

**2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023**  
**Session Report**

Session: 3 Friday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	9 Women 200 Freestyle	99	13	09:00 AM	_____
Prelims	10 Men 200 Freestyle	101	13	09:32 AM	_____
Prelims	11 Women 400 IM	68	9	10:02 AM	_____
Prelims	12 Men 400 IM	63	8	10:51 AM	_____
Prelims	13 Women 100 Backstroke	128	16	11:34 AM	_____
Prelims	14 Men 100 Backstroke	105	14	12:00 PM	_____
Finals-S	15 Women 400 Freestyle Relay	21	3	12:21 PM	_____
Finals-S	16 Men 400 Freestyle Relay	29	4	12:35 PM	_____
	Swimmers Counts for Warm-ups: 483	=====	=====		
	Entry / Heat Totals:	614	80		
	Finish Time			12:51 PM	_____

## 2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023

## Meet Program - Friday Prelims

## #9 Women 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed	Time
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## Heat 1 of 13 Prelims

1					
2					
3	Brock, Kayla	18	FMC-IL	1:56.84Y	
4	Buschmann, Chloe	18	HURR-MN	1:56.73Y	
5	Hogenson, Dylan	17	DSMY-IA	1:56.83Y	
6	Stoll, Sydney	20	UN-04-IL	2:08.97	
7					
8					

## Heat 2 of 13 Prelims

1	Fuglie, Kalina	19	WEST-MN	1:56.55Y	
2	Vega, Samantha	18	BAC-WI	1:56.27Y	
3	McAdam, Faith	18	EDI-MN	1:55.85Y	
4	Reed, Sophie	18	BAC-WI	1:55.58Y	
5	Lahmann, Elizabeth	17	HSC-IL	1:55.58Y	
6	Kittleson, Kyrah	16	VAST-WI	1:56.25Y	
7	Nymo, Anja	15	EDI-MN	1:56.35Y	
8					

## Heat 3 of 13 Prelims

1	Rolow, Rachel	17	DSMY-IA	1:55.49Y	
2	Paczosa, Lucille	14	SCSC-MN	1:55.29Y	
3	Nowak, Kamila	19	RISE-IL	1:54.44Y	
4	Holler, Jillian	16	BAC-WI	2:11.44L	
5	Devine, Lainey	18	HSC-IL	2:11.82L	
6	Janke, Alayna	17	NLSA-ND	1:55.27Y	
7	Rundell, Madison	22	CYSC-IA	1:55.37Y	
8	Fackler, Geneva	17	EDI-MN	1:55.53Y	

## Heat 4 of 13 Prelims

1	Espinosa, Isabel	17	SCSC-MN	2:10.57L	
2	Selden, Mary	17	PSC-IA	1:53.63Y	
3	Labno, Amelia	16	STRM-MN	1:53.55Y	
4	Bachelder, Emma	21	BSC-SD	1:53.15Y	
5	Caughron, Carley	20	CYSC-IA	1:53.26Y	
6	Roggi, Lia	13	NTA-IL	1:53.57Y	
7	Patla, Elizabeth	14	RA-IL	2:10.14L	
8	Hayes, Sophia	18	FMC-IL	2:11.16L	

## Heat 5 of 13 Prelims

1	Niziolek, Meghan	21	UN-05-IL	1:52.96Y	
2	Childs, Valerie	22	SDVL-MN	1:52.87Y	
3	Corrigan, Brooke	16	RMSC-IL	1:52.63Y	
4	Holtzen, Jennifer	29	OZ-WI	1:52.37Y	
5	Uhl, Abigail	16	RA-IL	1:52.56Y	
6	Haag, Kaitlin	17	VAST-WI	1:52.65Y	
7	Miller, Karina	14	FMC-IL	1:52.88Y	
8	Gewalt, Eleni	19	COHO-IL	1:53.06Y	

## Heat 6 of 13 Prelims

1	Sessions, Kylee	18	UN-01-IL	1:52.01Y	
2	Pedersen, Molly	20	IOWA-IA	1:51.00Y	
3	Helm, Penelope	20	MTKA-MN	1:50.27Y	
4	Raclaw, Abby	17	GM-AZ	2:11.95	
5	Palmer, Carly	22	AQST-ND	1:49.51Y	
6	Zelen, Arianna	16	STRM-MN	1:50.57Y	
7	Adler, Margaret	19	HSC-IL	1:51.35Y	
8	Beard, Lauren	21	UN-07-IL	1:52.05Y	

## Heat 7 of 13 Prelims

1	Prentice, Sydney	16	GM-AZ	2:11.37	
2	Dillon, Paige	17	AQJT-MN	2:10.68	
3	Judas, Taylor	17	DSMY-IA	2:10.48	
4	Wentzel, Annabelle	16	AQJT-MN	2:10.24	
5	Fontana, Isabella	15	RA-IL	2:10.44	
6	Marinello, Sydney	16	GM-AZ	2:10.56	
7	Palmer, Erin	19	AQST-ND	2:10.71	
8	Grimsley, Caroline	16	GM-AZ	2:11.68	

## Heat 8 of 13 Prelims

1	Jackson, Sydney	21	CYSC-IA	2:10.16	
2	Hoff, Arianna	15	NLSA-ND	2:10.09	
3	O'Malley, Meredith	19	IOWA-IA	2:09.93	
4	Guist, Corinne	19	CYSC-IA	2:09.76	
5	Frantum, Faith	16	CIA-IA	2:09.80	
6	Doherty, Anna	16	ACAD-IL	2:09.96	
7	Hill, Abigail	15	BSC-IL	2:10.15	
8	Cousins, Hannah	17	PSC-IA	2:10.24	

## Heat 9 of 13 Prelims

1	Wiedoff, Sara	15	LAKE-WI	2:09.51	
2	O'Brien, Alix	20	IOWA-IA	2:09.44	
3	Cong, Brianna	16	CIA-IA	2:09.18	
4	Bixby, Carly	17	AQJT-MN	2:08.86	
5	Houston, Ella	15	FMC-IL	2:09.11	
6	Fiske, Sophie	20	WISC-WI	2:09.32	
7	Rafferty, Payden	17	DSMY-IA	2:09.51	
8	Horras, Brinley	20	CYSC-IA	2:09.65	

## Heat 10 of 13 Prelims

1	Bina, Ellie	15	NSAC-MN	2:08.81	
2	Biegler, Adalynn	14	EDI-MN	2:08.65	
3	Kayser, Ellie	15	GM-AZ	2:08.39	
4	Stacey, Brynn	18	BAC-WI	2:08.34	
5	Beu, Izzy	16	SCST-IL	2:08.35	
6	Dickinson, Anne	15	SSTY-WI	2:08.64	
7	Colvin, Gracie	18	MAC-IL	2:08.81	
8	Stavropoulos, Tess	15	SCST-IL	2:08.85	

## Heat 11 of 13 Prelims

1	Franckowiak, Kali	20	UWYO-WY	2:08.16	
2	Olen, Audrey	17	EBSC-WI	2:07.61	
3	Stoll, Campbell	18	EBSC-WI	2:06.72	
4	Kemp, Nora	17	CIA-IA	2:04.61	
5	Luedke, Avery	16	AQJT-MN	2:05.28	
6	Frantum, Olivia	18	IOWA-IA	2:07.12	
7	Hood, Jocelyn	18	IOWA-IA	2:07.99	
8	McCormick, Mary	17	SCSC-MN	2:08.30	

## Heat 12 of 13 Prelims

1	O'Connell, Katie	19	NTA-IL	2:08.07	
2	Cappello, Gianna	17	HSC-IL	2:07.41	
3	Bucaro, Emily	19	BSC-IL	2:06.63	
4	Enz, Isabelle	17	MAC-WI	2:04.51	
5	Wood Prince, Piper	18	FMC-IL	2:05.26	
6	Farrell, Kate	15	SCST-IL	2:07.10	
7	McCarthy, Libbi	15	EDI-MN	2:07.66	
8	Downey, Paige	14	GM-AZ	2:08.26	

## Heat 13 of 13 Prelims

1	Passe, Ella	18	RIPT-MN	2:08.03	
2	Overall, Emma	16	HSC-IL	2:07.30	
3	Luken, Clare	17	GM-AZ	2:06.27	
4	Gardner, Lily	20	WISC-WI	2:03.74	
5	Ozkan, Hazal	20	WISC-WI	2:04.99	
6	Bludgen, Laurel	21	UN-02-IL	2:06.90	
7	Chang, Claudia	20	AQJT-MN	2:07.64	
8	Mahneke, Brooke	17	FMC-IL	2:08.17	

## #10 Men 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed	Time
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## Heat 1 of 13 Prelims

1					
2	Rychlik, Kyle	16	VHST-IL	1:46.40Y	
3	Johnson, Cole	16	VAST-WI	1:45.84Y	
4	Parker, Casey	16	WEST-MN	1:45.00Y	
5	Whinery, Quinn	17	DMSF-IA	1:45.44Y	
6	Heckaman, Drew	16	NLSA-ND	1:46.29Y	
7					
8					

## Heat 2 of 13 Prelims

1	Stluka, Spencer	17	VAST-WI	1:44.62Y	
2	Anguelov, Emanuel	16	RA-IL	1:44.13Y	
3	Holdredge, Finn	16	OZ-WI	2:01.72L	
4	Borzynski, Jack	15	SEA-WI	2:01.62L	
5	Kolbunov, Maxim	16	RISE-IL	2:01.70L	
6	Engelstad, Brody	16	WFF-ND	2:01.95L	
7	Bergerson, Aidan	20	BLA-MN	1:44.42Y	
8	Royal, Walter	17	HURR-MN	1:44.86Y	



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## 2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023

## Meet Program - Friday Prelims

## Heat 3 (#10 Men 200 LC Meter Freestyle)

1	Wills, Kenneth	17 BNSC-IL	2:00.60L
2	Bishop, Charles	17 DSMY-IA	1:43.53Y
3	Wang, George	19 FMC-IL	1:43.46Y
4	Vandenbrook, Jaxon	17 VAST-WI	1:43.33Y
5	Glenna, Matthew	18 HAST-MN	1:43.33Y
6	Holmes, Tucker	17 RSC-MN	1:43.48Y
7	Sanahurskyj, Danny	18 RA-IL	1:43.79Y
8	Angelov, George	17 NTA-IL	2:00.63L

## Heat 4 of 13 Prelims

1	Hoffman, Jonah	16 STRM-MN	1:43.08Y
2	Heinrich, Alexander	16 BAC-WI	1:42.74Y
3	Esteves, Jackson	17 VAST-WI	1:42.48Y
4	Bellido, Adrian	18 EBSC-WI	1:42.28Y
5	Heide, Marc	18 RIPT-MN	1:42.29Y
6	Hall, Lyon	17 MSS-WI	1:42.57Y
7	Goepfrich, John	17 EDI-MN	1:42.82Y
8	Schrader, Ethan	15 FOX-IL	1:43.32Y

## Heat 5 of 13 Prelims

1	Davis, Colin	19 ACE-MW	1:42.13Y
2	Kubiak, Caleb	17 OZ-WI	1:41.79Y
3	Montori, Alonso	18 RSC-MN	1:41.13Y
4	Egeland, Charles	18 AQJT-MN	1:37.03Y
5	Hansen, Tyler	18 EBSC-WI	1:37.35Y
6	Kellis, Grant	15 GM-AZ	1:41.42Y
7	Smith, Austin	20 BSC-SD	1:42.02Y
8	Chan, Parker	16 FMC-IL	1:42.26Y

## Heat 6 of 13 Prelims

1	Eidelman, Ryan S9	17 RA-IL	2:13.98
2	Gramer, Jacob	17 SCST-IL	2:01.74
3	Stevens, Ben	17 SCST-IL	2:01.08
4	Goettsch, Maximus	16 FMC-IL	2:00.36
5	Kosin, Ethan	16 STRM-MN	2:00.38
6	Conley, Finn	14 GM-AZ	2:01.21
7	Fay, Timothy	19 GM-AZ	2:02.96
8	Grady, Sean S10	16 RA-IL	2:35.45

## Heat 7 of 13 Prelims

1	Rhatigan, Patrick	15 FMC-IL	2:00.22
2	Maiers, Nicholas	17 HSC-IL	2:00.09
3	Arteaga, Abdiel	17 SEA-WI	1:59.94
4	Crawford, Finn	18 GM-AZ	1:59.71
5	Tebeest, Blake	14 MSS-WI	1:59.84
6	Parkinson, Alexander	17 FOX-IL	1:59.94
7	Mayo, Ryan	19 ACE-MW	2:00.18
8	Spivak, Eli	17 RISE-IL	2:00.25

## Heat 8 of 13 Prelims

1	Priest, Noah	18 HSC-IL	1:59.27
2	Dunn, Aiden	19 FMC-IL	1:59.18
3	Mazurek, Dominic	17 FMC-IL	1:59.00
4	Kasal, Max	19 RIPT-MN	1:58.85
5	Leslie, Tyler	19 MAVS-IL	1:58.99
6	Bardak, Tyler	16 FOX-IL	1:59.00
7	Longeway, Benjamin	17 SCT-IL	1:59.21
8	Lohman, Samuel	17 FOX-IL	1:59.48

## Heat 9 of 13 Prelims

1	Megahan, Lucas	15 NSAC-MN	1:58.44
2	Hancock, Blaine	19 UN-02-CO	1:58.32
3	Schwebach, Owen	17 DSMY-IA	1:58.25
4	Kelley, Luke	17 LMST-IA	1:58.17
5	Mayer, David	17 WYNS-WI	1:58.22
6	Perry, Clay	17 NTA-IL	1:58.32
7	Ploof, Drew	16 AQJT-MN	1:58.44
8	Meulemans, Ben	20 SSTY-WI	1:58.61

## Heat 10 of 13 Prelims

1	Deutmeyer, Will	17 SCST-IL	1:58.06
2	Wolf, Samuel	15 VAST-WI	1:57.63
3	Mueller, Abram	17 BAC-WI	1:57.53
4	Quillinan, Markus	17 GM-AZ	1:57.09
5	Tadic, Nikola	18 NTA-IL	1:57.24
6	Madoch, Jack	18 VAST-WI	1:57.61
7	Fischer, Anakin	17 EBSC-WI	1:57.79
8	Huberg, Hudson	15 LMST-IA	1:58.10

## Heat 11 of 13 Prelims

1	Flynn, Michael	19 FMC-IL	1:56.44
2	Gandaria, Leonardo	19 SSTY-WI	1:55.77
3	Zhang, Colin	17 RISE-IL	1:54.85
4	Boushee, Gage	17 STRM-MN	1:53.91
5	Filipovic, Alec	19 SCST-IL	1:54.25
6	Anselm, Rylan	17 BSC-IL	1:55.60
7	Edmonson, Jayden	17 RSC-MN	1:56.30
8	Townsend, Logan	19 MAVS-IL	1:57.01

## Heat 12 of 13 Prelims

1	Schutten, Ethan	16 SSTY-WI	1:56.42
2	Webb, Henry	16 AQJT-MN	1:55.65
3	Sullivan, Jack	17 SSTY-WI	1:54.30
4	Hesser, Trey	18 GM-AZ	1:53.59
5	Ozenne, Caleb	19 UWYO-WY	1:54.04
6	Dedering, Matthew	18 OZ-WI	1:55.19
7	Groya, Connor	19 HSC-IL	1:55.96
8	Jones, Charles	19 WISC-WI	1:56.71

## Heat 13 of 13 Prelims

1	Bock, Evan	20 WISC-WI	1:56.31
2	Sugihara, Jason	15 GM-AZ	1:55.61
3	Pins, Jacob	17 DMSF-IA	1:54.28
4	Cynor, Quinton	20 RA-IL	1:51.03
5	Dwyer, Sean	22 STRM-MN	1:53.94
6	Maier, Chase	16 FOX-IL	1:55.01
7	Hancock, Joseph	19 UN-01-CO	1:55.84
8	Harris, Nathaniel	17 HSC-IL	1:56.62

## #11 Women 400 LC Meter IM

Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 9 Prelims</b>					
1					
2					
3	Bushard, Stella	15	RIPT-MN	5:19.54L	
4	He, Allison	17	DSMY-IA	4:34.24Y	
5	Egan, Ellie	17	RISE-IL	4:34.29Y	
6	Kortuem, Nora	15	NOR-MN	4:39.12Y	
7					
8					
<b>Heat 2 of 9 Prelims</b>					
1	Straub, Allison	16	BNSC-IL	4:31.61Y	
2	Norsted, Sophia	15	EDI-MN	4:30.03Y	
3	Dewitt, Fallon	19	CYSC-IA	4:21.86Y	
4	Thomas, Lucy	17	EBSC-WI	4:10.95Y	
5	Bognar, Cara	21	UN-09-IL	4:16.86Y	
6	Hirsbrunner, Addyson	17	OSHY-WI	4:29.74Y	
7	Green, Dawsyn	16	PSC-IA	4:31.24Y	
8	Donovan, Anika	15	GSC-IL	4:33.74Y	
<b>Heat 3 of 9 Prelims</b>					
1	Metzler, Sydney	20	UWYO-WY	5:19.01	
2	Holtzen, Jennifer	29	OZ-WI	5:18.55	
3	Dumm, Josephine	14	NTA-IL	5:18.47	
4	Biebl, Alaina	15	SCSC-MN	5:18.25	
5	Largent, Alexa	13	GM-AZ	5:18.35	
6	Streit, Myra	15	GM-AZ	5:18.54	
7	Hage, Willa	16	CIA-IA	5:18.85	
8	McQueen, Scout	15	WYNS-WI	5:19.08	
<b>Heat 4 of 9 Prelims</b>					
1	Johnson, Haley	16	FMC-IL	5:17.80	
2	Sanders, Geneva	13	SCSC-MN	5:17.66	
3	Pearson, Allison	21	BNSC-IL	5:17.34	
4	Aarness, Kira	16	HAST-MN	5:16.65	
5	Newlands, Elyse	16	NTA-IL	5:17.25	
6	Wright, Anika	18	SCSC-MN	5:17.53	
7	Nymo, Sigrid	13	EDI-MN	5:17.80	
8	Peterson, Audrey	15	EDI-MN	5:18.05	



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## 2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023

## Meet Program - Friday Prelims

## Heat 5 (#11 Women 400 LC Meter IM)

1	Schrank, Madeline	17 EDI-MN	5:15.57
2	Johnson, Molly	17 RIPT-MN	5:15.12
3	O'Brien, Alix	20 IOWA-IA	5:15.06
4	Schmidt, Monica	16 VAST-WI	5:14.11
5	Uhl, Abigail	16 RA-IL	5:14.92
6	Peck, Anja	17 DSMY-IA	5:15.10
7	Olson, Brooke	14 MTKA-MN	5:15.24
8	Forebaugh, Lindsay	15 FMC-IL	5:15.60

## Heat 6 of 9 Prelims

1	Przekota, Maeve	15 HSC-IL	5:12.99
2	Weingust, Emily	15 FMC-IL	5:11.65
3	Schraber, Erika	18 EDI-MN	5:11.10
4	Duffy, Imogen	15 HSC-IL	5:10.76
5	Miller, Mallory	20 CYSC-IA	5:10.80
6	Uhl, Reagan	15 GM-AZ	5:11.11
7	Rainwater, Kennedy	17 EBSC-WI	5:12.82
8	Volkova, Sasha	14 GM-AZ	5:13.26

## Heat 7 of 9 Prelims

1	Augustyn, Gabi	17 YCV-WI	5:09.99
2	Bloom, Isabella	16 BAC-WI	5:08.92
3	Draper, Kambree	15 WSL-ND	5:08.31
4	Farley, Anna	17 EDI-MN	5:08.04
5	Honkamp, Anne	17 DMSF-IA	5:08.04
6	Herrera, Jordan	20 GM-AZ	5:08.81
7	Elliott, Ava	18 GM-AZ	5:09.36
8	Bina, Ellie	15 NSAC-MN	5:10.54

## Heat 8 of 9 Prelims

1	Mulrooney, Caroline	15 RIPT-MN	5:07.13
2	Kell, Mallory	17 DSMY-IA	5:05.79
3	Dihel, Tate	15 RIPT-MN	5:03.36
4	Swalley, Olivia	17 CIA-IA	4:58.26
5	O'Connell, Katie	19 NTA-IL	5:01.30
6	Pawlaski, Catherine	15 EDI-MN	5:03.63
7	McGillis, Torun	17 SCSC-MN	5:06.67
8	Frantum, Faith	16 CIA-IA	5:07.42

## Heat 9 of 9 Prelims

1	Judas, Taylor	17 DSMY-IA	5:06.75
2	Muir, Frances	15 AQJT-MN	5:03.76
3	Downey, Paige	14 GM-AZ	5:01.63
4	Tiltmann, Reese	18 EBSC-WI	4:48.21
5	Silvestri, Alyssa	20 WISC-WI	5:00.24
6	Zippel, Lillian	18 SSTY-WI	5:03.59
7	Ramos, Isabella	18 RISE-IL	5:05.82
8	Johnson, Haley	15 EBSC-WI	5:07.34

## #12 Men 400 LC Meter IM

Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 8 Prelims</b>					
1					
2	San Jose, Miguel	17	RIPT-MN	4:17.87Y	
3	Walsh, Dylan	17	COHO-IL	4:16.51Y	
4	Lou, Jerry	14	AQJT-MN	4:56.54L	
5	Parker, Casey	16	WEST-MN	4:15.90Y	
6	Labounty, Ethan	17	STRM-MN	4:16.72Y	
7	Luken, Joe	15	GM-AZ	4:19.10Y	
8	Holdredge, Finn	16	OZ-WI	4:55.53	

## Heat 2 of 8 Prelims

1	Gunsalus, Cohen	15	GM-AZ	4:12.64Y	
2	Flynn, Michael	19	FMC-IL	4:02.34Y	
3	Leavitt, Karson	16	GM-AZ	4:57.21	
4	Stich, Jackson	16	EBSC-WI	4:56.48	
5	Urban, Caleb	18	HAST-MN	4:56.68	
6	Heide, Marc	18	RIPT-MN	3:58.91Y	
7	Coffey, James	18	DSMY-IA	4:06.95Y	
8	Grady, Sean SM10	16	RA-IL	5:46.05Y	

## Heat 3 of 8 Prelims

1	Lakin, Alexander	18	FMC-IL	4:56.42	
2	Flight, Andrew	18	AA-IL	4:56.30	
3	Kriz, Kane	18	SCST-IL	4:55.12	
4	Deutmeyer, Will	17	SCST-IL	4:55.01	
5	Garbacz, Maxwell	13	MAC-WI	4:55.07	
6	Baumberger, Matt	17	MFLY-MN	4:55.99	
7	Allocco, Alexander	14	EDI-MN	4:56.37	
8	Labno, Sullivan	18	STRM-MN	4:56.43	

## Heat 4 of 8 Prelims

1	Fredeen, Wyatt	17	SCSC-MN	4:54.23	
2	Venslauskas, Kasparas	16	RA-IL	4:53.46	
3	Benington, Patrick	16	FMC-IL	4:52.83	
4	Martens, Luke	17	FOX-IL	4:52.18	
5	Adomaitis, Tomas	17	FMC-IL	4:52.77	
6	Wills, Kenneth	17	BNSC-IL	4:53.12	
7	Parlette, Thomson	17	RSC-MN	4:53.94	
8	Chen, Noah	14	GSC-IL	4:54.67	

## Heat 5 of 8 Prelims

1	Niemiec, Mitchell	16	HSC-IL	4:51.28	
2	Brereton, Noah	16	BSC-IL	4:50.49	
3	Gerst, Aiden	16	NST-IA	4:50.39	
4	Stevens, Ben	17	SCST-IL	4:49.32	
5	Steward, Edward	17	VHST-IL	4:49.56	
6	Yatso, Thomson	18	SSTY-WI	4:50.47	
7	March, Josiah	17	AQJT-MN	4:50.75	
8	Boelens, Michael	18	BSC-IL	4:52.11	

## Heat 6 of 8 Prelims

1	Fors, Ryan	17	FMC-IL	4:48.44	
2	Bertulis, Nojus	17	FMC-IL	4:47.91	
3	Dinkin, Hayden	18	DSMY-IA	4:47.56	
4	Watson, William	17	RA-IL	4:46.99	
5	Kogler, Jackson	17	SCSC-MN	4:47.25	
6	Herrera, Jake	18	GM-AZ	4:47.75	
7	Schultze, Tyler	19	EDI-MN	4:48.38	
8	Chiappetta, Vince	20	RA-IL	4:48.58	

## Heat 7 of 8 Prelims

1	Rytting, Hunter	16	RIPT-MN	4:43.28	
2	Jacobi-Krohn, Mark	17	EDI-MN	4:37.34	
3	Lam, Keian	16	FOX-IL	4:34.37	
4	Mortenson, Matthew	18	RIPT-MN	4:26.22	
5	Xue, Jiarui	16	AQJT-MN	4:33.87	
6	Turner, Mason	17	LMST-IA	4:35.44	
7	Hou, Jeffrey	17	FMC-IL	4:41.11	
8	Richardson, Peyton	21	RA-IL	4:46.62	

## Heat 8 of 8 Prelims

1	Kubiak, Caleb	17	OZ-WI	4:41.96	
2	Heinlein, Jaden	17	RA-IL	4:36.45	
3	Bucaro, Lucas	16	BSC-IL	4:34.05	
4	Johnson, Lance	18	EBSC-WI	4:24.83	
5	Boushee, Gage	17	STRM-MN	4:32.31	
6	Campbell, Colin	19	GM-AZ	4:34.68	
7	Wallace, Reed	19	CIA-IA	4:39.35	
8	Broadway, Joseph	18	HSC-IL	4:46.32	

## #13 Women 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 16 Prelims</b>					
1	Fullerton, Paris	17	EBSC-WI	59.76Y	
2	Denton, Ashlyn	17	WEST-MN	59.51Y	
3	Fontana, Isabella	15	RA-IL	1:09.63L	
4	Brock, Kayla	18	FMC-IL	1:09.13L	
5	Sierzanowski, Natalie	16	FOX-IL	1:09.54L	
6	Wu, Emily	16	FOX-IL	1:09.83L	
7	Amendola, Sophia	16	EST-IL	59.53Y	
8	Stoll, Sydney	20	UN-04-IL	1:07.73	

## Heat 2 of 16 Prelims

1	Krings, Lucia	17	ACE-MW	59.78Y	
2	Hawk, Fiona	16	HSC-IL	58.95Y	
3	Ball, Avery	18	FOX-IL	58.85Y	
4	Ackron, Elin	16	RISE-IL	58.78Y	
5	Gomez, Atzi	19	RA-IL	58.80Y	
6	Reinke, Claire	17	EDI-MN	58.93Y	
7	Wandera, Athieno	16	DSMY-IA	58.96Y	
8	Paradis, Harper	13	VAST-WI	1:08.58L	



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## 2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023

## Meet Program - Friday Prelims

## Heat 3 (#13 Women 100 LC Meter Backstroke)

1 Naatjes, Norah	16 SCSC-MN	58.75Y
2 Raether, Morgan	16 MTKA-MN	58.68Y
3 Chen, Chloe	16 HSC-IL	58.49Y
4 Hultgren, Mckenna	17 STRM-MN	58.43Y
5 Woolfe, Brooke	18 EST-IL	58.48Y
6 Plude, Isabella	16 FOX-IL	58.66Y
7 Stauder, Anne	15 FMC-IL	58.72Y
8 Przekota, Maeve	15 HSC-IL	58.77Y

## Heat 4 of 16 Prelims

1 Odegard, Gabrielle	17 SDVL-MN	58.26Y
2 Sanders, Geneva	13 SCSC-MN	58.08Y
3 Van Zee, Kate	16 DSMY-IA	57.89Y
4 Plate, Carly	18 EBSC-WI	57.87Y
5 Berlin, Adel	14 SSTY-WI	57.88Y
6 Nymo, Sigrid	13 EDI-MN	58.06Y
7 Hoppe, Molly	14 VAST-WI	58.25Y
8 Wolford, Elison	16 NTA-IL	58.28Y

## Heat 5 of 16 Prelims

1 Francis, Celia	14 WYNS-WI	57.54Y
2 Ziegert, Madilyn	22 CYSC-IA	56.64Y
3 Pavek, Addison	16 RIPT-MN	1:08.82
4 Wanezek, Caroline	15 EBSC-WI	1:08.68
5 Miler, Anna	16 SSTY-WI	1:08.75
6 Yetter, Molly	19 UN-08-IL	54.81Y
7 Wigham, Jessica	19 DSMY-IA	56.83Y
8 Augustyn, Gabi	17 YCV-WI	57.80Y

## Heat 6 of 16 Prelims

1 Norsted, Sophia	15 EDI-MN	1:08.67
2 Thompson, Kylie	15 FMC-IL	1:08.59
3 Gojkovich, Riley	14 DSMY-IA	1:08.54
4 Hultgren, Payton	15 STRM-MN	1:08.53
5 Trospen, Katherine	14 CIA-IA	1:08.53
6 Rolow, Rachel	17 DSMY-IA	1:08.57
7 Malinger, Grace	19 FMC-IL	1:08.63
8 Thomas, Mackenzie	17 SEA-WI	1:08.68

## Heat 7 of 16 Prelims

1 McCarthy, Libbi	15 EDI-MN	1:08.43
2 Fackler, Geneva	17 EDI-MN	1:08.35
3 Collins, Lauren	17 HSC-IL	1:08.10
4 Pfeiffer, Anna	21 IOWA-IA	1:08.04
5 Priest, Lauren	18 HSC-IL	1:08.05
6 Bixby, Carly	17 AQJT-MN	1:08.15
7 Killelea, Lauren	14 MTKA-MN	1:08.38
8 Dueck, Catherine	17 MTKA-MN	1:08.52

## Heat 8 of 16 Prelims

1 Mulvihill, Evelyn	16 RISE-IL	1:07.97
2 Freed, Lucia	15 TUNA-MN	1:07.92
3 Pedersen, Molly	20 IOWA-IA	1:07.88
4 Ceballos, Mia	15 FMC-IL	1:07.76
5 Bailey, Hayden	15 DSMY-IA	1:07.77
6 Mahneke, Brooke	17 FMC-IL	1:07.90
7 Luedke, Tatum	14 AQJT-MN	1:07.93
8 Wood, Evelyn	18 SCSC-MN	1:08.00

## Heat 9 of 16 Prelims

1 Kubota, Nonoka	16 FMC-IL	1:07.65
2 Whowell, Sailor	17 SSTY-WI	1:07.53
3 Hatzung, Henley	16 MTKA-MN	1:07.50
4 Uhl, Abigail	16 RA-IL	1:07.38
5 Beltran, Ariel	16 GM-AZ	1:07.42
6 Veerapaneni, Jaya	16 RISE-IL	1:07.52
7 Overall, Emma	16 HSC-IL	1:07.64
8 Ryan, Kelley	16 MSS-WI	1:07.73

## Heat 10 of 16 Prelims

1 Frantum, Olivia	18 IOWA-IA	1:07.09
2 Williams, Jenna	16 SCST-IL	1:07.04
3 Goetsch, Eden	18 FMC-IL	1:07.01
4 Cappello, Gianna	17 HSC-IL	1:06.95
5 Brueggeman, Sophia	16 EBSC-WI	1:06.96
6 Cong, Brianna	16 CIA-IA	1:07.03
7 Sina, Olivia	15 VAST-WI	1:07.04
8 Asay, Olivia	19 IOWA-IA	1:07.10

## Heat 11 of 16 Prelims

1 Beu, Izzy	16 SCST-IL	1:06.93
2 Mruk, Sophia	19 SCST-IL	1:06.70
3 Dihel, Tate	15 RIPT-MN	1:06.64
4 Johnson, Jane	14 EBSC-WI	1:06.63
5 Beay, Alison	19 EBSC-WI	1:06.64
6 Armstrong, Paige	19 SCST-IL	1:06.65
7 Green, Hannah	16 COHO-IL	1:06.89
8 Racky, Baileigh	18 RISE-IL	1:06.94

## Heat 12 of 16 Prelims

1 Tijunelis, Sofija	17 RISE-IL	1:06.53
2 Falkner Worgull, Audrey	16 LAKE-WI	1:06.39
3 Muir, Frances	15 AQJT-MN	1:06.30
4 Dohrn, Madison	19 CYSC-IA	1:06.12
5 Sill, Faith	19 VAST-WI	1:06.22
6 Alberts, Emily	15 EDI-MN	1:06.31
7 Wentzel, Annabelle	16 AQJT-MN	1:06.42
8 Cheng, Maria	16 FMC-IL	1:06.61

## Heat 13 of 16 Prelims

1 Labno, Amelia	16 STRM-MN	1:06.09
2 Miller, Karina	14 FMC-IL	1:05.90
3 Burton, Nicole	17 SCST-IL	1:05.83
4 Zinis, Kamile	16 HSC-IL	1:05.77
5 Billings, Heidi	20 UWYO-WY	1:05.77
6 Lee, Ru Yi	22 GM-AZ	1:05.83
7 Watson, Avery	17 RA-IL	1:06.09
8 Biegler, Adalynn	14 EDI-MN	1:06.12

## Heat 14 of 16 Prelims

1 Rittenbach, Briana	22 AQST-ND	1:05.52
2 Olen, Audrey	17 EBSC-WI	1:05.21
3 Paradis, Mazie	16 VAST-WI	1:04.31
4 Galvin, Ansley	20 IOWA-IA	1:03.59
5 Bakker, Elizabeth	16 AQJT-MN	1:04.05
6 Schoof, Kaylyn	21 WISC-WI	1:05.00
7 Mueller, Haley	17 GM-AZ	1:05.34
8 Niaura, Liepa	15 HSC-IL	1:05.73

## Heat 15 of 16 Prelims

1 Dickinson, Anne	15 SSTY-WI	1:05.52
2 Dickinson, Margaret	13 SSTY-WI	1:05.13
3 Rafferty, Payden	17 DSMY-IA	1:04.31
4 Berlin, Alana	16 SSTY-WI	1:03.25
5 Luedke, Avery	16 AQJT-MN	1:04.02
6 Beam, Elizabeth	17 SSTY-WI	1:04.55
7 Lemler, Emma	17 SSTY-WI	1:05.33
8 Giles, Emily	22 UWYO-WY	1:05.65

## Heat 16 of 16 Prelims

1 Cousins, Hannah	17 PSC-IA	1:05.35
2 Schrank, Allison	19 EDI-MN	1:05.10
3 teDuits, Anna	19 WISC-WI	1:04.26
4 Kern, Emma	18 AQJT-MN	1:01.54
5 Van Heel, Lillian	16 SDVL-MN	1:03.98
6 Dillon, Paige	17 AQJT-MN	1:04.34
7 Schneider, Katarina	18 HSC-IL	1:05.28
8 Tobler, Lorin	16 GM-AZ	1:05.64

## #14 Men 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Prelims				
1				
2				
3	Johnson, Ethan	17	BAC-WI	55.31Y
4	Beatty, Blake	16	WYNS-WI	54.90Y
5	Olson, Carson	16	PSC-IA	54.99Y
6				
7				
8				



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## 2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023

## Meet Program - Friday Prelims

## Heat 2 (#14 Men 100 LC Meter Backstroke)

1			
2	Finkelshteyn, Ariel	16 COHO-IL	54.80Y
3	Steward, Caleb	16 PSC-IA	53.97Y
4	Adamo, Frank	16 FMC-IL	53.74Y
5	Pelzek, Owen	16 NTA-IL	53.78Y
6	Fask, Carter	17 RISE-IL	54.08Y
7	San Jose, Miguel	17 RIPT-MN	54.88Y
8			

## Heat 3 of 14 Prelims

1	Fredeen, Wyatt	17 SCSC-MN	1:03.56L
2	Bai, Daniel	15 NSAC-MN	1:03.28L
3	Leslie, Tyler	19 MAVS-IL	53.36Y
4	Drake, Maxwell	15 MAC-WI	53.28Y
5	Sawall, Macyn	15 RFSC-MN	53.36Y
6	Lou, Jerry	14 AQJT-MN	1:02.98L
7	Gao, David	16 HSC-IL	1:03.38L
8	Liebovich, Miles	16 SCT-IL	1:03.84L

## Heat 4 of 14 Prelims

1	Arteaga, Abdiel	17 SEA-WI	53.20Y
2	Krance, Cooper	17 STRM-MN	53.09Y
3	Smith, Caleb	16 EBSC-WI	52.86Y
4	Evenson, Grady	15 STRM-MN	52.43Y
5	Pareja, Pablo	15 FMC-IL	52.59Y
6	Peterson, Brock	16 DSMY-IA	52.91Y
7	Graham, Trevor	17 SSTY-WI	53.15Y
8	Roemer, Christopher	16 PSC-IA	53.22Y

## Heat 5 of 14 Prelims

1	Johnson, Matthew	18 MAVS-IL	51.73Y
2	Perez Carrasco, Emilio	20 SSTY-WI	48.92Y
3	Gramer, Jacob	17 SCST-IL	1:04.11
4	Stevenson, Riley	17 PSC-IA	1:03.02
5	Yadao, Caleb	18 FMC-IL	1:03.06
6	Torepe-Ormsby, Taiko	19 WISC-WI	48.02Y
7	Wang, Jonathan	17 HSC-IL	50.06Y
8	Barwick, Keaton	16 WYNS-WI	52.11Y

## Heat 6 of 14 Prelims

1	Garbacz, Maxwell	13 MAC-WI	1:02.92
2	Deutmeyer, Will	17 SCST-IL	1:02.79
3	Redden, Jack	19 SCST-IL	1:02.72
4	Webb, Henry	16 AQJT-MN	1:02.55
5	Pyle, Wade	15 BNSC-IL	1:02.60
6	Yau, Caleb	18 FMC-IL	1:02.78
7	Chan, Parker	16 FMC-IL	1:02.83
8	Musso, Aiden	19 FMC-IL	1:03.00

## Heat 7 of 14 Prelims

1	Shiell, Franklin	16 HSC-IL	1:02.53
2	Mims, Joshua	15 SSTY-WI	1:02.40
3	Broadway, Joseph	18 HSC-IL	1:02.39
4	Parlette, Thomson	17 RSC-MN	1:02.31
5	March, Josiah	17 AQJT-MN	1:02.31
6	Henstein, Tommy	17 GM-AZ	1:02.40
7	Dolezal, Etienne	16 BAC-WI	1:02.50
8	Michaels, Brady	17 BAC-WI	1:02.55

## Heat 8 of 14 Prelims

1	Goettsch, Maximus	16 FMC-IL	1:02.13
2	Jensen, Philip	19 HAST-MN	1:01.95
3	Hall, Lyon	17 MSS-WI	1:01.87
4	Jacobi-Krohn, Mark	17 EDI-MN	1:01.77
5	Fors, Ryan	17 FMC-IL	1:01.82
6	Walsh, Dylan	17 COHO-IL	1:01.88
7	Carter, Maxwell	15 VAST-WI	1:02.11
8	Rounds, Nicholas	17 DSMY-IA	1:02.17

## Heat 9 of 14 Prelims

1	Raimo, Vaughn	19 NLSA-ND	1:01.66
2	Mazurek, Dominic	17 FMC-IL	1:01.41
3	Horton, Patrick	19 EDI-MN	1:01.36
4	Bahl, Shaun	16 FOX-IL	1:01.24
5	Gerst, Aiden	16 NST-IA	1:01.29
6	Priest, Noah	18 HSC-IL	1:01.37
7	Lohman, Samuel	17 FOX-IL	1:01.53
8	Tebeest, Shane	16 MSS-WI	1:01.70

## Heat 10 of 14 Prelims

1	Holmes, Tucker	17 RSC-MN	1:01.12
2	Nelson, Blake	16 AQST-ND	1:01.06
3	Funk, Liem	16 SSTY-WI	1:00.95
4	Kogler, Jackson	17 SCSC-MN	1:00.87
5	Witte, Evan	16 MTKA-MN	1:00.88
6	Turner, Mason	17 LMST-IA	1:01.04
7	Richardson, Peyton	21 RA-IL	1:01.07
8	Nelson, Dylan	17 DMSF-IA	1:01.21

## Heat 11 of 14 Prelims

1	McAdam, Noah	19 EDI-MN	1:00.73
2	Tebeest, Blake	14 MSS-WI	1:00.50
3	Xue, Jiarui	16 AQJT-MN	1:00.35
4	Lucero, Reed	17 GM-AZ	1:00.29
5	Boelens, Michael	18 BSC-IL	1:00.33
6	Filipov, Velizar	15 FMC-IL	1:00.41
7	Bucaro, Lucas	16 BSC-IL	1:00.51
8	Curran, William Patrick	15 RIPT-MN	1:00.81

## Heat 12 of 14 Prelims

1	Edmonson, Jayden	17 RSC-MN	59.58
2	Harris, Nathaniel	17 HSC-IL	59.10
3	Warweg, Matthew	18 RIPT-MN	58.30
4	Long, Michael	19 WISC-WI	56.30
5	Steffen, Ian	19 LMST-IA	57.55
6	Collins, Quinlan	18 HSC-IL	58.80
7	Watson, William	17 RA-IL	59.38
8	Brostowitz, John	15 SSTY-WI	1:00.27

## Heat 13 of 14 Prelims

1	Davey, Samuel	18 DSMY-IA	59.44
2	Heinlein, Jaden	17 RA-IL	58.95
3	Schroeder, Mason	19 ACE-MW	57.91
4	Scharff, Cooper	19 WISC-WI	56.20
5	Seymour, Stuart	18 EBSC-WI	57.31
6	Rabb, Noah	19 AQJT-MN	58.49
7	Davis, Colin	19 ACE-MW	59.28
8	McMillan, Thomas	13 SCST-IL	59.94

## Heat 14 of 14 Prelims

1	Van Ermen, William	15 WYNS-WI	59.39
2	Kosin, Ethan	16 STRM-MN	58.82
3	Johnson, Brady	17 FMC-IL	57.57
4	Logue, Lucas	18 AQJT-MN	55.78
5	Filipovic, Alec	19 SCST-IL	57.06
6	Wallace, Reed	19 CIA-IA	58.42
7	Guo, Henry	16 HSC-IL	59.17
8	Carr, Nathan	16 AQJT-MN	59.65

## #15 / 16 Women / Men 400 Free Relay

Lane	Team	Relay	Seed Time
<b>Heat 1 (Heat 1 Women 400 Free Relay) Swimming</b>			
1	SSTY-WI	A	3:58.38
2	FMC-IL	A	3:57.61
3	AQJT-MN	A	3:54.66
4	EBSC-WI	A	3:50.79
5	GM-AZ	A	3:54.60
6	HSC-IL	A	3:56.70
7	SCST-IL	A	3:57.63
8	EDI-MN	A	3:59.14
<b>Heat 2 (Heat 1 Men 400 Free Relay) Swimming w</b>			
1	GM-AZ	A	3:34.22
2	EBSC-WI	A	3:33.76
3	AQJT-MN	A	3:33.19
4	SSTY-WI	A	3:27.36
5	HSC-IL	A	3:28.54
6	LMST-IA	A	3:33.71
7	FMC-IL	A	3:34.14
8	SSTY-WI	B	3:35.49



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## 2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023

## Meet Program - Friday Prelims

## Heat 3 (#15 / 16 Women / Men 400 Free Relay)

1	GM-AZ	B	4:02.24
2	BAC-WI	A	4:01.11
3	HSC-IL	B	4:00.20
4	AQJT-MN	B	3:59.48
5	STRM-MN	A	3:59.95
6	DSMY-IA	A	4:00.21
7	RA-IL	A	4:02.11
8	FMC-IL	B	4:02.48

## Heat 4 (Heat 2 Men 400 Free Relay) Swimming w

1	RA-IL	A	3:39.15
2	FOX-IL	A	3:38.97
3	SCST-IL	A	3:36.22
4	VAST-WI	A	3:35.93
5	HSC-IL	B	3:36.08
6	MSS-WI	A	3:38.35
7	FMC-IL	B	3:39.13
8	GM-AZ	B	3:40.07

## Heat 5 (Heat 3 Women 400 Free Relay)

1	STRM-MN	B	4:08.75
2	SCSC-MN	A	4:04.48
3	VAST-WI	A	4:03.83
4	EBSC-WI	B	4:03.04
5	RISE-IL	A	4:03.05
6	EDI-MN	B	4:04.12
7	SSTY-WI	B	4:05.81
8	DSMY-IA	B	4:09.61

## Heat 6 (Heat 3 Men 400 Free Relay)

1	STRM-MN	A	3:42.52
2	FOX-IL	B	3:42.33
3	RISE-IL	A	3:40.96
4	NTA-IL	A	3:40.51
5	AQJT-MN	B	3:40.55
6	PSC-IA	A	3:41.58
7	DSMY-IA	A	3:42.50
8	SCT-IL	A	3:42.71

## Heat 7 (Heat 4 Women 400 Free Relay)

1	VAST-WI	B	4:14.05
2	FOX-IL	A	4:13.52
3	MTKA-MN	B	4:13.22
4	RA-IL	B	4:11.16
5	MTKA-MN	A	4:12.84
6	HURR-MN	A	4:13.34
7	DMSF-IA	A	4:13.94
8	NTA-IL	B	4:16.71

## Heat 8 (Heat 4 Men 400 Free Relay)

1	EDI-MN	A	3:46.05
2	BSC-IL	A	3:45.66
3	BAC-WI	A	3:45.09
4	MAVS-IL	A	3:44.48
5	ACE-MW	A	3:44.66
6	RSC-MN	A	3:45.51
7	DMSF-IA	A	3:45.82
8	COHO-IL	A	3:46.53

## Heat 9 (Heat 5 Women 400 Free Relay)

1			
2	NLSA-ND	A	4:13.06
3	NTA-IL	A	4:06.87
4	PSC-IA	A	3:31.00Y
5	RISE-IL	B	3:37.14Y
6	LAKE-WI	A	4:12.32
7			
8			

## Heat 10 (Heat 5 Men 400 Free Relay)

1	STRM-MN	B	3:54.02
2	OZ-WI	B	3:50.34
3	EDI-MN	B	3:48.11
4	OZ-WI	A	3:46.98
5	MTKA-MN	A	3:47.56
6	NSAC-MN	A	3:48.90
7	RA-IL	B	3:50.75
8	DSMY-IA	B	NT

## Heat 11 (Heat 6 Men 400 Free Relay)

1			
2	GSC-IL	A	3:21.22Y
3	NLSA-ND	A	3:52.83
4	WYNS-WI	A	3:38.19
5	SEA-WI	A	3:48.90
6	RRV-ND	A	3:52.97
7			
8			



**2023 Central Zone North Summer Championships - 7/13/2023 to 7/16/2023**  
**Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	9 Women 200 Freestyle	32	4 u	06:00 PM	_____
Finals	10 Men 200 Freestyle	32	4 u	06:15 PM	_____
Finals	11 Women 400 IM	32	4 u	06:29 PM	_____
Finals	12 Men 400 IM	32	4 u	06:55 PM	_____
Finals	13 Women 100 Backstroke	32	4 u	07:20 PM	_____
Finals	14 Men 100 Backstroke	32	4 u	07:31 PM	_____
Finals-2	15 Women 400 Freestyle Relay	16	2	07:42 PM	_____
Finals-2	16 Men 400 Freestyle Relay	16	2	07:53 PM	_____
	Swimmers Counts for Warm-ups: 205	=====	=====		
	Entry / Heat Totals:	224	28		
	Finish Time			08:03 PM	_____