

Guide for Swimmers & Spectators

COVID Mitigation Measures

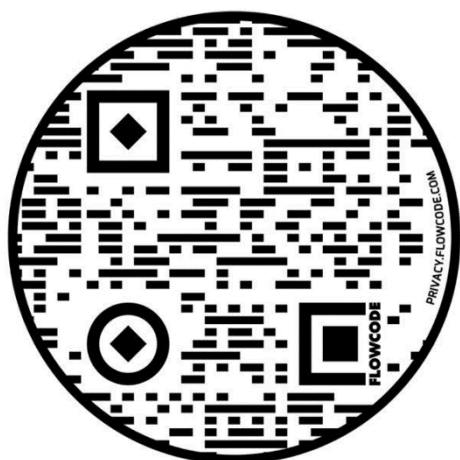
The YMCA of Greater Des Moines places the highest priority on everyone's safety. To protect all athletes, coaches, officials, spectators, volunteers and staff, adherence to COVID mitigation strategies which meet or exceed all CDC guidelines, USA Swimming guidelines, and YMCA swimming guidelines as well as the federal, state, and city regulations regarding sporting events and gatherings are required.

This Guide serves as a quick reference for most of the protocols you need to know to enhance your experience at the facility. Keep in mind that the procedures, protocols, regulations, and recommendations from the medical community are continuously subject to change. Please read and make every effort to follow this Guide with the understanding that staff and volunteers may provide different guidance when you attend your event.

Persons who fail to comply with COVID mitigation procedures required by the YMCA not only pose a risk to themselves and others but may be denied admission and/or participation at the event.

Entering Facility

Everyone must be wearing mask and pass COVID screening questions prior to entry. To facilitate efficient entry and to prevent crowding during the admission process, we ask everyone to complete the screening questions PRIOR TO ARRIVAL by following the following QR Code or visiting <https://docs.google.com/forms/d/e/1FAIpQLSfTabdVBNCogBGGhIafNsD3o-NeCyskItzlrWiXJE16uA7Vnw/viewform>.



Complete the form and check your email for your "score". You must show a "score" of 2 to be admitted.

For Deck Access – Deck access is limited only to required persons which includes Athletes & Volunteers participating in the current session, Coaches (teams may be limited to a maximum number of coaches on deck at any time), and facility staff. Please note that athletes who are not actively competitors in a session are considered

spectators for that session and must follow all procedures for spectators. Deck Access is provided by using the main entrance of the YMCA on Grand

Avenue. After showing your score, you will be directed to the hallway left of the main desk. Swimmers are to find an available socially distant marked waiting spot until they are admitted to the deck by a coach or YMCA staff.

Spectators – Spectators will enter the facility through the Skywalk Entrance located in the skywalk level. After showing your score, spectators may find an open seat in marked with blue tape. Seats are marked for singles and pairs. Pairs are reserved for 2 members of the same household. Even if more than 2 members of the same household are in attendance, no more than two people may sit together at any time. *Spectators are required to keep their mask on while in the facility at all times,* unless eating or drinking.

Exiting the Facility

Staff will clear the facility at the conclusion of each session to allow for cleaning and disinfection. Spectators who wish to attend consecutive sessions must exit and re-enter to facilitate cleaning. Personal belongings may be left in behind, but the YMCA or the meet host assume no responsibility for items security. Please leave nothing of value unsecured.

Spectators will exit the facility via the same Skywalk Entrance used for admission. Depending on a variety of factors including weather and other activities in Downtown Des Moines, swimmers will either be allowed to proceed to the spectator level to exit with their family or dismissed directly from the pool deck on to Grand Avenue to meet their family. A decision will be made by facility staff during each session which will be announced for the benefit of all swimmers, coaches, and parents.