

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 1 Girls 11-12 100 Yard Freestyle

1:05.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:05.69

Name	Age	Team	Seed Time
1 DeWall, Sami	11	DSMY-IA	1:06.49
2 DeMuth, Betty	12	SEA-IA	1:06.99
3 Henning, Joelle	11	LIFE-IA	1:07.13
4 Brugman, Abigail	12	DSMY-IA	1:07.24
5 Binkowski, Addyson	11	ACAC-IA	1:07.60
6 Doolittle, Ali	12	ACAC-IA	1:08.18
7 Smith, Mylie	11	ACAC-IA	1:09.16
8 Hurley, Brooklyn	11	RSC-IA	1:09.31
9 Dahlen, Ella	12	DMSF-IA	1:09.59
10 Olswing, Maddie	11	ACAC-IA	1:09.76
11 Baker, Norah	12	BLAZ-IA	1:10.07
12 Peterson, Brooklyn	11	RIP-IA	1:10.09
13 Kiekhaefer, Chloe	12	BLAZ-IA	1:10.35
14 Filmer, Lauren	11	DSMY-IA	1:10.47
15 Evans, Ella	12	BLAZ-IA	1:10.72
16 Boehm, Lahna	12	BLAZ-IA	1:11.19 *
17 Seifert, Stella	12	CIA-IA	1:12.06
18 Swaim, Madison	11	LIFE-IA	1:12.35
19 Ballard, Caitlin	12	DMSF-IA	1:12.60
20 Thilges, Ella	12	BLAZ-IA	1:12.61
21 Driscoll, Rylee	12	MCSC-IA	1:13.08
22 Hedrick, Piper	11	CIA-IA	1:13.56
23 Mason, Adelyn	12	CIA-IA	1:13.65
24 Douglas, Allie	12	RSC-IA	1:14.81 Scr
25 Anderson, Davan	12	NSST-IA	1:15.24
26 Danielson, Zoey	11	ACAC-IA	1:15.38
27 Lee, Blythe	11	BLAZ-IA	1:15.60
28 Cariglino, Siena	11	NSST-IA	1:15.88
29 Burke, Reece	11	RIP-IA	1:15.93
30 Honkamp, Claire	12	DMSF-IA	1:16.39
31 Gruenisen, Sami	12	BLAZ-IA	1:16.75
32 Smith, Ella	12	DMSF-IA	1:17.63
33 Combs, Peyton	11	ACAC-IA	1:17.91
34 Fewins, Emma	12	RSC-IA	1:18.08
35 Dacey, Alivia	11	CIA-IA	1:18.09
36 Powell, Morgynne	12	DMSF-IA	1:18.42
37 Meyer, Addie	11	RIP-IA	1:18.58
38 Newton, Merryn	11	DSMY-IA	1:19.16
39 Hudson, Natalie	11	DMSF-IA	1:19.45
40 Gassmann, Vivian	12	ACAC-IA	1:20.77
41 Reineke, Mia	12	NSST-IA	1:20.80 Scr
42 Chen, Leighton	11	DMSF-IA	1:22.05
43 Ahlrich, Mady	12	FAST-IA	1:27.53
44 Hunt, Ceci	11	BLAZ-IA	1:27.58 *
45 Mathews, Sonja	11	ACAC-IA	1:27.62
46 Johnson, Irina	11	RIP-IA	1:28.00
47 Azogu, Chioma	12	CAST-IA	1:29.05
48 Lindemann, Josefina	11	LIFE-IA	1:29.73
49 Freeseaman, Gabby	11	RIP-IA	1:30.62
50 Birusingh, Siri	12	DMSF-IA	1:34.54
51 Hawks, Joni	11	DMSF-IA	1:34.80

52 Shenouda, Elizabeth	11	RIP-IA	1:35.04
53 Lingbeek, Aubrey	12	MCSC-IA	1:35.45
54 Thacker, Callie	11	RIP-IA	1:37.06
55 Freiburger, Valentina	11	RSC-IA	1:38.86
56 Narayanan, Anika	12	DMSF-IA	1:39.00
57 Cunningham, Lydia	11	NSST-IA	1:39.31
58 Reineke, Lexi	12	NSST-IA	1:43.67
59 Bellcock, Brylie	12	CAST-IA	1:44.04
60 Hardman, Ellie	11	SEA-IA	1:44.62
61 Kunkel, Kapri	11	RSC-IA	1:49.13
62 Innanji, Vrishti	11	BLAZ-IA	1:57.72
63 Kinkade, Brynn	11	FAST-IA	NT
64 Hollebrands, Abby	11	SEA-IA	NT
65 Schnepf, Mae	11	DMSF-IA	NT

## Event 2 Boys 11-12 100 Yard Freestyle

1:05.89 Q Champ Qualifying

Meet Qualifying: Slower than 1:05.89

Name	Age	Team	Seed Time
1 Van Der Linden, Owen	12	ACAC-IA	1:05.91
2 Signani, Nicholas	11	DSMY-IA	1:05.97
3 Johnson, Cade	11	DSMY-IA	1:08.42
4 Johnson, Jacob	11	RIP-IA	1:08.95
5 Vallas, Brooks	12	CIA-IA	1:09.31
6 Holms, Donny	12	BLAZ-IA	1:09.56
7 Boender, Sully	12	SEA-IA	1:10.81
8 Hales, Alex	11	DSMY-IA	1:13.02
9 Iwig, Jackson	12	BLAZ-IA	1:13.22
10 Deardorff, Dysen	11	DMSF-IA	1:13.62
11 Thomas, Joseph	12	DSMY-IA	1:15.00
12 Schumacher, Brant	12	CIA-IA	1:15.33
13 Sikora, Owen	11	RSC-IA	1:15.40
14 Sanders, Grayson	11	RIP-IA	1:16.75
15 Gagov, Alex	11	CIA-IA	1:17.58
16 Devlic, Ben	12	NSST-IA	1:17.64
17 Hanafi, Adam	11	MCSC-IA	1:17.84
18 Kincaid, Austin	11	ACAC-IA	1:19.06
19 Iwig, Ryan	12	BLAZ-IA	1:20.40
20 Wittenwyler, Nolan	11	RIP-IA	1:22.82
21 Keenan, Jude	11	CIA-IA	1:23.21
22 Peterson, Joel	12	DSMY-IA	1:23.83
23 Anderson, Vinny	11	RIP-IA	1:23.97
24 Spradling, Tyler	11	CIA-IA	1:24.15
25 Warrington, Grant	11	RIP-IA	1:26.55
26 Kent, Harper	12	NSST-IA	1:26.78
27 Shenouda, Nehemiah	12	RIP-IA	1:27.02
28 Peterson, Max	11	DMSF-IA	1:30.03
29 Burdick, Ben	12	RIP-IA	1:30.08
30 Horton, Eddie	11	ACAC-IA	1:30.16
31 Challis, Dan	12	ACAC-IA	1:31.31
32 Punt, Cameron	11	SEA-IA	1:35.43
33 Place, Henry	12	SEA-IA	1:36.55
34 Schuman, Blake	11	BLAZ-IA	1:37.09
35 Oaks, Gavin	11	SEA-IA	1:42.25
36 Raymer, Evan	12	RIP-IA	1:44.93
37 Potratz, Jaden	11	RSC-IA	1:44.95

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 2 ...(Boys 11-12 100 Yard Freestyle)

Name	Age	Team	Seed Time
38 Shonka, Voeden	11	RSC-IA	1:46.74
39 Challis, John	11	ACAC-IA	1:53.73
40 Heap, Lucas	12	SEA-IA	NT
41 Magalski, Ryan	11	BLAZ-IA	NT

## Event 3 Girls 11-12 400 Yard IM

5:56.79 Q Champ Qualifying  
6:50.39 REG Regional Qualifying

Meet Qualifying: 5:56.80 - 6:50.39

Name	Age	Team	Seed Time
---			No entries for event

## Event 4 Boys 11-12 400 Yard IM

5:46.39 Q Champ Qualifying  
6:38.39 REG Regional Qualifying

Meet Qualifying: 5:46.40 - 6:38.39

Name	Age	Team	Seed Time
---			No entries for event

## Event 5 Girls 10 &amp; Under 100 Yard Freestyle

1:19.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:19.99

Name	Age	Team	Seed Time
1 Price, Jocelyn	10	BLAZ-IA	1:20.82
2 Peterson, Greta	9	DMSF-IA	1:21.07
3 Kettles, Tenley	9	DSMY-IA	1:21.21
4 Halbur, Allison	9	ACAC-IA	1:24.46
5 Leder, Maeve	10	RIP-IA	1:24.53
6 Weber, Mya	10	CAST-IA	1:25.33
7 Kliewer, Kenna	10	FAST-IA	1:25.86
8 Brugman, Cece	10	DSMY-IA	1:26.36
9 Walston, Lucy	9	DMSF-IA	1:26.59
10 Albrecht, Brynlee	9	DSMY-IA	1:27.04
11 Pierce, Ellen	10	RIP-IA	1:27.14
12 Bellcock, Bristol	10	CAST-IA	1:27.63
13 Stoeckel, Madigan	10	CIA-IA	1:27.76
14 Driscoll, Jules	10	RIP-IA	1:28.15
15 Groenenboom, Kinzley	10	SEA-IA	1:29.33
16 Lewis, Madyson	10	CIA-IA	1:30.52
17 Olswing, Amelia	9	ACAC-IA	1:30.70
18 Hunt, Jojo	10	BLAZ-IA	1:31.19 *
19 Benskin, Stella	10	RIP-IA	1:31.28
20 Harmon, Josie	10	CAST-IA	1:31.33
21 Shaffer, Claire	10	RIP-IA	1:31.75
22 Moon, Nora	10	DMSF-IA	1:32.47
23 Signani, Katherine	9	DSMY-IA	1:33.08
24 Guild, Bri	10	BLAZ-IA	1:33.78
25 Rengel, Olivia	10	DMSF-IA	1:35.48
26 Stec, Sophia	10	DMSF-IA	1:35.51
27 Cole, Kenedy	9	CIA-IA	1:36.61
28 Ocheltree, Kinnick	9	DSMY-IA	1:37.65
29 Sisul, Jolie	10	SEA-IA	1:41.86
30 Meyer, Gwen	9	RIP-IA	1:42.07
31 Piper, Maddy	9	RIP-IA	1:43.83

32 Schoolen, Ruby	10	RSC-IA	1:44.78
33 Eberly, Addyson	10	RSC-IA	1:51.24
34 Heiden, Brynn	9	RIP-IA	1:56.70
35 Driscoll, Bailey	9	MCSC-IA	1:57.90
36 Schaefer, Finley	9	ACAC-IA	1:59.28
37 Peer, Shawn	9	SEA-IA	2:01.61
38 Sheridan, Lily	10	CAST-IA	2:02.28
39 Punt, Clara	9	SEA-IA	2:06.11
40 Kopriva, Tinley	9	DMSF-IA	3:13.97L
41 Hildreth, Quinn	10	FAST-IA	NT
42 Berry, Collins	9	ACAC-IA	NT
43 Birusingh, Ari	9	DMSF-IA	NT

## Event 6 Boys 10 &amp; Under 100 Yard Freestyle

1:18.79 Q Champ Qualifying

Meet Qualifying: Slower than 1:18.79

Name	Age	Team	Seed Time
1 Mintle, Harrison	10	LIFE-IA	1:22.66
2 Vander Linden, Benten	10	SEA-IA	1:23.33
3 Strosahl, Judah	10	ACAC-IA	1:23.60
4 Platt, Harrison	9	BLAZ-IA	1:24.86
5 Barthole, Conner	10	CIA-IA	1:25.62
6 Stokka, Elijah	10	RSC-IA	1:25.69
7 Novelo, Dominic	9	SEA-IA	1:26.42
8 Azogu, Jamie	10	CAST-IA	1:26.65
9 Halaczkiwicz, Ian	9	RIP-IA	1:26.90
10 Siebrecht, Ryder	9	CAST-IA	1:27.94
11 Howe, Jake	10	CIA-IA	1:28.25
12 Campbell, Blake	9	DSMY-IA	1:29.06
13 Hawks, Jimmy	9	DMSF-IA	1:30.32
14 Vos, Ephraim	10	ACAC-IA	1:31.07
15 Viteri, Sebastian	9	RSC-IA	1:35.82
16 Peterson, Ross	10	DSMY-IA	1:35.83
17 Hibben, Henry	9	ACAC-IA	1:38.17
18 Six, Tristan	10	RSC-IA	1:38.46
19 Sorensen-Ceesay, Malik	10	RSC-IA	1:38.50
20 Zhang, Allen	10	DMSF-IA	1:40.09
21 Sandquist, Edward	9	CIA-IA	1:41.51
22 Vedantham, Vaibhava	9	DMSF-IA	1:43.91
23 Sandquist, Henry	9	CIA-IA	1:46.82
24 Hiller, Cooper	9	RSC-IA	1:47.63
25 Williams, Owen	9	CAST-IA	1:48.15
26 Thomas, Ethan	10	RSC-IA	1:55.07
27 Burdick, Cole	10	RIP-IA	1:57.84
28 Voynov, Leo	9	DMSF-IA	2:02.10
29 Place, Warren	9	SEA-IA	2:25.26
30 Sullivan, Mickey	9	RIP-IA	NT
31 Freeseaman, Griffin	10	RIP-IA	NT
32 Hedding, Ryan	9	RIP-IA	NT

## Event 7 Girls 11-12 100 Yard Breaststroke

1:27.19 Q Champ Qualifying

Meet Qualifying: Slower than 1:27.19

Name	Age	Team	Seed Time
1 Pekarek, Lila	12	RSC-IA	1:27.93
2 DeMuth, Caroline	12	SEA-IA	1:28.00

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 7 ...(Girls 11-12 100 Yard Breaststroke)

Name	Age	Team	Seed Time
3 Kiekhaefer, Chloe	12	BLAZ-IA	1:28.55
4 Brugman, Abigail	12	DSMY-IA	1:29.37
5 Evans, Ella	12	BLAZ-IA	1:30.09
6 Gruenisen, Sami	12	BLAZ-IA	1:30.45
7 Dacey, Alivia	11	CIA-IA	1:31.39
8 Boehm, Lahna	12	BLAZ-IA	1:31.41 *
9 Filmer, Lauren	11	DSMY-IA	1:31.50
10 Hurley, Brooklyn	11	RSC-IA	1:32.29
11 Smith, Ella	12	DMSF-IA	1:32.62
12 Murray, Brynn	12	MCSC-IA	1:33.31
13 Doolittle, Jillian	11	MCSC-IA	1:33.81
14 Bancroft, Brianna	11	ACAC-IA	1:33.96
15 Hedrick, Piper	11	CIA-IA	1:36.63
16 Fewins, Emma	12	RSC-IA	1:36.98
17 Honkamp, Claire	12	DMSF-IA	1:37.84
18 Handsaker, Lydia	11	ACAC-IA	1:38.64
19 Gatzionis, Elena	11	DSMY-IA	1:40.17
20 DeWall, Sami	11	DSMY-IA	1:40.36
21 Hudson, Natalie	11	DMSF-IA	1:40.81
22 Cariglino, Siena	11	NSST-IA	1:42.86
23 Anderson, Davan	12	NSST-IA	1:44.62
24 Mathews, Sonja	11	ACAC-IA	1:47.53
25 Chen, Leighton	11	DMSF-IA	1:49.74
26 Reineke, Mia	12	NSST-IA	1:51.61 Scr
27 Bellcock, Brylie	12	CAST-IA	1:55.90
28 Azogu, Chioma	12	CAST-IA	1:55.99
29 Bean, Ember	11	RSC-IA	2:04.92
30 Birusingh, Siri	12	DMSF-IA	2:06.59
31 Cunningham, Lydia	11	NSST-IA	2:10.55
32 Reineke, Lexi	12	NSST-IA	2:13.56
33 Johnson, Irina	11	RIP-IA	NT
34 Polich, Jenna	11	BLAZ-IA	NT

## Event 8 Boys 11-12 100 Yard Breaststroke

1:24.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:24.49

Name	Age	Team	Seed Time
1 Bertsch, Nolan	12	DSMY-IA	1:25.15
2 Deardorff, Dysen	11	DMSF-IA	1:28.20
3 MacFarland, Ryan	12	BLAZ-IA	1:33.38 *
4 Boender, Sully	12	SEA-IA	1:33.82
5 Devlic, Ben	12	NSST-IA	1:42.00
6 Kincaid, Austin	11	ACAC-IA	1:42.21
7 Gagov, Alex	11	CIA-IA	1:42.80
8 Challis, Dan	12	ACAC-IA	1:43.01
9 Iwig, Ryan	12	BLAZ-IA	1:43.35
10 Wuest, Aaron	11	RIP-IA	1:45.72
11 Warrington, Grant	11	RIP-IA	1:49.64
12 Jacobs, Will	11	RIP-IA	1:54.14
13 Kent, Harper	12	NSST-IA	1:56.44
14 Spradling, Tyler	11	CIA-IA	1:57.64
15 Punt, Cameron	11	SEA-IA	2:02.35
16 Keenan, Jude	11	CIA-IA	2:07.14
17 Shenouda, Nehemiah	12	RIP-IA	2:12.59

18 Potratz, Jaden	11	RSC-IA	2:28.75
19 Canales-Burr, Gian	11	DSMY-IA	2:33.38
20 Sanders, Grayson	11	RIP-IA	NT
21 Raymer, Evan	12	RIP-IA	NT
22 Burdick, Ben	12	RIP-IA	NT
23 Place, Henry	12	SEA-IA	NT
24 Oaks, Gavin	11	SEA-IA	NT
25 Schuman, Blake	11	BLAZ-IA	NT
26 Horton, Eddie	11	ACAC-IA	NT

## Event 9 Girls 10 &amp; Under 50 Yard Breaststroke

50.39 Q Champ Qualifying

Meet Qualifying: Slower than 50.39

Name	Age	Team	Seed Time
1 Stalder, Tatym	10	CAST-IA	49.00 Q
2 Tran, Victoria	9	CIA-IA	50.46
3 Kliewer, Kenna	10	FAST-IA	50.52
4 Nieto, Gaby	10	RIP-IA	50.89
5 Price, Jocelyn	10	BLAZ-IA	51.10
6 Peterson, Kendall	9	RIP-IA	51.38
7 Harmon, Josie	10	CAST-IA	51.47
8 Ortega, Evelyn	9	RSC-IA	51.96 Scr
9 Sisul, Jolie	10	SEA-IA	52.38
10 Benskin, Stella	10	RIP-IA	52.82
11 Driscoll, Jules	10	RIP-IA	52.92
12 Baker, Caroline	9	BLAZ-IA	54.19
13 Nguyen, Emmy	10	DMSF-IA	54.62
14 Sheridan, Lily	10	CAST-IA	54.72
15 Moon, Nora	10	DMSF-IA	54.81
16 Lewis, Madyson	10	CIA-IA	54.88
17 Fewins, Ella	10	RSC-IA	55.24
18 Stoeckel, Madigan	10	CIA-IA	57.01
19 Olswing, Amelia	9	ACAC-IA	57.17
20 Signani, Katherine	9	DSMY-IA	57.25
21 Cole, Kenedy	9	CIA-IA	1:02.58
22 Meyer, Gwen	9	RIP-IA	1:03.25
23 Rengel, Olivia	10	DMSF-IA	1:05.83
24 Ocheltree, Kinnick	9	DSMY-IA	1:06.71
25 Schoolen, Ruby	10	RSC-IA	1:06.97
26 Driscoll, Bailey	9	MCSC-IA	1:07.51
27 Berry, Collins	9	ACAC-IA	1:07.57
28 Hildreth, Quinn	10	FAST-IA	1:08.08
29 Dibbet, Harper	10	RIP-IA	1:08.26
30 Piper, Maddy	9	RIP-IA	1:09.63
31 Guild, Bri	10	BLAZ-IA	1:11.29
32 Heiden, Brynn	9	RIP-IA	1:11.45
33 Cassler, Norah	10	RSC-IA	1:21.79
34 Lepert, Alyse	9	DMSF-IA	1:23.53
35 Punt, Clara	9	SEA-IA	NT
36 Eberly, Addyson	10	RSC-IA	NT
37 Schaefer, Finley	9	ACAC-IA	NT
38 Scebold, Maddie	9	ACAC-IA	NT
39 Engelman, Maggie	10	ACAC-IA	NT
40 Fox, Molly	10	ACAC-IA	NT
41 Birusingh, Ari	9	DMSF-IA	NT
42 Kopriva, Tinley	9	DMSF-IA	NT

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 9 ...(Girls 10 &amp; Under 50 Yard Breaststroke)

Name	Age	Team	Seed Time
43 Nguyen, Evy	9	DMSF-IA	NT

## Event 10 Boys 10 &amp; Under 50 Yard Breaststroke

49:39 Q Champ Qualifying

Meet Qualifying: Slower than 49:39

Name	Age	Team	Seed Time
1 Fausch, Zach	9	CIA-IA	49.89
2 Halaczkiwicz, Ian	9	RIP-IA	50.28
3 Washington, Gus	9	ACAC-IA	51.76
4 Howe, Jake	10	CIA-IA	52.73
5 Smith, Harry	10	DMSF-IA	52.95
6 Barthole, Conner	10	CIA-IA	54.18
7 Bru, Reece	9	CIA-IA	54.39
8 Vander Linden, Benten	10	SEA-IA	56.89
9 Mintle, Easton	8	LIFE-IA	57.66
10 Naylor, Jackson	9	CIA-IA	59.00
11 Thomas, Ethan	10	RSC-IA	1:02.86
12 Siebrecht, Ryder	9	CAST-IA	1:03.35
13 Burdick, Cole	10	RIP-IA	1:06.13
14 Hibben, Henry	9	ACAC-IA	1:06.74
15 Voynov, Leo	9	DMSF-IA	1:11.34
16 Sandquist, Henry	9	CIA-IA	1:12.45
17 Phelps, Briggs	9	BLAZ-IA	1:20.03
18 Place, Warren	9	SEA-IA	1:34.99
19 Peterson, Ross	10	DSMY-IA	1:35.27
20 Freeseaman, Griffin	10	RIP-IA	NT
21 Six, Tristan	10	RSC-IA	NT
22 Hiller, Cooper	9	RSC-IA	NT
23 Sexton, James	9	CIA-IA	NT
24 Sandquist, Edward	9	CIA-IA	NT
25 Vedantham, Vaibhava	9	DMSF-IA	NT

## Event 11 Girls 11-12 200 Yard Backstroke

2:43.99 Q Champ Qualifying

3:08.59 REG Regional Qualifying

Meet Qualifying: 2:44.00 - 3:08.59

Name	Age	Team	Seed Time
1 DeMuth, Betty	12	SEA-IA	2:45.13 REG
2 Brugman, Abigail	12	DSMY-IA	2:46.43 REG
3 Hajduch, Emma	11	DSMY-IA	2:46.81 REG
4 DeMuth, Caroline	12	SEA-IA	2:49.07 REG
5 Driscoll, Rylee	12	MCSC-IA	2:58.78 REG
6 Smith, Mylie	11	ACAC-IA	3:00.76 REG
7 Powell, Morgynne	12	DMSF-IA	3:04.20 REG

## Event 12 Boys 11-12 200 Yard Backstroke

2:39.69 Q Champ Qualifying

3:03.69 REG Regional Qualifying

Meet Qualifying: 2:39.70 - 3:03.69

Name	Age	Team	Seed Time
1 Wittmayer, Matthew	11	CIA-IA	2:41.42 REG
2 Signani, Nicholas	11	DSMY-IA	2:41.64 REG
3 Deardorff, Dysen	11	DMSF-IA	2:43.62 REG
4 Cunningham, Titus	12	NSST-IA	2:59.51 REG

5 Sikora, Owen	11	RSC-IA	3:01.86 REG
6 Pellett, Colton	11	DSMY-IA	3:02.26 REG

## Event 13 Girls 10 &amp; Under 100 Yard Backstroke

1:30.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:30.69

Name	Age	Team	Seed Time
1 Pekarek, Anna	10	RSC-IA	1:31.02
2 Peterson, Kendall	9	RIP-IA	1:34.30
3 Thompson, Chloe	10	ACAC-IA	1:34.41
4 Hunt, Jojo	10	BLAZ-IA	1:35.87 *
5 Brugman, Cece	10	DSMY-IA	1:36.34
6 Groenenboom, Kinzley	10	SEA-IA	1:36.37
7 Peterson, Greta	9	DMSF-IA	1:36.83
8 Ocheltree, Kinnick	9	DSMY-IA	1:39.66
9 Ortega, Evelyn	9	RSC-IA	1:39.76 Scr
10 Kettles, Tenley	9	DSMY-IA	1:40.14
11 Signani, Katherine	9	DSMY-IA	1:41.19
12 Stoeckel, Madigan	10	CIA-IA	1:41.69
13 Tran, Victoria	9	CIA-IA	1:41.96
14 Pierce, Ellen	10	RIP-IA	1:42.60
15 Benskin, Stella	10	RIP-IA	1:43.47
16 Stec, Sophia	10	DMSF-IA	1:45.45
17 Lewis, Madyson	10	CIA-IA	1:50.42
18 Schoolen, Ruby	10	RSC-IA	1:52.36
19 Kopriva, Tinley	9	DMSF-IA	1:55.98
20 Dibbet, Harper	10	RIP-IA	1:58.39
21 Cassler, Norah	10	RSC-IA	2:07.25
22 Peer, Shawn	9	SEA-IA	2:12.01
23 Halbur, Allison	9	ACAC-IA	1:56.19L
24 Albrecht, Brynlee	9	DSMY-IA	2:09.91L
25 Leder, Maeve	10	RIP-IA	NT
26 Punt, Clara	9	SEA-IA	NT
27 Guild, Bri	10	BLAZ-IA	NT
28 Price, Jocelyn	10	BLAZ-IA	NT
29 Mettenbrink, Amelia	10	CIA-IA	NT
30 Berry, Collins	9	ACAC-IA	NT
31 Moon, Nora	10	DMSF-IA	NT

## Event 14 Boys 10 &amp; Under 100 Yard Backstroke

1:29.29 Q Champ Qualifying

Meet Qualifying: Slower than 1:29.29

Name	Age	Team	Seed Time
1 Green, Reilly	9	SEA-IA	1:29.77
2 Bru, Reece	9	CIA-IA	1:29.83
3 Strosahl, Judah	10	ACAC-IA	1:30.18
4 Vander Linden, Benten	10	SEA-IA	1:35.68
5 Halaczkiwicz, Ian	9	RIP-IA	1:38.50
6 Zhang, Allen	10	DMSF-IA	1:41.75
7 Stokka, Elijah	10	RSC-IA	1:43.94
8 Azogu, Jamie	10	CAST-IA	1:49.56
9 Viteri, Sebastian	9	RSC-IA	1:49.71
10 Williams, Owen	9	CAST-IA	1:51.68
11 Novelo, Dominic	9	SEA-IA	1:54.71
12 Peterson, Ross	10	DSMY-IA	1:54.72
13 Voynov, Leo	9	DMSF-IA	2:04.19

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 14 ... (Boys 10 &amp; Under 100 Yard Backstroke)

Name	Age	Team	Seed Time
14 Thomas, Ethan	10	RSC-IA	2:05.43
15 Burdick, Cole	10	RIP-IA	2:09.81
16 Vedantham, Vaibhava	9	DMSF-IA	2:12.91
17 Sullivan, Mickey	9	RIP-IA	NT
18 Freeseman, Griffin	10	RIP-IA	NT
19 Place, Warren	9	SEA-IA	NT
20 Sandquist, Henry	9	CIA-IA	NT

## Event 15 Girls 11-12 50 Yard Butterfly

## 33.89 Q Champ Qualifying

## Meet Qualifying: Slower than 33.89

Name	Age	Team	Seed Time
1 DeMuth, Caroline	12	SEA-IA	34.09
2 Dahlen, Ella	12	DMSF-IA	35.40
3 Binkowski, Addyson	11	ACAC-IA	36.59
4 Olswing, Maddie	11	ACAC-IA	36.83
5 Douglas, Allie	12	RSC-IA	37.31 Scr
6 Gassmann, Vivian	12	ACAC-IA	37.58
7 Smith, Mylie	11	ACAC-IA	37.77
8 Lindemann, Josefina	11	LIFE-IA	38.20
9 Hedrick, Piper	11	CIA-IA	38.52
10 Seifert, Stella	12	CIA-IA	39.08
11 Doolittle, Jillian	11	MCSC-IA	39.31
12 Newton, Merryn	11	DSMY-IA	39.66
13 Peterson, Brooklyn	11	RIP-IA	39.94
14 Bancroft, Brianna	11	ACAC-IA	40.01
15 Ballard, Caitlin	12	DMSF-IA	40.01
16 Wilcoxson, Helena	12	DMSF-IA	40.12
17 Pekarek, Lila	12	RSC-IA	40.28
18 Fewins, Emma	12	RSC-IA	40.32
19 Mason, Adelyn	12	CIA-IA	40.65
20 Burke, Reece	11	RIP-IA	42.04
21 Baker, Norah	12	BLAZ-IA	42.66
22 Thilges, Ella	12	BLAZ-IA	42.94
23 Anderson, Davan	12	NSST-IA	43.46
24 Lee, Blythe	11	BLAZ-IA	43.64
25 Danielson, Zoey	11	ACAC-IA	45.05
26 Boehm, Lahna	12	BLAZ-IA	46.78 *
27 Ahlrich, Mady	12	FAST-IA	49.91
28 Kinkade, Brynn	11	FAST-IA	53.67
29 Hawks, Joni	11	DMSF-IA	54.05
30 Lingbeek, Aubrey	12	MCSC-IA	56.00
31 Bean, Ember	11	RSC-IA	56.95
32 Freiburger, Valentina	11	RSC-IA	1:07.50
33 Shenouda, Elizabeth	11	RIP-IA	NT
34 Freeseman, Gabby	11	RIP-IA	NT

## Event 16 Boys 11-12 50 Yard Butterfly

## 34.19 Q Champ Qualifying

## Meet Qualifying: Slower than 34.19

Name	Age	Team	Seed Time
1 Johnson, Jacob	11	RIP-IA	34.72
2 Holms, Donny	12	BLAZ-IA	34.84
3 Jean, Tate	12	DSMY-IA	34.91

4 Van Der Linden, Owen	12	ACAC-IA	35.10
5 Wittmayer, Matthew	11	CIA-IA	35.78
6 Smith, Carter	11	DMSF-IA	36.14
7 Notz, Bennett	12	SSA-IA	36.62 Scr
8 Hyman, Brady	11	ACAC-IA	36.82
9 Iwig, Jackson	12	BLAZ-IA	38.03
10 Cunningham, Titus	12	NSST-IA	39.65
11 Vallas, Brooks	12	CIA-IA	39.96
12 Iwig, Ryan	12	BLAZ-IA	40.10
13 Horton, Eddie	11	ACAC-IA	41.53
14 Hanafi, Adam	11	MCSC-IA	42.62
15 Thomas, Joseph	12	DSMY-IA	43.93
16 Peterson, Joel	12	DSMY-IA	45.51
17 Wittenwyler, Nolan	11	RIP-IA	48.98
18 Shenouda, Nehemiah	12	RIP-IA	50.94
19 Warrington, Grant	11	RIP-IA	53.29
20 Spradling, Tyler	11	CIA-IA	56.15
21 Burdick, Ben	12	RIP-IA	1:00.17
22 Sanders, Grayson	11	RIP-IA	1:12.15
23 Punt, Cameron	11	SEA-IA	NT

## Event 17 Girls 10 &amp; Under 50 Yard Butterfly

## 44.59 Q Champ Qualifying

## Meet Qualifying: Slower than 44.59

Name	Age	Team	Seed Time
1 Tran, Victoria	9	CIA-IA	44.63
2 Connolly, Grace	9	DSMY-IA	44.67
3 Walston, Lucy	9	DMSF-IA	44.90
4 Stalder, Tatym	10	CAST-IA	44.97
5 Weber, Mya	10	CAST-IA	45.11
6 Ortega, Evelyn	9	RSC-IA	45.34 Scr
7 Kettles, Tenley	9	DSMY-IA	46.33
8 Larson, Rachel	9	DSMY-IA	46.38
9 Kliewer, Kenna	10	FAST-IA	47.89
10 Crowley, Quinn	9	DSMY-IA	49.50
11 Carter, June	10	RIP-IA	51.32
12 Sisul, Jolie	10	SEA-IA	52.10
13 Benskin, Stella	10	RIP-IA	52.17
14 Peterson, Kendall	9	RIP-IA	52.72
15 Stec, Sophia	10	DMSF-IA	52.97
16 Olswing, Amelia	9	ACAC-IA	53.03
17 Baker, Caroline	9	BLAZ-IA	54.81
18 Meyer, Gwen	9	RIP-IA	55.54
19 Guild, Bri	10	BLAZ-IA	57.55
20 Nieto, Gaby	10	RIP-IA	57.56
21 Schooler, Ruby	10	RSC-IA	1:00.68
22 Eberly, Addyson	10	RSC-IA	1:06.52
23 Hildreth, Quinn	10	FAST-IA	NT
24 Scebold, Maddie	9	ACAC-IA	NT
25 Fox, Molly	10	ACAC-IA	NT
26 Nguyen, Evy	9	DMSF-IA	NT

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 18 Boys 10 &amp; Under 50 Yard Butterfly

## 43.09 Q Champ Qualifying

Meet Qualifying: Slower than 43.09

Name	Age	Team	Seed Time
1 Vos, Ephraim	10	ACAC-IA	43.46
2 Mintle, Easton	8	LIFE-IA	46.20
3 Strosahl, Judah	10	ACAC-IA	47.02
4 Campbell, Blake	9	DSMY-IA	47.36
5 Smith, Harry	10	DMSF-IA	48.89
6 Siebrecht, Ryder	9	CAST-IA	49.15
7 Azogu, Jamie	10	CAST-IA	49.25
8 Mintle, Harrison	10	LIFE-IA	50.84
9 Stokka, Elijah	10	RSC-IA	52.03
10 Barthole, Conner	10	CIA-IA	52.34
11 Hawks, Jimmy	9	DMSF-IA	52.79
12 Sandquist, Edward	9	CIA-IA	54.06
13 Sorensen-Ceesay, Malik	10	RSC-IA	54.97
14 Sexton, James	9	CIA-IA	1:02.56
15 Six, Tristan	10	RSC-IA	NT
16 Bru, Reece	9	CIA-IA	NT
17 Vedantham, Vaibhava	9	DMSF-IA	NT

## Event 19 Girls 11-12 100 Yard IM

## 1:18.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:18.09

Name	Age	Team	Seed Time
1 Doolittle, Ali	12	ACAC-IA	1:18.27
2 DeMuth, Betty	12	SEA-IA	1:19.72
3 Hajduch, Emma	11	DSMY-IA	1:19.74
4 Hedrick, Piper	11	CIA-IA	1:21.11
5 Smith, Mylie	11	ACAC-IA	1:21.62
6 Filmer, Lauren	11	DSMY-IA	1:21.64
7 Henning, Joelle	11	LIFE-IA	1:21.79
8 Evans, Ella	12	BLAZ-IA	1:22.61
9 Binkowski, Addyson	11	ACAC-IA	1:23.60
10 Thilges, Ella	12	BLAZ-IA	1:24.66
11 Doolittle, Jillian	11	MCSC-IA	1:24.69
12 Smith, Ella	12	DMSF-IA	1:24.76
13 Baker, Norah	12	BLAZ-IA	1:25.47
14 Bancroft, Brianna	11	ACAC-IA	1:26.51
15 Nguyen, Marianne	11	RIP-IA	1:27.52
16 Seifert, Stella	12	CIA-IA	1:27.69
17 Meyer, Addie	11	RIP-IA	1:28.13
18 Cariglino, Siena	11	NSST-IA	1:29.64
19 Lee, Blythe	11	BLAZ-IA	1:30.93
20 Honkamp, Claire	12	DMSF-IA	1:31.14
21 McDonough, Bridget	12	DMSF-IA	1:31.20
22 Anderson, Davan	12	NSST-IA	1:32.07
23 Dacey, Alivia	11	CIA-IA	1:32.13
24 Gruenisen, Sami	12	BLAZ-IA	1:32.37
25 Danielson, Zoey	11	ACAC-IA	1:33.26
26 Olswing, Maddie	11	ACAC-IA	1:34.69
27 Newton, Merryn	11	DSMY-IA	1:34.97
28 Mathews, Sonja	11	ACAC-IA	1:35.24
29 Handsaker, Lydia	11	ACAC-IA	1:36.72

30 Hudson, Natalie	11	DMSF-IA	1:36.95
31 Gassmann, Vivian	12	ACAC-IA	1:37.12
32 Kiekhaefer, Chloe	12	BLAZ-IA	1:45.58
33 Shenouda, Elizabeth	11	RIP-IA	1:47.86
34 Ahlrich, Mady	12	FAST-IA	1:49.79
35 Bean, Ember	11	RSC-IA	1:52.62
36 Cunningham, Lydia	11	NSST-IA	1:53.09
37 Hunt, Ceci	11	BLAZ-IA	1:53.90 *
38 Kunkel, Kapri	11	RSC-IA	1:57.30
39 Azogu, Chioma	12	CAST-IA	1:58.93
40 Hardman, Ellie	11	SEA-IA	1:59.56
41 Hawks, Joni	11	DMSF-IA	1:59.93
42 Thacker, Callie	11	RIP-IA	2:01.33
43 Reineke, Mia	12	NSST-IA	2:15.19 Scr
44 Reineke, Lexi	12	NSST-IA	2:45.63
45 Kinkade, Brynn	11	FAST-IA	NT
46 Hollebrands, Abby	11	SEA-IA	NT

## Event 20 Boys 11-12 100 Yard IM

## 1:14.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:14.99

Name	Age	Team	Seed Time
1 Johnson, Cade	11	DSMY-IA	1:17.77
2 Hyman, Brady	11	ACAC-IA	1:18.88
3 Boender, Sully	12	SEA-IA	1:22.00
4 Johnson, Jacob	11	RIP-IA	1:22.40
5 Vallas, Brooks	12	CIA-IA	1:26.56
6 Gagov, Alex	11	CIA-IA	1:28.25
7 Cunningham, Titus	12	NSST-IA	1:28.33
8 Sanders, Grayson	11	RIP-IA	1:30.98
9 Iwig, Ryan	12	BLAZ-IA	1:31.21
10 Iwig, Jackson	12	BLAZ-IA	1:31.43
11 Christopherson, Gabe	11	DSMY-IA	1:33.28
12 Schumacher, Brant	12	CIA-IA	1:37.69
13 Keenan, Jude	11	CIA-IA	1:41.54
14 Kincaid, Austin	11	ACAC-IA	1:41.54
15 Warrington, Grant	11	RIP-IA	1:46.64
16 Peterson, Max	11	DMSF-IA	1:46.69
17 Shenouda, Nehemiah	12	RIP-IA	1:54.06
18 Kent, Harper	12	NSST-IA	1:54.16
19 Canales-Burr, Gian	11	DSMY-IA	2:03.58
20 Jacobs, Will	11	RIP-IA	NT
21 Place, Henry	12	SEA-IA	NT
22 Magalski, Ryan	11	BLAZ-IA	NT
23 Potratz, Jaden	11	RSC-IA	NT
24 Devlic, Ben	12	NSST-IA	NT

## Event 21 Girls 10 &amp; Under 100 Yard IM

## 1:31.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:31.69

Name	Age	Team	Seed Time
1 Crowley, Quinn	9	DSMY-IA	1:32.46
2 Kettles, Tenley	9	DSMY-IA	1:32.53
3 Price, Jocelyn	10	BLAZ-IA	1:33.23
4 Larson, Rachel	9	DSMY-IA	1:33.46
5 Peterson, Greta	9	DMSF-IA	1:33.69

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 21 ... (Girls 10 &amp; Under 100 Yard IM)

Name	Age	Team	Seed Time
6	Hornung, Harper	9 DSMY-IA	1:34.03
7	Halbur, Allison	9 ACAC-IA	1:34.54
8	Stalder, Tatym	10 CAST-IA	1:34.89
9	Walston, Lucy	9 DMSF-IA	1:36.90
10	Connolly, Grace	9 DSMY-IA	1:37.89
11	Harmon, Josie	10 CAST-IA	1:38.00
12	Groenenboom, Kinzley	10 SEA-IA	1:38.01
13	Pierce, Ellen	10 RIP-IA	1:39.50
14	Albrecht, Brynlee	9 DSMY-IA	1:40.54
15	Leder, Maeve	10 RIP-IA	1:40.76
16	Bellcock, Bristol	10 CAST-IA	1:41.38
17	Weber, Mya	10 CAST-IA	1:41.38
18	Carter, June	10 RIP-IA	1:41.75
19	Stoekel, Madigan	10 CIA-IA	1:42.94
20	Hunt, Jojo	10 BLAZ-IA	1:43.64 *
21	Brugman, Cece	10 DSMY-IA	1:44.26
22	Driscoll, Jules	10 RIP-IA	1:45.27
23	Stec, Sophia	10 DMSF-IA	1:45.28
24	Shaffer, Claire	10 RIP-IA	1:46.23
25	Signani, Katherine	9 DSMY-IA	1:47.22
26	Sisul, Jolie	10 SEA-IA	1:49.20
27	Baker, Caroline	9 BLAZ-IA	1:49.50
28	Meyer, Gwen	9 RIP-IA	1:53.38
29	Ocheltree, Kinnick	9 DSMY-IA	1:54.68
30	Lewis, Madyson	10 CIA-IA	1:55.11
31	Piper, Maddy	9 RIP-IA	1:55.30
32	Fewins, Ella	10 RSC-IA	1:57.03
33	Cole, Kenedy	9 CIA-IA	1:59.30
34	Kopriva, Tinley	9 DMSF-IA	2:12.21
35	Lepert, Alyse	9 DMSF-IA	2:31.12
36	Hildreth, Quinn	10 FAST-IA	NT
37	Dibbet, Harper	10 RIP-IA	NT
38	Punt, Clara	9 SEA-IA	NT
39	Peer, Shawn	9 SEA-IA	NT
40	Cassler, Norah	10 RSC-IA	NT
41	Engelman, Maggie	10 ACAC-IA	NT
42	Fox, Molly	10 ACAC-IA	NT

## Event 22 Boys 10 &amp; Under 100 Yard IM

1:28.89 Q Champ Qualifying

Meet Qualifying: Slower than 1:28.89

Name	Age	Team	Seed Time
1	Campbell, Blake	9 DSMY-IA	1:30.37
2	Smith, Harry	10 DMSF-IA	1:33.32
3	Vos, Ephraim	10 ACAC-IA	1:34.73
4	Fausch, Zach	9 CIA-IA	1:36.36
5	Bru, Reece	9 CIA-IA	1:38.42
6	Barthole, Conner	10 CIA-IA	1:38.68
7	Halaczkiwicz, Ian	9 RIP-IA	1:40.90
8	Vander Linden, Benten	10 SEA-IA	1:42.05
9	Howe, Jake	10 CIA-IA	1:43.54
10	Novelo, Dominic	9 SEA-IA	1:44.17
11	Azogu, Jamie	10 CAST-IA	1:49.61
12	Siebrecht, Ryder	9 CAST-IA	1:51.06

13	Naylor, Jackson	9 CIA-IA	1:51.55
14	Sorensen-Ceesay, Malik	10 RSC-IA	1:54.16
15	Zhang, Allen	10 DMSF-IA	2:01.50
16	Washington, Gus	9 ACAC-IA	2:01.69
17	Voynov, Leo	9 DMSF-IA	2:24.79
18	Sandquist, Edward	9 CIA-IA	2:34.14
19	Burdick, Cole	10 RIP-IA	NT
20	Place, Warren	9 SEA-IA	NT
21	Hiller, Cooper	9 RSC-IA	NT
22	Sandquist, Henry	9 CIA-IA	NT
23	Hibben, Henry	9 ACAC-IA	NT

## Event 23 Girls 11-12 50 Yard Backstroke

34.99 Q Champ Qualifying

Meet Qualifying: Slower than 34.99

Name	Age	Team	Seed Time
1	Driscoll, Rylee	12 MCSC-IA	35.79
2	DeWall, Sami	11 DSMY-IA	36.03
3	Hajduch, Emma	11 DSMY-IA	36.39
4	Wilcoxson, Helena	12 DMSF-IA	36.68
5	Mason, Adelyn	12 CIA-IA	37.08
6	Henning, Joelle	11 LIFE-IA	37.39
7	Doolittle, Ali	12 ACAC-IA	37.46
8	Binkowski, Addyson	11 ACAC-IA	37.57
9	Baker, Norah	12 BLAZ-IA	37.78
10	Evans, Ella	12 BLAZ-IA	38.33
11	Dahlen, Ella	12 DMSF-IA	38.34
12	Olswing, Maddie	11 ACAC-IA	38.49
13	Hurley, Brooklyn	11 RSC-IA	38.61
14	Doolittle, Jillian	11 MCSC-IA	38.66
15	Carigino, Siena	11 NSST-IA	38.79
16	Ballard, Caitlin	12 DMSF-IA	38.82
17	Thilges, Ella	12 BLAZ-IA	38.84
18	Combs, Peyton	11 ACAC-IA	39.16
19	Boehm, Lahna	12 BLAZ-IA	39.53 *
20	Peterson, Brooklyn	11 RIP-IA	39.73
21	McDonough, Bridget	12 DMSF-IA	39.75
22	Handsaker, Lydia	11 ACAC-IA	39.76
23	Dacey, Alivia	11 CIA-IA	40.26
24	Seifert, Stella	12 CIA-IA	40.31
25	Douglas, Allie	12 RSC-IA	40.32 Scr
26	Lee, Blythe	11 BLAZ-IA	40.38
27	Honkamp, Claire	12 DMSF-IA	40.39
28	Meyer, Addie	11 RIP-IA	40.43
29	Lindemann, Josefina	11 LIFE-IA	40.82
30	Smith, Ella	12 DMSF-IA	41.17
31	Gatzionis, Elena	11 DSMY-IA	41.22
32	Bancroft, Brianna	11 ACAC-IA	41.25
33	Reineke, Mia	12 NSST-IA	41.58 Scr
34	Burke, Reece	11 RIP-IA	42.12
35	Gassmann, Vivian	12 ACAC-IA	42.20
36	Mathews, Sonja	11 ACAC-IA	42.27
37	Chen, Leighton	11 DMSF-IA	42.52
38	Danielson, Zoey	11 ACAC-IA	43.25
39	Fewins, Emma	12 RSC-IA	43.42
40	Swaim, Madison	11 LIFE-IA	43.69

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 23 ... (Girls 11-12 50 Yard Backstroke)

Name	Age	Team	Seed Time
41 Newton, Merryn	11	DSMY-IA	44.45
42 Thacker, Callie	11	RIP-IA	44.50
43 Hudson, Natalie	11	DMSF-IA	45.02
44 Freeseaman, Gabby	11	RIP-IA	45.29
45 Lingbeek, Aubrey	12	MCSC-IA	45.83
46 Gruenisen, Sami	12	BLAZ-IA	46.64
47 Hunt, Ceci	11	BLAZ-IA	46.65 *
48 Narayanan, Anika	12	DMSF-IA	46.73
49 Ahlrich, Mady	12	FAST-IA	47.20
50 Azogu, Chioma	12	CAST-IA	47.63
51 Hardman, Ellie	11	SEA-IA	51.12
52 Bean, Ember	11	RSC-IA	51.26
53 Shenouda, Elizabeth	11	RIP-IA	51.31
54 Peterson, Isabella	11	CAST-IA	51.60
55 Kunkel, Kapri	11	RSC-IA	51.82
56 Cunningham, Lydia	11	NSST-IA	51.96
57 Schnepf, Mae	11	DMSF-IA	53.49
58 Hoogestraat, Maci	11	CAST-IA	53.55
59 Hollebrands, Abby	11	SEA-IA	54.76
60 Reineke, Lexi	12	NSST-IA	58.02
61 Freiburger, Valentina	11	RSC-IA	1:02.59
62 Innanji, Vrishti	11	BLAZ-IA	1:06.31
63 Belcock, Brylie	12	CAST-IA	1:15.83
64 Polich, Jenna	11	BLAZ-IA	NT

## Event 24 Boys 11-12 50 Yard Backstroke

34.99 Q Champ Qualifying

Meet Qualifying: Slower than 34.99

Name	Age	Team	Seed Time
1 Linderblood, Jude	12	CIA-IA	36.31
2 Johnson, Cade	11	DSMY-IA	36.60
3 Hales, Alex	11	DSMY-IA	36.73
4 Van Der Linden, Owen	12	ACAC-IA	36.81
5 Bertsch, Nolan	12	DSMY-IA	36.84
6 Schumacher, Brant	12	CIA-IA	37.10
7 Pellett, Colton	11	DSMY-IA	37.45
8 Smith, Carter	11	DMSF-IA	37.45
9 Boender, Sully	12	SEA-IA	37.63
10 Sikora, Owen	11	RSC-IA	37.65
11 Johnson, Jacob	11	RIP-IA	37.67
12 Fischer, Tyler	12	ACAC-IA	37.78
13 Deardorff, Dysen	11	DMSF-IA	38.03
14 Holms, Donny	12	BLAZ-IA	38.29
15 Vallas, Brooks	12	CIA-IA	38.70
16 Notz, Bennett	12	SSA-IA	38.80 Scr
17 Iwig, Jackson	12	BLAZ-IA	39.37
18 Kincaid, Austin	11	ACAC-IA	40.27
19 Thomas, Joseph	12	DSMY-IA	40.53
20 Wittenwyler, Nolan	11	RIP-IA	41.32
21 Hanafi, Adam	11	MCSC-IA	41.50
22 Christopherson, Gabe	11	DSMY-IA	41.77
23 Gagov, Alex	11	CIA-IA	41.91
24 Horton, Eddie	11	ACAC-IA	42.14
25 Devlic, Ben	12	NSST-IA	43.11

26 Wuest, Aaron	11	RIP-IA	43.62
27 Peterson, Joel	12	DSMY-IA	43.68
28 Spradling, Tyler	11	CIA-IA	43.73
29 Kent, Harper	12	NSST-IA	44.25
30 Peterson, Max	11	DMSF-IA	46.13
31 Shonka, Voeden	11	RSC-IA	47.10
32 Anderson, Vinny	11	RIP-IA	47.36
33 Magalski, Ryan	11	BLAZ-IA	47.50
34 Canales-Burr, Gian	11	DSMY-IA	48.01
35 Challis, Dan	12	ACAC-IA	51.23
36 Place, Henry	12	SEA-IA	52.50
37 Potratz, Jaden	11	RSC-IA	54.12
38 Punt, Cameron	11	SEA-IA	55.52
39 Schuman, Blake	11	BLAZ-IA	57.69
40 Raymer, Evan	12	RIP-IA	58.15
41 Burdick, Ben	12	RIP-IA	58.66
42 Challis, John	11	ACAC-IA	1:01.58
43 Oaks, Gavin	11	SEA-IA	1:01.96
44 McLaughlin, George	11	RIP-IA	NT
45 Heap, Lucas	12	SEA-IA	NT

## Event 25 Girls 11-12 200 Yard Butterfly

2:47.19 Q Champ Qualifying

3:12.29 REG Regional Qualifying

Meet Qualifying: 2:47.20 - 3:12.29

Name	Age	Team	Seed Time
---			No entries for event

## Event 26 Boys 11-12 200 Yard Butterfly

2:40.79 Q Champ Qualifying

3:04.99 REG Regional Qualifying

Meet Qualifying: 2:40.80 - 3:04.99

Name	Age	Team	Seed Time
---			No entries for event

## Event 27 Girls 10 &amp; Under 200 Yard Medley Relay

Team	Relay	Seed Time
1 ACAC-IA	A	3:01.53
2 RIP-IA	A	3:01.75
3 BLAZ-IA	A	3:02.98
4 CIA-IA	A	3:07.60
5 DMSF-IA	A	3:13.57
6 RIP-IA	B	3:15.30
7 RSC-IA	A	3:16.72
8 SEA-IA	A	3:40.31
9 DMSF-IA	B	3:55.69
10 RIP-IA	C	NT
11 ACAC-IA	B	NT

## Event 28 Boys 10 &amp; Under 200 Yard Medley Relay

Team	Relay	Seed Time
1 CIA-IA	A	3:00.29
2 ACAC-IA	A	3:18.09
3 DMSF-IA	A	3:20.28
4 RSC-IA	A	3:26.46
5 CIA-IA	B	3:36.08

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 28 ... (Boys 10 &amp; Under 200 Yard Medley Relay)

Team	Relay	Seed Time
6 RIP-IA	A	3:39.23
7 SEA-IA	A	3:51.37

## Event 29 Girls 11-12 200 Yard Medley Relay

Team	Relay	Seed Time
1 ACAC-IA	A	2:20.13
2 CIA-IA	A	2:28.34
3 BLAZ-IA	A	2:29.29
4 DMSF-IA	A	2:30.45
5 ACAC-IA	B	2:34.67
6 MCSC-IA	A	2:38.11
7 RIP-IA	A	2:43.98
8 RSC-IA	A	2:45.03
9 DMSF-IA	B	2:49.64
10 SEA-IA	A	2:51.52
11 BLAZ-IA	C	2:53.15
12 NSST-IA	A	3:03.79
13 DMSF-IA	C	3:05.64
14 BLAZ-IA	B	3:05.96
15 RIP-IA	B	NT

## Event 30 Boys 11-12 200 Yard Medley Relay

Team	Relay	Seed Time
1 ACAC-IA	A	2:22.88
2 CIA-IA	A	2:32.08
3 BLAZ-IA	A	2:34.00
4 RIP-IA	A	2:39.98
5 RIP-IA	B	3:02.43
6 SEA-IA	A	3:21.67

## Event 31 Girls 10 &amp; Under 500 Yard Freestyle

7:34.89 Q Champ Qualifying

9:06.59 REG Regional Qualifying

Meet Qualifying: 7:34.90 - 9:06.59

Name	Age	Team	Seed Time
1 Pekarek, Anna	10	RSC-IA	7:48.81 REG
2 Tran, Victoria	9	CIA-IA	8:02.53 REG
3 Groenenboom, Kinzley	10	SEA-IA	8:46.99 REG

## Event 32 Boys 10 &amp; Under 500 Yard Freestyle

7:26.99 Q Champ Qualifying

8:56.39 REG Regional Qualifying

Meet Qualifying: 7:27.00 - 8:56.39

Name	Age	Team	Seed Time
1 Washington, Gus	9	ACAC-IA	8:08.64 REG
2 Novelo, Dominic	9	SEA-IA	8:41.34 REG

## Event 33 Girls 11-12 500 Yard Freestyle

6:22.89 Q Champ Qualifying

7:20.39 REG Regional Qualifying

Meet Qualifying: 6:22.90 - 7:20.39

Name	Age	Team	Seed Time
1 Filmer, Lauren	11	DSMY-IA	6:54.78 REG
2 Mason, Adelyn	12	CIA-IA	7:06.96 REG
3 Meyer, Addie	11	RIP-IA	7:08.84 REG

## Event 34 Boys 11-12 500 Yard Freestyle

6:27.49 Q Champ Qualifying

7:25.69 REG Regional Qualifying

Meet Qualifying: 6:27.50 - 7:25.69

Name	Age	Team	Seed Time
1 Fischer, Tyler	12	ACAC-IA	6:39.16 REG
2 Christopherson, Gabe	11	DSMY-IA	6:42.13 REG
3 Cunningham, Titus	12	NSST-IA	7:01.78 REG

## Event 35 Girls 8 &amp; Under 100 Yard Medley Relay

Team	Relay	Seed Time
1 DSMY-IA	A	1:23.38
2 CIA-IA	A	1:26.33
3 RIP-IA	A	1:28.61
4 DMSF-IA	A	1:36.09
5 CAST-IA	A	1:48.83
6 RIP-IA	B	1:50.22
7 CIA-IA	B	1:52.83
8 DSMY-IA	B	1:57.36
9 SEA-IA	A	2:01.56
10 ACAC-IA	A	2:08.37
11 RIP-IA	C	2:09.39
12 FAST-IA	A	NT

## Event 36 Boys 8 &amp; Under 100 Yard Medley Relay

Team	Relay	Seed Time
1 ACAC-IA	A	1:25.14
2 DSMY-IA	A	1:31.85
3 SEA-IA	A	1:53.49
4 RIP-IA	A	1:54.04
5 DSMY-IA	B	2:09.40
6 DMSF-IA	A	2:11.27
7 ACAC-IA	B	NT

## Event 37 Girls 8 &amp; Under 100 Yard Freestyle

Name	Age	Team	Seed Time
1 Lamb, Addi	8	DSMY-IA	1:25.50
2 McNichols, Madilyn	8	RIP-IA	1:29.45
3 Smith, Hayden	8	DMSF-IA	1:29.80
4 Pedersen, Sam	8	CAST-IA	1:35.25
5 DeYoung, Taelyn	8	FAST-IA	1:35.78
6 Kellenberger, Audrey	8	DSMY-IA	1:41.58
7 Bry, Emma	8	MCSC-IA	1:42.25
8 Holcomb, Kyla	8	CIA-IA	1:42.91
9 Kakacek, Liv	7	FAST-IA	1:48.33
10 Carter, Gigi	8	RIP-IA	1:56.22
11 Cramer, Alena	8	DSMY-IA	1:57.15
12 Hornung, Addy	6	DSMY-IA	2:25.59
13 Thomas, Olivia	8	RSC-IA	2:35.94L
14 Huitink, Allie	8	SEA-IA	NT

## Event 38 Boys 8 &amp; Under 100 Yard Freestyle

Name	Age	Team	Seed Time
1 Mintle, Easton	8	LIFE-IA	1:18.00
2 Venditti, Matteo	8	ACAC-IA	1:27.32
3 Van Niewaal, Oakley	8	DSMY-IA	1:29.58

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 38 ... (Boys 8 &amp; Under 100 Yard Freestyle)

Name	Age	Team	Seed Time
4 Watanabe, Kai	8	ACAC-IA	1:31.60
5 Hudson, Thomas	8	DMSF-IA	1:42.14
6 Bylander, Finn	8	DSMY-IA	1:45.54
7 Kliewer, Kace	8	FAST-IA	1:46.28
8 Ocheltree, Hawk	8	DSMY-IA	1:50.57
9 Goehring, Oliver	8	DMSF-IA	1:56.28
10 Janssen, Enoch	8	CAST-IA	1:57.53
11 Thomas, Francis	8	DSMY-IA	2:08.78
12 Kliewer, Krue	6	FAST-IA	2:34.00
13 Schaefer, Miles	7	ACAC-IA	NT
14 Schulte, Trice	6	DSMY-IA	NT
15 Adelman, Sam	8	DMSF-IA	NT

## Event 39 Girls 8 &amp; Under 25 Yard Breaststroke

Name	Age	Team	Seed Time
1 Qualley, Reagan	8	DSMY-IA	22.47
2 Pedersen, Sam	8	CAST-IA	24.12
3 Harbert, Audrey	8	CIA-IA	24.35
4 Spear, Lilliana	8	RIP-IA	26.37
5 Frierott, Parker	8	RIP-IA	26.44
6 Davidson, Natalie	8	CIA-IA	27.83
7 Smith, Hayden	8	DMSF-IA	28.56
8 Vallas, Effie	8	CIA-IA	28.65
9 Lukenbill, Vivi	8	DMSF-IA	29.95
10 Funke, Clara	8	RIP-IA	30.51
11 Novelo, Raegan	7	SEA-IA	30.63
12 Daniel, Brinley	8	CAST-IA	30.99
13 Bry, Emma	8	MCSC-IA	31.31
14 Cochran, Delaney	8	CIA-IA	31.68
15 Menninga, Mabel	8	SEA-IA	33.17
16 Freeseaman, Josie	8	RIP-IA	34.00
17 Bilslend, Teagan	8	ACAC-IA	34.72
18 Bellcock, Breckyn	6	CAST-IA	35.15
19 Hornung, Addy	6	DSMY-IA	38.28
20 Luttgehard, Elaina	7	CIA-IA	40.17
21 Mueggenberg, McKenna	7	CAST-IA	41.58
22 Baugh, Raylee	8	CAST-IA	42.26
23 Hemberger, Clara	8	RIP-IA	46.09
24 Lux, Mary	7	ACAC-IA	51.31
25 Parriott, MJ	7	RIP-IA	NT
26 Brown, Inez	8	RIP-IA	NT
27 Nieto, Emma	7	RIP-IA	NT
28 Huitink, Katelyn	6	SEA-IA	NT
29 Schweers, Genevieve	7	SSA-IA	NT
30 Carter, Haley	6	CAST-IA	NT
31 Kitt, Hattie	8	CAST-IA	NT
32 Bean, Sage	8	RSC-IA	NT
33 Blocker, Kiersten	8	CIA-IA	NT
34 Lewis, Rylee	8	CIA-IA	NT
35 Mathews, Ingrid	7	ACAC-IA	NT
36 Collins, Miriam	8	ACAC-IA	NT
37 Moore, Eliza	8	DMSF-IA	NT
38 Thoreson, Vera	8	DMSF-IA	NT

## Event 40 Boys 8 &amp; Under 25 Yard Breaststroke

Name	Age	Team	Seed Time
1 Starr, Jackson	8	ACAC-IA	23.64
2 Larson, Luke	8	CAST-IA	25.82
3 Groenenboom, Landan	8	SEA-IA	27.03
4 Straw, Landan	8	DSMY-IA	27.78
5 Sisul, Jenner	8	SEA-IA	27.85
6 Hudson, Thomas	8	DMSF-IA	27.86
7 Pierce, Freddy	7	RIP-IA	28.47
8 Kokjohn, Colin	8	DMSF-IA	30.14
9 Nakagawa Kawahira, Camilo	8	DSMY-IA	30.75
10 Tran, Colin	7	CIA-IA	31.02
11 Peterson, Wesley	7	ACAC-IA	50.12
12 Gray, Milo	8	RIP-IA	NT
13 Marshall, Johnny	8	RIP-IA	NT
14 Whitmore, Barryk	6	SEA-IA	NT
15 Price, Keegan	8	BLAZ-IA	NT
16 Steven, Tatum	7	CIA-IA	NT
17 Schaefer, Miles	7	ACAC-IA	NT
18 Watanabe, Kai	8	ACAC-IA	NT
19 Rees, Brighton	7	ACAC-IA	NT
20 Adelman, Sam	8	DMSF-IA	NT

## Event 41 Girls 8 &amp; Under 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Qualley, Reagan	8	DSMY-IA	42.99
2 DeYoung, Taelyn	8	FAST-IA	44.44
3 McNichols, Madilyn	8	RIP-IA	44.51
4 Lamoreux, Hazel	8	DSMY-IA	46.09
5 Cochran, Delaney	8	CIA-IA	48.47
6 Kellenberger, Audrey	8	DSMY-IA	48.68
7 Torstenson, Syd	8	DSMY-IA	48.77
8 Smith, Hayden	8	DMSF-IA	49.04
9 Textor, Whitney (Whit)	7	DMSF-IA	49.06
10 Burdick, Lena	7	RIP-IA	49.13
11 Satterstrom, Nicolette	8	RIP-IA	50.87
12 Freeseaman, Josie	8	RIP-IA	52.32
13 Moore, Eliza	8	DMSF-IA	52.54
14 Bilslend, Teagan	8	ACAC-IA	52.81
15 Cramer, Alena	8	DSMY-IA	53.40
16 Novelo, Raegan	7	SEA-IA	55.60
17 Blocker, Kiersten	8	CIA-IA	1:00.22
18 Frierott, Parker	8	RIP-IA	1:00.73
19 Thomas, Olivia	8	RSC-IA	1:00.81
20 Wailes, Lydia	7	DSMY-IA	1:05.49
21 Luttgehard, Elaina	7	CIA-IA	1:06.11
22 Basmajian, Ines	7	ACAC-IA	1:10.04
23 Kakacek, Liv	7	FAST-IA	1:10.74
24 Jordison, Avery	7	FAST-IA	NT
25 Klaassen, Elly	7	FAST-IA	NT
26 Johnson, Ali	8	FAST-IA	NT
27 Parriott, MJ	7	RIP-IA	NT
28 Johnson, Kyla	8	RIP-IA	NT
29 Huitink, Allie	8	SEA-IA	NT
30 Huitink, Katelyn	6	SEA-IA	NT

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 41 ... (Girls 8 &amp; Under 50 Yard Backstroke)

Name	Age	Team	Seed Time
31 Schweers, Genevieve	7	SSA-IA	NT
32 Mathews, Ingrid	7	ACAC-IA	NT

## Event 42 Boys 8 &amp; Under 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Van Niewaal, Oakley	8	DSMY-IA	46.23
2 Whitmore, Bryson	8	SEA-IA	48.94
3 Washington, Hugh	7	ACAC-IA	49.86
4 Sisul, Jenner	8	SEA-IA	50.21
5 Hudson, Thomas	8	DMSF-IA	50.99
6 Mortier, Charlie	8	RIP-IA	52.35
7 Bylander, Finn	8	DSMY-IA	53.79
8 Groenenboom, Landan	8	SEA-IA	55.59
9 Kliewer, Kace	8	FAST-IA	56.82
10 Hibben, Elliot	8	ACAC-IA	57.49
11 Goehring, Oliver	8	DMSF-IA	57.90
12 Kokjohn, Colin	8	DMSF-IA	58.18
13 Thomas, Francis	8	DSMY-IA	58.50
14 Schulte, Trice	6	DSMY-IA	1:01.70
15 Schaefer, Miles	7	ACAC-IA	1:01.71
16 Gray, Milo	8	RIP-IA	1:03.58
17 Nakagawa Kawahira, Benicio	6	DSMY-IA	1:04.60
18 Kliewer, Krue	6	FAST-IA	1:05.54
19 Whitmore, Barryk	6	SEA-IA	1:23.69
20 Peterson, Wesley	7	ACAC-IA	1:32.08
21 Pierce, Freddy	7	RIP-IA	NT
22 Marshall, Johnny	8	RIP-IA	NT
23 Naig, Kian	7	ACAC-IA	NT

## Event 43 Girls 8 &amp; Under 25 Yard Butterfly

Name	Age	Team	Seed Time
1 Spear, Lilliana	8	RIP-IA	20.70
2 Feld, Addy	8	CIA-IA	21.08
3 Lamb, Addi	8	DSMY-IA	21.47
4 Holcomb, Kyla	8	CIA-IA	23.14
5 Harbert, Audrey	8	CIA-IA	23.64
6 Bilslend, Teagan	8	ACAC-IA	24.31
7 Cochran, Delaney	8	CIA-IA	24.79
8 Textor, Whitney (Whit)	7	DMSF-IA	25.23
9 Peshak, Fiona	8	DMSF-IA	26.15
10 Thomas, Olivia	8	RSC-IA	26.83
11 Lamoreux, Hazel	8	DSMY-IA	26.95
12 Davidson, Natalie	8	CIA-IA	30.32
13 Menninga, Mabel	8	SEA-IA	30.58
14 Hornung, Addy	6	DSMY-IA	31.20
15 Vallas, Effie	8	CIA-IA	32.68
16 Howe, Mollie	7	CIA-IA	33.70
17 Harvey, Lillybeth	7	DSMY-IA	34.31
18 Collins, Miriam	8	ACAC-IA	34.71
19 Blocker, Kiersten	8	CIA-IA	35.27
20 Brown, Inez	8	RIP-IA	41.37
21 Jordison, Avery	7	FAST-IA	47.16
22 Hemberger, Clara	8	RIP-IA	1:11.28
23 Satterstrom, Nicolette	8	RIP-IA	NT

24 Carter, Haley	6	CAST-IA	NT
25 Bellcock, Breckyn	6	CAST-IA	NT
26 Lewis, Rylee	8	CIA-IA	NT
27 Mathews, Ingrid	7	ACAC-IA	NT

## Event 44 Boys 8 &amp; Under 25 Yard Butterfly

Name	Age	Team	Seed Time
1 Straw, Landan	8	DSMY-IA	23.56
2 Washington, Hugh	7	ACAC-IA	23.65
3 Ocheltree, Hawk	8	DSMY-IA	23.78
4 Larson, Luke	8	CAST-IA	23.86
5 Whitmore, Bryson	8	SEA-IA	25.13
6 Groenenboom, Landan	8	SEA-IA	27.01
7 Nakagawa Kawahira, Camilo	8	DSMY-IA	29.41
8 Steven, Tatum	7	CIA-IA	29.84
9 Tran, Colin	7	CIA-IA	35.88
10 Mortier, Charlie	8	RIP-IA	36.44
11 Nakagawa Kawahira, Benicio	6	DSMY-IA	36.47
12 Watanabe, Kai	8	ACAC-IA	NT
13 Rees, Brighton	7	ACAC-IA	NT

## Event 45 Girls 8 &amp; Under 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Lamb, Addi	8	DSMY-IA	36.76
2 Feld, Addy	8	CIA-IA	39.09
3 Textor, Whitney (Whit)	7	DMSF-IA	40.57
4 Smith, Hayden	8	DMSF-IA	40.76
5 McNichols, Madilyn	8	RIP-IA	40.96
6 Pedersen, Sam	8	CAST-IA	41.35
7 Harbert, Audrey	8	CIA-IA	41.55
8 Holcomb, Kyla	8	CIA-IA	42.13
9 Kellenberger, Audrey	8	DSMY-IA	42.71
10 Bry, Emma	8	MCSC-IA	43.59
11 Bilslend, Teagan	8	ACAC-IA	44.40
12 Kakacek, Liv	7	FAST-IA	45.86
13 Cramer, Alena	8	DSMY-IA	48.45
14 Moore, Eliza	8	DMSF-IA	48.60
15 Lamoreux, Hazel	8	DSMY-IA	48.75
16 Peshak, Fiona	8	DMSF-IA	49.18
17 Torstenson, Syd	8	DSMY-IA	49.22
18 Daniel, Brinley	8	CAST-IA	52.53
19 Johnson, Kyla	8	RIP-IA	52.59
20 Jordison, Avery	7	FAST-IA	54.62
21 Funke, Clara	8	RIP-IA	54.94
22 Menninga, Mabel	8	SEA-IA	54.97
23 Bean, Sage	8	RSC-IA	55.16 Scr
24 Burdick, Lena	7	RIP-IA	55.58
25 Harvey, Lillybeth	7	DSMY-IA	56.15
26 Lukenbill, Vivi	8	DMSF-IA	56.18
27 Frierott, Parker	8	RIP-IA	56.77
28 Baugh, Raylee	8	CAST-IA	57.60
29 Huitink, Allie	8	SEA-IA	58.07
30 Wailes, Lydia	7	DSMY-IA	59.63
31 Luttgarm, Elaina	7	CIA-IA	1:04.65
32 Howe, Mollie	7	CIA-IA	1:04.88
33 Steck, Noelle	7	FAST-IA	1:07.34

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 45 ... (Girls 8 &amp; Under 50 Yard Freestyle)

Name	Age	Team	Seed Time
34 Nieto, Emma	7	RIP-IA	1:07.65
35 Mueggenberg, McKenna	7	CAST-IA	1:08.59
36 Parriott, MJ	7	RIP-IA	1:11.50
37 Klaassen, Elly	7	FAST-IA	NT
38 Tews, Kallie	7	FAST-IA	NT
39 Johnson, Ali	8	FAST-IA	NT
40 Bry, Chloe	6	MCSC-IA	NT
41 Brown, Inez	8	RIP-IA	NT
42 Huitink, Katelyn	6	SEA-IA	NT
43 Schweers, Genevieve	7	SSA-IA	NT
44 Koziol, Alex	8	BLAZ-IA	NT

## Event 46 Boys 8 &amp; Under 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Mintle, Easton	8	LIFE-IA	37.17
2 Venditti, Matteo	8	ACAC-IA	38.49
3 Van Niewaal, Oakley	8	DSMY-IA	39.02
4 Washington, Hugh	7	ACAC-IA	39.91
5 Larson, Luke	8	CAST-IA	42.82
6 Ocheltree, Hawk	8	DSMY-IA	43.99
7 Starr, Jackson	8	ACAC-IA	44.44
8 Pierce, Freddy	7	RIP-IA	46.49
9 Price, Keegan	8	BLAZ-IA	47.35
10 Kokjohn, Colin	8	DMSF-IA	49.87
11 Bylander, Finn	8	DSMY-IA	50.92
12 Janssen, Enoch	8	CAST-IA	52.17
13 Thomas, Francis	8	DSMY-IA	52.32
14 Poen, Axl	7	CAST-IA	54.03
15 Mortier, Charlie	8	RIP-IA	54.39
16 Goehring, Oliver	8	DMSF-IA	55.78
17 Hibben, Elliot	8	ACAC-IA	57.43
18 Schaefer, Miles	7	ACAC-IA	57.69
19 Clover, Max	7	SSA-IA	57.77
20 Gray, Milo	8	RIP-IA	59.70
21 Nakagawa Kawahira, Benicio	6	DSMY-IA	1:00.77
22 Kliewer, Krue	6	FAST-IA	1:01.34
23 Schulte, Trice	6	DSMY-IA	1:09.31
24 Rex, Eric	7	SSA-IA	1:09.41
25 Whitmore, Barryk	6	SEA-IA	1:27.72
26 Peterson, Wesley	7	ACAC-IA	1:33.79
27 Marshall, Johnny	8	RIP-IA	NT
28 Watanabe, Kai	8	ACAC-IA	NT
29 Hudson, William	5	DMSF-IA	NT

## Event 47 Girls 8 &amp; Under 100 Yard IM

Name	Age	Team	Seed Time
1 Qualley, Reagan	8	DSMY-IA	1:35.14
2 Feld, Addy	8	CIA-IA	1:43.61
3 DeYoung, Taelyn	8	FAST-IA	1:45.10
4 Spear, Lilliana	8	RIP-IA	1:50.23
5 McNichols, Madilyn	8	RIP-IA	2:03.65
6 Bry, Emma	8	MCSC-IA	2:06.79
7 Carter, Gigi	8	RIP-IA	2:17.81
8 Burdick, Lena	7	RIP-IA	2:28.52

9 Funke, Clara	8	RIP-IA	NT
10 Freeseaman, Josie	8	RIP-IA	NT
11 Davidson, Natalie	8	CIA-IA	NT
12 Wailes, Lydia	7	DSMY-IA	NT

## Event 48 Boys 8 &amp; Under 100 Yard IM

Name	Age	Team	Seed Time
1 Venditti, Matteo	8	ACAC-IA	1:41.97
2 Straw, Landan	8	DSMY-IA	1:52.57
3 Whitmore, Bryson	8	SEA-IA	1:53.35
4 Kliewer, Kace	8	FAST-IA	2:02.21
5 Nakagawa Kawahira, Camilo	8	DSMY-IA	2:12.26
6 Hudson, Thomas	8	DMSF-IA	2:23.77

## Event 49 Girls 8 &amp; Under 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Qualley, Reagan	8	DSMY-IA	49.13
2 Pedersen, Sam	8	CAST-IA	54.64
3 Harbert, Audrey	8	CIA-IA	55.35
4 Davidson, Natalie	8	CIA-IA	1:02.91
5 Frierott, Parker	8	RIP-IA	1:03.82
6 Vallas, Effie	8	CIA-IA	1:05.74
7 Novelo, Raegan	7	SEA-IA	1:08.05
8 Lukenbill, Vivi	8	DMSF-IA	1:09.85
9 Carter, Gigi	8	RIP-IA	1:15.90
10 Thomas, Olivia	8	RSC-IA	1:25.80
11 Mueggenberg, McKenna	7	CAST-IA	1:59.61
12 Satterstrom, Nicolette	8	RIP-IA	NT
13 Burdick, Lena	7	RIP-IA	NT

## Event 50 Boys 8 &amp; Under 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Venditti, Matteo	8	ACAC-IA	52.03
2 Starr, Jackson	8	ACAC-IA	54.30
3 Groenenboom, Landan	8	SEA-IA	1:00.55
4 Straw, Landan	8	DSMY-IA	1:00.91
5 Sisul, Jenner	8	SEA-IA	1:02.61
6 Kliewer, Kace	8	FAST-IA	1:04.82
7 Tran, Colin	7	CIA-IA	1:05.41
8 Price, Keegan	8	BLAZ-IA	1:08.17
9 Nakagawa Kawahira, Camilo	8	DSMY-IA	1:08.62

## Event 51 Girls 8 &amp; Under 25 Yard Backstroke

Name	Age	Team	Seed Time
1 Lamb, Addi	8	DSMY-IA	19.61
2 Lamoreux, Hazel	8	DSMY-IA	21.11
3 Cochran, Delaney	8	CIA-IA	21.16
4 McNichols, Madilyn	8	RIP-IA	21.78
5 Cramer, Alena	8	DSMY-IA	21.87
6 Torstenson, Syd	8	DSMY-IA	22.00
7 Kellenberger, Audrey	8	DSMY-IA	22.25
8 Smith, Hayden	8	DMSF-IA	22.32
9 DeYoung, Taelyn	8	FAST-IA	22.44
10 Textor, Whitney (Whit)	7	DMSF-IA	22.75
11 Freeseaman, Josie	8	RIP-IA	23.22
12 Burdick, Lena	7	RIP-IA	23.52
13 Moore, Eliza	8	DMSF-IA	23.67

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 51 ... (Girls 8 &amp; Under 25 Yard Backstroke)

Name	Age	Team	Seed Time
14 Carter, Gigi	8	RIP-IA	24.02
15 Johnson, Kyla	8	RIP-IA	24.53
16 Holcomb, Kyla	8	CIA-IA	24.71
17 Schweers, Genevieve	7	SSA-IA	25.48
18 Davidson, Natalie	8	CIA-IA	25.99
19 Satterstrom, Nicolette	8	RIP-IA	26.03
20 Harvey, Lillybeth	7	DSMY-IA	26.35
21 Peshak, Fiona	8	DMSF-IA	26.95
22 Collins, Miriam	8	ACAC-IA	27.07
23 Vallas, Effie	8	CIA-IA	27.39
24 Novelo, Raegan	7	SEA-IA	27.64
25 Parriott, MJ	7	RIP-IA	27.71
26 Huitink, Allie	8	SEA-IA	28.52
27 Baugh, Raylee	8	CAST-IA	28.56
28 Jordison, Avery	7	FAST-IA	28.57
29 Bean, Sage	8	RSC-IA	28.60
30 Wailes, Lydia	7	DSMY-IA	28.72
31 Daniel, Brinley	8	CAST-IA	29.24
32 Nieto, Emma	7	RIP-IA	29.75
33 Hornung, Addy	6	DSMY-IA	29.82
34 Funke, Clara	8	RIP-IA	29.99
35 Blocker, Kiersten	8	CIA-IA	30.02
36 Howe, Mollie	7	CIA-IA	30.97
37 Basmajian, Ines	7	ACAC-IA	31.62
38 Luttgeharm, Elaina	7	CIA-IA	31.73
39 Steck, Noelle	7	FAST-IA	32.59
40 Hemberger, Clara	8	RIP-IA	32.63
41 Lewis, Rylee	8	CIA-IA	32.79
42 Menninga, Mabel	8	SEA-IA	33.44
43 Carter, Haley	6	CAST-IA	33.55
44 Brown, Inez	8	RIP-IA	36.08
45 Warg-Farver, Paige	6	SSA-IA	36.24
46 Bellcock, Brecklyn	6	CAST-IA	38.55
47 Kitt, Hattie	8	CAST-IA	38.65
48 Lux, Mary	7	ACAC-IA	39.06
49 Mathews, Ingrid	7	ACAC-IA	44.28
50 Huitink, Katelyn	6	SEA-IA	44.30
51 Klaassen, Elly	7	FAST-IA	NT
52 Tews, Kallie	7	FAST-IA	NT
53 Johnson, Ali	8	FAST-IA	NT
54 Kakacek, Liv	7	FAST-IA	NT
55 Bry, Chloe	6	MCSC-IA	NT
56 Koziol, Alex	8	BLAZ-IA	NT
57 Thoreson, Vera	8	DMSF-IA	NT

## Event 52 Boys 8 &amp; Under 25 Yard Backstroke

Name	Age	Team	Seed Time
1 Ocheltree, Hawk	8	DSMY-IA	21.82
2 Van Niewaal, Oakley	8	DSMY-IA	22.37
3 Washington, Hugh	7	ACAC-IA	22.46
4 Hudson, Thomas	8	DMSF-IA	23.23
5 Marshall, Johnny	8	RIP-IA	23.35
6 Whitmore, Bryson	8	SEA-IA	23.51
7 Sisul, Jenner	8	SEA-IA	24.07

8 Mortier, Charlie	8	RIP-IA	24.24
9 Bylander, Finn	8	DSMY-IA	24.29
10 Hibben, Elliot	8	ACAC-IA	24.44
11 Starr, Jackson	8	ACAC-IA	24.81
12 Groenenboom, Landan	8	SEA-IA	24.85
13 Goehring, Oliver	8	DMSF-IA	25.08
14 Pierce, Freddy	7	RIP-IA	25.80
15 Kokjohn, Colin	8	DMSF-IA	25.92
16 Larson, Luke	8	CAST-IA	26.03
17 Gray, Milo	8	RIP-IA	27.61
18 Janssen, Enoch	8	CAST-IA	27.91
19 Schulte, Trice	6	DSMY-IA	28.28
20 Thomas, Francis	8	DSMY-IA	29.12
21 Tran, Colin	7	CIA-IA	29.24
22 Kliewer, Krue	6	FAST-IA	29.43
23 Steven, Tatum	7	CIA-IA	29.47
24 Price, Keegan	8	BLAZ-IA	29.72
25 Nakagawa Kawahira, Benicio	6	DSMY-IA	32.69
26 Rex, Eric	7	SSA-IA	33.56
27 Whitmore, Barryk	6	SEA-IA	33.73
28 Peterson, Wesley	7	ACAC-IA	36.13
29 Rees, Brighton	7	ACAC-IA	37.00
30 Naig, Kian	7	ACAC-IA	42.56
31 Hudson, William	5	DMSF-IA	47.48
32 Watanabe, Kai	8	ACAC-IA	NT

## Event 53 Girls 8 &amp; Under 50 Yard Butterfly

Name	Age	Team	Seed Time
1 Spear, Lilliana	8	RIP-IA	49.11
2 Feld, Addy	8	CIA-IA	50.60
3 DeYoung, Taelyn	8	FAST-IA	54.23
4 Peshak, Fiona	8	DMSF-IA	1:02.44
5 Holcomb, Kyla	8	CIA-IA	1:03.63
6 Torstenson, Syd	8	DSMY-IA	NT

## Event 54 Boys 8 &amp; Under 50 Yard Butterfly

Name	Age	Team	Seed Time
1 Venditti, Matteo	8	ACAC-IA	53.15
2 Kliewer, Kace	8	FAST-IA	1:10.95
3 Straw, Landan	8	DSMY-IA	NT

## Event 55 Girls 8 &amp; Under 25 Yard Freestyle

Name	Age	Team	Seed Time
1 Lamb, Addi	8	DSMY-IA	16.91
2 Qualley, Reagan	8	DSMY-IA	16.96
3 Spear, Lilliana	8	RIP-IA	17.36
4 Harbert, Audrey	8	CIA-IA	17.68
5 Cochran, Delaney	8	CIA-IA	17.68
6 Feld, Addy	8	CIA-IA	17.90
7 Pedersen, Sam	8	CAST-IA	18.06
8 Kellenberger, Audrey	8	DSMY-IA	18.33
9 Textor, Whitney (Whit)	7	DMSF-IA	18.70
10 Bilsend, Teagan	8	ACAC-IA	19.03
11 Lamoreux, Hazel	8	DSMY-IA	19.36
12 Bry, Emma	8	MCSC-IA	19.70
13 Collins, Miriam	8	ACAC-IA	21.13

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 55 ... (Girls 8 &amp; Under 25 Yard Freestyle)

Name	Age	Team	Seed Time
14 Cramer, Alena	8	DSMY-IA	21.23
15 Vallas, Effie	8	CIA-IA	21.28
16 Satterstrom, Nicolette	8	RIP-IA	21.29
17 Moore, Eliza	8	DMSF-IA	21.31
18 Schweers, Genevieve	7	SSA-IA	21.40
19 Daniel, Brinley	8	CAST-IA	21.42
20 Torstenson, Syd	8	DSMY-IA	21.56
21 Peshak, Fiona	8	DMSF-IA	22.06
22 Johnson, Kyla	8	RIP-IA	22.46
23 Funke, Clara	8	RIP-IA	22.88
24 Carter, Gigi	8	RIP-IA	23.06
25 Thomas, Olivia	8	RSC-IA	23.16
26 Bean, Sage	8	RSC-IA	23.62
27 Baugh, Raylee	8	CAST-IA	24.22
28 Novelo, Raegan	7	SEA-IA	24.44
29 Huitink, Allie	8	SEA-IA	24.51
30 Hornung, Addy	6	DSMY-IA	24.59
31 Harvey, Lillybeth	7	DSMY-IA	24.86
32 Parriott, MJ	7	RIP-IA	24.92
33 Menninga, Mabel	8	SEA-IA	25.11
34 Howe, Mollie	7	CIA-IA	25.31
35 Lukenbill, Vivi	8	DMSF-IA	25.66
36 Wailes, Lydia	7	DSMY-IA	26.02
37 Frierott, Parker	8	RIP-IA	26.06
38 Luttgeharm, Elaina	7	CIA-IA	26.20
39 Mueggenberg, McKenna	7	CAST-IA	26.33
40 Bellcock, Breckyn	6	CAST-IA	27.02
41 Carter, Haley	6	CAST-IA	27.96
42 Lewis, Rylee	8	CIA-IA	28.59
43 Nieto, Emma	7	RIP-IA	28.96
44 Brown, Inez	8	RIP-IA	29.64
45 Lux, Mary	7	ACAC-IA	29.75
46 Warg-Farver, Paige	6	SSA-IA	29.77
47 Huitink, Katelyn	6	SEA-IA	29.97
48 Blocker, Kiersten	8	CIA-IA	32.50
49 Mathews, Ingrid	7	ACAC-IA	32.75
50 Steck, Noelle	7	FAST-IA	33.33
51 Hemberger, Clara	8	RIP-IA	33.42
52 Kitt, Hattie	8	CAST-IA	34.25
53 Basmajian, Ines	7	ACAC-IA	35.37
54 Jordison, Avery	7	FAST-IA	NT
55 Klaassen, Elly	7	FAST-IA	NT
56 Tews, Kallie	7	FAST-IA	NT
57 Johnson, Ali	8	FAST-IA	NT
58 Kakacek, Liv	7	FAST-IA	NT
59 Bry, Chloe	6	MCSC-IA	NT
60 Freeseman, Josie	8	RIP-IA	NT
61 Koziol, Alex	8	BLAZ-IA	NT
62 Thoreson, Vera	8	DMSF-IA	NT

## Event 56 Boys 8 &amp; Under 25 Yard Freestyle

Name	Age	Team	Seed Time
1 Van Niewaal, Oakley	8	DSMY-IA	17.16
2 Washington, Hugh	7	ACAC-IA	17.39

3 Ocheltree, Hawk	8	DSMY-IA	18.71
4 Larson, Luke	8	CAST-IA	18.86
5 Starr, Jackson	8	ACAC-IA	19.30
6 Pierce, Freddy	7	RIP-IA	19.83
7 Kokjohn, Colin	8	DMSF-IA	20.06
8 Marshall, Johnny	8	RIP-IA	20.38
9 Sisul, Jenner	8	SEA-IA	20.41
10 Whitmore, Bryson	8	SEA-IA	20.65
11 Price, Keegan	8	BLAZ-IA	21.12
12 Bylander, Finn	8	DSMY-IA	21.24
13 Janssen, Enoch	8	CAST-IA	21.69
14 Goehring, Oliver	8	DMSF-IA	22.28
15 Hibben, Elliot	8	ACAC-IA	22.59
16 Steven, Tatum	7	CIA-IA	23.03
17 Poen, Axl	7	CAST-IA	23.92
18 Thomas, Francis	8	DSMY-IA	23.98
19 Tran, Colin	7	CIA-IA	24.05
20 Clover, Max	7	SSA-IA	24.47
21 Nakagawa Kawahira, Benicio	6	DSMY-IA	25.32
22 Schaefer, Miles	7	ACAC-IA	25.69
23 Gray, Milo	8	RIP-IA	25.78
24 Schulte, Trice	6	DSMY-IA	25.91
25 Mortier, Charlie	8	RIP-IA	26.27
26 Nakagawa Kawahira, Camilo	8	DSMY-IA	26.43
27 Kliewer, Krue	6	FAST-IA	28.32
28 Rees, Brighton	7	ACAC-IA	37.03
29 Hudson, William	5	DMSF-IA	37.78
30 Naig, Kian	7	ACAC-IA	39.97
31 Whitmore, Barryk	6	SEA-IA	40.69
32 Peterson, Wesley	7	ACAC-IA	41.94
33 Wilson, Isaac	7	SSA-IA	NT

## Event 57 Girls 8 &amp; Under 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 DSMY-IA	A	1:11.56
2 CIA-IA	A	1:13.00
3 RIP-IA	A	1:17.90
4 DMSF-IA	A	1:21.62
5 RIP-IA	B	1:33.40
6 DSMY-IA	B	1:33.40
7 CIA-IA	B	1:34.63
8 ACAC-IA	A	1:42.66
9 SEA-IA	A	1:44.85
10 CAST-IA	A	1:45.23
11 RIP-IA	C	1:49.58
12 FAST-IA	A	NT

## Event 58 Boys 8 &amp; Under 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ACAC-IA	A	1:11.21
2 DSMY-IA	A	1:14.83
3 RIP-IA	A	1:32.88
4 SEA-IA	A	1:40.07
5 DMSF-IA	A	1:41.41
6 DSMY-IA	B	1:42.05
7 ACAC-IA	B	2:07.25

**2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023**

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

**Psych Sheet****Event 59 Girls 13-14 100 Yard Freestyle**

1:00.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:00.49

Name	Age	Team	Seed Time
1 Hermsen, Mady	14	ACAC-IA	1:00.68
2 Cline, Haven	14	DSMY-IA	1:00.85
3 Thompson, Ky	14	ACAC-IA	1:00.97
4 Lubensky, Kylan	13	FAST-IA	1:01.02
5 Reid, Abigail	14	CIA-IA	1:01.17
6 Powell, Izzy	13	DMSF-IA	1:01.67
7 Stec, Sienna	14	DMSF-IA	1:02.13
8 Kramer, Marley	13	CIA-IA	1:02.25
9 Dunham, Keegan	14	DSMY-IA	1:02.92
10 Davis, Ava	14	DMSF-IA	1:03.34
11 Fertig, Jodi	13	RSC-IA	1:03.78 Scr
12 Seckington, Tillie	13	DMSF-IA	1:04.18
13 Stone, Kylee	13	DSMY-IA	1:05.12
14 Hoss, Brooke	13	CIA-IA	1:05.33
15 Vallas, Finley	14	CIA-IA	1:05.79
16 Yedake, Anika	14	DSMY-IA	1:05.89
17 Cook, Mallory	13	MCSC-IA	1:06.59
18 Beauchamp, Maddy	13	DSMY-IA	1:07.27
19 Shenouda, Esther	13	RIP-IA	1:07.62
20 Kinnison, Amanda	13	RIP-IA	1:07.64
21 Rohloff, Kate	14	DSMY-IA	1:09.05
22 Riley, Isabella	14	ACAC-IA	1:09.10
23 Rice, Mary	14	NSST-IA	1:09.61
24 Sexton, Claire	13	CIA-IA	1:11.17
25 Conn, Lillie	14	RSC-IA	1:11.56
26 Reyes, Abigail	13	NSST-IA	1:11.64
27 Herrick, Lilli	13	RSC-IA	1:12.29
28 Prichard, Avery	13	DSMY-IA	1:12.86
29 Subbert, Kambelle	14	SSA-IA	1:13.11
30 Kruger, Olivia	13	BLAZ-IA	1:13.37
31 Middlekauff, Alivia	13	RIP-IA	1:13.72
32 Prendergast, Claire	13	NSST-IA	1:13.80
33 Ocheltree, Hayden	13	DSMY-IA	1:15.15
34 Lebeck, Jocelyn	13	DMSF-IA	1:15.64
35 Bloom, Ellie	14	FAST-IA	1:16.86
36 Bylund, Amelia	14	DMSF-IA	1:17.23
37 Mootz, Natalie	14	RSC-IA	1:19.67
38 Kearn, Zoella	14	NSST-IA	1:20.72
39 Steinbach, Eleanor	13	NSST-IA	1:24.15
40 Nalan, Emily	14	NSST-IA	1:41.90

**Event 60 Boys 13-14 100 Yard Freestyle**

56.39 Q Champ Qualifying

Meet Qualifying: Slower than 56.39

Name	Age	Team	Seed Time
1 Hanafi, Zayd	13	MCSC-IA	56.46
2 Otis, Kasen	13	DMSF-IA	56.64
3 Lai, Joseph	13	NSST-IA	57.76
4 Heitzman, Calvin	13	CIA-IA	58.00
5 LaMasters, Peter	14	DMSF-IA	58.69
6 Heffernan, Blake	13	DSMY-IA	58.87

7 Fertig, Jonah	14	RSC-IA	58.97 Scr
8 Harris, Gage	13	DSMY-IA	59.47
9 Voynov, Clive	13	DMSF-IA	59.91
10 Artikov, Isaac	13	DMSF-IA	1:00.00
11 Arnold, Westin	14	RIP-IA	1:00.07
12 Willrich, Ben	14	DMSF-IA	1:00.26
13 Strosahl, Jonas	13	ACAC-IA	1:03.06
14 Gatzionis, Gregory	13	DSMY-IA	1:04.16
15 Gray, Dominic	13	DSMY-IA	1:05.05
16 Punt, Caleb	14	SEA-IA	1:05.18
17 Cauterucci, Kole	14	NSST-IA	1:05.22
18 Lankford, Reef	13	CAST-IA	1:05.78
19 Leder, Charlie	13	RIP-IA	1:06.01
20 Vos, Atticus	13	ACAC-IA	1:06.86
21 Naylor, Carson	13	CIA-IA	1:07.06
22 Oosterhuis, Evan	14	NSST-IA	1:07.11
23 Ortega, Ijah	13	RSC-IA	1:07.23
24 Hedding, Tommy	13	RIP-IA	1:07.70
25 Baker, Henry	14	BLAZ-IA	1:09.61
26 Hall, Kane	13	ACAC-IA	1:09.86
27 Cornwall, Connor	14	NSST-IA	1:10.62
28 Paul, Levi Paul	13	BLAZ-IA	1:11.17
29 Disterhoft, Fisher	14	NSST-IA	1:12.55
30 Miller, Ty	13	ACAC-IA	1:13.29
31 Savransky, Michael	14	RIP-IA	1:15.44
32 Briggs, Cooper	13	NSST-IA	1:19.28
33 Buck, Garrett	14	BLAZ-IA	1:20.11
34 Williams, Blake	13	NSST-IA	1:27.07
35 Clark, Hunter	14	BLAZ-IA	2:17.97

**Event 61 Girls 15 & Over 100 Yard Freestyle**

57.39 Q Champ Qualifying

Meet Qualifying: Slower than 57.39

Name	Age	Team	Seed Time
1 Smith, Kiley	16	DMSF-IA	58.40
2 Hedding, Ginny	15	RIP-IA	58.75
3 Brown, Ella	16	RIP-IA	1:00.85
4 Kramer, Nina	16	CIA-IA	1:01.54
5 Chase, Anna	16	DMSF-IA	1:01.64
6 Ballenger-Hudson, Aquila	17	NSST-IA	1:02.09
7 Penne, Addison	17	CIA-IA	1:02.18
8 Fields, Clara	17	ACAC-IA	1:02.40
9 Dvorak, Layla	15	BLAZ-IA	1:02.72
10 Reisdorf, Olivia	16	RIP-IA	1:06.28
11 Mengel, Maddie	15	DMSF-IA	1:06.43
12 Cunningham, Clara	15	NSST-IA	1:06.64
13 Kiekhaefer, Lucy	15	CIA-IA	1:08.24
14 Labresh, Joella	15	NSST-IA	1:08.53
15 Kent, Avery	15	NSST-IA	1:14.46
16 Schafer, Sophia	15	NSST-IA	1:15.08
17 Sethi, Milie	15	BLAZ-IA	1:16.97
18 Braun, Nelah	15	RSC-IA	1:23.26
19 Sargent, Audrey	15	NSST-IA	1:45.26

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

**Event 62 Boys 15 & Over 100 Yard Freestyle**

51.89 Q Champ Qualifying

Meet Qualifying: Slower than 51.89

Name	Age	Team	Seed Time
1 Otis, Hudson	15	DMSF-IA	52.95
2 Monaghan, John	15	CIA-IA	54.10
3 Shcharansky, George	15	LIFE-IA	56.51
4 Briggs, Colby	15	NSST-IA	57.04
5 Grimes, Nolan	16	DMSF-IA	57.22
6 Ortega, Zion	15	RSC-IA	57.62
7 Rupprecht, Cooper	16	SEA-IA	57.84
8 Oosterhuis, Alec	15	NSST-IA	59.04
9 Young, Tanner	16	NSST-IA	59.47
10 Spracklin, Ethan	15	DMSF-IA	59.59
11 Sisul, Jac	16	SEA-IA	59.77
12 Moore, Quentin	15	CIA-IA	1:00.61
13 Smith, Kaleb	15	DMSF-IA	1:00.74
14 Rexroat, Tyson	17	NSST-IA	1:01.49
15 Green, Easton	16	RSC-IA	1:04.31
16 Disterhoft, Uriah	16	NSST-IA	1:08.39
17 Duran Oropeza, Cesar	15	RIP-IA	NT

**Event 63 Girls 13-14 400 Yard IM**

5:24.69 Q Champ Qualifying

5:57.19 REG Regional Qualifying

Meet Qualifying: 5:24.70 - 5:57.19

Name	Age	Team	Seed Time
1 MacLeod, Megan	14	ACAC-IA	5:38.26 REG

**Event 64 Boys 13-14 400 Yard IM**

5:17.09 Q Champ Qualifying

5:48.89 REG Regional Qualifying

Meet Qualifying: 5:17.10 - 5:48.89

Name	Age	Team	Seed Time
1 Otis, Kasen	13	DMSF-IA	5:17.74 REG
2 Cunningham, Corban	13	NSST-IA	5:19.27 REG

**Event 65 Girls 15 & Over 400 Yard IM**

5:06.49 Q Champ Qualifying

5:37.19 REG Regional Qualifying

Meet Qualifying: 5:06.50 - 5:37.19

Name	Age	Team	Seed Time
1 Corwin, Briley	16	RIP-IA	5:08.46 REG

**Event 66 Boys 15 & Over 400 Yard IM**

4:42.09 Q Champ Qualifying

5:10.39 REG Regional Qualifying

Meet Qualifying: 4:42.10 - 5:10.39

Name	Age	Team	Seed Time
1 Otis, Hudson	15	DMSF-IA	4:51.00 REG

**Event 67 Girls 13-14 100 Yard Breaststroke**

1:18.59 Q Champ Qualifying

Meet Qualifying: Slower than 1:18.59

Name	Age	Team	Seed Time
1 Damge, Camryn	14	NSST-IA	1:20.13

2 Ernsperger, Isabel	14	CIA-IA	1:21.03
3 Kramer, Marley	13	CIA-IA	1:23.53
4 Thompson, Ky	14	ACAC-IA	1:24.26
5 Stec, Sienna	14	DMSF-IA	1:24.28
6 Sexton, Claire	13	CIA-IA	1:25.53
7 Damge, Evelyn	14	NSST-IA	1:26.71
8 Davis, Ava	14	DMSF-IA	1:26.75
9 Prichard, Avery	13	DSMY-IA	1:27.72
10 Yedake, Anika	14	DSMY-IA	1:28.32
11 Murray, Keira	14	MCSC-IA	1:29.04
12 Hoss, Brooke	13	CIA-IA	1:29.73
13 Kruger, Olivia	13	BLAZ-IA	1:32.89
14 Jacobs, Kate	13	RIP-IA	1:33.53
15 Subbert, Kambelle	14	SSA-IA	1:36.43
16 Bloom, Ellie	14	FAST-IA	1:36.86
17 Kinnison, Amanda	13	RIP-IA	1:37.27
18 Shenouda, Esther	13	RIP-IA	1:37.35
19 Rohloff, Kate	14	DSMY-IA	1:39.27
20 Riley, Isabella	14	ACAC-IA	1:39.36
21 Prendergast, Claire	13	NSST-IA	1:40.19
22 Conn, Lillie	14	RSC-IA	1:41.13
23 Rice, Mary	14	NSST-IA	1:43.73
24 Middlekauff, Alivia	13	RIP-IA	1:45.64
25 Bylund, Amelia	14	DMSF-IA	1:47.58
26 Lebeck, Jocelyn	13	DMSF-IA	1:50.41
27 Herrick, Lilli	13	RSC-IA	1:57.93
28 Steinbach, Eleanor	13	NSST-IA	NT
29 Ocheltree, Hayden	13	DSMY-IA	NT

**Event 68 Boys 13-14 100 Yard Breaststroke**

1:15.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:15.49

Name	Age	Team	Seed Time
1 Artikov, Isaac	13	DMSF-IA	1:16.17
2 Hanafi, Zayd	13	MCSC-IA	1:17.00
3 Lai, Joseph	13	NSST-IA	1:17.10
4 Heffernan, Blake	13	DSMY-IA	1:18.26
5 LaMasters, Peter	14	DMSF-IA	1:20.47
6 Oosterhuis, Evan	14	NSST-IA	1:20.78
7 Vos, Atticus	13	ACAC-IA	1:22.40
8 Gatzionis, Gregory	13	DSMY-IA	1:22.76
9 Hedding, Tommy	13	RIP-IA	1:24.89
10 Willrich, Ben	14	DMSF-IA	1:25.80
11 Cauterucci, Kole	14	NSST-IA	1:27.78
12 Ortega, Ijah	13	RSC-IA	1:28.69
13 Leder, Charlie	13	RIP-IA	1:30.52
14 Naylor, Carson	13	CIA-IA	1:32.61
15 Baker, Henry	14	BLAZ-IA	1:36.58
16 Savransky, Michael	14	RIP-IA	1:38.37
17 Miller, Ty	13	ACAC-IA	1:54.74
18 Williams, Blake	13	NSST-IA	2:00.12
19 Buck, Garrett	14	BLAZ-IA	NT
20 Hall, Kane	13	ACAC-IA	NT

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

**Event 69 Girls 15 & Over 100 Yard Breaststroke**

1:14.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:14.49

Name	Age	Team	Seed Time
1 Braun, Jenna	18	MCSC-IA	1:14.52
2 Fertig, Jordan	15	RSC-IA	1:17.81 Scr
3 Reisdorf, Olivia	16	RIP-IA	1:24.98
4 Penne, Addison	17	CIA-IA	1:25.13
5 Kiekhaefer, Lucy	15	CIA-IA	1:28.98
6 Ballenger-Hudson, Aquila	17	NSST-IA	1:30.95
7 Sethi, Milie	15	BLAZ-IA	1:31.48
8 Dvorak, Layla	15	BLAZ-IA	1:33.07
9 Mengel, Maddie	15	DMSF-IA	1:37.42
10 Kent, Avery	15	NSST-IA	1:40.44
11 Braun, Nelah	15	RSC-IA	1:49.08
12 Sargent, Audrey	15	NSST-IA	2:21.09

**Event 70 Boys 15 & Over 100 Yard Breaststroke**

1:06.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:06.49

Name	Age	Team	Seed Time
1 Rupperecht, Cooper	16	SEA-IA	1:08.95
2 Moore, Quentin	15	CIA-IA	1:09.15
3 DeJong, Eli	15	DMSF-IA	1:10.74
4 Otis, Hudson	15	DMSF-IA	1:11.59
5 Monaghan, John	15	CIA-IA	1:12.02
6 Nguyen, David	15	RIP-IA	1:12.85
7 Rexroat, Tyson	17	NSST-IA	1:14.95
8 Ortega, Zion	15	RSC-IA	1:21.79
9 Grimes, Nolan	16	DMSF-IA	1:23.15
10 Sisul, Jac	16	SEA-IA	1:23.82
11 Oosterhuis, Alec	15	NSST-IA	1:26.27
12 Green, Easton	16	RSC-IA	1:33.08

**Event 71 Girls 13-14 200 Yard Backstroke**

2:28.99 Q Champ Qualifying

2:51.39 REG Regional Qualifying

Meet Qualifying: 2:29.00 - 2:51.39

Name	Age	Team	Seed Time
1 Kramer, Marley	13	CIA-IA	2:30.36 REG
2 Powell, Izzy	13	DMSF-IA	2:32.20 REG
3 Stone, Kylee	13	DSMY-IA	2:33.38 REG
4 MacLeod, Megan	14	ACAC-IA	2:33.75 REG
5 Damge, Camryn	14	NSST-IA	2:34.70 REG
6 Hermsen, Mady	14	ACAC-IA	2:34.94 REG
7 Dunham, Keegan	14	DSMY-IA	2:38.50 REG
8 Vallas, Finley	14	CIA-IA	2:41.69 REG
9 Riley, Isabella	14	ACAC-IA	2:51.01 REG

**Event 72 Boys 13-14 200 Yard Backstroke**

2:25.09 Q Champ Qualifying

2:46.89 REG Regional Qualifying

Meet Qualifying: 2:25.10 - 2:46.89

Name	Age	Team	Seed Time
1 Edgington, Tate	13	DMSF-IA	2:27.56 REG
2 Gray, Dominic	13	DSMY-IA	2:29.66 REG

3 Heffernan, Blake	13	DSMY-IA	2:29.77 REG
4 Ha, Norman	13	NSST-IA	2:35.83 REG
5 Strosahl, Jonas	13	ACAC-IA	2:38.54 REG
6 Arnold, Westin	14	RIP-IA	2:59.63L REG

**Event 73 Girls 15 & Over 200 Yard Backstroke**

2:22.29 Q Champ Qualifying

2:43.69 REG Regional Qualifying

Meet Qualifying: 2:22.30 - 2:43.69

Name	Age	Team	Seed Time
1 Smith, Kiley	16	DMSF-IA	2:22.66 REG
2 Cunningham, Clara	15	NSST-IA	2:35.36 REG
3 Fields, Clara	17	ACAC-IA	2:38.93 REG

**Event 74 Boys 15 & Over 200 Yard Backstroke**

2:13.89 Q Champ Qualifying

2:33.99 REG Regional Qualifying

Meet Qualifying: 2:13.90 - 2:33.99

Name	Age	Team	Seed Time
1 Briggs, Colby	15	NSST-IA	2:21.00 REG
2 Gleason, Britt	17	DMSF-IA	2:23.26 REG
3 Smith, Kaleb	15	DMSF-IA	2:32.05 REG

**Event 75 Girls 13-14 100 Yard Butterfly**

1:08.19 Q Champ Qualifying

Meet Qualifying: Slower than 1:08.19

Name	Age	Team	Seed Time
1 Kramer, Marley	13	CIA-IA	1:08.45
2 Dunham, Keegan	14	DSMY-IA	1:09.15
3 Stone, Kylee	13	DSMY-IA	1:09.98
4 Seckington, Tillie	13	DMSF-IA	1:13.75
5 Damge, Evelyn	14	NSST-IA	1:16.07
6 Davis, Ava	14	DMSF-IA	1:16.91
7 Ocheltree, Hayden	13	DSMY-IA	1:17.24
8 Yedake, Anika	14	DSMY-IA	1:17.42
9 Hoss, Brooke	13	CIA-IA	1:19.21
10 Damge, Camryn	14	NSST-IA	1:21.20
11 MacLeod, Megan	14	ACAC-IA	1:22.02
12 Riley, Isabella	14	ACAC-IA	1:22.19
13 Beauchamp, Maddy	13	DSMY-IA	1:22.81
14 Eure, Veronica	14	RIP-IA	1:23.20
15 Vallas, Finley	14	CIA-IA	1:23.28
16 Rice, Mary	14	NSST-IA	1:24.49
17 Fertig, Jodi	13	RSC-IA	1:26.68 Scr
18 Prichard, Avery	13	DSMY-IA	1:28.02
19 Mootz, Natalie	14	RSC-IA	1:38.10
20 Kearn, Zoella	14	NSST-IA	1:57.67
21 Nalan, Emily	14	NSST-IA	2:18.16
22 Shenouda, Esther	13	RIP-IA	NT

**Event 76 Boys 13-14 100 Yard Butterfly**

1:06.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:06.09

Name	Age	Team	Seed Time
1 Harris, Gage	13	DSMY-IA	1:06.47
2 Voynov, Clive	13	DMSF-IA	1:06.52
3 Edgington, Tate	13	DMSF-IA	1:08.41

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 76 ... (Boys 13-14 100 Yard Butterfly)

Name	Age	Team	Seed Time
4 Cunningham, Corban	13	NSST-IA	1:10.27
5 Lai, Joseph	13	NSST-IA	1:10.84
6 Heitzman, Calvin	13	CIA-IA	1:13.62
7 Heffernan, Blake	13	DSMY-IA	1:14.46
8 Ha, Norman	13	NSST-IA	1:16.22
9 Cauterucci, Kole	14	NSST-IA	1:19.58
10 Vos, Atticus	13	ACAC-IA	1:21.95
11 Paul, Levi Paul	13	BLAZ-IA	1:23.18
12 Punt, Caleb	14	SEA-IA	1:23.85
13 Cornwell, Connor	14	NSST-IA	1:31.80
14 Miller, Ty	13	ACAC-IA	1:38.17

## Event 77 Girls 15 &amp; Over 100 Yard Butterfly

1:04.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:04.09

Name	Age	Team	Seed Time
1 Brown, Ella	16	RIP-IA	1:05.58
2 Fertig, Jordan	15	RSC-IA	1:07.82 Scr
3 Kramer, Nina	16	CIA-IA	1:11.67
4 Chase, Anna	16	DMSF-IA	1:16.97
5 Cunningham, Clara	15	NSST-IA	1:18.63
6 Dvorak, Layla	15	BLAZ-IA	1:21.18
7 Ballenger-Hudson, Aquila	17	NSST-IA	1:24.21
8 Labresh, Joella	15	NSST-IA	1:24.29

## Event 78 Boys 15 &amp; Over 100 Yard Butterfly

57.89 Q Champ Qualifying

Meet Qualifying: Slower than 57.89

Name	Age	Team	Seed Time
1 Monaghan, John	15	CIA-IA	59.73
2 Strosahl, Solomon	16	ACAC-IA	1:00.18
3 DeJong, Eli	15	DMSF-IA	1:01.58
4 Jean, Brock	15	DSMY-IA	1:02.75
5 Otis, Hudson	15	DMSF-IA	1:04.93
6 Young, Tanner	16	NSST-IA	1:05.61
7 Oosterhuis, Alec	15	NSST-IA	1:06.90
8 Gleason, Britt	17	DMSF-IA	1:08.01
9 Sisul, Jac	16	SEA-IA	1:08.44
10 Grimes, Nolan	16	DMSF-IA	1:09.88
11 Smith, Kaleb	15	DMSF-IA	1:13.54
12 Moore, Quentin	15	CIA-IA	1:21.38
13 Green, Easton	16	RSC-IA	1:23.76
14 Shcharansky, George	15	LIFE-IA	NT
15 Duran Oropeza, Cesar	15	RIP-IA	NT

## Event 79 Girls 13-14 200 Yard Medley Relay

Team	Relay	Seed Time
1 DMSF-IA	A	2:14.31
2 CIA-IA	A	2:14.39
3 NSST-IA	A	2:16.98
4 RIP-IA	A	2:28.72
5 RSC-IA	A	2:32.57
6 NSST-IA	B	2:54.87

## Event 80 Boys 13-14 200 Yard Medley Relay

Team	Relay	Seed Time
1 DMSF-IA	A	2:04.24
2 NSST-IA	A	2:07.95
3 ACAC-IA	A	2:27.81
4 RIP-IA	A	2:39.19
5 NSST-IA	B	2:39.56

## Event 81 Girls 15 &amp; Over 200 Yard Medley Relay

Team	Relay	Seed Time
1 RIP-IA	A	2:06.64
2 NSST-IA	A	2:19.58

## Event 82 Boys 15 &amp; Over 200 Yard Medley Relay

Team	Relay	Seed Time
1 DMSF-IA	A	1:50.10
2 NSST-IA	A	1:57.38

## Event 83 Girls 13-14 500 Yard Freestyle

5:49.59 Q Champ Qualifying

6:24.59 REG Regional Qualifying

Meet Qualifying: 5:49.60 - 6:24.59

Name	Age	Team	Seed Time
1 Cline, Haven	14	DSMY-IA	5:52.43 REG
2 Powell, Izzy	13	DMSF-IA	5:54.41 REG
3 Hermsen, Mady	14	ACAC-IA	6:05.97 REG
4 Davis, Ava	14	DMSF-IA	6:06.86 REG
5 Thompson, Ky	14	ACAC-IA	6:09.70 REG
6 Dunham, Keegan	14	DSMY-IA	6:12.79 REG
7 MacLeod, Megan	14	ACAC-IA	6:22.23 REG
8 Stec, Sienna	14	DMSF-IA	5:37.74L REG

## Event 84 Boys 13-14 500 Yard Freestyle

5:33.89 Q Champ Qualifying

6:07.29 REG Regional Qualifying

Meet Qualifying: 5:33.90 - 6:07.29

Name	Age	Team	Seed Time
1 Gagov, Evan	14	CIA-IA	5:34.60 REG
2 LaMasters, Peter	14	DMSF-IA	5:38.99 REG
3 Voynov, Clive	13	DMSF-IA	5:49.96 REG
4 Artikov, Isaac	13	DMSF-IA	5:51.72 REG
5 Strosahl, Jonas	13	ACAC-IA	6:03.71 REG
6 Gray, Dominic	13	DSMY-IA	6:07.26 REG
7 Naylor, Carson	13	CIA-IA	5:32.85L REG

## Event 85 Girls 15 &amp; Over 500 Yard Freestyle

5:39.99 Q Champ Qualifying

6:13.99 REG Regional Qualifying

Meet Qualifying: 5:40.00 - 6:13.99

Name	Age	Team	Seed Time
1 Smith, Kiley	16	DMSF-IA	5:45.42 REG
2 Braun, Jenna	18	MCSC-IA	5:45.64 REG
3 Kramer, Nina	16	CIA-IA	5:51.06 REG
4 Penne, Addison	17	CIA-IA	5:57.35 REG
5 Fields, Clara	17	ACAC-IA	6:06.43 REG

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

**Event 86 Boys 15 & Over 500 Yard Freestyle**

5:15.99 Q Champ Qualifying

5:47.59 REG Regional Qualifying

Meet Qualifying: 5:16.00 - 5:47.59

Name	Age	Team	Seed Time
1 Strosahl, Solomon	16	ACAC-IA	5:31.56 REG
2 Jean, Brock	15	DSMY-IA	5:37.22 REG

**Event 87 Girls 11-12 50 Yard Freestyle**

29.99 Q Champ Qualifying

Meet Qualifying: Slower than 29.99

Name	Age	Team	Seed Time
1 Henning, Joelle	11	LIFE-IA	30.25
2 Tchapravova, Kalida	12	CIA-IA	30.30
3 Doolittle, Ali	12	ACAC-IA	30.31
4 Schmulbach, Reagan	12	RIP-IA	30.49
5 Olswing, Maddie	11	ACAC-IA	30.91
6 Dahlen, Ella	12	DMSF-IA	31.14
7 Binkowski, Addyson	11	ACAC-IA	31.28
8 Thilges, Ella	12	BLAZ-IA	31.31
9 Driscoll, Rylee	12	MCSC-IA	31.43
10 Hurley, Brooklyn	11	RSC-IA	31.50
11 Baker, Norah	12	BLAZ-IA	31.63
12 Peterson, Brooklyn	11	RIP-IA	31.79
13 Filmer, Lauren	11	DSMY-IA	31.85
14 Miller, Coraline	12	BLAZ-IA	31.87
15 Thoreson, Hazel	12	DMSF-IA	31.98
16 Van Der Molen, Baylie	12	BLAZ-IA	32.08
17 Mason, Adelyn	12	CIA-IA	32.23
18 Hedrick, Piper	11	CIA-IA	32.24
19 Kiekhaefer, Chloe	12	BLAZ-IA	32.40
20 Evans, Ella	12	BLAZ-IA	32.49
21 Pekarek, Lila	12	RSC-IA	32.58
22 Gruenisen, Sami	12	BLAZ-IA	32.86
23 Wilcoxson, Helena	12	DMSF-IA	32.93
24 Swaim, Madison	11	LIFE-IA	33.11
25 Doolittle, Jillian	11	MCSC-IA	33.23
26 Lindemann, Josefina	11	LIFE-IA	33.31
27 Ballard, Caitlin	12	DMSF-IA	33.52
28 Seifert, Stella	12	CIA-IA	33.68
29 Douglas, Allie	12	RSC-IA	33.71 Scr
30 Meyer, Addie	11	RIP-IA	33.78
31 Smith, Ella	12	DMSF-IA	33.78
32 Cariglino, Siena	11	NSST-IA	33.85
33 Mccune, Zella	12	BLAZ-IA	33.94
34 Burke, Reece	11	RIP-IA	33.97
35 Danielson, Zoey	11	ACAC-IA	34.18
36 Combs, Peyton	11	ACAC-IA	34.28
37 Morales, Karla	12	BLAZ-IA	34.45
38 Honkamp, Claire	12	DMSF-IA	34.75
39 Hudson, Natalie	11	DMSF-IA	35.20
40 Dacey, Alivia	11	CIA-IA	35.25
41 McDonough, Bridget	12	DMSF-IA	35.76
42 Reineke, Mia	12	NSST-IA	35.78 Scr
43 Chen, Leighton	11	DMSF-IA	36.06

44 Jacobson, Anna	11	RIP-IA	37.30
45 Bancroft, Brianna	11	ACAC-IA	37.41
46 Freeseaman, Gabby	11	RIP-IA	38.05
47 Payne, Lily	12	RSC-IA	38.45 Scr
48 Green, Raegan	12	RSC-IA	38.61
49 Hunt, Ceci	11	BLAZ-IA	38.69 *
50 Hardman, Ellie	11	SEA-IA	39.02
51 Mathews, Sonja	11	ACAC-IA	39.65
52 Peterson, Isabella	11	CAST-IA	40.37
53 Johnson, Irina	11	RIP-IA	40.39
54 Birusingh, Siri	12	DMSF-IA	40.55
55 McGinnis, Izzy	11	BLAZ-IA	41.11
56 Jacobus, Maddie	11	BLAZ-IA	41.33
57 Cunningham, Lydia	11	NSST-IA	41.43
58 Lingbeek, Aubrey	12	MCSC-IA	41.45
59 Jensen, Kendal	11	BLAZ-IA	42.85
60 Lastovica, Keegan	12	SSA-IA	42.93
61 Hawks, Joni	11	DMSF-IA	43.04
62 Bellcock, Brylie	12	CAST-IA	45.21
63 McFall, Gianna	11	BLAZ-IA	46.30
64 Hoogestraat, Maci	11	CAST-IA	46.85
65 Root, Norah	11	CIA-IA	48.67
66 Kunkel, Kapri	11	RSC-IA	49.26
67 Innanji, Vrishti	11	BLAZ-IA	55.34
68 Schnepf, Mae	11	DMSF-IA	56.00
69 Reineke, Lexi	12	NSST-IA	1:02.91
70 Witt, ava	12	MCSC-IA	NT

**Event 88 Boys 11-12 50 Yard Freestyle**

29.99 Q Champ Qualifying

Meet Qualifying: Slower than 29.99

Name	Age	Team	Seed Time
1 Marks, Clayton	12	CIA-IA	30.01
2 Vallas, Brooks	12	CIA-IA	30.19
3 Jean, Tate	12	DSMY-IA	30.44
4 Johnson, Jacob	11	RIP-IA	30.51
5 Van Der Linden, Owen	12	ACAC-IA	30.70
6 Johnson, Cade	11	DSMY-IA	30.95
7 Boender, Sully	12	SEA-IA	31.16
8 Wittmayer, Matthew	11	CIA-IA	31.53
9 Holms, Donny	12	BLAZ-IA	31.83
10 Schumacher, Brant	12	CIA-IA	32.36
11 Deardorff, Dysen	11	DMSF-IA	32.78
12 Klocke, Coehen	11	CAST-IA	33.22
13 Huf, Zane	12	BLAZ-IA	33.24
14 Devlic, Ben	12	NSST-IA	33.31
15 Sanders, Grayson	11	RIP-IA	34.14
16 Sikora, Owen	11	RSC-IA	34.94
17 Lauter, Ashton	12	ACAC-IA	35.22
18 Anderson, Vinny	11	RIP-IA	35.69
19 Wuest, Aaron	11	RIP-IA	35.87
20 Wittenwyler, Nolan	11	RIP-IA	35.91
21 Challis, Dan	12	ACAC-IA	35.92
22 McCammon, Jake	11	BLAZ-IA	36.01 *
23 Keenan, Jude	11	CIA-IA	36.05
24 Gagov, Alex	11	CIA-IA	37.51

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 88 ... (Boys 11-12 50 Yard Freestyle)

Name	Age	Team	Seed Time
25 Magalski, Ryan	11	BLAZ-IA	38.28
26 Warrington, Grant	11	RIP-IA	39.40
27 Spradling, Tyler	11	CIA-IA	39.46
28 Gaulke, Silas	11	SEA-IA	39.54
29 Punt, Cameron	11	SEA-IA	40.22
30 Wigant, Grayson	11	RIP-IA	40.32
31 Kent, Harper	12	NSST-IA	40.96
32 Shonka, Voeden	11	RSC-IA	43.59
33 Canales-Burr, Gian	11	DSMY-IA	44.65
34 Oaks, Gavin	11	SEA-IA	47.92
35 Onnen, Oliver	11	RSC-IA	49.69
36 Challis, John	11	ACAC-IA	50.20
37 McLaughlin, George	11	RIP-IA	NT

## Event 89 Girls 10 &amp; Under 50 Yard Freestyle

## 37.09 Q Champ Qualifying

Meet Qualifying: Slower than 37.09

Name	Age	Team	Seed Time
1 Bowman, Amelia	9	BLAZ-IA	37.10
2 Leder, Maeve	10	RIP-IA	37.24
3 Stoeckel, Madigan	10	CIA-IA	37.30
4 Baker, Caroline	9	BLAZ-IA	37.48
5 Price, Jocelyn	10	BLAZ-IA	37.48
6 Kliewer, Kenna	10	FAST-IA	37.57
7 Carter, June	10	RIP-IA	37.70
8 Bellcock, Bristol	10	CAST-IA	37.77
9 Ortega, Evelyn	9	RSC-IA	37.81 Scr
10 Pierce, Ellen	10	RIP-IA	38.09
11 Peterson, Kendall	9	RIP-IA	38.43
12 Shaffer, Claire	10	RIP-IA	38.70
13 Driscoll, Jules	10	RIP-IA	39.40
14 Zimmerman, Lily	10	SEA-IA	39.55
15 Olswing, Amelia	9	ACAC-IA	39.70
16 Groenenboom, Kinzley	10	SEA-IA	40.37
17 Hildreth, Quinn	10	FAST-IA	40.38
18 Spear, Lilliana	8	RIP-IA	40.76
19 Guild, Bri	10	BLAZ-IA	40.76
20 Connolly, Grace	9	DSMY-IA	40.97
21 Garrison, Jorgia	8	RSC-IA	41.44
22 Lankford, Abby	10	CAST-IA	41.82
23 Hunt, Jojo	10	BLAZ-IA	41.96 *
24 Stec, Sophia	10	DMSF-IA	42.18
25 Piper, Maddy	9	RIP-IA	42.45
26 Sisul, Jolie	10	SEA-IA	42.49
27 Russell, Amelia	9	BLAZ-IA	42.60
28 Rengel, Olivia	10	DMSF-IA	42.80
29 Cole, Kenedy	9	CIA-IA	42.92
30 Klesel, Ayla	10	CIA-IA	43.44
31 Albrecht, Brynlee	9	DSMY-IA	43.44
32 Bry, Emma	8	MCSC-IA	43.59
33 Meyer, Gwen	9	RIP-IA	44.16
34 Bilsend, Teagan	8	ACAC-IA	44.40
35 Nieto, Gaby	10	RIP-IA	44.98
36 Knox, Makayla	10	FAST-IA	45.22

37 Cramer, Arya	9	ACAC-IA	45.91
38 Baugh, Brynlee	9	CAST-IA	46.01
39 Satterstrom, Molly	9	RIP-IA	48.24
40 Gaulke, Kate	10	SEA-IA	49.39
41 Thomas, Olivia	8	RSC-IA	49.48
42 Sankey, Camille	9	ACAC-IA	49.53
43 Berry, Collins	9	ACAC-IA	49.87
44 Schaefer, Finley	9	ACAC-IA	50.22
45 Moon, Nora	10	DMSF-IA	51.49
46 Kopriva, Tinley	9	DMSF-IA	51.58
47 Dibbet, Harper	10	RIP-IA	51.71
48 Driscoll, Bailey	9	MCSC-IA	52.29
49 Nguyen, Evy	9	DMSF-IA	52.34
50 Lepert, Alyse	9	DMSF-IA	52.84
51 Carter, Gigi	8	RIP-IA	53.58
52 Heiden, Brynn	9	RIP-IA	53.65
53 Burdick, Lena	7	RIP-IA	55.58
54 Novelo, Raegan	7	SEA-IA	56.01
55 Anderson, Lottie	10	RIP-IA	57.15
56 Cassler, Norah	10	RSC-IA	57.55
57 Punt, Clara	9	SEA-IA	57.57
58 Peer, Shawn	9	SEA-IA	57.93
59 Miller, Etta	10	BLAZ-IA	1:00.12
60 Scebold, Maddie	9	ACAC-IA	1:00.51
61 Bellcock, Breckyn	6	CAST-IA	1:03.07
62 Meyer, Charlie	10	FAST-IA	1:03.88
63 Nieto, Emma	7	RIP-IA	1:07.65
64 McConville, Miren	9	RIP-IA	1:07.82
65 Lewis, Rylee	8	CIA-IA	1:13.91
66 Bry, Chloe	6	MCSC-IA	NT
67 Holic, Hanna	10	BLAZ-IA	NT
68 Fox, Molly	10	ACAC-IA	NT
69 Birusingh, Ari	9	DMSF-IA	NT

## Event 90 Boys 10 &amp; Under 50 Yard Freestyle

## 36.29 Q Champ Qualifying

Meet Qualifying: Slower than 36.29

Name	Age	Team	Seed Time
1 Platt, Harrison	9	BLAZ-IA	36.32
2 Fausch, Zach	9	CIA-IA	36.46
3 Mintle, Harrison	10	LIFE-IA	36.54
4 Mintle, Easton	8	LIFE-IA	37.17
5 Barthole, Conner	10	CIA-IA	37.23
6 Mathes, Camden	10	CIA-IA	37.34
7 Vos, Ephraim	10	ACAC-IA	37.48
8 Strosahl, Judah	10	ACAC-IA	37.88
9 Halackiewicz, Ian	9	RIP-IA	37.97
10 Novelo, Dominic	9	SEA-IA	38.23
11 Garrison, Jaden	10	RSC-IA	38.71
12 Hawks, Jimmy	9	DMSF-IA	39.13
13 Siebrecht, Ryder	9	CAST-IA	39.79
14 Washington, Hugh	7	ACAC-IA	39.91
15 Ly, Daniel	10	RIP-IA	40.00
16 Heeley, Hudson	10	RIP-IA	41.01
17 Carter, Thomas	9	CAST-IA	42.15
18 Viteri, Sebastian	9	RSC-IA	42.21

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 90 ... (Boys 10 &amp; Under 50 Yard Freestyle)

Name	Age	Team	Seed Time
19 Six, Tristan	10	RSC-IA	42.35
20 Hogan, Finn	9	DMSF-IA	43.07
21 Williams, Owen	9	CAST-IA	43.39
22 Naylor, Jackson	9	CIA-IA	44.34
23 Whitmore, Bryson	8	SEA-IA	44.52
24 Freeseaman, Griffin	10	RIP-IA	44.55
25 McGarry, Michael	9	CIA-IA	45.03
26 Zhang, Allen	10	DMSF-IA	45.87
27 Greenley, Ethan	10	RIP-IA	46.69
28 Hedding, Ryan	9	RIP-IA	46.82
29 Thoreson, Anders	10	DMSF-IA	47.14
30 Hiller, Cooper	9	RSC-IA	47.17
31 Vedantham, Vaibhava	9	DMSF-IA	47.30
32 Groenenboom, Landan	8	SEA-IA	47.51
33 Coonan, Ross	10	RIP-IA	47.67
34 Tunink, Johnny	10	RIP-IA	48.35
35 Phelps, Briggs	9	BLAZ-IA	48.41
36 Voynov, Leo	9	DMSF-IA	49.06
37 Sexton, James	9	CIA-IA	50.50
38 Thomas, Ethan	10	RSC-IA	51.09
39 Todsen, Gavin	9	CIA-IA	51.25
40 Sisul, Jenner	8	SEA-IA	51.88
41 Lux, Thurston	9	ACAC-IA	53.92
42 Mortier, Charlie	8	RIP-IA	54.39
43 Garrison, Jonah	7	RSC-IA	55.78
44 McFall, Rex	9	BLAZ-IA	56.75
45 Schaefer, Miles	7	ACAC-IA	57.69

## Event 91 Girls 11-12 200 Yard IM

2:47.29 Q Champ Qualifying

Meet Qualifying: Slower than 2:47.29

Name	Age	Team	Seed Time
1 Hedrick, Piper	11	CIA-IA	2:54.56
2 Smith, Mylie	11	ACAC-IA	2:59.14
3 Binkowski, Addyson	11	ACAC-IA	3:00.58
4 Filmer, Lauren	11	DSMY-IA	3:04.91
5 Meyer, Addie	11	RIP-IA	3:09.00
6 Anderson, Davan	12	NSST-IA	3:16.46
7 Cariglino, Siena	11	NSST-IA	3:22.57
8 Doolittle, Ali	12	ACAC-IA	3:25.68
9 Dahlen, Ella	12	DMSF-IA	3:49.07L
10 Innanji, Vrishti	11	BLAZ-IA	NT
11 Mathews, Sonja	11	ACAC-IA	NT
12 Hawks, Joni	11	DMSF-IA	NT

## Event 92 Boys 11-12 200 Yard IM

2:43.99 Q Champ Qualifying

Meet Qualifying: Slower than 2:43.99

Name	Age	Team	Seed Time
1 Fischer, Tyler	12	ACAC-IA	2:44.69
2 Smith, Carter	11	DMSF-IA	2:46.81
3 McMahan, Griffin	11	DMSF-IA	3:01.36
4 Cunningham, Titus	12	NSST-IA	3:02.48

## Event 93 Girls 10 &amp; Under 200 Yard IM

3:15.59 Q Champ Qualifying

Meet Qualifying: Slower than 3:15.59

Name	Age	Team	Seed Time
1 Halbur, Allison	9	ACAC-IA	3:18.77
2 Pekarek, Anna	10	RSC-IA	3:21.54
3 Tran, Victoria	9	CIA-IA	3:26.44
4 Burdick, Lena	7	RIP-IA	NT
5 Engelman, Maggie	10	ACAC-IA	NT
6 Hornung, Harper	9	DSMY-IA	NT
7 Stec, Sophia	10	DMSF-IA	NT

## Event 94 Boys 10 &amp; Under 200 Yard IM

3:13.19 Q Champ Qualifying

Meet Qualifying: Slower than 3:13.19

Name	Age	Team	Seed Time
1 Novelo, Dominic	9	SEA-IA	3:53.62
2 Ly, Daniel	10	RIP-IA	NT
3 Burdick, Cole	10	RIP-IA	NT
4 Barthole, Conner	10	CIA-IA	NT
5 Schmidt, Sawyer	10	ACAC-IA	NT

## Event 95 Girls 11-12 200 Yard Breaststroke

3:06.59 Q Champ Qualifying

3:34.59 REG Regional Qualifying

Meet Qualifying: 3:06.60 - 3:34.59

Name	Age	Team	Seed Time
1 Evans, Ella	12	BLAZ-IA	3:08.57 REG
2 Dacey, Alivia	11	CIA-IA	3:11.59 REG
3 Gruenisen, Sami	12	BLAZ-IA	3:16.56 REG
4 Doolittle, Jillian	11	MCSC-IA	3:16.81 REG
5 Kiekhaefer, Chloe	12	BLAZ-IA	3:16.91 REG
6 Wilcoxson, Helena	12	DMSF-IA	3:17.32 REG
7 Pekarek, Lila	12	RSC-IA	3:18.18 REG
8 Hurley, Brooklyn	11	RSC-IA	3:20.33 REG
9 Nguyen, Marianne	11	RIP-IA	3:20.47 REG
10 Mason, Adelyn	12	CIA-IA	3:32.69 REG

## Event 96 Boys 11-12 200 Yard Breaststroke

3:00.19 Q Champ Qualifying

3:27.29 REG Regional Qualifying

Meet Qualifying: 3:00.20 - 3:27.29

Name	Age	Team	Seed Time
1 Signani, Nicholas	11	DSMY-IA	3:00.51 REG
2 MacFarland, Ryan	12	BLAZ-IA	3:16.63 *REG

## Event 97 Girls 10 &amp; Under 100 Yard Breaststroke

1:44.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:44.99

Name	Age	Team	Seed Time
1 Hornung, Harper	9	DSMY-IA	1:45.18
2 Groenenboom, Kinzley	10	SEA-IA	1:47.30
3 Carter, June	10	RIP-IA	1:47.43
4 Larson, Rachel	9	DSMY-IA	1:47.71
5 Kettles, Tenley	9	DSMY-IA	1:48.05
6 Connolly, Grace	9	DSMY-IA	1:48.19

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 97 ... (Girls 10 &amp; Under 100 Yard Breaststroke)

Name	Age	Team	Seed Time
7 Stec, Sophia	10	DMSF-IA	1:48.50
8 Halbur, Allison	9	ACAC-IA	1:49.09
9 Bellcock, Bristol	10	CAST-IA	1:49.84
10 Kliewer, Kenna	10	FAST-IA	1:51.16
11 Lankford, Abby	10	CAST-IA	1:53.73
12 Lewis, Madyson	10	CIA-IA	1:55.67
13 Peterson, Kendall	9	RIP-IA	1:55.69
14 Ortega, Evelyn	9	RSC-IA	1:58.19 Scr
15 Tran, Victoria	9	CIA-IA	1:58.73
16 Sisul, Jolie	10	SEA-IA	1:59.15
17 Olswing, Amelia	9	ACAC-IA	2:03.25
18 Nguyen, Emmy	10	DMSF-IA	2:05.77
19 Moon, Nora	10	DMSF-IA	2:05.90
20 Spear, Lilliana	8	RIP-IA	2:17.15
21 Sankey, Camille	9	ACAC-IA	2:20.11
22 Driscoll, Bailey	9	MCSC-IA	2:31.15
23 Hildreth, Quinn	10	FAST-IA	NT
24 Burdick, Lena	7	RIP-IA	NT
25 Nieto, Gaby	10	RIP-IA	NT
26 Driscoll, Jules	10	RIP-IA	NT
27 Gaulke, Kate	10	SEA-IA	NT
28 Zimmerman, Lily	10	SEA-IA	NT
29 Baugh, Brynlee	9	CAST-IA	NT
30 Cassler, Norah	10	RSC-IA	NT
31 Berry, Collins	9	ACAC-IA	NT
32 Birusingh, Ari	9	DMSF-IA	NT

## Event 98 Boys 10 &amp; Under 100 Yard Breaststroke

1:41.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:41.69

Name	Age	Team	Seed Time
1 Mintle, Harrison	10	LIFE-IA	1:41.75
2 Vos, Ephraim	10	ACAC-IA	1:42.80
3 Green, Reilly	9	SEA-IA	1:47.30
4 Fausch, Zach	9	CIA-IA	1:52.63
5 Smith, Harry	10	DMSF-IA	1:53.93
6 Halaczkiwicz, Ian	9	RIP-IA	1:54.56
7 Barthole, Conner	10	CIA-IA	1:55.08
8 Naylor, Jackson	9	CIA-IA	1:56.62
9 Groenenboom, Landan	8	SEA-IA	2:11.07
10 Thoreson, Anders	10	DMSF-IA	2:12.92
11 McGarry, Michael	9	CIA-IA	2:14.02
12 Thomas, Ethan	10	RSC-IA	2:16.63
13 Siebrecht, Ryder	9	CAST-IA	2:20.44
14 Sisul, Jenner	8	SEA-IA	2:23.30
15 Burdick, Cole	10	RIP-IA	NT
16 Whitmore, Bryson	8	SEA-IA	NT
17 Carter, Thomas	9	CAST-IA	NT
18 McFall, Rex	9	BLAZ-IA	NT
19 Schmidt, Sawyer	10	ACAC-IA	NT
20 Voynov, Leo	9	DMSF-IA	NT
21 Vedantham, Vaibhava	9	DMSF-IA	NT

## Event 99 Girls 11-12 100 Yard Backstroke

1:16.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:16.09

Name	Age	Team	Seed Time
1 Smith, Mylie	11	ACAC-IA	1:16.41
2 Driscoll, Rylee	12	MCSC-IA	1:20.73
3 Wilcoxson, Helena	12	DMSF-IA	1:21.24
4 Ballard, Caitlin	12	DMSF-IA	1:23.03
5 Doolittle, Ali	12	ACAC-IA	1:23.26
6 Doolittle, Jillian	11	MCSC-IA	1:24.12
7 Douglas, Allie	12	RSC-IA	1:24.26 Scr
8 Thilges, Ella	12	BLAZ-IA	1:24.53
9 Peterson, Brooklyn	11	RIP-IA	1:24.65
10 Seifert, Stella	12	CIA-IA	1:24.71
11 Dacey, Alivia	11	CIA-IA	1:25.23
12 Mason, Adelyn	12	CIA-IA	1:25.93
13 Honkamp, Claire	12	DMSF-IA	1:26.34
14 Meyer, Addie	11	RIP-IA	1:26.42
15 Combs, Peyton	11	ACAC-IA	1:27.34
16 Lindemann, Josefina	11	LIFE-IA	1:27.51
17 Powell, Morgynne	12	DMSF-IA	1:28.14
18 Morales, Karla	12	BLAZ-IA	1:28.19
19 Schmulbach, Reagan	12	RIP-IA	1:28.75
20 Burke, Reece	11	RIP-IA	1:29.18
21 Carigino, Siena	11	NSST-IA	1:31.81
22 Gatzionis, Elena	11	DSMY-IA	1:33.51
23 Mccune, Zella	12	BLAZ-IA	1:34.34
24 Hudson, Natalie	11	DMSF-IA	1:35.36
25 Danielson, Zoey	11	ACAC-IA	1:36.75
26 Reineke, Mia	12	NSST-IA	1:39.11 Scr
27 Hunt, Ceci	11	BLAZ-IA	1:40.98 *
28 Lingbeek, Aubrey	12	MCSC-IA	1:46.35
29 McGinnis, Izzy	11	BLAZ-IA	1:51.03
30 Reineke, Lexi	12	NSST-IA	1:51.51
31 Payne, Lily	12	RSC-IA	1:52.81 Scr
32 Cunningham, Lydia	11	NSST-IA	1:52.90
33 Hoogestraat, Maci	11	CAST-IA	1:58.16
34 Kunkel, Kapri	11	RSC-IA	1:58.27
35 Jacobus, Maddie	11	BLAZ-IA	2:01.98
36 Schnepf, Mae	11	DMSF-IA	2:03.94
37 Freeseaman, Gabby	11	RIP-IA	NT
38 Hardman, Ellie	11	SEA-IA	NT
39 Evans, Ella	12	BLAZ-IA	NT
40 Innanji, Vrishti	11	BLAZ-IA	NT
41 McFall, Gianna	11	BLAZ-IA	NT
42 Mathews, Sonja	11	ACAC-IA	NT

## Event 100 Boys 11-12 100 Yard Backstroke

1:15.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:15.69

Name	Age	Team	Seed Time
1 Johnson, Cade	11	DSMY-IA	1:18.12
2 Smith, Carter	11	DMSF-IA	1:19.11
3 Fischer, Tyler	12	ACAC-IA	1:19.55
4 Deardorff, Dysen	11	DMSF-IA	1:20.96

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 100 ... (Boys 11-12 100 Yard Backstroke)

Name	Age	Team	Seed Time
5 Sikora, Owen	11	RSC-IA	1:21.78
6 Boender, Sully	12	SEA-IA	1:21.79
7 Johnson, Jacob	11	RIP-IA	1:22.34
8 Holms, Donny	12	BLAZ-IA	1:23.63
9 Van Der Linden, Owen	12	ACAC-IA	1:24.21
10 Schumacher, Brant	12	CIA-IA	1:24.22
11 Vallas, Brooks	12	CIA-IA	1:24.78
12 Klocke, Coehen	11	CAST-IA	1:26.19
13 Devlic, Ben	12	NSST-IA	1:28.75
14 Gagov, Alex	11	CIA-IA	1:31.22
15 Wittenwyler, Nolan	11	RIP-IA	1:32.41
16 Kent, Harper	12	NSST-IA	1:39.39
17 Keenan, Jude	11	CIA-IA	1:39.40
18 Spradling, Tyler	11	CIA-IA	1:41.96
19 Canales-Burr, Gian	11	DSMY-IA	1:46.64
20 Challis, Dan	12	ACAC-IA	1:49.12
21 Burdick, Ben	12	RIP-IA	1:53.30
22 Wigant, Grayson	11	RIP-IA	1:53.56
23 Shonka, Voeden	11	RSC-IA	1:54.58
24 Punt, Cameron	11	SEA-IA	1:59.01
25 Onnen, Oliver	11	RSC-IA	2:06.44
26 Anderson, Vinny	11	RIP-IA	2:08.73
27 Challis, John	11	ACAC-IA	2:13.87
28 Oaks, Gavin	11	SEA-IA	2:16.15
29 McCammon, Jake	11	BLAZ-IA	1:53.11L *
30 Gaulke, Silas	11	SEA-IA	NT
31 Magalski, Ryan	11	BLAZ-IA	NT
32 Lauter, Ashton	12	ACAC-IA	NT

## Event 101 Girls 10 &amp; Under 50 Yard Backstroke

## 44.49 Q Champ Qualifying

## Meet Qualifying: Slower than 44.49

Name	Age	Team	Seed Time
1 McNichols, Madilyn	8	RIP-IA	44.51
2 Carter, June	10	RIP-IA	44.59
3 Walston, Lucy	9	DMSF-IA	44.64
4 Tran, Victoria	9	CIA-IA	44.89
5 Guild, Bri	10	BLAZ-IA	44.95
6 Groenenboom, Kinzley	10	SEA-IA	44.98
7 Albrecht, Brynlee	9	DSMY-IA	45.14
8 Stoeckel, Madigan	10	CIA-IA	45.17
9 Hunt, Jojo	10	BLAZ-IA	45.56 *
10 Bowman, Amelia	9	BLAZ-IA	45.72
11 Olswing, Amelia	9	ACAC-IA	46.37
12 Garrison, Jorgia	8	RSC-IA	46.74
13 Connolly, Grace	9	DSMY-IA	47.04
14 Baker, Caroline	9	BLAZ-IA	48.01
15 Russell, Amelia	9	BLAZ-IA	48.07
16 Pierce, Ellen	10	RIP-IA	48.24
17 Shaffer, Claire	10	RIP-IA	48.42
18 Driscoll, Jules	10	RIP-IA	48.53
19 Lewis, Madyson	10	CIA-IA	48.75
20 Burdick, Lena	7	RIP-IA	49.13
21 Lankford, Abby	10	CAST-IA	49.32

22 Piper, Maddy	9	RIP-IA	49.61
23 Nieto, Gaby	10	RIP-IA	49.73
24 Leder, Maeve	10	RIP-IA	51.33
25 Kopriva, Tinley	9	DMSF-IA	51.56
26 Anderson, Lottie	10	RIP-IA	51.59
27 Sisul, Jolie	10	SEA-IA	52.10
28 Dibbet, Harper	10	RIP-IA	52.56
29 Bilslend, Teagan	8	ACAC-IA	52.81
30 Rengel, Olivia	10	DMSF-IA	53.73
31 Meyer, Gwen	9	RIP-IA	54.05
32 Baugh, Brynlee	9	CAST-IA	54.33
33 Satterstrom, Molly	9	RIP-IA	54.83
34 Knox, Makayla	10	FAST-IA	54.95
35 Carter, Gigi	8	RIP-IA	55.11
36 Hildreth, Quinn	10	FAST-IA	55.48
37 Schaefer, Finley	9	ACAC-IA	55.50
38 Novelo, Raegan	7	SEA-IA	55.60
39 McConville, Miren	9	RIP-IA	55.80
40 Heiden, Brynn	9	RIP-IA	56.12
41 Cassler, Norah	10	RSC-IA	56.45
42 Gaulke, Kate	10	SEA-IA	58.06
43 Cole, Kenedy	9	CIA-IA	58.21
44 Nguyen, Evy	9	DMSF-IA	58.41
45 Engelman, Maggie	10	ACAC-IA	58.52
46 Cramer, Arya	9	ACAC-IA	59.64
47 Spear, Lilliana	8	RIP-IA	1:00.32
48 Moon, Nora	10	DMSF-IA	1:00.48
49 Thomas, Olivia	8	RSC-IA	1:00.81
50 Bry, Emma	8	MCSC-IA	1:01.89
51 Peer, Shawn	9	SEA-IA	1:01.98
52 Sankey, Camille	9	ACAC-IA	1:03.84
53 Driscoll, Bailey	9	MCSC-IA	1:05.19
54 Scebold, Maddie	9	ACAC-IA	1:07.41
55 Miller, Etta	10	BLAZ-IA	1:07.51
56 Punt, Clara	9	SEA-IA	1:12.39
57 Meyer, Charlie	10	FAST-IA	1:21.27
58 Lepert, Alyse	9	DMSF-IA	1:29.79L
59 Zimmerman, Lily	10	SEA-IA	NT
60 Holic, Hanna	10	BLAZ-IA	NT
61 Klesel, Ayla	10	CIA-IA	NT
62 Lewis, Rylee	8	CIA-IA	NT
63 Fox, Molly	10	ACAC-IA	NT

## Event 102 Boys 10 &amp; Under 50 Yard Backstroke

## 44.89 Q Champ Qualifying

## Meet Qualifying: Slower than 44.89

Name	Age	Team	Seed Time
1 Fausch, Zach	9	CIA-IA	44.92
2 Washington, Gus	9	ACAC-IA	45.49
3 Vander Linden, Benten	10	SEA-IA	46.07
4 Platt, Harrison	9	BLAZ-IA	46.11
5 Stokka, Elijah	10	RSC-IA	46.42
6 Mathes, Camden	10	CIA-IA	46.77
7 Heeley, Hudson	10	RIP-IA	47.10
8 Williams, Owen	9	CAST-IA	48.05
9 Viteri, Sebastian	9	RSC-IA	48.10

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 102 ... (Boys 10 &amp; Under 50 Yard Backstroke)

Name	Age	Team	Seed Time
10 Naylor, Jackson	9	CIA-IA	48.45
11 Whitmore, Bryson	8	SEA-IA	48.94
12 Hawks, Jimmy	9	DMSF-IA	49.34
13 Washington, Hugh	7	ACAC-IA	49.86
14 Sisul, Jenner	8	SEA-IA	50.21
15 Hiller, Cooper	9	RSC-IA	51.00
16 Freeseaman, Griffin	10	RIP-IA	51.92
17 Six, Tristan	10	RSC-IA	52.31
18 Mortier, Charlie	8	RIP-IA	52.35
19 Carter, Thomas	9	CAST-IA	52.46
20 Schmidt, Sawyer	10	ACAC-IA	52.62
21 Sexton, James	9	CIA-IA	52.99
22 Hogan, Finn	9	DMSF-IA	53.03
23 Voynov, Leo	9	DMSF-IA	54.24
24 Greenley, Ethan	10	RIP-IA	54.80
25 Phelps, Briggs	9	BLAZ-IA	55.41
26 Groenenboom, Landan	8	SEA-IA	55.59
27 Hedding, Ryan	9	RIP-IA	55.73
28 Siebrecht, Ryder	9	CAST-IA	55.77
29 Tods, Gavin	9	CIA-IA	55.78
30 Coonan, Ross	10	RIP-IA	55.81
31 Garrison, Jaden	10	RSC-IA	56.06
32 Burdick, Cole	10	RIP-IA	56.08
33 Thomas, Ethan	10	RSC-IA	56.26
34 McGarry, Michael	9	CIA-IA	1:00.53
35 Schaefer, Miles	7	ACAC-IA	1:01.71
36 Tunink, Johnny	10	RIP-IA	1:01.72
37 Lux, Thurston	9	ACAC-IA	1:09.38
38 Garrison, Jonah	7	RSC-IA	NT
39 Howe, Jake	10	CIA-IA	NT

## Event 103 Girls 11-12 100 Yard Butterfly

1:17.59 Q Champ Qualifying

Meet Qualifying: Slower than 1:17.59

Name	Age	Team	Seed Time
1 Henning, Joelle	11	LIFE-IA	1:22.62
2 Vaske, Elena	11	RIP-IA	1:23.42
3 Binkowski, Addyson	11	ACAC-IA	1:31.13
4 Green, Raegan	12	RSC-IA	1:51.53
5 Anderson, Davan	12	NSST-IA	1:51.94
6 Van Der Molen, Baylie	12	BLAZ-IA	NT
7 Danielson, Zoey	11	ACAC-IA	NT

## Event 104 Boys 11-12 100 Yard Butterfly

1:16.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:16.09

Name	Age	Team	Seed Time
1 Holms, Donny	12	BLAZ-IA	1:27.61
2 McMahon, Griffin	11	DMSF-IA	1:30.51
3 Wittenwyler, Nolan	11	RIP-IA	1:41.25
4 Cunningham, Titus	12	NSST-IA	1:41.78
5 Van Der Linden, Owen	12	ACAC-IA	NT

## Event 105 Girls 10 &amp; Under 100 Yard Butterfly

1:39.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:39.09

Name	Age	Team	Seed Time
1 Pekarek, Anna	10	RSC-IA	1:49.40
2 Price, Jocelyn	10	BLAZ-IA	NT
3 Tran, Victoria	9	CIA-IA	NT
4 Thompson, Chloe	10	ACAC-IA	NT

## Event 106 Boys 10 &amp; Under 100 Yard Butterfly

1:37.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:37.09

Name	Age	Team	Seed Time
1 Vos, Ephraim	10	ACAC-IA	1:43.04
2 Staiert, Easton	10	DMSF-IA	1:44.76
3 Strosahl, Judah	10	ACAC-IA	1:50.17
4 Vedantham, Vaibhava	9	DMSF-IA	NT

## Event 107 Girls 11-12 200 Yard Freestyle

2:23.29 Q Champ Qualifying

Meet Qualifying: Slower than 2:23.29

Name	Age	Team	Seed Time
1 Dahlen, Ella	12	DMSF-IA	2:23.48
2 Filmer, Lauren	11	DSMY-IA	2:29.48
3 Smith, Mylie	11	ACAC-IA	2:32.88
4 Smith, Ella	12	DMSF-IA	2:33.23
5 Peterson, Brooklyn	11	RIP-IA	2:36.81
6 Schmulbach, Reagan	12	RIP-IA	2:36.90
7 Binkowski, Addyson	11	ACAC-IA	2:37.47
8 Meyer, Addie	11	RIP-IA	2:37.51
9 Driscoll, Rylee	12	MCSC-IA	2:42.43
10 Thilges, Ella	12	BLAZ-IA	2:42.59
11 Olswing, Maddie	11	ACAC-IA	2:42.67
12 Seifert, Stella	12	CIA-IA	2:44.68
13 Swaim, Madison	11	LIFE-IA	2:45.89
14 Hedrick, Piper	11	CIA-IA	2:47.02
15 Anderson, Davan	12	NSST-IA	2:48.70
16 Witt, ava	12	MCSC-IA	2:49.97
17 Powell, Morgynne	12	DMSF-IA	2:52.04
18 Mccune, Zella	12	BLAZ-IA	2:54.42
19 Chen, Leighton	11	DMSF-IA	3:00.73
20 Doolittle, Ali	12	ACAC-IA	3:07.03
21 Reineke, Mia	12	NSST-IA	3:12.99 Scr
22 Cunningham, Lydia	11	NSST-IA	3:32.29
23 Reineke, Lexi	12	NSST-IA	4:14.92
24 Freeseaman, Gabby	11	RIP-IA	NT

## Event 108 Boys 11-12 200 Yard Freestyle

2:23.49 Q Champ Qualifying

Meet Qualifying: Slower than 2:23.49

Name	Age	Team	Seed Time
1 Deardorff, Dysen	11	DMSF-IA	2:27.77
2 Holms, Donny	12	BLAZ-IA	2:29.17
3 Johnson, Jacob	11	RIP-IA	2:30.93
4 Boender, Sully	12	SEA-IA	2:35.40
5 Cunningham, Titus	12	NSST-IA	2:36.87

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 108 ... (Boys 11-12 200 Yard Freestyle)

Name	Age	Team	Seed Time
6	McMahon, Griffin	11 DMSF-IA	2:40.20
7	Vallas, Brooks	12 CIA-IA	2:40.78
8	Wittmayer, Matthew	11 CIA-IA	2:43.40
9	Devlic, Ben	12 NSST-IA	2:47.64
10	Sikora, Owen	11 RSC-IA	2:52.00
11	Schumacher, Brant	12 CIA-IA	2:55.44
12	Gagov, Alex	11 CIA-IA	3:08.88
13	Kent, Harper	12 NSST-IA	3:10.73
14	Spradling, Tyler	11 CIA-IA	3:12.58
15	Burdick, Ben	12 RIP-IA	3:20.12
16	Wittenwyler, Nolan	11 RIP-IA	NT

## Event 109 Girls 10 &amp; Under 200 Yard Freestyle

2:57.19 Q Champ Qualifying

Meet Qualifying: Slower than 2:57.19

Name	Age	Team	Seed Time
1	Larson, Rachel	9 DSMY-IA	2:58.72
2	Walston, Lucy	9 DMSF-IA	3:01.70
3	Leder, Maeve	10 RIP-IA	3:05.62
4	Kettles, Tenley	9 DSMY-IA	3:07.03
5	Stoeckel, Madigan	10 CIA-IA	3:10.53
6	Peterson, Kendall	9 RIP-IA	3:12.78
7	Albrecht, Brynlee	9 DSMY-IA	3:13.67
8	Bellcock, Bristol	10 CAST-IA	3:16.78
9	Stec, Sophia	10 DMSF-IA	3:17.14
10	Sisul, Jolie	10 SEA-IA	3:37.78
11	Groenenboom, Kinzley	10 SEA-IA	3:41.24
12	Bry, Emma	8 MCSC-IA	4:55.84L
13	Kliewer, Kenna	10 FAST-IA	NT
14	Zimmerman, Lily	10 SEA-IA	NT
15	Garrison, Jorgia	8 RSC-IA	NT
16	Olswing, Amelia	9 ACAC-IA	NT
17	Hornung, Harper	9 DSMY-IA	NT

## Event 110 Boys 10 &amp; Under 200 Yard Freestyle

2:47.99 Q Champ Qualifying

Meet Qualifying: Slower than 2:47.99

Name	Age	Team	Seed Time
1	Washington, Gus	9 ACAC-IA	3:01.54
2	Howe, Jake	10 CIA-IA	3:04.78
3	Stokka, Elijah	10 RSC-IA	3:06.37
4	Barthole, Conner	10 CIA-IA	3:08.76
5	Vander Linden, Benten	10 SEA-IA	3:09.47
6	Washington, Hugh	7 ACAC-IA	3:19.87
7	Novelo, Dominic	9 SEA-IA	3:43.57
8	Burdick, Cole	10 RIP-IA	4:04.17
9	Thomas, Ethan	10 RSC-IA	4:14.83
10	Greenley, Ethan	10 RIP-IA	NT
11	Garrison, Jaden	10 RSC-IA	NT
12	Lux, Thurston	9 ACAC-IA	NT

## Event 111 Girls 11-12 50 Yard Breaststroke

39.99 Q Champ Qualifying

Meet Qualifying: Slower than 39.99

Name	Age	Team	Seed Time
1	Gruenisen, Sami	12 BLAZ-IA	40.16
2	Pekarek, Lila	12 RSC-IA	40.29
3	Hurley, Brooklyn	11 RSC-IA	40.56
4	Murray, Brynn	12 MCSC-IA	41.56
5	Dacey, Alivia	11 CIA-IA	41.91
6	Filmer, Lauren	11 DSMY-IA	42.50
7	Evans, Ella	12 BLAZ-IA	42.53
8	Mason, Adelyn	12 CIA-IA	42.94
9	Smith, Mylie	11 ACAC-IA	43.06
10	Doolittle, Jillian	11 MCSC-IA	43.09
11	Van Der Molen, Baylie	12 BLAZ-IA	43.45
12	Bancroft, Brianna	11 ACAC-IA	43.75
13	Miller, Coraline	12 BLAZ-IA	43.89
14	McDonough, Bridget	12 DMSF-IA	44.73
15	Smith, Ella	12 DMSF-IA	44.85
16	Hedrick, Piper	11 CIA-IA	44.88
17	Schmulbach, Reagan	12 RIP-IA	44.94
18	Payne, Lily	12 RSC-IA	46.22 Scr
19	Gatzionis, Elena	11 DSMY-IA	46.43
20	Carigino, Siena	11 NSST-IA	46.53
21	Thilges, Ella	12 BLAZ-IA	46.89
22	Douglas, Allie	12 RSC-IA	47.04 Scr
23	Hudson, Natalie	11 DMSF-IA	47.06
24	Henning, Joelle	11 LIFE-IA	47.57
25	Lindemann, Josefina	11 LIFE-IA	47.94
26	Birusingh, Siri	12 DMSF-IA	47.99
27	Anderson, Davan	12 NSST-IA	48.47
28	Thoreson, Hazel	12 DMSF-IA	48.59
29	Mathews, Sonja	11 ACAC-IA	48.76
30	Burke, Reece	11 RIP-IA	49.36
31	Johnson, Irina	11 RIP-IA	49.53
32	Chen, Leighton	11 DMSF-IA	50.52
33	Lingbeek, Aubrey	12 MCSC-IA	50.64
34	Olswing, Maddie	11 ACAC-IA	51.07
35	Danielson, Zoey	11 ACAC-IA	52.31
36	Bellcock, Brylie	12 CAST-IA	52.97
37	McGinnis, Izzy	11 BLAZ-IA	53.35
38	Jacobus, Maddie	11 BLAZ-IA	53.44
39	Jensen, Kendal	11 BLAZ-IA	53.82
40	Reineke, Mia	12 NSST-IA	55.26 Scr
41	Peterson, Isabella	11 CAST-IA	55.53
42	Cunningham, Lydia	11 NSST-IA	57.48
43	Hardman, Ellie	11 SEA-IA	59.91
44	Lastovica, Keegan	12 SSA-IA	1:01.21
45	Kunkel, Kapri	11 RSC-IA	1:01.38
46	Green, Raegan	12 RSC-IA	1:01.84
47	Hawks, Joni	11 DMSF-IA	1:05.82
48	Innanji, Vrishti	11 BLAZ-IA	1:10.39
49	Reineke, Lexi	12 NSST-IA	1:19.49
50	Seifert, Stella	12 CIA-IA	1:06.02L
51	McFall, Gianna	11 BLAZ-IA	NT

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 112 Boys 11-12 50 Yard Breaststroke

39.49 Q Champ Qualifying

Meet Qualifying: Slower than 39.49

Name	Age	Team	Seed Time
1 MacFarland, Ryan	12	BLAZ-IA	42.45 *
2 Boender, Sully	12	SEA-IA	42.51
3 Smith, Carter	11	DMSF-IA	42.99
4 Deardorff, Dysen	11	DMSF-IA	43.09
5 Vallas, Brooks	12	CIA-IA	46.12
6 McMahon, Griffin	11	DMSF-IA	46.37
7 Johnson, Jacob	11	RIP-IA	47.39
8 Devlic, Ben	12	NSST-IA	47.49
9 Gagov, Alex	11	CIA-IA	48.27
10 Huf, Zane	12	BLAZ-IA	48.51
11 McCammon, Jake	11	BLAZ-IA	48.72 *
12 Klocke, Coehen	11	CAST-IA	48.81
13 Sanders, Grayson	11	RIP-IA	49.13
14 Gaulke, Silas	11	SEA-IA	50.23
15 Wigant, Grayson	11	RIP-IA	51.35
16 Challis, Dan	12	ACAC-IA	51.52
17 Kent, Harper	12	NSST-IA	51.83
18 Warrington, Grant	11	RIP-IA	52.18
19 Spradling, Tyler	11	CIA-IA	52.65
20 Keenan, Jude	11	CIA-IA	55.92
21 Punt, Cameron	11	SEA-IA	56.81
22 Burdick, Ben	12	RIP-IA	1:03.04
23 Magalski, Ryan	11	BLAZ-IA	1:04.43
24 Onnen, Oliver	11	RSC-IA	1:07.02
25 Canales-Burr, Gian	11	DSMY-IA	1:09.60
26 Oaks, Gavin	11	SEA-IA	1:17.25
27 McLaughlin, George	11	RIP-IA	NT
28 Challis, John	11	ACAC-IA	NT

## Event 113 Girls 10 &amp; Under 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 RIP-IA	A	2:31.46
2 BLAZ-IA	A	2:32.82
3 ACAC-IA	A	2:35.33
4 CIA-IA	A	2:35.41
5 RIP-IA	B	2:44.71
6 RSC-IA	A	2:53.55 Scr
7 SEA-IA	A	2:59.05
8 DMSF-IA	A	3:08.05
9 RIP-IA	C	3:18.58
10 ACAC-IA	B	3:30.13
11 BLAZ-IA	B	NT

## Event 114 Boys 10 &amp; Under 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 CIA-IA	A	2:37.93
2 RIP-IA	A	2:43.53
3 ACAC-IA	A	2:43.83
4 SEA-IA	A	2:47.53
5 RSC-IA	A	2:50.44
6 DMSF-IA	A	2:55.21

7 RIP-IA B 3:09.53

## Event 115 Girls 11-12 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 ACAC-IA	A	2:04.08
2 BLAZ-IA	A	2:08.11
3 DMSF-IA	A	2:09.57
4 RIP-IA	A	2:10.03
5 BLAZ-IA	B	2:11.86
6 CIA-IA	A	2:13.40
7 DMSF-IA	B	2:20.35
8 RSC-IA	A	2:21.57
9 NSST-IA	A	2:24.70
10 ACAC-IA	B	2:25.52
11 MCSC-IA	A	2:28.11
12 RIP-IA	B	2:29.99
13 DMSF-IA	C	2:37.09
14 BLAZ-IA	C	2:37.56

## Event 116 Boys 11-12 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 ACAC-IA	A	2:11.51
2 CIA-IA	A	2:12.33
3 RIP-IA	A	2:16.21
4 BLAZ-IA	A	2:18.65
5 RIP-IA	B	2:37.91

## Event 117 Girls 11-12 1000 Yard Freestyle

13:12.99 Q Champ Qualifying

15:11.99 REG Regional Qualifying

Meet Qualifying: 13:13.00 - 15:11.99

Name	Age	Team	Seed Time
---			No entries for event

## Event 118 Boys 11-12 1000 Yard Freestyle

13:30.19 Q Champ Qualifying

15:31.79 REG Regional Qualifying

Meet Qualifying: 13:30.20 - 15:31.79

Name	Age	Team	Seed Time
1 Locher, Henry	12	DSMY-IA	12:55.51 Q
2 Hales, Alex	11	DSMY-IA	13:31.32 REG
3 Cunningham, Titus	12	NSST-IA	14:35.13 REG
4 Fischer, Tyler	12	ACAC-IA	14:36.86 REG

## Event 119 Girls 13-14 200 Yard IM

2:27.49 Q Champ Qualifying

Meet Qualifying: Slower than 2:27.49

Name	Age	Team	Seed Time
1 Ernsperger, Isabel	14	CIA-IA	2:27.51
2 Hancock, Ellie	14	CIA-IA	2:28.91
3 Hermesen, Mady	14	ACAC-IA	2:30.74
4 Dunham, Keegan	14	DSMY-IA	2:31.94
5 Reid, Abigail	14	CIA-IA	2:32.83
6 Kramer, Marley	13	CIA-IA	2:34.30
7 Davis, Ava	14	DMSF-IA	2:36.28
8 MacLeod, Megan	14	ACAC-IA	2:39.14
9 Damge, Camryn	14	NSST-IA	2:40.70

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 119 ...(Girls 13-14 200 Yard IM)

Name	Age	Team	Seed Time
10 Hoss, Brooke	13	CIA-IA	2:44.60
11 Damage, Evelyn	14	NSST-IA	2:45.90
12 Kimmel, Teaghyn	13	RSC-IA	2:53.02
13 Rice, Mary	14	NSST-IA	2:54.15
14 Nedder, Julia	13	SEA-IA	3:00.77
15 Kruger, Olivia	13	BLAZ-IA	3:03.72
16 Bylund, Amelia	14	DMSF-IA	3:05.66
17 Eure, Veronica	14	RIP-IA	3:08.83
18 Riley, Isabella	14	ACAC-IA	3:16.03
19 Croll, Molly	13	BLAZ-IA	3:21.10
20 Bloom, Ellie	14	FAST-IA	NT
21 Herrick, Lilli	13	RSC-IA	NT
22 Borkowski, Alexis	13	CAST-IA	NT

## Event 120 Boys 13-14 200 Yard IM

2:21.69 Q Champ Qualifying

Meet Qualifying: Slower than 2:21.69

Name	Age	Team	Seed Time
1 Edgington, Tate	13	DMSF-IA	2:31.05
2 Heitzman, Calvin	13	CIA-IA	2:31.41
3 Ha, Norman	13	NSST-IA	2:36.36
4 Cunningham, Corban	13	NSST-IA	2:38.63
5 Allen, Dylan	13	DMSF-IA	2:38.74
6 Vos, Atticus	13	ACAC-IA	2:40.65
7 Cauterucci, Kole	14	NSST-IA	2:46.36
8 Coonan, Quinn	13	RIP-IA	3:01.82
9 Miller, Ty	13	ACAC-IA	3:14.76
10 Cornwell, Connor	14	NSST-IA	3:21.08
11 Hall, Kane	13	ACAC-IA	NT

## Event 121 Girls 15 &amp; Over 200 Yard IM

2:22.09 Q Champ Qualifying

Meet Qualifying: Slower than 2:22.09

Name	Age	Team	Seed Time
1 Fertig, Jordan	15	RSC-IA	2:22.44
2 Smith, Kiley	16	DMSF-IA	2:23.44
3 Chance, Charlotte	16	RIP-IA	2:24.81
4 Smith, Maysen	15	ACAC-IA	2:30.34
5 Brown, Ella	16	RIP-IA	2:31.82
6 Chase, Anna	16	DMSF-IA	2:36.40
7 Kramer, Nina	16	CIA-IA	2:36.79
8 Wigant, Kadence	17	RIP-IA	2:38.94
9 Cunningham, Clara	15	NSST-IA	2:45.37
10 Ballenger-Hudson, Aquila	17	NSST-IA	2:53.15 Scr
11 Dvorak, Layla	15	BLAZ-IA	2:55.12

## Event 122 Boys 15 &amp; Over 200 Yard IM

2:10.89 Q Champ Qualifying

Meet Qualifying: Slower than 2:10.89

Name	Age	Team	Seed Time
1 Otis, Hudson	15	DMSF-IA	2:12.55
2 Strosahl, Solomon	16	ACAC-IA	2:17.25
3 Troyer, Austin	16	NSST-IA	2:23.66
4 Monaghan, John	15	CIA-IA	2:26.64

5 Briggs, Colby	15	NSST-IA	2:28.26
6 Spracklin, Ethan	15	DMSF-IA	2:32.17
7 Sisul, Jac	16	SEA-IA	2:32.57
8 Gaulke, Mason	15	SEA-IA	2:35.95
9 Oosterhuis, Alec	15	NSST-IA	2:37.42

## Event 123 Girls 13-14 50 Yard Freestyle

27.89 Q Champ Qualifying

Meet Qualifying: Slower than 27.89

Name	Age	Team	Seed Time
1 Dunham, Keegan	14	DSMY-IA	28.39
2 Stone, Kylee	13	DSMY-IA	28.58
3 Powell, Izzy	13	DMSF-IA	28.79
4 Fertig, Jodi	13	RSC-IA	29.13
5 Seckington, Tillie	13	DMSF-IA	29.30
6 Vallas, Finley	14	CIA-IA	29.46
7 Reyes, Abigail	13	NSST-IA	29.50
8 Davis, Ava	14	DMSF-IA	29.58
9 Hoss, Brooke	13	CIA-IA	29.70
10 Cook, Mallory	13	MCSC-IA	29.77
11 Lock, Meg	14	RIP-IA	29.94
12 Kimmel, Teaghyn	13	RSC-IA	30.01
13 Kinnison, Amanda	13	RIP-IA	30.05
14 Ruppert, Millie	13	DMSF-IA	30.85
15 Nedder, Julia	13	SEA-IA	31.00
16 Ruan, Catherine	14	RIP-IA	31.16
17 MacLeod, Megan	14	ACAC-IA	31.28
18 Herrick, Lilli	13	RSC-IA	31.92
19 Bylund, Amelia	14	DMSF-IA	31.94
20 Subbert, Kambelle	14	SSA-IA	31.97
21 Jacobs, Kate	13	RIP-IA	32.03
22 Conn, Lillie	14	RSC-IA	32.15
23 Riley, Isabella	14	ACAC-IA	32.15
24 Bloom, Ellie	14	FAST-IA	32.17
25 Kvach, Kiersten	13	ACAC-IA	34.01
26 Prendergast, Claire	13	NSST-IA	34.09
27 Lebeck, Jocelyn	13	DMSF-IA	34.13
28 Middlekauff, Alivia	13	RIP-IA	34.19
29 Stravers, Kinsley	13	BLAZ-IA	34.42
30 Borkowski, Alexis	13	CAST-IA	34.71
31 Chaney, Charleigh	13	CAST-IA	35.20
32 Kearn, Zoella	14	NSST-IA	36.81
33 Russell, Ava	13	CIA-IA	37.06
34 Nalan, Emily	14	NSST-IA	41.65
35 Mogard, Miah	14	ACAC-IA	42.14L

## Event 124 Boys 13-14 50 Yard Freestyle

25.99 Q Champ Qualifying

Meet Qualifying: Slower than 25.99

Name	Age	Team	Seed Time
1 Fertig, Jonah	14	RSC-IA	26.83
2 LaMasters, Peter	14	DMSF-IA	27.00
3 Arnold, Westin	14	RIP-IA	27.11
4 Cunningham, Corban	13	NSST-IA	27.22
5 Voynov, Clive	13	DMSF-IA	27.33
6 Griffin, Jayden	13	RIP-IA	27.81

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 124 ... (Boys 13-14 50 Yard Freestyle)

Name	Age	Team	Seed Time
7 Willrich, Ben	14	DMSF-IA	27.98
8 Gatzionis, Gregory	13	DSMY-IA	28.05
9 Ha, Norman	13	NSST-IA	28.06
10 Punt, Caleb	14	SEA-IA	28.07
11 Strosahl, Jonas	13	ACAC-IA	28.48
12 Hedding, Tommy	13	RIP-IA	28.92
13 Lankford, Reef	13	CAST-IA	29.29
14 Ortega, Ijah	13	RSC-IA	29.47
15 LeGrant, Levi	14	DMSF-IA	30.00
16 Disterhoft, Fisher	14	NSST-IA	30.29
17 Naylor, Carson	13	CIA-IA	30.33
18 LaGier, Andy	13	BLAZ-IA	31.10
19 Paul, Levi Paul	13	BLAZ-IA	31.39
20 Spillers, Raef	13	ACAC-IA	32.16
21 Hall, Kane	13	ACAC-IA	33.02
22 Coonan, Quinn	13	RIP-IA	33.50
23 Miller, Ty	13	ACAC-IA	33.71
24 Buck, Garrett	14	BLAZ-IA	34.98
25 Topf, Tiernan	13	NSST-IA	35.53
26 Savransky, Michael	14	RIP-IA	36.42
27 Williams, Blake	13	NSST-IA	37.26
28 Clark, Hunter	14	BLAZ-IA	NT

## Event 125 Girls 15 &amp; Over 50 Yard Freestyle

26.39 Q Champ Qualifying

Meet Qualifying: Slower than 26.39

Name	Age	Team	Seed Time
1 Chance, Charlotte	16	RIP-IA	26.55
2 Corwin, Briley	16	RIP-IA	26.93
3 Smith, Kiley	16	DMSF-IA	26.95
4 Brown, Ella	16	RIP-IA	27.81
5 Kramer, Nina	16	CIA-IA	28.20
6 Sexton, Haylee	15	ACAC-IA	28.20
7 Chase, Anna	16	DMSF-IA	28.47
8 Ballenger-Hudson, Aquila	17	NSST-IA	28.88 Scr
9 Dvorak, Layla	15	BLAZ-IA	28.94
10 Fields, Clara	17	ACAC-IA	28.99
11 Wigant, Kadence	17	RIP-IA	29.45
12 Reisdorf, Olivia	16	RIP-IA	29.99
13 Vaske, Audrey	15	RIP-IA	30.45
14 Mengel, Maddie	15	DMSF-IA	30.53
15 Punt, Chloe	15	SEA-IA	30.81
16 Labresh, Joella	15	NSST-IA	30.83
17 Schafer, Sophia	15	NSST-IA	31.29
18 McRoberts, Ryen	15	CIA-IA	31.39
19 Sethi, Milie	15	BLAZ-IA	31.85
20 Kiekhaefer, Lucy	15	CIA-IA	31.94
21 Kent, Avery	15	NSST-IA	32.82
22 Braun, Nelah	15	RSC-IA	39.38
23 Sargent, Audrey	15	NSST-IA	50.28

## Event 126 Boys 15 &amp; Over 50 Yard Freestyle

23.69 Q Champ Qualifying

Meet Qualifying: Slower than 23.69

Name	Age	Team	Seed Time
1 Honkamp, Andrew	15	DMSF-IA	23.82
2 Ortega, Cooper	16	RSC-IA	23.95
3 Fertig, Jack	17	RSC-IA	23.98
4 Thomas, Ty	16	CAST-IA	24.00
5 Emanuel, Drew	15	DMSF-IA	24.70
6 Monaghan, John	15	CIA-IA	24.88
7 Spracklin, Ethan	15	DMSF-IA	25.45
8 Ortega, Zion	15	RSC-IA	25.66
9 Oosterhuis, Alec	15	NSST-IA	25.93
10 Rupprecht, Cooper	16	SEA-IA	26.10
11 Sisul, Jac	16	SEA-IA	26.57
12 Grimes, Nolan	16	DMSF-IA	26.73
13 Briggs, Colby	15	NSST-IA	27.02
14 Smith, Kaleb	15	DMSF-IA	27.07
15 Shcharansky, George	15	LIFE-IA	27.36
16 Rexroat, Tyson	17	NSST-IA	27.47
17 Gaulke, Mason	15	SEA-IA	27.52
18 Moore, Quentin	15	CIA-IA	27.85
19 Wigant, Kaegan	15	RIP-IA	28.56
20 Disterhoft, Uriah	16	NSST-IA	28.84
21 Duran Oropeza, Cesar	15	RIP-IA	NT

## Event 127 Girls 13-14 200 Yard Breaststroke

2:50.49 Q Champ Qualifying

3:16.09 REG Regional Qualifying

Meet Qualifying: 2:50.50 - 3:16.09

Name	Age	Team	Seed Time
1 Hancock, Ellie	14	CIA-IA	2:51.59 REG
2 Ernsperger, Isabel	14	CIA-IA	2:53.23 REG
3 Kramer, Marley	13	CIA-IA	3:00.79 REG
4 Stec, Sienna	14	DMSF-IA	3:03.01 REG
5 Sexton, Claire	13	CIA-IA	3:05.68 REG
6 Damge, Evelyn	14	NSST-IA	3:05.72 REG

## Event 128 Boys 13-14 200 Yard Breaststroke

2:43.99 Q Champ Qualifying

3:08.59 REG Regional Qualifying

Meet Qualifying: 2:44.00 - 3:08.59

Name	Age	Team	Seed Time
1 Artikov, Isaac	13	DMSF-IA	2:44.34 REG
2 Oosterhuis, Evan	14	NSST-IA	2:53.74 REG
3 Vos, Atticus	13	ACAC-IA	2:56.61 REG
4 Gatzionis, Gregory	13	DSMY-IA	3:00.05 REG
5 Hedding, Tommy	13	RIP-IA	3:07.79 REG

## Event 129 Girls 15 &amp; Over 200 Yard Breaststroke

2:47.99 Q Champ Qualifying

3:13.19 REG Regional Qualifying

Meet Qualifying: 2:48.00 - 3:13.19

Name	Age	Team	Seed Time
1 Smith, Maysen	15	ACAC-IA	2:48.78 REG
2 Wigant, Kadence	17	RIP-IA	2:49.30 REG

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 129 ... (Girls 15 &amp; Over 200 Yard Breaststroke)

Name	Age	Team	Seed Time	
3 Cunningham, Clara	15	NSST-IA	2:59.85	REG
4 Reisdorf, Olivia	16	RIP-IA	3:11.57	REG
5 Kiekhaefer, Lucy	15	CIA-IA	3:12.13	REG

## Event 130 Boys 15 &amp; Over 200 Yard Breaststroke

2:30.59 Q Champ Qualifying

2:52.99 REG Regional Qualifying

Meet Qualifying: 2:30.60 - 2:52.99

Name	Age	Team	Seed Time	
1 Moore, Quentin	15	CIA-IA	2:32.17	REG
2 Spracklin, Ethan	15	DMSF-IA	2:39.89	REG
3 Nguyen, David	15	RIP-IA	2:40.87	REG
4 Wigant, Kaegan	15	RIP-IA	2:41.57	REG
5 DeJong, Eli	15	DMSF-IA	3:08.99L	REG

## Event 131 Girls 13-14 100 Yard Backstroke

1:08.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:08.49

Name	Age	Team	Seed Time	
1 Ernsperger, Isabel	14	CIA-IA	1:08.85	
2 Stone, Kylee	13	DSMY-IA	1:09.79	
3 Damage, Camryn	14	NSST-IA	1:10.52	
4 Dunham, Keegan	14	DSMY-IA	1:10.71	
5 Hoss, Brooke	13	CIA-IA	1:13.90	
6 Davis, Ava	14	DMSF-IA	1:14.33	
7 Vallas, Finley	14	CIA-IA	1:14.40	
8 Damage, Evelyn	14	NSST-IA	1:14.77	
9 Kimmel, Teaghyn	13	RSC-IA	1:15.55	
10 Kinnison, Amanda	13	RIP-IA	1:15.68	
11 Lock, Meg	14	RIP-IA	1:17.65	
12 Cook, Mallory	13	MCSC-IA	1:18.33	
13 Riley, Isabella	14	ACAC-IA	1:19.51	
14 Rice, Mary	14	NSST-IA	1:19.88	
15 Ruan, Catherine	14	RIP-IA	1:20.48	
16 Ruppert, Millie	13	DMSF-IA	1:20.54	
17 Nedder, Julia	13	SEA-IA	1:20.59	
18 Jacobs, Kate	13	RIP-IA	1:20.75	
19 Stravers, Kinsley	13	BLAZ-IA	1:20.85	
20 Lebeck, Jocelyn	13	DMSF-IA	1:23.76	
21 Eure, Veronica	14	RIP-IA	1:23.83	
22 Kruger, Olivia	13	BLAZ-IA	1:23.96	
23 Subbert, Kambelle	14	SSA-IA	1:25.04	
24 Bylund, Amelia	14	DMSF-IA	1:26.55	
25 Mogard, Miah	14	ACAC-IA	1:28.88	
26 Middlekauff, Alivia	13	RIP-IA	1:28.91	
27 Russell, Ava	13	CIA-IA	1:31.73	
28 Kvach, Kiersten	13	ACAC-IA	1:33.59	
29 Chaney, Charleigh	13	CAST-IA	1:34.36	
30 Kearn, Zoella	14	NSST-IA	1:36.22	
31 Borkowski, Alexis	13	CAST-IA	1:39.69	
32 Reyes, Abigail	13	NSST-IA	1:40.71	
33 Nalan, Emily	14	NSST-IA	1:53.41	

## Event 132 Boys 13-14 100 Yard Backstroke

1:06.39 Q Champ Qualifying

Meet Qualifying: Slower than 1:06.39

Name	Age	Team	Seed Time	
1 Gagov, Evan	14	CIA-IA	1:06.75	
2 Artikov, Isaac	13	DMSF-IA	1:07.80	
3 Ha, Norman	13	NSST-IA	1:10.52	
4 Strosahl, Jonas	13	ACAC-IA	1:10.68	
5 Naylor, Carson	13	CIA-IA	1:12.66	
6 Heitzman, Calvin	13	CIA-IA	1:14.14	
7 Willrich, Ben	14	DMSF-IA	1:15.68	
8 Griffin, Jayden	13	RIP-IA	1:15.90	
9 Vos, Atticus	13	ACAC-IA	1:17.67	
10 Allen, Dylan	13	DMSF-IA	1:17.72	
11 LaGier, Andy	13	BLAZ-IA	1:17.84	
12 Punt, Caleb	14	SEA-IA	1:17.91	
13 Cauterucci, Kole	14	NSST-IA	1:17.92	
14 LeGrant, Levi	14	DMSF-IA	1:18.37	
15 Oosterhuis, Evan	14	NSST-IA	1:18.81	
16 Hall, Kane	13	ACAC-IA	1:20.09	
17 Lankford, Reef	13	CAST-IA	1:20.90	
18 Disterhoft, Fisher	14	NSST-IA	1:21.89	
19 Ortega, Ijah	13	RSC-IA	1:23.95	
20 Coonan, Quinn	13	RIP-IA	1:28.75	
21 Cornwell, Connor	14	NSST-IA	1:29.31	
22 Buck, Garrett	14	BLAZ-IA	1:33.56	
23 Spillers, Raef	13	ACAC-IA	1:35.92	
24 Topf, Tiernan	13	NSST-IA	1:47.99	
25 Clark, Hunter	14	BLAZ-IA	2:23.82	
26 Miller, Ty	13	ACAC-IA		NT

## Event 133 Girls 15 &amp; Over 100 Yard Backstroke

1:04.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:04.49

Name	Age	Team	Seed Time	
1 Smith, Maysen	15	ACAC-IA	1:05.51	
2 Corwin, Briley	16	RIP-IA	1:06.07	
3 Sexton, Haylee	15	ACAC-IA	1:09.20	
4 Fields, Clara	17	ACAC-IA	1:14.25	
5 Labresh, Joella	15	NSST-IA	1:14.51	
6 Mengel, Maddie	15	DMSF-IA	1:14.76	
7 Vaske, Audrey	15	RIP-IA	1:17.25	
8 Ballenger-Hudson, Aquila	17	NSST-IA	1:17.91	Scr
9 Punt, Chloe	15	SEA-IA	1:23.62	
10 Schafer, Sophia	15	NSST-IA	1:28.55	
11 Kent, Avery	15	NSST-IA	1:28.65	
12 Braun, Nelah	15	RSC-IA	1:43.60	
13 Sargent, Audrey	15	NSST-IA	1:59.52	

## Event 134 Boys 15 &amp; Over 100 Yard Backstroke

58.59 Q Champ Qualifying

Meet Qualifying: Slower than 58.59

Name	Age	Team	Seed Time	
1 Otis, Hudson	15	DMSF-IA	58.63	
2 Honkamp, Andrew	15	DMSF-IA	59.13	

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 134 ...(Boys 15 &amp; Over 100 Yard Backstroke)

Name	Age	Team	Seed Time
3 Ortega, Cooper	16	RSC-IA	1:02.62
4 Thomas, Ty	16	CAST-IA	1:04.01
5 Briggs, Colby	15	NSST-IA	1:06.17
6 Troyer, Austin	16	NSST-IA	1:06.26
7 Shcharansky, George	15	LIFE-IA	1:08.57
8 Grimes, Nolan	16	DMSF-IA	1:10.16
9 Sisul, Jac	16	SEA-IA	1:10.90
10 Gaulke, Mason	15	SEA-IA	1:11.16
11 Smith, Kaleb	15	DMSF-IA	1:11.25
12 Wigant, Kaegan	15	RIP-IA	1:12.96
13 Spracklin, Ethan	15	DMSF-IA	1:12.96
14 Ortega, Zion	15	RSC-IA	1:15.10
15 Rexroat, Tyson	17	NSST-IA	1:17.62

## Event 135 Girls 13-14 200 Yard Freestyle

2:10.39 Q Champ Qualifying

Meet Qualifying: Slower than 2:10.39

Name	Age	Team	Seed Time
1 Powell, Izzy	13	DMSF-IA	2:12.42
2 Hermesen, Mady	14	ACAC-IA	2:12.71
3 Loo, Ivy	13	CIA-IA	2:13.37
4 Thompson, Ky	14	ACAC-IA	2:13.71
5 Hancock, Ellie	14	CIA-IA	2:14.57
6 MacLeod, Megan	14	ACAC-IA	2:16.99
7 Davis, Ava	14	DMSF-IA	2:17.52
8 Reid, Abigail	14	CIA-IA	2:18.65
9 Stec, Sienna	14	DMSF-IA	2:21.61
10 Seckington, Tillie	13	DMSF-IA	2:22.35
11 Kramer, Marley	13	CIA-IA	2:22.73
12 Hoss, Brooke	13	CIA-IA	2:23.75
13 Kinnison, Amanda	13	RIP-IA	2:26.08
14 Vallas, Finley	14	CIA-IA	2:27.99
15 Fertig, Jodi	13	RSC-IA	2:28.93
16 Lock, Meg	14	RIP-IA	2:30.06
17 Damge, Camryn	14	NSST-IA	2:32.12
18 Ruppert, Millie	13	DMSF-IA	2:32.80
19 Rice, Mary	14	NSST-IA	2:35.34
20 Sexton, Claire	13	CIA-IA	2:35.86
21 Prendergast, Claire	13	NSST-IA	2:36.33
22 Stone, Kylee	13	DSMY-IA	2:38.36
23 Riley, Isabella	14	ACAC-IA	2:39.24
24 Stravers, Kinsley	13	BLAZ-IA	2:40.77
25 Lebeck, Jocelyn	13	DMSF-IA	2:42.73
26 Nedder, Julia	13	SEA-IA	2:42.82
27 Herrick, Lilli	13	RSC-IA	2:44.29
28 Conn, Lillie	14	RSC-IA	2:45.10
29 Reyes, Abigail	13	NSST-IA	2:52.36
30 Croll, Molly	13	BLAZ-IA	2:52.90
31 Bloom, Ellie	14	FAST-IA	3:02.95
32 Ruan, Catherine	14	RIP-IA	3:03.91
33 Kvach, Kiersten	13	ACAC-IA	3:05.98
34 Kearn, Zoella	14	NSST-IA	3:18.06
35 Nalan, Emily	14	NSST-IA	3:35.58
36 Mogard, Miah	14	ACAC-IA	NT

## Event 136 Boys 13-14 200 Yard Freestyle

2:03.89 Q Champ Qualifying

Meet Qualifying: Slower than 2:03.89

Name	Age	Team	Seed Time
1 LaMasters, Peter	14	DMSF-IA	2:05.75
2 Fertig, Jonah	14	RSC-IA	2:09.91
3 Strosahl, Jonas	13	ACAC-IA	2:15.17
4 Cunningham, Corban	13	NSST-IA	2:16.02
5 Heitzman, Calvin	13	CIA-IA	2:19.00
6 LeGrant, Levi	14	DMSF-IA	2:21.25
7 Cauterucci, Kole	14	NSST-IA	2:25.98
8 Lankford, Reef	13	CAST-IA	2:29.16
9 Griffin, Jayden	13	RIP-IA	2:30.93
10 Allen, Dylan	13	DMSF-IA	2:32.33
11 Punt, Caleb	14	SEA-IA	2:33.60
12 Oosterhuis, Evan	14	NSST-IA	2:38.63
13 Miller, Ty	13	ACAC-IA	2:41.04
14 Cornwell, Connor	14	NSST-IA	2:45.39
15 Vos, Atticus	13	ACAC-IA	2:54.22
16 Spillers, Raef	13	ACAC-IA	2:56.51
17 Buck, Garrett	14	BLAZ-IA	3:05.22
18 Williams, Blake	13	NSST-IA	3:34.30
19 Arnold, Westin	14	RIP-IA	NT
20 Hall, Kane	13	ACAC-IA	NT

## Event 137 Girls 15 &amp; Over 200 Yard Freestyle

2:03.09 Q Champ Qualifying

Meet Qualifying: Slower than 2:03.09

Name	Age	Team	Seed Time
1 Fertig, Jordan	15	RSC-IA	2:07.27
2 Chance, Charlotte	16	RIP-IA	2:07.54
3 Smith, Kiley	16	DMSF-IA	2:08.60
4 Kramer, Nina	16	CIA-IA	2:15.55
5 Fields, Clara	17	ACAC-IA	2:18.37
6 Mengel, Maddie	15	DMSF-IA	2:20.83
7 Reisdorf, Olivia	16	RIP-IA	2:24.92
8 Cunningham, Clara	15	NSST-IA	2:29.28
9 Kiekhaefer, Lucy	15	CIA-IA	2:31.57
10 Labresh, Joella	15	NSST-IA	2:33.53
11 McRoberts, Ryen	15	CIA-IA	2:43.12
12 Kent, Avery	15	NSST-IA	2:50.54
13 Punt, Chloe	15	SEA-IA	2:59.19
14 Schafer, Sophia	15	NSST-IA	3:00.96
15 Braun, Nelah	15	RSC-IA	3:05.21
16 Sargent, Audrey	15	NSST-IA	3:50.58

## Event 138 Boys 15 &amp; Over 200 Yard Freestyle

1:53.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:53.99

Name	Age	Team	Seed Time
1 Emanuel, Drew	15	DMSF-IA	1:56.76
2 Otis, Hudson	15	DMSF-IA	2:01.26
3 Monaghan, John	15	CIA-IA	2:01.49
4 Briggs, Colby	15	NSST-IA	2:01.82
5 Fertig, Jack	17	RSC-IA	2:05.40

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Psych Sheet

## Event 138 ... (Boys 15 &amp; Over 200 Yard Freestyle)

Name	Age	Team	Seed Time
6 Troyer, Austin	16	NSST-IA	2:05.99
7 Rupperecht, Cooper	16	SEA-IA	2:14.00
8 Smith, Kaleb	15	DMSF-IA	2:14.12
9 Moore, Quentin	15	CIA-IA	2:16.99
10 Oosterhuis, Alec	15	NSST-IA	2:18.48
11 Sisul, Jac	16	SEA-IA	2:20.56
12 Grimes, Nolan	16	DMSF-IA	2:21.91
13 Gaulke, Mason	15	SEA-IA	2:23.80

## Event 139 Girls 13-14 200 Yard Butterfly

2:36.89 Q Champ Qualifying  
3:00.49 REG Regional Qualifying

Meet Qualifying: 2:36.90 - 3:00.49

Name	Age	Team	Seed Time
1 Kramer, Marley	13	CIA-IA	2:40.37 REG

## Event 140 Boys 13-14 200 Yard Butterfly

2:26.89 Q Champ Qualifying  
2:48.99 REG Regional Qualifying

Meet Qualifying: 2:26.90 - 2:48.99

Name	Age	Team	Seed Time
1 Voynov, Clive	13	DMSF-IA	2:29.73 REG

## Event 141 Girls 15 &amp; Over 200 Yard Butterfly

2:28.99 Q Champ Qualifying  
2:51.39 REG Regional Qualifying

Meet Qualifying: 2:29.00 - 2:51.39

Name	Age	Team	Seed Time
---			No entries for event

## Event 142 Boys 15 &amp; Over 200 Yard Butterfly

2:15.19 Q Champ Qualifying  
2:35.49 REG Regional Qualifying

Meet Qualifying: 2:15.20 - 2:35.49

Name	Age	Team	Seed Time
1 Strosahl, Solomon	16	ACAC-IA	2:16.03 REG
2 Emanuel, Drew	15	DMSF-IA	2:48.57L REG

## Event 143 Girls 13-14 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 CIA-IA	A	1:55.33
2 NSST-IA	A	1:57.61
3 DMSF-IA	A	1:58.52
4 RIP-IA	A	2:01.48
5 RSC-IA	A	2:03.21
6 ACAC-IA	A	2:19.58L

## Event 144 Boys 13-14 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 DMSF-IA	A	1:52.08
2 NSST-IA	A	1:54.31
3 RIP-IA	A	1:57.34
4 ACAC-IA	A	2:03.88
5 NSST-IA	B	2:13.59

## Event 145 Girls 15 &amp; Over 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 RIP-IA	A	1:54.64
2 NSST-IA	A	1:59.92

## Event 146 Boys 15 &amp; Over 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 DMSF-IA	A	1:39.17
2 NSST-IA	A	1:49.26

## Event 147 Girls 13-14 1000 Yard Freestyle

12:07.59 Q Champ Qualifying  
13:20.39 REG Regional Qualifying

Meet Qualifying: 12:07.60 - 13:20.39

Name	Age	Team	Seed Time
1 Powell, Izzy	13	DMSF-IA	12:27.97 REG

## Event 148 Boys 13-14 1000 Yard Freestyle

11:37.09 Q Champ Qualifying  
12:46.89 REG Regional Qualifying

Meet Qualifying: 11:37.10 - 12:46.89

Name	Age	Team	Seed Time
1 Artikov, Isaac	13	DMSF-IA	11:48.36 REG

## Event 149 Girls 15 &amp; Over 1000 Yard Freestyle

11:42.99 Q Champ Qualifying  
12:53.29 REG Regional Qualifying

Meet Qualifying: 11:43.00 - 12:53.29

Name	Age	Team	Seed Time
---			No entries for event

## Event 150 Boys 15 &amp; Over 1000 Yard Freestyle

10:56.99 Q Champ Qualifying  
12:02.69 REG Regional Qualifying

Meet Qualifying: 10:57.00 - 12:02.69

Name	Age	Team	Seed Time
---			No entries for event

## Event 151 Girls 13-14 1650 Yard Freestyle

20:24.39 Q Champ Qualifying  
22:26.89 REG Regional Qualifying

Meet Qualifying: 20:24.40 - 22:26.89

Name	Age	Team	Seed Time
1 MacLeod, Megan	14	ACAC-IA	20:41.69 REG

## Event 152 Boys 13-14 1650 Yard Freestyle

19:50.79 Q Champ Qualifying  
21:49.89 REG Regional Qualifying

Meet Qualifying: 19:50.80 - 21:49.89

Name	Age	Team	Seed Time
---			No entries for event

**2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023****Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA \* Des Moines, IA \* 25 yard course****Psych Sheet****Event 153 Girls 15 & Over 1650 Yard Freestyle**

19:35.99 Q Champ Qualifying

21:33.59 REG Regional Qualifying

**Meet Qualifying: 19:36.00 - 21:33.59**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
---	No entries for event		

**Event 154 Boys 15 & Over 1650 Yard Freestyle**

18:30.39 Q Champ Qualifying

20:12.09 REG Regional Qualifying

**Meet Qualifying: 18:30.40 - 20:12.09**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
---	No entries for event		