

2024 Zones		
Friday, Aug 9th- Session 4 11&O Finals est 5:00pm		
Circle Warm Up 1: open at 4:00 est		
One way Starts Warm Up 2: 4:30 est		
Teams	Athletes	Lane
Wisconsin	69	
Minnesota	67	
Michigan	45	
Missouri Valley	39	
Lake Erie	38	
Iowa	28	
	286	
Forward starts	at North end	4,5
Forward starts	at South end	3,6
Backstroke Starts	at North end	2&7
Pace		1,8&9
IASI LCM Max Participants:		
13 and Over		34 athletes
12 and Under		41 athletes
PROGRAM POOL will open at 4:45pm and open thru competition		