

2022 DSMY Trudy Hancock Memorial Invitational

Hosted by the DSMY Marlins

IASI SANCTION: IA-22-058
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).

RULES: Current USA Swimming and IASI technical and administrative rules will govern this meet.

DATES: Friday, June 10, Saturday, June 11 & Sunday, June 12, 2022

TIME: The Skywalk entrance to the MidAmerican Energy Company Aquatic Center will open at 2:00pm on Friday, 6:30am on Saturday and 6:30am on Sunday. All meet spectators and participants should use this entrance.

<u>Sessions</u>	<u>Warm-Ups</u>	<u>Competition</u>
1. Friday Afternoon (11&O Timed Finals)	3:00-3:50pm	4:00pm
2. Friday Evening (All Age Group Timed Finals)	Not before 5:30pm	Not before 6:30pm
3. Saturday Morning (13&O Prelims)	7:00-7:50am	8:00am
4. Saturday Afternoon (10&U TF, 11-12 Prelims)	Not before 11:00am	Not before 12:00pm
5. Saturday Evening (11&O Finals)	Not before 4:00pm	Not before 5:00pm
6. Sunday Morning (13&O Prelims)	7:00-7:50am	8:00am
7. Sunday Afternoon (12&U Timed Finals)	Not before 11:00am	Not before 12:00pm
8. Sunday Evening (13&O Finals)	Not before 3:30pm	Not before 4:30pm

Depending on entries, if warm-ups need to be split or chase starts will be necessary to fit to a timeline, teams will be notified by 12:00 Noon on Tuesday, June 7, 2022.

Coaches meeting at 5:00pm Friday, 6:45am on Saturday and as needed.

SITE: Wellmark YMCA
501 Grand Avenue
Des Moines, IA 50309

www.dmymca.org
www.dsmymarlins.com
www.dsmytv.com

FACILITY: The Prairie Meadows Pool (competition pool) is a 20 lane 25-yard short course pool with one moveable bulkhead allowing for an 8 lane 50-meter long course pool or multiple configurations when running short course competition(s). Water depth of the pool ranges from 10 feet 8 inches to 7 feet (minimum 5 feet required at start end). Lane width is 8 feet 3 inches. Colorado electronic timing systems will be used in all configurations.

The 4 lane, 25 yard program pool will be available for warm-up and warm-down throughout the meet and specifically for general warm-up for 10&U swimmers during the designated warm-up time in session 2 on Friday. The program pool will be open during competition for warm-down for only swimmers in that session.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or their delegate or leave the pool deck.

WARM-UPS: The IASI mandatory warm-up procedure will be followed.

All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

Facility rules require a 3 point, feet first, sit and slide entry for lanes designated for circle swim during warm-up and warm-down at the starting (south) end.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming.
2. All Session 2 swimmers will be allowed to swim in 4 events.
3. Saturday and Sunday events, Swimmers may enter no more than:
 - Prelims: **3** individual events and **1** relay per session.
(Sessions 3&6 for 13&O, Session 4 for 11-12)
Coaches- please note that the electronic entry file will allow 11-12 swimmers to sign up for 4 individual events in session 4. You will need to monitor this. Any Session 4 11-12 swimmers received with 4 entries; the last entry will automatically be dropped.
 - Timed Finals: **4** individual events and **1** relay per session.
(Session 4&7 for 10&U, Session 7 for 11-12)
4. Seed times must be submitted for a 50-meter course. No Time (NT) entries will be allowed. Converted times are not allowed.
5. However, a swimmer still maintains the classification (BB, B, IA Q, A, AA, AAA, AAAA) achieved in a 25-yard or 25-meter pool for an event and may submit the minimum LCM time of their classification for that event as a seed time. For example, if a swimmer has an "A" time in a 25 yard pool but has not swum the event in a 50 meter pool, then the minimum 50 meter "A" time may be submitted as the swimmer's entry time for that event.

ENTRY LIMITS: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program of for athletes 12 years and younger (except championship meets) shall be planned to be completed in four hours or less for each session.

Any combination of events may be limited to ensure the timely completion of a session. Teams will be notified by email if swimmers are affected by limits prior to the meet.

ENTRY SUBMISSION:

Entry fees are as follows:

- Individual events: \$8.00 per event.
- Relay events: \$16.00 per event.
- IASI swimmer surcharge: \$5.00 per swimmer.
- Program fee: \$5.00 per swimmer.
- Outreach swimmers: \$5.00 (includes all individual event fees).
- Handwritten entries: \$5.00 per swimmer.

Electronic entries must be submitted in a format compatible with Hy-Tek Meet Manager software. Handwritten entries must be submitted on the IASI Meet Entry Form (APP-7).

Submit entries along with the appropriate IASI Financial Sheet (APP-8.2). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Greater Des Moines YMCA, Attn: John Van Meter**. All entry fees, including IASI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted from teams/athletes in the Iowa LSC and teams/athletes in attendance since 2019 (ANDR-MV, CSC-MV, CUDA-CO, GOAL-MW, J-HK-WI, KCB-MV, MAC-MW, MSA-MV, SCSC-MW) beginning at 10:00am on Tuesday, May 10, 2022.
2. Entries will be accepted from all teams/athletes at 10:00am on Tuesday, May 17, 2022.
3. Electronic entries must be received no later 12:00 Noon on Monday, June 6, 2022.
4. Handwritten entries, along with entry fees, additional \$5 per swimmer and financial sheet, must be received no later than Friday, May 20, 2022. Handwritten entries will not be entered in the meet until full payment is received.
5. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
6. Once entries are accepted only time updates will be allowed for teams with electronic entries. **No time updates will be accepted for handwritten entries.** Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
7. A hardcopy of the entries, along with entry fees and financial sheet, must be received by 12:00 noon on Wednesday, June 8, 2022 unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late*

Hosted Meets/Trudy Hancock Invite tabs. www.dsmyanmarlins.com. Contact the Meet Referee with any questions or to set up apprentice requests.

MEET COMMITTEE:

A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION:

1. All events
 - Sessions will be seeded after each appropriate Scratch and/or Positive Check-in deadlines.
 - Initial entry limits on distance events, if timeline allows, meet host may add more full heats:
 - Mixed 13&O 1500 Free- top 12 seed times of each gender. (3 heats)
 - Mixed 11-12 800 Free- top 8 seed times of each gender. (2 heats)
 - Mixed 10&U 400 Free- top 20 seed times of each gender. (5 heats)
 - Mixed 11&O 400 IM – top 8 seed times of each gender/age group. (6 heats)
 - 13&O 800 Free- top 32 seed times of each gender. (8 heats)
 - 13&O 400 Free- top 64 seed times of each gender. (16 heats)
 - After the 12 noon entry deadline on Monday, June 6, 2022 - distance events may allow additional entries over the initial gender / age group limits if time lines allow for it.
2. All Timed Final events will swim **Fastest to Slowest**.
3. All Prelim/Final events will be swum Slowest to Fastest with the 3 fastest Prelim heats circle seeded.
4. Results for combined events will be separated by age group and gender for scoring.
5. 13&O Prelim Sessions will be seeded and swam together. The top 16 swimmers in the 13-14 age group will qualify to swim in Finals. Top 24 swimmers in the 15&O age group will swim in Finals with exception of the 400 Free will only be the top 16 in the Finals. 13&O 800 Free will be a Timed Finals event with all heats swimming in the Saturday morning Prelim session.
6. Swimmers in all Timed Final and Consolation Final events shall report directly to the starting blocks.
7. All A finalists must check in at the ready area at the south end of the pool prior to the start of the B final in the event they are competing. For events without a B final, A finalists must check in prior to being paraded to the starting blocks.
8. Fly over starts and/or chase starts may be used at the discretion of the referee. If chase starts are used, odd heats will start at the south end, even heats will start on the north end (off bulkhead).
9. Deck Changes are prohibited.
10. Banners, signs or posters are not allowed to be adhered, displayed or affixed anywhere in the aquatic center facility.
- 11. Glass containers of any kind are not permitted in the aquatic center (including spectator seating) at any time.**
12. Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
13. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SCORING: Open 50 meter events on Friday will not be scored or count towards High Point.
Individual events are scored as follows:
Place: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
Points: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1

AWARDS: **Medals will be awarded for 1st – 3rd** place of each age group (10&U, 11-12, 13-14, 15&O). No awards for Friday’s Open 50 meter events.
Ribbons will be awarded for 4th – 8th place for individual events for the 12&Unders.
A really cool prize yet to be determined will be awarded to the top scoring male and female swimmer from each age group.

Speedo “Hot Heat” prizes will also be awarded- randomly picked.

- SCRATCHES:
1. There is no penalty for failing to compete in a preliminary heat, except an individual event in which a swimmer has not scratched prior to the appropriate deadline will be counted toward that swimmer’s session limit. **A swimmer qualifying for an A, B, or C Final who fails to compete shall be barred from the next event or pay a \$50.00 penalty reinstatement fee.**
 2. The scratch deadline for each day is as follows:
Friday’s events - 6:00pm Thursday by email.
Saturday’s events – by beginning of Session 2 at Scratch Table.
Sunday’s Events – by beginning of Saturday’s Finals at Scratch Table.
 3. Scratches by email will only be accepted prior to the Friday scratch deadline. After this, all scratches must be completed using the Scratch Table
 4. Scratches submitted by e-mail will be confirmed by e-mail.
 5. Finals Events:
 - a. A swimmer qualifying for a consolation or championship final will have 30 minutes after the announcement of the preliminary results for that race in which to scratch or declare intent to scratch pending another race.
 - b. A swimmer who declares intent to scratch must declare their final intentions within 30 minutes following the announcement of the preliminary results for their last individual preliminary event of the session.
 - c. After the scratch deadline, Finals qualifiers will be posted with results.
 - d. Failure to compete:**
 - i. All swimmers not planning to attend Finals should scratch their events to avoid being scratched into finals.
 - ii. If a swimmer qualifies for a Final and does not scratch and fails to compete in the Final, the swimmer will not be allowed to compete in their next scheduled individual event.
 - iii. If a swimmer qualifies for a Final and does not scratch and fails to compete in the Final on the last night of the meet for which the swimmer is entered, **the swimmer’s team will be assessed a \$25 fine payable to DSMY.**
 - e. No penalty shall apply for failure to withdraw or compete in an individual event if this is determined by the Referee to be caused by circumstances beyond the control of the swimmer.

USA SWIMMING REGISTRATION:	No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that IASI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.
CAMERAS:	USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.
NO ALCOHOL OR TOBACCO:	The use of any tobacco or alcohol products is prohibited in the swimming venue.
IMAGE RELEASE:	Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.
MEET CONDUCT:	<p>Attending clubs, swimmers, and spectators are the guests of the Wellmark YMCA. Any report of inappropriate behavior will be dealt with immediately. DSMY / Wellmark YMCA Staff reserve the right to remove any offending individuals or groups. Any swimmer found swimming under the bulkhead will be ejected from the facility and be barred for the remainder of the meet.</p> <p>Clubs will be financially responsible for any damage to the premises caused by their club, swimmers and/or parents & spectators.</p>
ADDITIONAL INFORMATION:	<ol style="list-style-type: none"> 1. <u>Program</u>: Programs/heat sheets will be uploaded to the DSMY website www.dsmymarlins.com after the scratch deadline for Friday's events on Thursday and uploaded to Meet Mobile prior to each session starting. 2. <u>Results</u>: Electronic results will be provided to all teams participating in the meet. Final Results will also be posted on the DSMY website. A hardcopy of the final results may be requested on the IASI Financial Sheet for an additional \$5.00. 3. <u>Concessions</u>: There will be a small stand offering drinks and snacks. A hospitality room will be available for coaches and officials. 4. <u>Swim apparel/merchandise</u>: Elsmore Swim Shop will be on site and will be offering a variety of swimming apparel & equipment. 5. <u>Seating/Spectator Information</u>: No admission charge for spectators. The MidAmerican Energy Company Aquatic Center provides seating for 1,200 spectators. Free wi-fi is available. 6. <u>Deck</u>: Only registered swimmers, coaches and meet personnel will be allowed on deck. On deck seating is available for 300+ swimmers. Glass containers of any kind are not permitted in the aquatic center (including spectator seating) at any time. 7. <u>Parking information</u>: Parking meters charge from 9am to 9pm Monday thru Saturday. The 5th & Keo Parking Garage is closest to the facility and provides Skywalk access. Parking is free on Sunday. 8. <u>Hotel blocks</u>: Info available on www.dsmymarlins.com
MAAPP:	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse

Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

INDEMNITY:

It is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DSMY has taken enhanced health and safety measures for you and your athletes. You must follow all posted instructions while inside the Mid American Energy Company Aquatics Center and the Wellmark YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious virus that can lead to serious illness and death. According to the Centers for Disease Control and Prevention, individuals with underlying medical conditions are especially vulnerable to COVID-19. You and your athletes are voluntarily assuming all risks related to exposure to COVID-19.

USAS, IASI and DSMY cannot prevent you and your athlete from becoming exposed to, contracting, or spreading COVID-19 while participating in USAS and IASI sanctioned events. It is not possible to prevent against the presence of the virus. Therefore, if you choose to participate or permit your swimmer to participate in a USAS or IASI sanctioned event, you may be exposing yourself and your athlete to and increasing you and your athlete’s risk of contracting and spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USAS, IASI AND DSMY AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE, OR PROPERTY LOSS OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU OR YOUR ATHLETE MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Order of Events

Session 1: Friday Afternoon 11&Over Timed Finals

Warm-ups: 3:00pm-3:50pm

Competition: 4:00pm

<u>Event #</u>	<u>Event</u>	
1	Mixed 13&O 1500 Free	
2	Mixed 11-12 800 Free	

Session 2: Evening All Age Groups Mixed Timed Finals

Warm-ups: Not before 5:30pm

Competition: Not before 6:30pm

<u>Event #</u>	<u>Event</u>	
3	Open Mixed 50 Back	
4	10&U Mixed 400 Free	
5	Open Mixed 50 Free	
6	11&O Mixed 400 IM	
7	Open Mixed 50 Breast	
8	11-12 Mixed 200 Fly	
9	Open Mixed 50 Fly	

Session 3: Saturday Morning 13&Over Prelims

Warm-ups: 7:00am-7:50am

Competition: 8:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
38	13&O 200 Free	39
40	13&O 50 Back	41
42	13&O 100 Breast	43
44	13&O 200 Fly	45
46	13&O 50 Free	47
48	13&O 200 Back	49
50	13&O 50 Fly	51
52	13-14 200 Free Relay*	53
54	15&O 200 Free Relay*	55
56	13&O 800 Free*	57

*Timed finals for 200 Free Relays and 13&O 800 Free.

Session 4: Saturday Afternoon
10&Under Timed Finals, 11-12 Prelims

Warm-ups: Not before 11:00am

Competition: Not before 12:00pm

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
10	11-12 200 Free Relay*	11
12	10&U 200 Free Relay	13
14	11-12 200 IM	15
16	10&U 100 Free	17
18	11-12 50 Free	19
20	11-12 200 Back	21
22	10&U 50 Fly	23
24	11-12 50 Fly	25
26	10&U 100 Breast	27
28	11-12 100 Breast	29
30	10&U 50 Back	31
32	11-12 50 Back	33
34	10&U 200 Free	35
36	11-12 200 Free	37

Session 5: Saturday Evening
11&Over Finals

Warm-ups: not before 4:00pm

Competition: not before 5:00pm

<u>Girls Event #</u>	<u>Heats</u>	<u>Event</u>	<u>Heats</u>	<u>Boys Event #</u>
14	1	11-12 200 IM	1	15
38	3	15&O 200 Free	3	39
	2	13-14 200 Free	2	
18	1	11-12 50 Free	1	19
40	3	15&O 50 Back	3	41
	2	13-14 50 Back	2	
20	1	11-12 200 Back	1	21
42	3	15&O 100 Breast	3	43
	2	13-14 100 Breast	2	
28	1	11-12 100 Breast	1	29
44	3	15&O 200 Fly	3	45
	2	13-14 200 Fly	2	
24	1	11-12 50 Fly	1	25
46	3	15&O 50 Free	3	47
	2	13-14 50 Free	2	
36	1	11-12 200 Free	1	37
48	3	15&O 200 Back	3	49
	2	13-14 200 Back	2	
32	1	11-12 50 Back	1	33
50	3	15&O 50 Fly	3	51
	2	13-14 50 Fly	2	

Session 6: Sunday Morning
13&Over Prelims

Warm-ups: 7:00am-7:50am

Competition: 8:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
84	13&O 400 Free	85
86	13&O 50 Breast	87
88	13&O 100 Fly	89
90	13&O 100 Free	91
92	13&O 200 Breast	93
94	13&O 100 Back	95
96	13&O 200 IM	97
98	13-14 200 Medley Relay*	99
100	15&O 200 Medley Relay*	101

*Timed finals for 200 Medley Relays

Session 7: Sunday Afternoon
12&Under Timed Finals

Warm-ups: Not before 11:00am

Competition: Not before 12:00pm

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
58	11-12 400 Free	59
60	10&U 50 Breast	61
62	11-12 50 Breast	63
64	10&U 100 Back	65
66	11-12 100 Back	67
68	10&U 200 IM	69
70	11-12 200 Breast	71
72	10&U 100 Fly	73
74	11-12 100 Fly	75
76	10&U 50 Free	77
78	11-12 100 Free	79
80	10&U 200 Medley Relay	81
82	11-12 200 Medley Relay	83

Session 8: Sunday Evening
13&Over Finals

Warm-ups: not before 3:30pm

Competition: not before 4:30pm

<u>Girls Event #</u>	<u>Heats</u>	<u>Event</u>	<u>Heats</u>	<u>Boys Event #</u>
84	2	13-14 400 Free	2	85
	2	15&O 400 Free	2	
86	2	13-14 50 Breast	2	87
	3	15&O 50 Breast	3	
88	2	13-14 100 Fly	2	89
	3	15&O 100 Fly	3	
90	2	13-14 100 Free	2	91
	3	15&O 100 Free	3	
92	2	13-14 200 Breast	2	93
	3	15&O 200 Breast	3	
94	2	13-14 100 Back	2	95
	3	15&O 100 Back	3	
96	2	13-14 200 IM	2	97
	3	15&O 200 IM	3	