

IASI SANCTION:	IA-25- <b>xxx</b> Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).			
RULES:	Current USA Swimming and IASI technical and administrative rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.			
DATES:	Friday, Saturday an	d Sunday, Decer	mber 6 <sup>th</sup> -8 <sup>th</sup> , 202	4
TIME:	All swimmers, coaches, and meet volunteers must enter the building using the lower-level Grand Avenue entrance. Spectator seating will open at each session's warm-up start time and will enter on the second level skywalk entrance to the pool. All spectators and visiting participants should enter the facility using the skywalk entrance. Coaches, meet volunteers, officials, and DSMY athletes should enter on the lower-level YMCA lobby entrance. Skywalk doors will open one half hour prior to each session's warm-up start time.			
	<u>Session</u> Friday Evening	Check-In 5:00pm	<u><b>Warm-Ups</b></u> 5:30-6:20pm	Competition 6:30pm
	Saturday Morning	8:00am	8:30-9:10am	9:15 am
	Saturday Afternoon	10:30am	11:00-11:50pm	12:00pm
	Sunday Morning	8:00am	8:30-9:10am	9:15am
	This is a pre-seeded timed final meet. Sessions may be divided between two pools if needed to accommodate the maximum number of entries.			
	Coaches meetings will be held at 5:15 pm Friday, and 8:15 am on Saturday and as needed in the wet classroom. It is the coaches' responsibility to acquaint themselves with all information contained in this meet announcement and any information or changes discussed at the coaches' meeting.			
	Officials Meetings will be 1 hour prior to competition for each session.			
SITE:	Wellmark YMCA www.dmymca.org 501 Grand Avenue www.dsmymarlins.com Des Moines, IA 50309			



FACILITY:	The Prairie Meadows Pool (competition pool) is a 20 lane 25-yard short course pool with one moveable bulkhead allowing for an 8 lane 50-meter long course pool or multiple configurations when running short course competition(s). Water depth of the pool ranges from 10 feet 8 inches to 7 feet (minimum 5 feet required at start end). Lane width is 8 feet 3 inches.  A 4 lane, 25 yard program pool will be available for warm-up if needed.  Colorado electronic timing systems will be used in all configurations. Pool configuration will be decided once all entries are received.  The meet host will ensure the required course dimensions.
COACHES:	Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign- In (APP-29) to verify that all certifications are current.  Coaches and Officials must produce proof of membership via USA Swimming App or USA Swimming website upon request by the Referee
	or his delegate or leave the pool deck. Screenshots of a member's card is not acceptable proof of membership.
WARM UPS:	The IASI mandatory warm-up procedure will be followed.
	All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
	Facility rules require a 3 point, feet first, sit and slide entry for lanes designated for circle swim during warm-up and warm-down.
RACING STARTS:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.



ENTRY LIMITS:  Any combination of events may be limited to ensure the timely completion of a session. Teams will be notified by email if swimmers are affected by limits prior to the meet.  ENTRY SUBMISSION:  Entry fees are as follows:  1. \$10.00 per individual event. \$16.00 per relay.  2. IASI swimmer surcharge: \$6.00 per swimmer. The surcharge is not assessed to outreach swimmers who qualify for LSC benefits.  3. Facility Use Fee: \$15 per swimmer  4. The entry for each outreach swimmer who qualify for LSC benefits is \$5.00 and covers all individual entry fees, program facility use fees, and the IASI Surcharge.  Entries must be submitted in electronic format (meet entry file with pdf/hard copy). Submit entries along with the appropriate IASI Financial Sheet (APP-8.1) or Team Unify entry fee report.  Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club and verified by the IASI Administrative office according to IASI Outreach policy. The names of the outreach swimmers are not to be provided to the host club.  Payment shall be by check or money order made payable to Greater Des Moines YMCA. Send to Wellmark YMCA. Attn: Snow Globe Meet Entries, 501 Grand Avenue, Des Moines, IA 50309. All entry fees, including IASI swimmer surcharge fees, should be combined on one check. The host club reserves the right to require payment by money	ENTRY REQUIREMENTS:	<ol> <li>Swimmers must be currently registered as athlete members of USA Swimming.</li> <li>Swimmers must enter in the age group events corresponding to age as of December 6, 2024.</li> <li>Swimmers may enter no more than four individual events per session.</li> <li>Seed times must be submitted for a 25-yard course (SCY). Swimmers may enter the meet with No Time (NT).</li> </ol>
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order or cashier's check. Entry fees are non-refundable; IASI swimmer		<ol> <li>\$10.00 per individual event. \$16.00 per relay.</li> <li>IASI swimmer surcharge: \$6.00 per swimmer. The surcharge is not assessed to outreach swimmers who qualify for LSC benefits.</li> <li>Facility Use Fee: \$15 per swimmer</li> <li>The entry for each outreach swimmer who qualify for LSC benefits is \$5.00 and covers all individual entry fees, program facility use fees, and the IASI Surcharge.</li> <li>Entries must be submitted in electronic format (meet entry file with pdf/hard copy). Submit entries along with the appropriate IASI Financial Sheet (APP-8.1) or Team Unify entry fee report.</li> <li>Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club and verified by the IASI Administrative office according to IASI Outreach policy. The names of the outreach swimmers are not to be provided to the host club.</li> <li>Payment shall be by check or money order made payable to Greater Des Moines YMCA. Send to Wellmark YMCA. Attn: Snow Globe Meet Entries, 501 Grand Avenue, Des Moines, IA 50309. All entry fees, including IASI swimmer surcharge fees, should be combined on one check. The host club reserves the right to require payment by money</li> </ol>



ENTRY DATES AND DEADLINES:	<ol> <li>Entries will be accepted from teams/athletes in the Iowa LSC and from non-IASI teams in attendance at the 2023 Snow Globe Classic beginning 11:00am on Wednesday, November 6, 2024. (ASA-MV, ISWM-MW, SCM-MW NLU-MV, SCH-MW, SFST-SD, SLS-MW, SOLO-NE, SST-MW, STRM-WI)</li> <li>Entries will be accepted from all teams/athletes beginning 11:00 am on Monday, November 18, 2024.</li> <li>The meet entry deadline is 8:00 pm on Tuesday, November 26, 2024.</li> <li>Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the</li> </ol>
	email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.  5. Once entries are accepted only time updates will be allowed for teams with electronic entries. Any additions/substitutions must be made via email to the Meet Entries Chair prior to the entry deadline.  6. A pdf copy of each team's entries, along with financial sheets, must be received with each team's entries. Entry fees must be received by 12:00 pm on Thursday, December 5, 2024 unless prior arrangements have been agreed to in writing.  7. Entries will be confirmed via a return email receipt.  8. Entries will NOT be accepted by phone or fax.
	Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform IASI meet contacts as well as any non-IASI teams with entries already accepted.
LATE ENTRIES:	<ol> <li>Provided space is available, late entries will be accepted by email until 6:00 pm, Tuesday, December 3, 2024. After that time, late entries will only be accepted on deck up to the start of the warmups of each session.</li> <li>Only swimmers already entered in the meet that have not reached their session limit will be able to late enter after 6:00 pm, Tuesday, December, 3, 2024.</li> <li>Late entries received after 6:00pm, Tuesday, December 3, 2024 shall be assigned to an empty lane, but no heats will be added.</li> </ol>
	Late Entry fees: \$20.00 per individual event; \$32 per relay event
	For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Entries Chair, Kerry Barnes.



SWIMMERS WITH DISABILITIES:	Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations, accommodations, and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.
SEND ENTRIES TO:	Send electronic entries by email to: Kerry Barnes iowaentries@gmail.com 319-573-9393
MEET DIRECTOR:	Bobby Kelley coachkelley@aol.com 319-929-0244
MEET REFEREE:	TBD
OFFICIALS:	<b>DSMY</b> welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please see sign up details on the DSMY. <a href="www.dsmymarlins.com">www.dsmymarlins.com</a> , <a href="the Iowa Swimming">the Iowa Swimming</a> <a href="Officials website">Officials website</a> , or the officials signup page ( <a href="sign-up website">sign-up website</a> ). Contact the Meet Referee with any questions or to request apprentice sessions.
MEET COMMITTEE:	A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.
MEET OPERATION:	<ol> <li>All non-check-in events will be pre-seeded.</li> <li>Positive check-in is required for the following events:         Session 1: 400 IM &amp; 1000 Freestyle     </li> </ol>
	Positive check-in deadline is 30 minutes prior to the start of competition.  a. Swimmers failing to check in by the deadline will be scratched and their spot offered to any alternates. Swimmers who are scratched will be allowed to reenter only if there are empty lanes available in the slowest heat.  b. No heats will be added to accommodate a swimmer failing to check in by the deadline, including any heat eliminated after reseeding the event.
	3. Session 1 events will be swum Fastest to Slowest.



	4. Swimmers must provide their own counters and back-up timers for Session 1 events: Senior 400 IM, 11-12 1000 Free, & Senior 1000 Free.		
	5. Session 2, 3 & 4 events will be swum Slowest to Fastest.		
	6. Events may be combined by gender and/or age group at the		
	discretion of the Meet Director to expedite the meet timeline.		
	7. Deck Changes are prohibited.		
	8. Banners, signs or posters are not allowed to be adhered,		
	displayed or affixed anywhere in the aquatic center facility.		
	<ol><li>Glass containers of any kind are not permitted in the aquatic center (including the spectator area) at any time.</li></ol>		
	10. Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.		
	11. Operation of a drone, or any other flying apparatus, is prohibited		
	over the venue (pools, athlete/coach areas, spectator areas and		
	open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.		
	and/or spectators are present.		
SCORING:	This meet will not be scored.		
AWARDS:	8 & Under, 10 & Under, and 11-12 Individual Events: Ribbons First		
	through Sixteenth		
	8 & Under, 10 & Under, and 11-12 Relay Events: Ribbons First through Eighth		
	13-14 and Senior events: No awards		
SCRATCHES:	There is no penalty if a swimmer fails to swim an entered event (No Show		
SCRAICHES:	(NS) or Declared False Start (DFS)), but swimmers and coaches are encouraged to declare a false start to the referee if a swimmer does not intend to swim an entered event. No-shows NSs and DFSs are considered entries for entry limits.		
USA SWIMMING	All swimmers must be members of USA Swimming. The meet host will		
REGISTRATION:	notify teams if they have entered swimmers whose membership cannot be verified through pre-meet reconciliation. Those swimmers must prove membership to the meet host by either (i) showing the athlete's member card from the USA Swimming mobile app or website, or (ii) demonstrating that the athlete appears on a current club roster report produced from SWIMS 3.0. Screenshots of the athlete's member card is NOT acceptable proof of membership. Any swimmer who fails to prove membership no later than 10 minutes prior to warm-ups from the first session in which they are entered to compete will not be permitted to compete, forfeits their entry fees, and will be administratively disqualified from the entire meet.		



CAMERAS:	USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.	
NO ALCOHOL OR TABACCO:	The use of any tobacco or alcohol products is prohibited in the swimming venue.	
IMAGE RELEASE:	Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.	
MEET CONDUCT:	Attending clubs, swimmers and spectators are the guests of the Wellmark YMCA. Any report of inappropriate behavior will be dealt with immediately. DSMY / Wellmark YMCA Staff reserve the right to remove any offending individuals or groups. Any swimmer found swimming under the bulkhead will be ejected from the facility and be barred for the remainder of the meet.	
	Clubs will be financially responsible for any damage to the premises caused by their club/team, swimmers and/or parents & spectators.	
ADDITIONAL INFORMATION:	1. Program: Heat sheets will be uploaded to the DSMY website www.dsmymarlins.com by 12:00 pm on Thursday the day before the meet and uploaded to Meet Mobile prior to each session starting.	
	2. Results: Electronic results will be provided to all teams participating in the meet once full payment and any additional fees for final payment are received. Final results will also be posted on IASI website. A hardcopy of the final results may be requested on the IASI Financial Sheet for an additional \$5.00.	
	3. Concessions: There will be a concession stand located in the southwest corner of the upper concourse in spectator seating. A hospitality room will be available for coaches and officials.	
	4. Swim apparel/merchandise: Elsmore Swim Shop will be onsite offering a variety of swimming apparel and equipment. Fine Designs will also be on site offering customized event merchandise.	
	5. Seating/Spectator Information: There is no charge for admission. Free Wi-Fi is available.	
	6. Deck: Only registered swimmers, coaches and meet personnel will be allowed on deck. On deck seating for 300+ swimmers. Glass containers of any kind are not permitted on the pool deck or spectator area at any time.	



	7. Parking information: Parking meters charge from 9am to 9pm Monday thru Saturday. The 5 <sup>th</sup> & Keo Parking Garage is closest to the facility and provides Skywalk access. There is a charge for parking downtown on Saturdays.	
MAAPP:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.	
	A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate at this meet. Additional information regarding the Required Quality Control System for Safe Sport may be found on the Iowa Swimming Website > Meet Host resources page:	
	https://www.gomotionapp.com/team/lscis/page/competition-resources	
MEDICAL SUPERVISION:	Lifeguards on duty will supervise all warmup, competition, and cool down swimming and must be present whenever the pool deck is open. AED devices are available on premises. Lifeguards are Red Cross trained in CPR for the Emergency Response Personnel. Emergency buttons located near the pool which summon additional emergency response including Des Moines Fire Department medical responders.	
INDEMNITY:	It is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.	



HOSTED BY: DSMY Marlins

### **Order of events**

### Session 1

Friday, December 6, 2024
WARM-UP: 5:30-6:20pm MEET STARTS: 6:30pm

Mixed	
1	Mixed Senior 400 IM
2	Mixed 11-12 500 Free
3	Mixed 13-14 500 Free
4	Mixed 13 & Older 1000 Free

### Session 2

Saturday, December 7, 2024
WARM-UP: 8:30-9:10am MEET STARTS: 9:15am

GIRLS		Boys
5	10 & Under 200 Free Relay	6
7	8 & Under 25 Free	8
9	10 & Under 100 Free	10
11	8 & Under 25 Breaststroke	12
13	10 & Under 50 Breaststroke	14
15	8 & Under 25 Butterfly	16
17	10 & Under 50 Butterfly	18
19	8 & Under 25 Backstroke	20
21	10 & Under 50 Backstroke	22



HOSTED BY: DSMY Marlins

### Session 3

Saturday, December 7, 2024 WARM-UP: 11:00am MEET STARTS: 12:00pm

GIRLS		Boys
23	11-12 100 Free	24
25	13-14 100 Free	26
27	Senior 100 Free	28
29	11-12 50 Backstroke	30
31	13-14 100 Backstroke	32
33	Senior 100 Backstroke	34
35	11-12 50 Breaststroke	36
37	13-14 100 Breaststroke	38
39	Senior 100 Breaststroke	40
41	Senior 50 Free	42
43	11-12 50 Butterfly	44
45	13-14 100 Butterfly	46
47	Senior 100 Butterfly	48
49	Senior 200 IM	50
51	Senior 500 Free	52

## Session 4

Sunday, December 8, 2024
WARM-UP: 8:30-9:10am MEET STARTS: 9:15am

GIRLS		Boys
53	11-12 200 Free	54
55	13-14 200 Free	56
57	10 & Under 100 IM	58
59	11-12 100 IM	60
61	13-14 200 IM	62
63	10 Under 100 Breaststroke	64
65	11-12 100 Breaststroke	66
67	13-14 200 Breaststroke	68
69	10 & Under 50 Free	70
71	11-12 50 Free	72
73	13-14 50 Free	74
75	10 & Under 100 Backstroke	76
77	11-12 100 Backstroke	78
79	13-14 200 Backstroke	80
81	10 & Under 100 Butterfly	82
83	11-12 100 Butterfly	84
85	13-14 200 Butterfly	86