

Swimmers with a Disability Coach and Meet Referee Communication

Meet _____ Session _____ Date _____

Please give copy to admin to put with meet information

Swimmer	Age Group	Event	Necessary Accommodation

Examples of Necessary Accommodations to start the conversation

- Take longer to get to blocks
- Have an assistant at the block
- In the water start
- Longer to get out of the pool.
- Ask to see if a mat can be placed at lane getting in and out of the pool
- 1 layer of towel on the blocks at the start
- Hand signals for the heat start

Any stroke movement(s) that are different from technical rules & regulations of USA-S swimming