

2023 SPOOKTACULAR INVITE

Hosted by the DSMY Marlins

- IASI SANCTION:** IA-24-012
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).
- RULES:** Current USA Swimming and IASI technical and administrative rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet.
- DATES:** Saturday Afternoon and Sunday Morning of October 28 & 29, 2023
- TIME:** The Skywalk entrance to the MidAmerican Energy Company Aquatic Center will open at 11:30am on Saturday and 6:30am on Sunday. All meet participants and spectators should use this entrance.

<u>Sessions</u>	<u>Warm-Ups</u>	<u>Competition</u>
1N- Saturday – North Pool (12&Under)	12:00pm-12:50pm	1:00pm*
1S- Saturday – South Pool (13 Over)	12:00pm-12:50pm	1:00pm*
2N- Sunday – North Pool (12&Under)	7:00am-7:50am	8:00am*
2S- Sunday – South Pool (13 & Over)	7:00am-7:50am	8:00am*

Coaches meeting at 11:40am on Saturday.
Officials meetings will be 1 hour prior to competition each session.
*Official start times will be determined after all entries have been received.

- SITE:** Wellmark YMCA
501 Grand Avenue
Des Moines, IA 50309
- www.dmymca.org
www.dsmymarlins.com
www.dsmytv.com

- FACILITY:** The Prairie Meadows Pool (competition pool) is a 20 lane 25-yard short course pool with one moveable bulkhead allowing for an 8 lane 50-meter long course pool or multiple configurations when running short course competition(s). Water depth of the pool ranges from 10 feet 8 inches to 7 feet (minimum 5 feet required at start end). Lane width is 8 feet 3 inches. Colorado electronic timing systems will be used in all configurations.

Pool configuration will be determined once entries have been received. The 4 lane, 25 yard program pool will reserved for 8&Under swimmers for general warm-up and will be available for warm-up and cool-down for all ages during competition.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck. The USA Swimming App or Deck Pass are acceptable proof of USA Swimming Membership.

WARM-UPS: The IASI mandatory warm-up procedure will be followed.

All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

Facility rules require a 3 point, feet first, slip and slide entry at the start end for lanes designated for circle swim during warm-up and warm-down.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming.
2. Swimmers must enter in the age group events corresponding to age as of October 28, 2023.
3. Swimmers may enter no more than **4** individual events and **1** relay per session.
4. Seed times must be submitted for a 25-yard course (SCY). No Time (NT) entries will be accepted. Converted times are not allowed.

ENTRY LIMITS: Any combination of events may be limited to ensure the timely completion of a session. Teams will be notified by email if swimmers are affected by limits prior to the meet.

ENTRY SUBMISSION: Entry fees are as follows:

1. Individual events: \$8.00 per event. Relays: \$16.00 per relay.

2. IASI swimmer surcharge: \$6.00 per swimmer. The surcharge is not assessed to outreach swimmers.
3. The entry fee for each outreach swimmer is \$5.00 and covers all events swum by an outreach swimmer.
4. Program Fee: \$6.00 per swimmer.
5. Handwritten entries: additional \$5.00 per swimmer.

Electronic entries must be submitted in a format compatible with Hy-Tek Meet Manager software. Handwritten entries must be submitted on the IASI Meet Entry Form (APP-7).

Submit entries along with the appropriate IASI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club and verified by the IASI Administrative office. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Greater Des Moines YMCA, Attn: John Van Meter**. All entry fees, including IASI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted from teams/athletes in the Iowa LSC and teams/athletes in attendance last year (ASA-MV, MAC-MW) beginning at **11:00am, Wednesday, September 27, 2023**.
2. Entries will be accepted from all teams/athletes at **11:00am, Wednesday, October 4, 2023**.
3. The meet entry deadline is **NOON** on **Monday, October 23, 2023**.
4. Handwritten entries, along with entry fees including an additional \$5 per swimmer and financial sheet must be received no later than **Friday, October 20, 2023**. Handwritten entries will not be considered entered in the meet until full payment is received.
5. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
6. Once entries are accepted only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
7. A hardcopy of the entries, along with entry fees and financial sheet, must be received by **Wednesday, October 25, 2023**

unless prior arrangements have been agreed to in writing.
Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee. Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.

8. Entries will be confirmed via a return email receipt.
9. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform IASI meet contacts as well as any non-IASI teams with entries already accepted.

LATE ENTRIES:

1. Provided space is available, late entries will be accepted by email until 6:00pm, Friday, October 27, 2023. After that time, they will only be accepted on deck up to the end of the warm-ups of each session.
2. Only swimmers already entered in the meet that have not reached their session limit will be able to late enter after Tuesday, October 24, 2023.
3. If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

Late entry fees: Individual events: \$15.00 per event.
Relays: \$20.00

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO:

Send electronic entries by email to john.vanmeter@dmyymca.org
Send all print materials to the Meet Director. If sent by rush delivery, indicate no signature required.

**MEET DIRECTOR/
ADMIN REFEREE:**

John Van Meter 515-471-8560 pool
john.vanmeter@dmyymca.org 515-745-3283 cell

Mailing Address: Wellmark YMCA
Attn: John Van Meter
501 Grand Ave
Des Moines, IA 50309

(checks payable to: **Greater Des Moines YMCA**)

SAFETY DIRECTOR: Crystal Brugman 515-471-8546
crystal.brugman@dmyymca.org

MEET REFEREES: Art Dinkin 515-201-7591
art.dinkin@dmyymca.org

OFFICIALS: **DSMY** welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please see sign up details on the DSMY website under the Hosted Events/2023 DSMY Spooktacular tabs. www.dsmymarlins.com. Contact the Meet Referee with any questions or to request apprentice sessions.

MEET COMMITTEE: A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

- MEET OPERATION:
1. All events will be pre-seeded.
 2. Positive check-in is required for 500 & 1000 Freestyle and the 400 IM events.
 - a. Positive check-in deadline is 30 minutes prior to the start of the session.
 - b. Positive check-in events may be reseeded if a heat can be eliminated or the referee deems it necessary.
 - c. Swimmers failing to check in by the deadline will be scratched and their spot offered to any alternates. Swimmers who are scratched will be allowed to reenter only if there are empty lanes available in the slowest heat.
 - d. No heats will be added to accommodate a swimmer failing to check in by the deadline, including any heat eliminated after reseeding the event.
 3. All events will be swum **Fastest to Slowest**.
 4. All 15 & Over individual events will be mixed, combined in seeding. Other events may be combined by gender and/or age group at the discretion of the Meet Director to expedite the meet timeline.
 5. Results for all combined/mixed events will be separated by gender and age group.
 6. Swimmers in all events shall report directly to the starting blocks. Swimmers will not be checked in by a Clerk of Course.
 7. Fly over starts will be used for all events except backstroke.
 8. Deck Changes are prohibited.
 9. Banners, signs or posters are not allowed to be adhered, displayed or affixed anywhere in the aquatic center facility.
 10. Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
 11. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and

open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- SCORING:** This meet will not be scored.
- AWARDS:** Ribbons will be awarded for 1st thru 8th place for 10&U and 11-12 age groups.
No awards for 13&O swimmers.
- SCRATCHES:** There is no penalty for no-shows, but swimmers are encouraged to declare a false start to the referee if they do not intend to swim an entered event. The IASI scratch rule is in effect. No-shows and DFS are considered entries for entry limits.
- USA SWIMMING REGISTRATION:** No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that IASI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.
- CAMERAS:** **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**
- NO ALCOHOL OR TOBACCO:** The use of any tobacco or alcohol products is prohibited in the swimming venue.
- IMAGE RELEASE:** Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.
- MEET CONDUCT:** Attending clubs, swimmers, and spectators are the guests of the Wellmark YMCA. Any report of inappropriate behavior will be dealt with immediately. DSMY Marlins / Wellmark YMCA staff reserve the right to remove any offending individuals or groups. Any swimmer found swimming under the bulkhead will be ejected from the facility and be barred for the remainder of the meet.
- Clubs will be financially responsible for any damage to the premises caused by their club, swimmers and/or parents & spectators.
- ADDITIONAL INFORMATION:**
1. *Program:* Programs/heat sheets will be uploaded to the DSMY website www.dsmymarlins.com by noon on Friday the day before the meet and uploaded to Meet Mobile prior to each session starting.
 2. *Results:* Electronic results will be provided to all teams participating in the meet. Final results will also be posted on IASI

- website. A hardcopy of the final results may be requested on the IASI Financial Sheet for an additional \$5.00.
3. *Concessions*: There will be a limited concession stand offering light snack options and cold drinks. A hospitality room will be available for coaches and officials.
 4. *Swim apparel/merchandise*: Elsmore Swim Shop will be onsite and will be offering a variety of swimming apparel & equipment.
 5. *Seating*: The MidAmerican Energy Company Aquatic Center provides seating for 1200 spectators. Free wi-fi is available.
 6. *Deck*: Only registered swimmers, coaches and meet personnel will be allowed on deck. On deck seating for 300+ swimmers.
Glass containers of any kind are not permitted on the pool deck or spectator area at any time.
 7. *Spectator information*: No admission charge for spectators. Free street and garage parking on Sundays in Des Moines. The 5th & Keo Parking Garage is closest to the facility and provides Skywalk access. Hotel block info available on www.dsmymarlins.com

MAAPP: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

MEDICAL SUPERVISION: Lifeguards will be on duty and will supervise all warmup, competition, and cool down swimming and must be present whenever the pool deck is open. AED devices are available on premises. All facility staff are Red Cross trained in CPR for the Emergency Response Personnel. Emergency buttons are located near the pool which summon additional emergency response including Des Moines Fire Department medical responders.

INDEMNITY: It is understood and agreed that USA Swimming and IASI shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Order of events

Session 1N: Saturday – North Pool **12&Under**

Warm-ups: 12:00pm-12:50pm

Competition: 1:00pm

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
1	11-12 50 Free	2
3	10&U 50 Free	4
5	12&U 100 Fly	6
7	10&U 100 Back	8
9	11-12 100 Back	10
11	10&U 50 Breast	12
13	11-12 50 Breast	14
15	10&U 100 IM	16
17	11-12 100 IM	18
19	10&U 200 Free	20
21	11-12 200 Free	22
23	10&U 100 Medley Relay	24
25	11-12 200 Medley Relay	26

Session 1S: Saturday – South Pool **13&Over**

Warm-ups: 12:00pm-12:50pm

Competition: 1:00pm

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
27	Mixed 13&O 1000 Free	27
28	13-14 50 Free	29
30	Mixed 15&O 50 Free	30
31	13-14 100 Fly	32
33	Mixed 15&O 100 Fly	33
34	13-14 200 Breast	35
36	Mixed 15&O 200 Breast	36
37	13-14 100 Back	38
39	Mixed 15&O 100 Back	39
40	13-14 200 IM	41
42	Mixed 15&O 200 IM	42
43	13-14 200 Free	44
45	Mixed 15&O 200 Free	45
46	13-14 200 Free Relay	47
48	15&O 200 Free Relay	49

Session 2N: Sunday – North Pool
12&Under

Warm-ups: 7:00am-7:50am

Competition: 08:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
50	11-12 200 IM	51
52	10&U 200 IM	53
54	11-12 200 Free Relay	55
56	10&U 200 Free Relay	57
58	11-12 50 Back	59
60	10&U 50 Back	61
62	11-12 50 Fly	63
64	10&U 50 Fly	65
66	11-12 100 Free	67
68	10&U 100 Free	69
70	11-12 100 Breast	71
72	10&U 100 Breast	73
74	12&U 500 Free	75

Session 2S: Sunday – South Pool
13&Over

Warm-ups: 7:00am-7:50am

Competition: 8:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
76	Mixed 13&O 400 IM	76
77	13-14 100 Free	78
79	Mixed 15&O 100 Free	79
80	13-14 100 Breast	81
82	Mixed 15&O 100 Breast	82
83	13-14 200 Back	84
85	Mixed 15&O 200 Back	85
86	13-14 200 Fly	87
88	Mixed 15&O 200 Fly	88
89	13-14 200 Medley Relay	90
91	15&O 200 Medley Relay	92
93	Mixed 13&O 500 Free	93