

# 2021 DSMY SKYWALK DUAL CHALLENGE

## closed meet hosted by the DSMY Marlins

*DSMY and the Wellmark YMCA have taken enhanced health and safety measures – for you, our other guests, volunteers, and our athletes. You must follow all posted instructions while attending our January 22-24, 2021 Skywalk Dual Challenge. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the 2021 DSMY Skywalk Dual Challenge, you voluntarily assume all risks related to exposure to COVID-19.*

**IASI SANCTION:** IA-21-29  
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).

**RULES:** Current USA Swimming and ISI technical and administrative rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

COVID-19 team protocols will be in place for this meet including but not limited to: separate pool entrance and exit, member screening questions, social distancing, face masks, no locker room access (must arrive and leave in swim attire), personal space on the pool deck, and designated lane & starting positions for warm-ups.

**DATES:** Friday, January 22, Saturday, January 23 & Sunday, January 24, 2021

**TIME:** All meet participants must enter the building using the lower level Grand Avenue entrance and go through the member screening questions. Spectators will enter on the second level skywalk entrance to the pool.

<u>Sessions</u>	<u>Check-In</u>	<u>Warm-Ups</u>	<u>Competition</u>
1. Distance – Fri Eve	3:45pm	4:00-4:50pm	5:00pm
2. DUAL #1 – Sat Morn	6:45am	7:00-7:50am	8:00am
3. DUAL #2 – Sat Noon DSMY 66	10:45am	Not before 11:00am	Not before 12:00pm
4. DUAL # 3 – Sat Eve	2:45pm	Not before 3:00pm	Not before 4:00pm
5. DUAL # 4 – Sun Morn	6:45am	7:00-7:50am	8:00am
6. DUAL # 5 – Sun Noon DSMY 66	10:45am	Not before 11:00am	Not before 12:00pm
7. DUAL #6 – Sun Eve	2:45pm	Not before 3:00pm	Not before 4:00pm

Bonus Dual - Friday or  
Saturday if timeline allows

Coaches meeting at 3:20pm Friday afternoon on site and via Zoom for coaches not attending Friday night.

Precise timelines will be distributed to teams once all entries are received. Coaches will distribute instructions for check-in and warm-up assignments by noon on Thursday prior to the meet.

**MEET VOLUNTEERS:** Volunteer sign-up for visiting teams will be available on the DSMY website under the hosted events tab. These positions will be in the aquatic center venue and will not require a spectator fee. Participating teams must each provide a proportionate number of timers, officials, meet marshals, and an announcer from one of the teams.

Limited spectator seating. If available, seating may be limited to 1-2 individuals per athlete per session. Live-streaming will be available at [www.dsmytv.com](http://www.dsmytv.com). **Please refer to “The Return to Competition Plan for the Wellmark YMCA” on our website: [www.dsmymarlins.com](http://www.dsmymarlins.com).**

SITE: Wellmark YMCA [www.dmymca.org](http://www.dmymca.org)  
501 Grand Avenue [www.dsmymarlins.com](http://www.dsmymarlins.com)  
Des Moines, IA 50309

FACILITY: The Prairie Meadows Pool (competition pool) is a 20 lane 25-yard short course pool with one moveable bulkhead allowing for an 8 lane 50-meter long course pool or multiple configurations when running short course competition(s). Water depth of the pool ranges from 10 feet 8 inches to 7 feet (minimum 5 feet required at start end). Lane width is 8 feet 3 inches. Colorado electronic timing systems will be used in all configurations.

Pool configuration will be set up with 10 lanes in the South Pool, Running West to East. The North Pool will be 8 lanes running North to South and turning off the bulkhead. Friday’s distance events will most likely be run in 2 pools. The 4 lane, 25 yard program pool may be made available for warm-up and cool-down if we run two pools.

**Please refer to “The Return to Competition Plan for the Wellmark YMCA” on our website: [www.dsmymarlins.com](http://www.dsmymarlins.com).**

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or their delegate or leave the pool deck.

WARM-UPS: Prior to warm-ups, coaches will need to turn in their team warm-up assignments. All swimmers will be assigned a designated lane and starting point as described in the Return to Competition Plan. **Warm-up pool entry for the South Pool will be from the scoreboard side of the pool in a staggered formation, North pool will enter at the starting block side (not the bulkhead). Swimmers may not congregate behind the lanes to enter for warmup (i.e. coaches send one swimmer at a time per lane to get in their position in the pool and then send the next swimmer. Do not send the entire lane of swimmers at one time).** The first half of each session will be allocated to circle swim only warm-ups (No starts or one-way swim lanes). At the designated half-way point of warm-ups, even lanes in both the North and South

pool can open for Starts and one-way swims with the odd lanes to the right serving as socially distance return lanes. South Pool lanes 2,4,6,8,10 will be starting blocks allowed to open for starts and one-way swims. Lanes 1,3,5,7,9 will be socially distanced lines for the starting blocks. North Pool lanes 2,4,6,8 will be starting blocks allowed to open for starts and one-way swims. Lanes 1,3,5,7 will be socially distanced lines for the starting blocks. The final 10 minutes of the designated warm-up – all remaining lanes will open for starts. Once the pool is cleared or we have reached the maximum warm-up time for the session, the pool will be cleared for 10 minutes. Competition will start after the pool is cleared for 10 minutes.

All swimmers must be under the supervision of a USA Swimming member-coach from their respective team during warm-up, competition, and warm-down.

**Facility rules require a 3 point, feet first, sit and slide entry for lanes designated for circle swim during warm-up and warm-down. Entry and exit instructions will be given by supervising coach.**

**RACING STARTS:**

All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ENTRY REQUIREMENTS:**

1. Swimmers must be currently registered as athlete members of USA Swimming.
2. Swimmers must enter in the age group events corresponding to age as of January 22, 2021.
3. Swimmers (all ages) may enter no more than **4** individual events on Saturday and Sunday. Distance Events on Friday will be limited to **2** events for 11&Over swimmers only.
4. Seed times must be submitted for a 25-yard course (SCY). No Time (NT) entries will be accepted. Converted times are not allowed.

**ENTRY LIMITS:**

**Each session will be limited to 132 swimmers; Maximum of 66 per team. If one of the teams doesn't fill all 66 spots, it will be combined with a smaller team or unattached swimmer. If there is still space available- the host, DSMY or the team at 66 for the session may add to the difference to bring the total to 132 swimmers.**

Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program of for athletes 12 years and younger (except championship meets) shall be planned to be completed in four hours or less for each session.

Any combination of events may be limited to ensure the timely completion of a session. Teams will be notified by email if swimmers are affected by limits prior to the meet.

**ENTRY SUBMISSION:**

Entry fees are as follows:

1. Friday Distance events: \$10.00 per event. Open to swimmers that are already entered into one of the Duals on Saturday and Sunday.
2. Saturday/Sunday Duals will be \$40.00 per swimmer.
3. IASI swimmer surcharge: \$5.00 per swimmer. The surcharge is not assessed to outreach swimmers and is currently waived for Iowa LSC swimmers.
4. The entry fee for each outreach swimmer is \$5.00 and covers IASI surcharge, program fee and all individual events swum by an outreach swimmer.
5. Handwritten entries: additional \$5.00 per swimmer.

Electronic entries must be submitted in a format compatible with Hy-Tek Meet Manager software. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate IASI Financial Sheet (APP-8.2). If submitting electronic entries, also send a hardcopy of the entry report along with the entry fees report and required financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club and verified by the IASI Administrative office. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Greater Des Moines YMCA, ATTN: John Van Meter**. All entry fees, including IASI swimmer surcharge fee and program fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. **By submitting your entries, you are confirming that the coaches attending the meet have reviewed and shared with the team- [The Return to Competition Plan](#) located on our website.**
2. Entries will be accepted from teams in attendance last year (BLAZ-IA, CAST-IA, DMSF-IA, DSMY-IA, IFLY-IA, ISWM-MW, LMST-IA, MAC-WI, MTKA-MN, PAC-IL, PRNH-MN, RIP-IA, RSC-IA, SCSC-MW, SEA-IA, SO-MW, WEST-MN) beginning at **8:00am, Monday, January 18, 2021**.
3. Entries will be accepted from local teams (ACAC-IA, CIA-IA, PSC-IA) and teams (ACE-MW) that have attended other DSMY Meets and inquired about the Skywalk beginning at **10:00am, Monday, January 18, 2021**.
4. Entries will be accepted from other teams or unattached athletes at **12:00pm, Monday, January 18, 2021 if space is available**.
5. The meet entry deadline is **9:00pm on Monday, January 18, 2021**.
6. Once a team's entries are accepted into a Dual Session, entries will then be accepted for the Distance session on Friday.
7. Entries will be accepted for each time window. Teams with 66 athletes will get first choice of which session to attend. Once a team's entries have been accepted by the meet host and session time is agreed upon, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
8. A hardcopy of the entries, along with entry fees and financial sheet, must be received by **Wednesday, January 22, 2020** unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.
9. Entries will be confirmed via a return email receipt.
10. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Session preference will go to teams or combined teams of 66 first then to rank on attendance numbers from 2020. Once the meet reaches capacity, the host team will inform IASI meet contacts as well as any non-IASI teams with entries already accepted.

LATE ENTRIES:

1. Provided space is available, late entries will be accepted by email until 6:00 pm, Wednesday, January 20, 2021.
2. Only swimmers already entered in the meet that have not reached their session limit of 4 events will be able enter events late after Wednesday, January 20, 2021.

3. If the meet program has not been printed, swimmers shall be seeded into the meet.

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

**SWIMMERS WITH DISABILITIES:**

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistance required. See Article 105 of USA Swimming Rules and Regulations.

**SEND ENTRIES TO:**

Send electronic entries by email to [john.vanmeter@dmyca.org](mailto:john.vanmeter@dmyca.org) Send all print materials to the Meet Director. If sent by rush delivery, indicate no signature required.

**MEET DIRECTOR / ADMIN REFEREE:**

John Van Meter  
[john.vanmeter@dmyca.org](mailto:john.vanmeter@dmyca.org) 515-471-8560 pool  
515-745-3283 cell

Due to short turnaround time- visiting clubs may bring check to meet.

Mailing Address: Wellmark YMCA (checks payable to: **Greater Des Moines YMCA**)  
Attn: John Van Meter  
501 Grand Ave  
Des Moines, IA 50309

**SAFETY DIRECTOR :**

Mandy Parton 515-471-8511  
[mandy.parton@dmyca.org](mailto:mandy.parton@dmyca.org)

**MEET REFEREE:**

Art Dinkin 515-201-7591  
[art.dinkin@dmyca.org](mailto:art.dinkin@dmyca.org)

**OFFICIALS:**

**DSMY** welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please see sign up details on the DSMY website under the Hosted Events/Skywalk Open tabs. [www.dsmyarmlns.com](http://www.dsmyarmlns.com). Contact the Meet Referee with any questions or to set up apprentice requests.

**MEET COMMITTEE:**

A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

**MEET OPERATION:**

1. All Dual Meet events are OPEN will be pre-seeded.
2. Distance session on Friday is open only to swimmers 11&Over that are entered into a Dual Meet Session.
3. Positive check-in is required for Friday distance events:
4. Positive check-in deadline is 30 minutes prior to the start of competition.
5. All timed final events will be swum **Fastest to Slowest**.
6. South Pool starting blocks will be on the west side of the pool. Swimmers will have a 25-yard cool down to **exit the pool after their race at the turn (east) end of the pool**.
7. North pool will exit at the blocks once timers are clear.

8. The host is not responsible for 10 minutes rest between events. Swimmer or swimmer's coach may request a down-see to a slower heat if available to allow more rest. Breaks will not be added for swimmers who choose to swim consecutive events of the same stroke (100&200 IM, 50&100 Breast, 50&100 Back, 50&100 Fly). Swimmer or swimmer's coach may request a down-see to a slower heat if available to allow more rest.
9. Timeline intervals may be adjusted by at the discretion of the referee.
10. **Effective September 1, 2020, Swimmers ages twelve and younger shall not compete while wearing "Tech" suits**, even when competing in Senior or Open events or Time Trials. A list of suits that considered to be "Tech" suits is posted on the USA Swimming website:  
<https://www.usaswimming.org/news/2019/09/12/tech-suit-restriction-for-12-and-under-swimmers>
11. Deck Changes are prohibited. Locker rooms will not be available. Swimmers must arrive and leave the facility in their swim gear. The Program pool bathroom and family changing rooms will be available for swimmer use only. Coaches, officials, and other meet volunteers must use the public restrooms by the vending machines.
12. Banners, signs or posters are not allowed to be adhered, displayed or affixed anywhere in the aquatic center facility.
13. **Glass containers of any kind are not permitted in the aquatic center (including spectator seating) at any time.**
14. Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SCORING:**

No Scoring.

**AWARDS:**

No Awards.

**SCRATCHES:**

Please notify your coach if you need to scratch as a courtesy. Fees will be charged once the team entries have been submitted to the Meet Director and agreed session is agreed upon.

**USA SWIMMING REGISTRATION:**

No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.

**CAMERAS:**

**USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS OR LOCKER ROOMS.**

**NO ALCOHOL OR TOBACCO:**

The use of any tobacco or alcohol products is prohibited in the swimming venue.

**IMAGE RELEASE:**

Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

MEET CONDUCT:

Attending clubs, swimmers, and spectators are the guests of the Wellmark YMCA. Any report of inappropriate behavior will be dealt with immediately. DSMY / Wellmark YMCA Staff reserve the right to remove any offending individuals or groups. Any swimmer found swimming under the bulkhead will be ejected from the facility and be barred for the remainder of the meet.

Clubs will be financially responsible for any damage to the premises caused by their club, swimmers and/or parents & spectators.

ADDITIONAL INFORMATION:

1. Meet Volunteers: Volunteer sign-up for visiting teams will be available on the DSMY website under the hosted events tab. These positions will be in the aquatic center venue and will not require a spectator fee. Participating teams must each provide a proportionate number of timers, officials, meet marshals, and an announcer from one of the teams.
2. Program: Programs/heat sheets will be uploaded to the DSMY website [www.dsmymarlins.com](http://www.dsmymarlins.com) and by 6pm on Thursday of the meet weekend and uploaded to Meet Mobile prior to each session starting.
3. Results: Electronic results will be provided to all teams participating in the meet. Final results will also be posted on IASI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
4. Concessions: There will be a limited concession stand offering light snack options and cold drinks. A hospitality room will be available for coaches and officials.
5. Swim apparel/merchandise: Elsmore Swim Shop will be on site and will be offering a variety of swimming apparel & equipment.
6. Seating/Spectator Information: Limited spectator seating. If available, seating may be limited to 1-2 individuals per athlete per session. Face masks and screening questions apply. Admission will be \$3 per person. Seating is limited, not all are guaranteed a spot. Free wi-fi is available.
7. Deck: Only registered swimmers, coaches and meet personnel will be allowed on deck. Each swimmer will be provided with a socially distanced area either on the pool deck or overflow area in spectator seating.
8. Parking information: Parking meters charge from 9am to 9pm Monday thru Saturday. The 5<sup>th</sup> & Keo Parking Garage is closest to the facility and provides Skywalk access. Parking is free on Sunday.
9. Hotel blocks: Info available on [www.dsmymarlins.com](http://www.dsmymarlins.com)

MAAPP:

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

INDEMNITY:

It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND IOWA SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Order of events**  
**Session 1: Friday Afternoon**  
**11&Over Timed Finals**

Warm-ups: 4:00pm-4:50pm

Competition: 5:00pm

<b><u>Girls Event #</u></b>	<b><u>Event</u></b>	<b><u>Boys Event #</u></b>
1	11&Over 1650 Free	2
3	11&Over 400IM	4
5	11&Over 500 Free	6

**DUAL MEET EVENTS**  
**Open Timed Finals**

<b><u>Girls Event #</u></b>	<b><u>Event</u></b>	<b><u>Boys Event #</u></b>
1	200 Breast	2
3	200 Fly	4
5	100 IM	6
7	200 IM	8
9	50 Free	10
11	200 Back	12
13	50 Breast	14
15	100 Breast	16
17	100 Free	18
19	50 Back	20
21	100 Back	22
23	200 Free	24
25	50 Fly	26
27	100 Fly	28