

Decatur Family YMCA's  
2025 Valentine Classic  
Hosted By: YDSC Gators  
February 15, 2025  
Sanction: ILS0252-25A



Meet Director: Christa Carr, [carr.christa@gmail.com](mailto:carr.christa@gmail.com)  
Entry Chairperson: Lauren Nesbitt, [YDSC.Gators.EntryChair@gmail.com](mailto:YDSC.Gators.EntryChair@gmail.com)  
Admin Official: Doug McGuire, [dmmm101009@gmail.com](mailto:dmmm101009@gmail.com)  
Meet Referee: Alliscia Koehler, [alliscia.koehler@decaturymca.org](mailto:alliscia.koehler@decaturymca.org)  
Safety Coordinator: Christa Carr, [carr.christa@gmail.com](mailto:carr.christa@gmail.com)  
Head Coach of YDSC: Lauren Nesbitt, [lauren.nesbitt@decaturymca.org](mailto:lauren.nesbitt@decaturymca.org)

Closed YMCA Meet approved by USA Swimming and Illinois Swimming. Illinois Swimming Sanction Number:

**Location:** Decatur Family YMCA, 220 W. McKinley, Decatur, IL 62526.

Facility is located across the street from Decatur Memorial Hospital.

#### **Raptor Check-In**

#### **Process:**

The Decatur Family YMCA uses the Raptor Visitor Management System to ensure the safety of all members, guests, and youth in our building. The Raptor System checks all individuals aged 18&Older against the national registered sex offender database before allowing them entrance to the facility. In order to be approved for entrance, individuals aged 18&Older need to bring a driver's license that will be scanned using the Raptor System. Once cleared they will receive a visitor badge that they should wear during the duration of their visit. Individuals who hold an active, current YMCA membership at another facility may also bring their YMCA membership card to scan in using the YMCA Nationwide Reciprocal Membership program. Individuals aged 18&Older who do not have either a driver's license or an active, current YMCA membership card **WILL NOT** be granted entrance to the facility. Thank you for helping us keep our building safe for all!

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- Facility:** Competition pool is 8-lane, 25 yard pool with non-turbulent lane lines. Colorado Time System with touchpads at start end and Colorado Scoreboard display for results. Starting blocks with wedges on start end, depth of 9.5 feet. Depth at turn end is 3 ft. 6 inches. There is ample parking on site.
- Rules & Safety:** This meet will be conducted in accordance with USA Swimming technical rules, National YMCA rules governing swimming competition, Illinois YMCA State Competitive Swimming Rules, and Illini YMCA District Rules.
- Parents and swimmers shall behave with honesty, respect and good sportsmanship. Music playing devices should be accompanied by headphones. No flash photography in the pool area; no cell phone use in the locker rooms or behind the blocks.
- Eligibility:** Open to all swimmers who are YMCA members. **Swimmers age as of the first day of the meet will determine age group for the meet.** This is a closed YMCA Competition that is USA Approved.
- USA Swimming:** This will be a USA Swimming approved meet (held under the sanction of USA Swimming, Illinois Swimming sanction number: ILS0252-25A )
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.**
- Those teams that want their participants' swims observed and times recorded in the USA Swimming data base (SWIMS) must provide a team roster from their club portal. Please do not build an ID in Team Manager if the swimmers are not registered with USA Swimming as this will delay the process of getting times submitted into SWIMS.
- Entries:** Swimmers may enter up to 6 total events: 4 individual events and 2 relays. Entries can be submitted starting January 25, 2025. **The Entry Deadline will be Sunday, February 2nd at 12:00pm.** Deck entries will be accepted at the discretion of the AO & Meet Referee. **The host team reserves the right to limit any event to the top 8 fastest entry times for each age group and gender category if necessary for timeline purposes. Teams will be notified of event limitations as soon as possible after the entry deadline has closed. If possible, swimmers bumped from an event will be given the choice to replace it with a different event.**

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**Entry Procedures:** All entries are to be submitted to the Entry Chair through TeamUnify or in a Hy-Tek compatible format via email.

Team entry lists and an invoice will be emailed to the entry contact person for review by within 48 hours of the entry deadline. Any corrections, changes and updated times will be taken at the discretion of the meet Entry Chair and Referee until 9:00pm on Monday, February 10th.

**Address checks to:**

Decatur Family YMCA, Attn: Lauren Nesbitt  
  
220 W. McKinley Ave  
  
Decatur, IL 62526

**Entry Fees:** \$5.00 per individual event, \$10.00 per relay event (\$2.50 per swimmer), and \$10.00 per swimmer facility surcharge in lieu of admission fees.

**Deck Entries:** Deck entries will be taken at the discretion of the Entry Chair, AO, and Meet Referee.

**Heat Sheet:** Heat sheets will be available for free on MeetMobile.

**Seeding:** This meet will be seeded 30 minutes prior to each session start time.

**Format:** All meet events will be swum and awarded as timed finals.

| <b>Session:</b> | <b>Warm-Ups:</b>                                   | <b>Check-In<br/>Closes:</b> | <b>Session<br/>Starts:</b>                                    | <b>Age Groups:</b> |
|-----------------|----------------------------------------------------|-----------------------------|---------------------------------------------------------------|--------------------|
| Session 1       | 7:30am-8:30am                                      | 8:15am                      | 8:45am                                                        | 11&Overs           |
| Session 2       | Following AM<br>session, but not<br>before 11:15am | 12:00pm                     | 60 mins<br>following AM<br>session, but not<br>before 12:30pm | 10&Unders          |

**Awards:** Ribbons will be awarded for 1<sup>st</sup>-8<sup>th</sup> place in Individual Events for 10&Unders and 1st-3rd place for 11&Overs. High Point Awards will be given to the top 3 high point award winners in each age group - points will be distributed based on age group (8&Under, 9-10, 11-12, 13-14, 15&Over). Team awards will be given to the top 3 highest scoring teams - the home team cannot win a team award.

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- Scoring:** 9-7-6-5-4-3-2-1 for individual events. Teams will be able to enter as many relay teams as they want in each event.
- Concessions:** Concession stand will be available for food and drinks.
- Vendors:** Apparel vender will be onsite selling meet shirts. Swim vendor will be onsite selling swim equipment.
- Timers/Officials:** 1-2 timer(s) per lane will be assigned. Each team will be asked to assist with timers. Teams should plan on supplying a minimum of 1 timer plus an additional timer for every 10 swimmers based upon session numbers.
- Results:** Complete results will be available at the conclusion of the meet, emailed to teams as well as posted on the event page of the YDSC web site. Host will report results to Illinois YMCA SWYMS database and IL Swimming.
- Warm-Up Procedure:** Lane assignments will be distributed prior to the meet via email to coaches.
- Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool. (Sit and slide entry)
- Coaches are to use their own discretion when allowing starts from the blocks. When performing starts in warmups, coaches **MUST** adhere to one-way sprints ie: swimmers exit the pool after a 25 and walk back to the start end.
- Swimmers must use assigned entrance and exit doors.
- Safety Guidelines:**
- A. Coach Responsibilities
    - a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and all practices.
    - b. Coaches shall actively supervise their swimmers throughout the warmup session at meets and all practices
  - B. Host Team Responsibilities
    - a. Marshaling
      - i. A minimum of two marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
      - ii. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
      - iii. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.

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iv. Warm-up times and lane assignments shall be published on the host website and posted at several locations around the pool area.

v. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.

vi. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators or officials shall be removed or clearly marked.

**C. Miscellaneous:**

a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.

b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

e. The Meet Referee may restrict use of bands, hand paddles or fins during warm-up.

f. The Referee shall have control over mitigation actions necessary to relieve situations deemed dangerous or impairing the safety of other swimmers.

\*\*\*Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

\*\*\*No flash photography or behind the blocks photography allowed.

\*\*\*Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

**Drones:**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Crash Zone:**

Swimmers and spectators will be housed in a crash zone area when not competing or spectating. Team areas will be assigned via team size and will be labeled. Seating will not be provided in the crash zone and families/swimmers should bring their own chairs, blankets, etc.

**Spectator Info:**

YDSC uses a rotational spectator seating arrangement. On deck spectator seating is limited and is to be used only when actively watching your swimmer compete. Once their race has finished, spectators should move back to the crash zone to make room for other spectators on the deck. This process allows all spectators to view their swimmer's

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paces and keeps an organized flow of traffic. We recommend spectators only head to the seating area 1-2 heats prior to their swimmer's race to avoid causing a bottleneck.

**Locker Rooms:** Due to Safe Sport guidelines, locker rooms are reserved for swimmers only. Swimmers needing assistance from an adult should use the family changing rooms in the aquatics hallway. Non-swimmers should use the restroom facilities at the entrance of the YMCA.

**Events:**

## **Session 1 - 11&Overs**

| Event # - Event                    | Event # - Event                   |
|------------------------------------|-----------------------------------|
| #1 Girls Open 200 Medley Relay     | #2 Boys Open 200 Medley Relay     |
| #3 Girls Open 400 Medley Relay     | #4 Boys Open 400 Medley Relay     |
| #5 Girls Open 200 Freestyle        | #6 Boys Open 200 Freestyle        |
| #7 Girls Open 50 Breaststroke      | #8 Boys Open 50 Breaststroke      |
| #9 Girls Open 200 Backstroke       | #10 Boys Open 200 Backstroke      |
| #11 Girls Open 50 Freestyle        | #12 Boys Open 50 Freestyle        |
| #13 Girls Open 100 Butterfly       | #14 Boys Open 100 Butterfly       |
| #15 Girls Open 200 Breaststroke    | #16 Boys Open 200 Breaststroke    |
| #17 Girls Open 50 Backstroke       | #18 Boys Open 50 Backstroke       |
| #19 Girls Open 200 IM              | #20 Boys Open 200 IM              |
| #21 Girls Open 50 Butterfly        | #22 Boys Open 50 Butterfly        |
| #23 Girls Open 100 Freestyle       | #24 Boys Open 100 Freestyle       |
| #25 Girls Open 100 Backstroke      | #26 Boys Open 100 Backstroke      |
| #27 Girls Open 100 Breaststroke    | #28 Boys Open 100 Breaststroke    |
| #29 Girls Open 200 Butterfly       | #30 Boys Open 200 Butterfly       |
| #31 Girls Open 200 Freestyle Relay | #32 Boys Open 200 Freestyle Relay |

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|                                    |                                   |
|------------------------------------|-----------------------------------|
| #33 Girls Open 400 Freestyle Relay | #34 Boys Open 400 Freestyle Relay |
| #35 Girls Open 400 IM              | #36 Boys Open 400 IM              |
| #37 Girls Open 500 Freestyle       | #38 Boys Open 500 Freestyle       |
| #39 Girls Open 1650 Freestyle      | #40 Boys Open 1650 Freestyle      |

## Session 2 - 10&Unders

| Event # - Event                     | Event # - Event                     |
|-------------------------------------|-------------------------------------|
| #41 Girls 8&Under 100 Medley Relay  | #42 Boys 8&Under 100 Medley Relay   |
| #43 Mixed 8&Under 100 Medley Relay  | #44 Mixed 10&Under 200 Medley Relay |
| #45 Girls 10&Under 200 Medley Relay | #46 Boys 10&Under 200 Medley Relay  |
| #47 Girls 10&Under 200 Freestyle    | #48 Boys 10&Under 200 Freestyle     |
| #49 Girls 8&Under 25 Freestyle      | #50 Boys 8&Under 25 Freestyle       |
| #51 Girls 10&Under 50 Backstroke    | #52 Boys 10&Under 50 Backstroke     |
| #53 Girls 10&Under 100 Butterfly    | #54 Boys 10&Under 100 Butterfly     |
| #55 Girls 8&Under 25 Butterfly      | #56 Boys 8&Under 25 Butterfly       |
| #57 Girls 10&Under 100 Backstroke   | #58 Boys 10&Under 100 Backstroke    |
| #59 Girls 10&Under 100 Breaststroke | #60 Boys 10&Under 100 Breaststroke  |
| #61 Girls 10&Under 200 IM           | #62 Boys 10&Under 200 IM            |
| #63 Girls 8&Under 25 Backstroke     | #64 Boys 8&Under 25 Backstroke      |
| #65 Girls 10&Under 100 Freestyle    | #66 Boys 10&Under 100 Freestyle     |
| #67 Girls 10&Under 50 Butterfly     | #68 Boys 10&Under 50 Butterfly      |
| #69 Girls 8&Under 25 Breaststroke   | #70 Boys 8&Under 25 Breaststroke    |
| #71 Girls 10&Under 50 Breaststroke  | #72 Girls 10&Under 50 Breaststroke  |

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|                                        |                                        |
|----------------------------------------|----------------------------------------|
| #73 Girls 10&Under 50 Freestyle        | #74 Boys 10&Under 50 Freestyle         |
| #75 Girls 10&Under 100 IM              | #76 Boys 10&Under 100 IM               |
| #77 Girls 8&Under 100 Freestyle Relay  | #78 Boys 8&Under 100 Freestyle Relay   |
| #79 Mixed 8&Under 100 Freestyle Relay  | #80 Mixed 10&Under 200 Freestyle Relay |
| #81 Girls 10&Under 200 Freestyle Relay | #82 Boys 10&Under 200 Freestyle Relay  |
| #83 Girls 10&Under 500 Freestyle       | #84 Boys 10&Under 500 Freestyle        |

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**Entry Summary & Release Form**

Please submit this form with your entry file and fees, check made payable to:

Decatur Family YMCA, Attn: Lauren Nesbitt  
220 W. McKinley  
Decatur, IL 62526

Number of Athletes: \_\_\_\_\_ x \$10.00 = \$ \_\_\_\_\_

Number of Individual Entries: \_\_\_\_\_ x \$5.00 = \$ \_\_\_\_\_ Relays: \_\_\_\_\_ x \$10.00= \_\_\_\_\_

Total Due = \$ \_\_\_\_\_

TEAM NAME: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

HEAD COACH: \_\_\_\_\_ CELL PHONE: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

ALTERNATE CONTACT: \_\_\_\_\_ CELL PHONE: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

COACHES ATTENDING (please print legibly):  
\_\_\_\_\_

**RELEASE OF LIABILITY:**

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may accrue against Decatur Family YMCA, YDSC Swim Team, YDSC Parent Advisory Board, and the meet officials for any and/or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

**Signature (Coach, Club Rep, or Parent):** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

\*This signed release must accompany the entry or the entry will not be accepted.

**Payment and Release Form must be received before swimmers splash**