



# 2025 14 & Under Midwest All Star Championships

Wellmark YMCA Des Moines, IA

Saturday, January 11<sup>th</sup>, 2025

Sanction #: IA-25-026

Morning Session 1

|                     |          |       |
|---------------------|----------|-------|
| Clear Pool          | 08:50 AM | _____ |
| Teams Assemble      | 08:50 AM | _____ |
| Parade of Champions | 08:55 AM | _____ |
| National Anthem     | 09:10 AM | _____ |

|    | Event                             | Entries | Heats | Starts at |       |
|----|-----------------------------------|---------|-------|-----------|-------|
| 1  | Girls 10 & Under 200 Freestyle    | 27      | 3     | 09:20 AM  | _____ |
| 2  | Boys 10 & Under 200 Freestyle     | 24      | 3     | 09:30 AM  | _____ |
| 3  | Girls 11-12 200 Freestyle         | 32      | 4     | 09:39 AM  | _____ |
| 4  | Boys 11-12 200 Freestyle          | 29      | 3     | 09:50 AM  | _____ |
| 5  | Girls 13-14 200 Freestyle         | 43      | 5     | 09:58 AM  | _____ |
| 6  | Boys 13-14 200 Freestyle          | 36      | 4     | 10:10 AM  | _____ |
|    | Awards Events 1 - 6               |         |       |           |       |
| 7  | Girls 10 & Under 100 Breaststroke | 23      | 3     | 10:26 AM  | _____ |
| 8  | Boys 10 & Under 100 Breaststroke  | 28      | 3     | 10:32 AM  | _____ |
| 9  | Girls 11-12 100 Breaststroke      | 35      | 4     | 10:38 AM  | _____ |
| 10 | Boys 11-12 100 Breaststroke       | 32      | 4     | 10:45 AM  | _____ |
| 11 | Girls 13-14 200 Breaststroke      | 25      | 3     | 10:51 AM  | _____ |
| 12 | Boys 13-14 200 Breaststroke       | 21      | 3     | 11:01 AM  | _____ |
|    | Awards Events 7 - 12              |         |       |           |       |
| 13 | Girls 10 & Under 50 Butterfly     | 35      | 4     | 11:15 AM  | _____ |
| 14 | Boys 10 & Under 50 Butterfly      | 30      | 3     | 11:19 AM  | _____ |
| 15 | Girls 11-12 50 Butterfly          | 39      | 4     | 11:23 AM  | _____ |
| 16 | Boys 11-12 50 Butterfly           | 40      | 4     | 11:26 AM  | _____ |
| 17 | Girls 13-14 100 Butterfly         | 32      | 4     | 11:30 AM  | _____ |
| 18 | Boys 13-14 100 Butterfly          | 30      | 3     | 11:35 AM  | _____ |
|    | Awards Events 13 - 18             |         |       |           |       |
| 19 | Girls 10 & Under 100 Backstroke   | 35      | 4     | 11:45 AM  | _____ |
| 20 | Boys 10 & Under 100 Backstroke    | 25      | 3     | 11:54 AM  | _____ |
| 21 | Girls 11-12 100 Backstroke        | 37      | 4     | 12:01 PM  | _____ |
| 22 | Boys 11-12 100 Backstroke         | 30      | 3     | 12:08 PM  | _____ |
| 23 | Girls 13-14 200 Backstroke        | 28      | 3     | 12:14 PM  | _____ |
| 24 | Boys 13-14 200 Backstroke         | 30      | 3     | 12:23 PM  | _____ |
|    | Awards Events 19 - 24             |         |       |           |       |
| 25 | Girls 10 & Under 200 Medley Relay | 15      | 2     | 12:37 PM  | _____ |
| 26 | Boys 10 & Under 200 Medley Relay  | 14      | 2     | 12:44 PM  | _____ |
| 27 | Girls 11-12 200 Medley Relay      | 18      | 2     | 12:51 PM  | _____ |
| 28 | Boys 11-12 200 Medley Relay       | 17      | 2     | 12:57 PM  | _____ |
| 29 | Girls 13-14 400 Medley Relay      | 16      | 2     | 01:03 PM  | _____ |
| 30 | Boys 13-14 400 Medley Relay       | 15      | 2     | 01:13 PM  | _____ |
|    | Swimmers Counts for Warm-ups: 390 | =====   | ===== |           |       |
|    | Entry / Heat Totals:              | 841     | 96    |           |       |
|    | Finish Time                       |         |       | 01:22 PM  | _____ |





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Saturday, January 11<sup>th</sup>, 2025

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Afternoon Session 2

Clear Pool

05:20 PM

|    | Event                             | Entries | Heats | Starts at |       |
|----|-----------------------------------|---------|-------|-----------|-------|
| 31 | Girls 11-12 500 Freestyle         | 26      | 3     | 05:30 PM  | _____ |
| 32 | Boys 11-12 500 Freestyle          | 30      | 3     | 05:50 PM  | _____ |
|    | Awards Events 21, 32              |         |       |           |       |
| 33 | Girls 10 & Under 100 IM           | 48      | 5     | 06:12 PM  | _____ |
| 34 | Boys 10 & Under 100 IM            | 32      | 4     | 06:21 PM  | _____ |
| 35 | Girls 11-12 100 IM                | 39      | 4     | 06:29 PM  | _____ |
| 36 | Boys 11-12 100 IM                 | 31      | 4     | 06:35 PM  | _____ |
| 37 | Girls 13-14 200 IM                | 38      | 4     | 06:41 PM  | _____ |
| 38 | Boys 13-14 200 IM                 | 38      | 4     | 06:52 PM  | _____ |
|    | Awards Events 33 -38              |         |       |           |       |
| 39 | Girls 10 & Under 50 Backstroke    | 40      | 4     | 07:08 PM  | _____ |
| 40 | Boys 10 & Under 50 Backstroke     | 41      | 5     | 07:14 PM  | _____ |
| 41 | Girls 11-12 50 Backstroke         | 30      | 3     | 07:22 PM  | _____ |
| 42 | Boys 11-12 50 Backstroke          | 29      | 3     | 07:26 PM  | _____ |
| 43 | Girls 13-14 100 Backstroke        | 32      | 4     | 07:29 PM  | _____ |
| 44 | Boys 13-14 100 Backstroke         | 29      | 3     | 07:37 PM  | _____ |
|    | Awards Events 39 - 44             |         |       |           |       |
| 45 | Girls 10 & Under 50 Freestyle     | 36      | 4     | 07:48 PM  | _____ |
| 46 | Boys 10 & Under 50 Freestyle      | 36      | 4     | 07:52 PM  | _____ |
| 47 | Girls 11-12 50 Freestyle          | 48      | 5     | 07:56 PM  | _____ |
| 48 | Boys 11-12 50 Freestyle           | 41      | 5     | 08:00 PM  | _____ |
| 49 | Girls 13-14 50 Freestyle          | 34      | 4     | 08:04 PM  | _____ |
| 50 | Boys 13-14 50 Freestyle           | 30      | 3     | 08:07 PM  | _____ |
|    | Awards Events 45 - 50             |         |       |           |       |
| 51 | Girls 13-14 500 Freestyle         | 30      | 3     | 08:16 PM  | _____ |
| 52 | Boys 13-14 500 Freestyle          | 24      | 3     | 08:34 PM  | _____ |
|    | Awards Events 51, 52              |         |       |           |       |
|    | Swimmers Counts for Warm-ups: 389 | =====   | ===== |           |       |
|    | Entry / Heat Totals:              | 762     | 84    |           |       |
|    | Finish Time                       |         |       | 08:54 PM  | _____ |





# 202514 & Under Midwest All Star Championships

Wellmark YMCA Des Moines, IA

Sunday, January 12<sup>th</sup>, 2025

Sanction #:IA-25-026

Morning Session 3

|                 |          |       |
|-----------------|----------|-------|
| Clear Pool      | 08:50 AM | _____ |
| National Anthem | 08:55 AM | _____ |

|    | Event                                | Entries | Heats | Starts at |       |
|----|--------------------------------------|---------|-------|-----------|-------|
| 53 | Girls 10 & Under 200 IM              | 23      | 3     | 09:00 AM  | _____ |
| 54 | Boys 10 & Under 200 IM               | 25      | 3     | 09:11 AM  | _____ |
| 55 | Girls 11-12 200 IM                   | 39      | 4     | 09:22 AM  | _____ |
| 56 | Boys 11-12 200 IM                    | 35      | 4     | 09:33 AM  | _____ |
| 57 | Girls 13-14 400 IM                   | 33      | 4     | 09:45 AM  | _____ |
| 58 | Boys 13-14 400 IM                    | 31      | 4     | 10:07 AM  | _____ |
|    | Awards Events 53 - 58                |         |       |           |       |
| 59 | Girls 10 & Under 100 Freestyle       | 40      | 4     | 10:34 AM  | _____ |
| 60 | Boys 10 & Under 100 Freestyle        | 36      | 4     | 10:41 AM  | _____ |
| 61 | Girls 11-12 100 Freestyle            | 44      | 5     | 10:48 AM  | _____ |
| 62 | Boys 11-12 100 Freestyle             | 40      | 4     | 10:55 AM  | _____ |
| 63 | Girls 13-14 100 Freestyle            | 40      | 4     | 11:00 AM  | _____ |
| 64 | Boys 13-14 100 Freestyle             | 37      | 4     | 11:05 AM  | _____ |
|    | Awards Events 59 - 64                |         |       |           |       |
| 65 | Girls 10 & Under 50 Breaststroke     | 29      | 3     | 11:16 AM  | _____ |
| 66 | Boys 10 & Under 50 Breaststroke      | 27      | 3     | 11:20 AM  | _____ |
| 67 | Girls 11-12 50 Breaststroke          | 31      | 4     | 11:23 AM  | _____ |
| 68 | Boys 11-12 50 Breaststroke           | 29      | 3     | 11:27 AM  | _____ |
| 69 | Girls 13-14 100 Breaststroke         | 30      | 3     | 11:30 AM  | _____ |
| 70 | Boys 13-14 100 Breaststroke          | 25      | 3     | 11:35 AM  | _____ |
|    | Awards Events 65 - 70                |         |       |           |       |
| 71 | Girls 10 & Under 100 Butterfly       | 24      | 3     | 11:45 AM  | _____ |
| 72 | Boys 10 & Under 100 Butterfly        | 22      | 3     | 11:51 AM  | _____ |
| 73 | Girls 11-12 100 Butterfly            | 29      | 3     | 11:57 AM  | _____ |
| 74 | Boys 11-12 100 Butterfly             | 24      | 3     | 12:01 PM  | _____ |
| 75 | Girls 13-14 200 Butterfly            | 23      | 3     | 12:06 PM  | _____ |
| 76 | Boys 13-14 200 Butterfly             | 20      | 2     | 12:14 PM  | _____ |
|    | Awards Events 71 - 76                |         |       |           |       |
| 77 | Girls 10 & Under 200 Freestyle Relay | 15      | 2     | 12:25 PM  | _____ |
| 78 | Boys 10 & Under 200 Freestyle Relay  | 14      | 2     | 12:31 PM  | _____ |
| 79 | Girls 11-12 200 Freestyle Relay      | 18      | 2     | 12:37 PM  | _____ |
| 80 | Boys 11-12 200 Freestyle Relay       | 17      | 2     | 12:41 PM  | _____ |
| 81 | Girls 13-14 400 Freestyle Relay      | 16      | 2     | 12:46 PM  | _____ |
| 82 | Boys 13-14 400 Freestyle Relay       | 14      | 2     | 12:54 PM  | _____ |
|    | Awards High Point                    |         |       |           |       |
|    | Swimmers Counts for Warm-ups: 388    | =====   | ===== |           |       |
|    | Entry / Heat Totals:                 | 830     | 95    |           |       |
|    | Finish Time                          |         |       | 01:13 PM  | _____ |

