

Clinton Otters: New Family Information

SEPTEMBER - MARCH

COACHES:

Claire Diener - Head Coach (Groups 3 & 4) Aubrey Sental - High School
Abby DeLeon - Assistant (Group 2) Jan Ewen - Assistant (Group 2)
Michelle Lukach - Assistant (Otter Pups/Group 1)

PRACTICE SCHEDULE:

| | Monday | Tuesday | Wednesday | Thursday |
|-------------|--------------|---|--------------|---|
| 4:00 - 5:00 | Group 2 | $\frac{1}{2}$ pool - Group 1 $\frac{1}{2}$ pool - Swim Lessons | Group 2 | $\frac{1}{2}$ pool - Group 1 $\frac{1}{2}$ pool - Swim Lessons |
| 5:00 - 6:00 | Swim Lessons | Group 2 | Swim Lessons | Group 2 |
| 6:00 - 7:15 | Group 3 | Group 3 | Group 3 | Group 3 |
| 7:15 - 8:30 | Group 4/H.S. | Group 4/H.S. | Group 4/H.S. | Group 4/H.S. |

***NO PRACTICE DAYS:** October 8 & 10 (Groups 3 & 4), October 31, Thanksgiving, and December 23 - January 3rd

PRACTICE NEEDS: Swimsuit(s), Towel, Cap, & Goggles (multiple pairs is very beneficial)

MEET REQUIREMENTS:

- Group 1 / Otter Pups: All home meets (2)
- Group 2: 4 or more meets
- Group 3 & 4: At least one meet per month
- *Commit swimmer to each meet through TeamUnify
- *Tentative meet schedule on back

TEAM GEAR:

- Swimsuit: Nike Vex Racerback Purple or any solid black suit
- Cap: Team cap with swimmer's last name (indicate on registration form)
- Team shirt: Covered by the YMCA (put size on registration form)
- Online apparel store through C&P Custom Printing - open from September to December

PARENT INFORMATION:

- Parent meetings are held first Thursday of every month @ 6:00 P.M. in the viewing room.
- Volunteers needed at home meets and Apple & Pork
 - Apple & Pork - 2 slots per swimmer to work a shift or \$200 buyout per swimmer
- Parent Board:
 - Heather Houser - President
 - Kristina Bentz - Vice President
 - Angie Moran - Secretary
 - Amanda Ferguson - Treasurer
- Please communicate openly with coaches regarding practice schedule, attending meets, schedule conflicts, etc.

TEAM WEBSITE:

- Team website: www.gomotionapp.com/team/ymca-1731/page/home
 - Best way to stay up to day with everything
 - Use this to register swimmers for each meet

TENATIVE MEET SCHEDULE:

- October
 - 6: Intersquad - Home
 - 26 : Ghouls in the Pool - Mattoon, IL
- November
 - 2: Effingham Invite - Effingham, IL
 - 16: Jaxy Pentathlon - Jacksonville, IL
 - 23: Canton Invite - Canton, IL
- December
 - 7: Illinois Valley - Peru, IL
 - 14: Reindeer Classic - Home
- January
 - 4: Dolphin Invite - Macomb, IL
 - 10 - 12: Snowball Invite - Springfield, IL
 - 25: Danville Super Splash - Danville, IL
- February
 - 1-2: Tom & Becky Invite - Hannibal, MO
 - 16: Valentine's Classic - Decatur, IL
 - 23: Junior Districts - TBD
- March
 - 2/28 - 3/2: Illini Districts - Springfield, IL
 - 7 - 9: State Championships - St. John, IN