEEDS:** Swimsuit(s), Towel, Cap, & Goggles (multiple pairs is very beneficial)

## **MEET REQUIREMENTS:**

- Group 1 / Otter Pups: All home meets (2)
- Group 2: 4 or more meets
- Group 3 & 4: At least one meet per month
- \*Commit swimmer to each meet through TeamUnify
- \*Tentative meet schedule on back

## **TEAM GEAR:**

- Swimsuit: Nike Vex Racerback Purple or any solid black suit
- Cap: Team cap with swimmer's last name (indicate on registration form)
- Team shirt: Covered by the YMCA (put size on registration form)
- Online apparel store through C&P Custom Printing - open from September to December

## **PARENT INFORMATION:**

- Parent meetings are held first Thursday of every month @ 6:00 P.M. in the viewing room.
- Volunteers needed at home meets and Apple & Pork
  - Apple & Pork - 2 slots per swimmer to work a shift or \$200 buyout per swimmer
- Parent Board:
  - Heather Houser - President
  - Kristina Bentz - Vice President
  - Angie Moran - Secretary
  - Amanda Ferguson - Treasurer
- Please communicate openly with coaches regarding practice schedule, attending meets, schedule conflicts, etc.

## **TEAM WEBSITE:**

- Team website: [www.gomotionapp.com/team/ymca-1731/page/home](http://www.gomotionapp.com/team/ymca-1731/page/home)
  - Best way to stay up to day with everything
  - Use this to register swimmers for each meet

## **TENATIVE MEET SCHEDULE:**

- October
  - 6: Intersquad - Home
  - 26 : Ghouls in the Pool - Mattoon, IL
- November
  - 2: Effingham Invite - Effingham, IL
  - 16: Jaxy Pentathlon - Jacksonville, IL
  - 23: Canton Invite - Canton, IL
- December
  - 7: Illinois Valley - Peru, IL
  - 14: Reindeer Classic - Home
- January
  - 4: Dolphin Invite - Macomb, IL
  - 10 - 12: Snowball Invite - Springfield, IL
  - 25: Danville Super Splash - Danville, IL
- February
  - 1-2: Tom & Becky Invite - Hannibal, MO
  - 16: Valentine's Classic - Decatur, IL
  - 23: Junior Districts - TBD
- March
  - 2/28 - 3/2: Illini Districts - Springfield, IL
  - 7 - 9: State Championships - St. John, IN